Thursday, November 1
Healthy Nurse – Nurse’s Role in Personal Health

7:00 – 8:00 am  Registration, Continental Breakfast, Networking, Exhibition Hall Open

8:00 - 8:15 am  Welcome and Nightingale Tribute  Kathy Hager

8:15 -- 9:15 am  Rekindle Your Passion and Vitality for Life:  McDonald, Evans Osborne
Create Your Optimal Health of Body, Mind and Spirit

9:15 – 9:45 am  Creating a Healthy Work Environment  Karen Hill

9:45-10:15 am  The Power of Stewardship  Janie Heath

10:15 – 10:30 am  Exhibition Hall Open

10:30am – 11:15 am  Ignite Knowledge Sessions-1

  10:30 am—10:45am  Food Literacy  Carol Gunderson
  10:45 am—11:00am  Appalachian Harvest  Ramel Bradley
  11:00 am—11:15am  Wellness Resiliency  Angela Shinabery

11:15 am—11:45 am  Annual Meeting (1) Kathy Hager
  ▪ Roll Call
  ▪ Reading of Bylaws

11:45am- 12:30  Lunch- Exhibitor Hall-Open
  ○ Student Nurse Award
  ○ Nurse Leadership Award
  ○ Membership Award
  ○ Citizenship Award
12:30 p.m.-1:00 p.m.
Personnel Wellness Commitment
Kim Spahn

1:00 p.m.- 2:30 p.m.

- 1:00 - 1:30 pm
Healing Session - 1

- 1:30 – 2:00 pm
Healing Session - 2

- 2:00 – 2:30 pm
Healing Session - 3

**Healing Sessions - Exhibit Hall Open**

Participants will have an opportunity to select one bodywork therapy session, Healing Touch, Reiki, Acupressure, Jin Shin Jyutsu or Reflexology. Participants will also select two of the following sessions- Feldenkrais, havening, emotional intelligence or massage. Registration will be required.

**Exhibitor Hall-Open**

2:30 p.m. – 3:30 p.m.

- 2:30-2:45 pm
Ignite Knowledge Sessions- 2
Lateral Violence
Amanda Murray

- 2:45-3:00 pm
Introduction to the Havening Techniques
Harry Pickens

- 3:00-3:15 pm
Modeling Resiliency at the Bedside with Yoga
Churchill, Bush, Sanders

- 3:15-3:30 pm
Emotional Intelligence 101
Caroline Pike

3:30- 4:00
Exhibition Hall Open

4:00 – 5:00 p.m.

- 4:00 p.m.—4:15 p.m.
Ignite Knowledge Sessions-3
Nurses Make Bad Patients
Rebecca Alexander

- 4:15 p.m.—4:30 p.m.
Balancing Lifestyle Finding Truth
Claudean Oakley

- 4:30 p.m.—4:45 p.m.
Childhood Obesity Epidemic Call to Action
Andrea Houser

- 4:45 p.m.—5:00 p.m.
Creating A Healthy Work Place
Keim/Chitwood

5:00-5:15 p.m.
Wrap-up- transition to poster session
Kathy Hager

5:15- 6:00 p.m.
Visit Exhibition Hall
Poster Session/ Wine and Cheese Reception/Silent Auction

6:00 -8:00 p.m.
Scholarship Presentation
Heather Norris

6:30-6:45 p.m.
Patient Deterioration Simulation and New RN Confidence

KBN Contact Hours: 8.4
KBN-1-0001-12-19-13
# 2018 KNA Annual Conference

**Thursday, November 1 and Friday, November 2**  
**Holiday Inn Louisville East**

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## Friday, November 2

**Healthy Commonwealth – Nurse’s Role in Population Health**

<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
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<tbody>
<tr>
<td>7:00 - 8:00 am</td>
<td>Registration, Continental Breakfast, Networking, Exhibitor Hall Open</td>
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<tr>
<td>8:00 – 8:45 am</td>
<td><strong>Annual Meeting (2) Voting</strong></td>
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<td>▪ Roll Call</td>
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<td>▪ President’s report</td>
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<td>▪ Treasurer’s report</td>
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<td>▪ Bylaws-voting</td>
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<td>▪ Resolutions voting</td>
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<td>8:45 – 9:15 am</td>
<td><strong>Key Note Speaker</strong></td>
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<td>Twany Beckham</td>
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<td>Resiliency</td>
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<td>9:15 – 9:30 am</td>
<td><strong>Break –Exhibit Hall Open</strong></td>
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<td>9:30 – 11:00 am</td>
<td><strong>Ignite Knowledge Sessions- 4</strong></td>
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<td>▪ 9:30 – 9:45 am <strong>Nursing Shortage in Kentucky</strong>               Donna Meador</td>
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<td>▪ 9:45 – 10:00 am <strong>Substance Use Treatment for Pregnant Women and Mothers</strong> Ashford/Dye/Jennings/Frankenburger</td>
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<td>▪ 10:00 –10:15 am <strong>Pregnancy Referral SUPPORTIVE, THOROUGH and ACTIVE referrals while ensuring REFERRAL QUALITY (STAR)</strong> Epperson/Koestch</td>
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<td>▪ 10:15– 10:30 am <strong>Newborn Care in the Mennonite Community</strong> Caitlin Burklow</td>
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<td>▪ 10:30– 10:45 am <strong>Mental Health for Youth</strong>           Allison Tu</td>
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<td>▪ 10:45-11:00 am <strong>School Nurses</strong> Eva Stone</td>
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<td>11:00-11:15</td>
<td><strong>Break –Exhibit Hall Open</strong></td>
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11:15 am – 12:30 pm
- **Ignite Knowledge Session-5**
  - 11:15- 11:30 am: Homeland Security and Hepatitis A
  - 11:30-11:45 am: Social Determinates of Health
  - 11:45-12:00 pm: Health and the Homeless
  - 12:00-12:15 pm: Veteran’s Homelessness
  - 12:15-12:30 pm: Veteran’s Homelessness

12:30 – 1:30 pm
- **Lunch Sponsored by Sanofi Pasteur**
  - 12:30-1:00 p.m.: The Influenza Epidemic
  - 1:00-1:30 p.m.: KNA New Leader Induction

1:30 – 2:30 pm
- **Ignite Knowledge Sessions-6**
  - 1:30 – 1:45 pm: I’m Due for That
  - 1:45 – 2:00 pm: Multi-Drug Resistant Organisms (MDRO) in KY
  - 2:00 – 2:15 pm: End-of-Life Decision Making
  - 2:15 – 2:30 pm: Nurturing Hope at the End-of-Life

2:30 – 2:40 pm
- **Break Exhibition Hall**
  - 2:40 – 3:10 pm: Consumer Decision Health Insurance Literacy

3:10- 3:40 PM
- **Ignite Knowledge Sessions-7**
  - 3:10-3:25 pm: Disparities in Care for Lesbian, Gay, Bisexual and Transgender (LGBTQ+) Chris Webb
  - 3:25 – 3:40 pm: Disparities in Rural Areas

3:40 – 4:10 pm
- Human Trafficking: The Untold Truth
- Human Trafficking 101: What Every Nurse Needs to Know

4:10 – 4:40 pm
- KBN Contact Hours: 7.83
- KBN-1-0001-12-19-14

4:40– 5:00 pm
- **Closing**
- KNA Board of Directors Meeting

6:00- 9:00 pm

Ruth Carrico
Angela Wolff
Jennifer Cline
Heather French Henry
Erin Rutherford
Ruth Carrico
Ta’Neka Lindsay
Kevin Kavanagh
Graham/Mitchell
Amber Kirchner
Edward/Beauregard/Pugel
Chris Webb
Brittney Welch
Kathy Burlingame
Erica Lemberger
Ruth Carrico