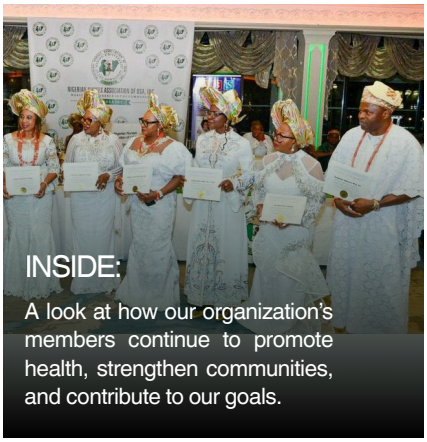


NIGERIAN NURSES ASSOCIATION OF USA, INC.



THE FIRST EDITION

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First Edition Newsletter

Welcome to our first edition, a platform for communication, collaboration, and professional growth for nurses across Nigeria and beyond. Nurses promote health, prevent illness, and provide compassionate care to individuals, families, and communities. We'll celebrate achievements, share updates, highlight best practices, and provide resources on nursing developments. We're committed to unity, excellence, and innovation. Together, we strengthen our profession and improve healthcare delivery. Thank you for your dedication and service.

Warm regards,

Editorial Team

Dr. Cynthia Ogbovoh, DNP, RN | Dr. Maureen Igharosa, DNP, PMHNP -BS, RN | Gladys Ozoude MSN, FNP-C, RN, MPA

NNAUSA LEADERSHIP

FOUNDER - *Dr. Grace Ogiehor-Enoma, RN DHA, MSN, MPH, RN, NE-BC*

FOUNDING MEMBERS

Chief Mrs. Taiwo Adeniji, RN | Ms. Ruth Obaseki, RN | Ms. Julie Van-Lare, RN | Ms. Helen Iwu, RN | Ms. Stella Fadugba, RN | Ms. Tonye Opusunju Bello, RN | Ms. Susan Okiro, RN | Ms. Bukola Keshirowhite, RN | Ms. Juliet Nwachuku, RN

PAST PRESIDENTS

Dr. Grace Ogiehor-EnomaDNP, RN (2002-2008)

Ms. Taiwo Adeniji,RN (2009 -2012)

Dr. Godgive Okoli (2013 -2016)

Mr. Osarhiemen Benjamin Okpesey, RN i (2017-2020)

Dr. Idorenyin Udosen DNP, MSN, RN, (2021-2024)

MEET THE NNAUSA EXECUTIVE

Current Executives

President - *Patience Currie, MSN, RN*
Vice President - *Elizabeth Udeji, RN*
Secretary - *Dr. Chinyere Ahaneku DNP, RN*
Treasurer - *Ifeakanwa Joyce Butler, RN*
Financial Secretary - *Iroghama Uwoghiren-Okpeseyi, RN*
Deputy Financial Secretary - *Dr. Maureen Igharosa-Oghagbon DNP, RN*
Public Relations Officer - *Ifeoma Omeke, RN*
Provost - *Ngozi Oku, RN*



Board Of Directors

Dr. Idy Udosen, DNP, RN
Dr. Abigail Azubike DNP, RN
Florence Ojomo, RN
Maureen Iyere, RN
Muibi Akadiri, RN



Committee Chairs

Community Outreach - *Dr. Grace Adepoju, DNP, RN*
Community Outreach Co-Chair - *Dr. Esther Nwabouku, DNP, RN*
Domestic Violence Prevention Committee Chair - *Dr Latifa Okeke*, DNP, RN
Education Chair - *Dr. Cynthia Ogbovoh, DNP, RN*
Grievance Committee Chair - *Prince Charles Duru*
Health Mission Chair - Ifeyinwa Alozie, RN
Membership Chair - *Dr. Obioma Onah, DNP, RN*
Website Committee Chair - *Uduak Abasiama, RN*
Website Committee Co-Chair - *Joy Erema, RN*

NIGERIAN NURSES ASSOCIATION OF USA, INC.



OUR MISSION

To provide strategic vision, inspiration, and health education to the Nigerian community and Africans at large.

OUR VISION

Healthy living for all Nigerians and Africans at large.

OUR PURPOSE

To assist Nigerians and Africans at large with health issues. To uphold the image and foster the welfare of Nigerian Nurses as a Professional group.

OUR OBJECTIVES

- *To unite all Nigerian Nurses in the United States towards promoting the highest standards of professional practice, education, cultural advancement, and socio-economic stability.*

- *To assist the Nigerian Community in making healthy lifestyle changes necessary by providing the information needed to make informed decisions.*

- *To promote health maintenance and well-being among Nigerians living in the U.S.A. and at home.*

- *To collaborate with other organizations in addressing current issues of health care in Nigeria, such as but not limited to HIV/AIDS, Communicable diseases, Mental Health, Genital mutilation, Women's and Children's Health, Gerontology, and Rural Health.*

- *To foster educational and professional growth among Nigerian nurses through networking and mentoring.*

- *To assist new Nigerian nurses in adapting to the nursing profession in the United States.*

FOUNDER'S MESSAGE



First, I will say a "big congratulations to our Education Committee Leadership" for this milestone of restarting our newsletter. You have proven that with dedication, passion, and hard work, anything is possible. As you know, NNAUSA was founded with a mission to improve the health of Nigerians and underserved communities through health promotion, health literacy, health screenings, and referral programs. Having a functional newsletter goes a long way to helping in disseminating not only the association's activities but also providing information on health issues.

For over 20 years, NNAUSA has provided healthcare services at its community's doorsteps wherever there are gatherings of Nigerians and the immigrant population, helping members develop and implement "Faith-based Health Ministry in churches and mosques. Providing education on health, nutrition, disease prevention, lifestyle changes, Cardiopulmonary Resuscitation (CPR), and self-breast exams. Blood glucose and blood pressure evaluation are also provided, with referrals to higher levels of care for abnormal results.

Through our partnership with the Faith-based organizations, the American Cancer Society (ACS), the Immigrant Health and Cancer Disparities Service at Memorial Sloan Kettering Cancer Center, CCNY-MSK Partnership, local hospitals, and the community, our interventions focus on changing health-related behaviors from the perspective of social determinants of health and eliminating health disparities across the lifespan of Immigrant populations. To date, an estimated 50,000 have been educated through our various programs; more than 9,000 individuals have received assistance for social and health service referrals; more than 1,000 people have received general health screenings, and an estimated 700 have received cancer screening referrals.

Our multidisciplinary approach to addressing health disparities in our community enables us to bring health information and services to where Nigerians and African immigrants are gathered.
With the success of our community outreach program, the Consulate General of Nigeria provided a dedicated space at the Consulate for Nigerian Nurses to provide ongoing onsite preventive health screening services, health education, referrals, and case management services during the regular consular services.

This program is in partnership with Immigrant Health and Cancer Disparities at Memorial Sloan Kettering Cancer Center, the CCYN-MSK, and the Department of Health. Second Wednesday of every month, about fifteen members volunteer 4 hours of their time to conduct wellness and health screening for Nigerians coming to the Nigerian consulate for their consular services. That means our nurses donate a total of 60 hours of their time every month at the Nigerian Consulate in New York. Thank YOU, Excellent Nurses, for all you do.

FOUNDER'S MESSAGE

As we reflect on our journey over the years and focus on our mission and vision of promoting health, increasing health literacy, providing free health screening to members of our community, and supporting our members professionally, socially, and spiritually, I am led with immense pride and gratitude. Our association has grown significantly with engagement in various committee activities to meet our mission and vision, and it's all thanks to your hard work and dedication. Each of you has played a critical role in our success, and I am excited about all we have done together so far. Let's continue to innovate and strive for excellence in our engagement. Our success has only enhanced my appreciation for each and every one of YOU! You bring your best every day, and for that I appreciate you more than I can express, not just on a single day set aside for that purpose… but EVERY DAY.

"I want to take a moment to acknowledge the incredible hard work and achievements we've seen over the years. The activities that you all have participated in show the resilience of this great association and the passion you have for humanity. I could not believe how some of you juggle all of the activities and be engaged in all, especially in the month of October 2025, starting with the Nigerian Independence Day parade, celebrating Iye in Nigeria, participating in the Domestic Violence Prevention Walkerton, attending the general business meeting, and participating in a church health fair. What a great group with great personalities. I love the selflessness you all exhibit to serve humanity. I say thank you, thank you, thank you. Madam President and the executive, your innovative approach to issues has truly set us apart from our competitors. Your dedication to improving our structure and processes has significantly boosted members' engagement. Keep up the excellent work, and let's continue to set the bar high."

All the achievements we have made are a testament to the hard work, innovation, and collaboration of each member. I want to personally thank you for your contributions. Let's take this moment to celebrate our achievements and look forward to the exciting opportunities ahead."

Working together towards common goal of making our association great for humanity is our motto. I believe in the leadership of this great association. However, I encourage everyone to ***GET INVOLVED by joining at least two NNAUSA Committees.** Committee membership provides a great way to connect with fellow NNAUSA members, share your expertise, build leadership skills, and help support the future of Nigerian Nurses in New York. Whether your interests are mentorship, advocacy, education, leadership, finance, or professional development, there is a committee opportunity for you.

Again, thank you Education Committee for bringing our newsletter back to life. I look forward to working with everyone and I thank you all for the hard work and commitment you've shown in our association. Our combined strength is what makes us successful as an organization. May God reward every one of you with good health and prosperity in Jesus name. Amen!

Yours truly,
Dr. Grace Ogiehor-Enoma, RN,
DHA, MSN, MPH, RN, NE-BC,
Founder, NNAUSA

PRESIDENT'S CORNER

Great Royals of the Most High God!

It is with immense pride and heartfelt excitement that I welcome you to the inaugural edition of our association's newsletter. This moment is both meaningful and historic for NNAUSA as we introduce a platform designed to strengthen communication, celebrate accomplishments, share knowledge, and keep our members connected and informed. This newsletter is long overdue, and I am truly pleased to see this vision finally become a reality. For years, there has been a growing need for a publication that reflects the voice, achievements, and progress of our association. Today, we proudly take that important step forward.



I would like to express my sincere gratitude and appreciation to the Education Committee for their hard work, creativity, and commitment in putting this newsletter together. Your efforts and teamwork have made this first edition possible, and your contribution to the growth of our association is deeply valued and appreciated.

As President, I remain honored and humbled to serve alongside such exceptional individuals who continue to advance the nursing profession with integrity, dedication, and compassion. Together, we will continue to empower one another, support future nurse leaders, and positively impact the communities we serve.

Thank you to all our members for your continued belief in the mission of this association. Your passion and dedication are the foundation of our strength and do not go unnoticed.

May this inaugural edition mark the beginning of many more editions that will continue to educate, inspire, connect, and celebrate our nursing community.

Long Live NNAUSA!!!!
With sincere appreciation and warm regards,
Patience Currie, MSN, RN, CCM

EDUCATION CHAIR

ADVCANCING CLINICAL EXCELLENCE AND PATIENT SAFTEY



Dr. Cynthia Ogbovoh, DNP,RN
Chair, Education Committee | NNAUSA

Dear Royal Millionaire Nigerian Nurses,

It is with immense joy and profound gratitude that I welcome you to the inaugural edition of the ***Nigerian Nurses Association, USA Newsletter****.*

Today, we celebrate not just the launch of a publication; we celebrate the beginning of a renewed platform for connection, collaboration, professional growth, and recognition of the outstanding contributions of Nigerian nurses in New York and beyond. This inaugural edition marks a significant milestone in our chapter's journey and reflects our collective commitment to excellence in nursing practice, leadership, education, and community service.

The Nigerian nursing community has long been recognized for its resilience, compassion, professionalism, and dedication to quality healthcare. Across New York State, our members continue to distinguish themselves as clinicians, educators, researchers, administrators, entrepreneurs, and advocates. Every day, Nigerian nurses make meaningful contributions that improve patient outcomes, strengthen healthcare systems, and inspire future generations of nursing professionals.

We've created this newsletter to celebrate these achievements and keep our members informed and engaged. Through its pages, we will highlight chapter activities, educational initiatives, professional accomplishments, leadership opportunities, community outreach programs, and stories that showcase the impact of our members. We foresee this publication becoming a valuable resource that promotes learning, fosters unity, and strengthens our professional network. The theme of this inaugural edition, “Celebrating Excellence, Inspiring the Future,” captures the spirit of our chapter. We honor the accomplishments of those who have helped build a strong foundation for Nigerian nurses in New York while embracing the opportunities that lie ahead. Together, we will continue to elevate our profession, strengthen our communities, and create lasting impact through service and leadership.

As Chair of the Education Committee, I am particularly excited about the role this newsletter will play in advancing knowledge sharing and professional development. In an ever-evolving healthcare environment, continuous learning remains essential to maintaining excellence in practice and leadership. This publication will serve as a forum for exchanging ideas, sharing expertise, promoting mentorship, and supporting the growth of nurses at every stage of their careers. I extend my heartfelt appreciation to the Executive members of the Nigerian Nurses Association, USA, the Newsletter Team, our contributors, and every member whose support and dedication made this inaugural publication possible. Your commitment to our mission and vision continues to propel our chapter forward.

Thank you for your unwavering commitment to the nursing profession and for the invaluable service you provide to the communities we serve. T**ogether We Care. Together We Lead. Together We Excel.**

OFFICIAL HEALTH ADVOCACY PERIODS

ADVCANCING CLINICAL EXCELLENCE AND PATIENT SAFTEY

Contributor: Dr. Maureen Igharosa-Oghagbon

Annual Health Recognition Months & Associated Awareness Colors



JANUARY
- National Blood Donor
- Cervical Cancer Awareness
- Thyroid Awareness

FEBRUARY
- American Heart Month
- National Cancer Awareness
- National Children's Dental Health

MARCH
- National Nutrition Month
- Colorectal Cancer Awareness
- Endometriosis Awareness
- Brain Injury Awareness



APRIL
- National Autism Awareness
- Stress Awareness Month
- Child Abuse Prevention
- Parkinson's Disease Awareness

MAY
- Mental Health Awareness
- Stroke Awareness
- National Physics and Sports Month
- Lupus Awareness
- Celiac Disease Awareness

JUNE
- Alzheimer's and Brain Awareness
- National Safety Month
- Men's Health Month
- National Migraine and Headache

Awareness Month Color Bank

RED
ORANGE
BLUE
YELLOW
PURPLE
PINK
GREEN
TEAL

Wear these colors with the corresponding month to show your support for these issues and spread awareness!

OFFICIAL HEALTH ADVOCACY PERIODS

ADVCANCING CLINICAL EXCELLENCE AND PATIENT SAFTEY

Annual Health Recognition Months & Associated Awareness Colors



JULY

- UV Safe Month

AUGUST

- National Immunization Awareness
- Psoriasis Awareness
- Breastfeeding Awareness

SEPTEMBER

- National Childhood Obesity Awareness
- National Pain Awareness
- World Alzheimer's Month
- Sickle Cell Awareness

OCTOBER

- Breast Cancer Awareness
- National Dental Hygiene Month
- Mental Health Awareness
- Domestic Violence Awareness
- Sudden Infant Death Syndrome (SIDS) Awareness

NOVEMBER

- Lung Cancer Awareness
- Diabetes Awareness
- Men's Health Awareness
- National Epilepsy Awareness

DECEMBER

- National Influenza Vaccination Week
- World AIDS Day (December 1st)
- Safe Toys and Gifts Month

Wear these colors with the corresponding month to show your support for these issues and spread awareness!



AWARENESS MONTH COLOR BANK

RED

ORANGE

BLUE

YELLOW

PURPLE

PINK

GREEN

TEAL



The Membership Committee visiting Dr. Rosaline Utti.



The Membership Committee visiting Mrs. Iwu.

Website Committee

- The Website Committee foresees and manages the NNAUSA website in collaboration with the Webmaster.

Domestic Violence Prevention Committee

- Continuously collaborates and participates in strategic community initiatives designed to spread awareness around domestic violence and stop its occurrence entirely.

Grievance Committee

- Mediates and works to resolve internal organizational conflict and concerns among members.

Prayer Committee

- Meets weekly to intercede for members.

NNAUSA

Standing Committees

Community Outreach Committee

- Focuses on health issues affecting Nigerians and other communities in the USA through community outreach programs on health issues, health education, & health fairs.

Education Committee

- Focuses on the educational and professional growth of Nigerian nurses by organizing educational conferences/seminars, writing health care articles in newspapers, journals, and magazines. Prepare a synopsis for Family Health Day. Overseeing the Presidential Scholarship Program for members.

Medical Mission Committee

- Focuses on health issues affecting Nigerians living in Nigeria, by sending NNAUSA members to Nigeria for health promotion and maintenance campaigns through the media and health fairs. Collaborate with other organizations to meet the health needs of Nigerians. Also, assess and help improve the nursing standard in Nigeria to meet the global standard.

Finance Committee

- Reviews proposed policies and Associations' actions which have a significant financial impact on the Association, i.e., budgets, award of contracts, monitoring financial performance, investment policy and management, and such other matters as shall be determined by the Cabinet Members.

Membership Committee

- Focuses on programs that would enhance the general welfare of NNAUSA members, such as, but not limited to, leisure activities for members, maintaining membership data/records, including the names, addresses, telephone & fax numbers, and e-mail addresses. Recruit new members into the Association. Coordinate and maintain NNAUSA Sun Shine.

To volunteer in a committee contact the Chair or the Secretary. Get involved today!



NNAUSA members united at the community event, making a clear difference under the banner: "Absolutely No to Domestic Violence".

SPREADING AWARENESS & SUPPORTING SURVIVORS

The **NNAUSA Domestic Violence Prevention (DVP) Committee** actively creates critical awareness by providing comprehensive health education and vital resources every month at the Nigerian House. Dedicated to fostering safe environments, the committee continuously collaborates and participates in strategic community initiatives designed to stop domestic violence entirely. A premier example of this commitment includes active delegation and participation in the *Bronx District Attorney's Office Annual 5K Run/Walk/Roll* event to end domestic violence.

SERIES SPOTLIGHT: SIP & LEARN

In February 2026, the DVP committee proudly presented a specialized, high-impact session titled "The Impact of Domestic Violence on Children and Adolescents" during the monthly NNAUSA Education Committee Sip and Learn Event. The presentation illuminated key behavioral indicators and evidence-based clinical insights for supporting vulnerable youth.



Committee leadership and community participants showing support for domestic violence prevention initiatives.

COMMITTEE MEETING & BRIEFING SCHEDULE

Stay involved and make your voice heard. The NNAUSA DVP Committee meetings are systematically scheduled for the **first Tuesday of every other month** from **6:00 PM to 7:00 PM**.

Session Date	Focus
Tuesday, June 2, 2026	Upcoming Session / Core Briefing
Tuesday, August 4, 2026	Regular Bi-Monthly General Meeting
Tuesday, October 6, 2026	Regular Bi-Monthly General Meeting
Tuesday, December 1, 2026	End of Year Wrap-up & Strategic Planning

SPECIAL CONFERENCE INVITATION

The committee warmly invites you to attend the **NANNNA 2026 Scientific Conference in Connecticut**! Join us to participate in and enjoy an expanded roster of dedicated activities to end domestic violence.

EDUCATION COMMITTEE

ADVANCING EXCELLENCE THROUGH LIFELONG LEARNING

As nurses, our commitment to excellence extends beyond the bedside and requires a dedication to lifelong learning. The Education Committee of the Nigerian Nurses Association remains committed to providing meaningful educational opportunities that enhance professional growth, promote evidence-based practice, and strengthen our collective impact on patient care and community health.

Throughout the year, we proudly host our quarterly "Sip and Learn" educational sessions in collaboration with various committees within the association. These interactive programs provide members with opportunities to engage in scholarly discussions, explore emerging healthcare trends, and develop practical skills that support excellence in nursing practice. The collaborative nature of these sessions fosters interdisciplinary learning and strengthens professional relationships across our organization.



Signature Event Spotlight:
Annual Education Day occurs in September of every year, offering accredited Continuing Education Units (CEUs) for professional development.

In addition to our quarterly offerings, we continue to celebrate our Annual Education Day,(September of every year) a signature event that brings together nursing professionals, subject matter experts, and healthcare leaders for a day of learning, networking, and professional development. Through accredited Continuing Education Units (CEUs), participants gain valuable knowledge while meeting licensure and certification requirements. More importantly, these educational activities empower nurses to deliver high-quality, culturally responsive, and evidence-based care in an ever-evolving healthcare environment.

As healthcare continues to advance, the need for continuous professional development has never been greater. The Education Committee remains dedicated to identifying relevant topics that address current healthcare challenges, leadership development, quality improvement, mental health, patient safety, and innovations in nursing practice.

We extend our sincere appreciation to our presenters, committee partners, sponsors, and members whose participation makes these programs successful. Your commitment to professional excellence strengthens not only our association but also the communities we serve.

We encourage all members to take advantage of upcoming educational opportunities and remain actively engaged in our learning community. Together, we can continue to advance nursing excellence, leadership, and service for future generations.

Dr. Cynthia Ogbovoh, DNP,RN
Chair, Education Committee

THE NEXT EDUCATION COMMITTEE MEETING WILL BE HELD JULY 18TH



The Website Committee foresees and manages the NNAUSA website in collaboration with the Webmaster.

Greetings from the Website Committee!

We work together to keep our website updated for our members and visitors. These Include:

- NNAUSA events and functions are advertised and highlighted for members and visitors.
- NNAUSA Birthday celebrants are celebrated accordingly.
- Our President's monthly message is posted to the President's Corner for all.
- Briefly, our website carries its mission's statements. culture, and heritage of Nigerian nurses.

We welcome all great and computer-savvy-minded NNAUSA members to join us in continuing to make NNAUSA great.

We meet bimonthly on every third Friday. Our next meeting will be on June 19th, and the rest of the year are as scheduled, August 21st, October 16th snd December 18th.

Thank you so much for joining us in making NNAUSA great.

Yours In Service

Uduak Aloysius

CHAIR, WEBSITE COMMITTEE

Health Screening and Wellness Center at The Consulate General of Nigeria, New York: A Collaborative Approach to Reducing Health Disparities Amongst Nigerians in New York

Contributor: Dr. Grace Ogiehor Enoma

Committed to the Health and well-being of Nigerians in New York, Nigerian Nurses Association of USA New York (NNAUSA), an affiliate of the National Association of Nigerian Nurses in North America (NANNNA), in collaboration with Memorial Sloan Kettering (MSK), established a Health Screening and Wellness program at the Nigerian Consulate in New York, offering preventive health screening and services during Consulate operating hours on every second Wednesday of the month. The goal is to provide preventive health screening and health education to Nigerians visiting the consulate and connect those without health insurance to medical and preventive cancer screening services. With this initiative, highly trained health educators and advocates are incorporated into the regular flow of consular services at the Nigeria Consulate in NYC." In partnership with Memorial Sloan Kettering Cancer Center's Immigrant Health, the following services are offered during consulate operating hours:

- Preventive health screening
- Health education on disease prevention, nutrition, and healthy lifestyle
- Referral system for urgent and maintenance cases
- A follow-up protocol to determine if the individuals seen had followed up with their healthcare providers
- Health Insurance and health care system access navigation
- Needs assessment to identify health risks and needs of Nigerians visiting the consulate









The Nigerian Consulate in New York provides a dedicated space at the consulate, and the Nigerian Nurses provide ongoing onsite preventive health and social screening, health education, referrals, and case management services. Memorial Sloan Kettering (MSK), through the Immigrant Health and Cancer Disparities services, provides access to cancer services, educational workshops on cancer screenings and navigation to low-cost cancer screenings, and support for cancer disparities research.

WHY THIS INITATIVE?

New York City has the highest density of African immigrants by metro area (Tamir, C. & Anderson, M., 2022). Despite being a rapidly growing group within the total immigrant population in the USA, the health outcomes and needs of African Immigrants are relatively understudied. African Immigrants are less likely to receive their needed healthcare. The challenges of obtaining adequate health care for African immigrants include language, legal status, stigma, lack of access to health care and health insurance, and socioeconomic factors. Similarly, African immigrants face significant health care, employment, legal rights, and housing disparities. They are often silent and invisible because of their socioeconomic class, race, gender, or immigration status. Usually, they suffer in silence, fearing deportation or the like, making privacy and confidentiality crucial during their search for help.

To respond to these problems, Nigerian Nurses Association in collaboration with the Nigerian Consulate New York and Memorial Sloan Kettering (MSK) established this health screening and wellness program that incorporate highly trained health educators and health advocates into the regular flow of the consular services at the consulate to help increase the accessibility of health care, cancer prevention, social services, and prevention of disease and promote a culture of prevention. On-site assessment, health screening, assessments, referrals, and links to available health and social services are provided. The services are provided free of charge. An average of ten nurses take turns to volunteer and spend about 5 hours during each visit.

This initiative is rooted in nursing's strengths and holistic approach to care, as patient advocacy and wellness are essential to nurses as they care for their physical, mental, and general well-being. The Health Screening and Wellness Initiative at the Nigeria Consulate is a bi-national collaborative program between the government, non-profit, and private agencies, working together to increase access to health care, raise awareness around health-related issues, and promote healthy lifestyle choices among Nigerians visiting the Nigerian consulate in New York. The project's strategic implementation is through health promotion and disease prevention, focusing on changing health-related behaviors from the perspective of social determinants of health. The program integrates, coordinates, and collaborates with Nigerians and other providers to provide available resources and promote better, healthier living. This intervention is culturally competent, creates an environment embedded in holistic and person-centered care focusing on preventative care, and has a foundational stronghold centered on recognizing the whole person and empowering Nigerians to work together to improve their health.

NIGERIAN NURSES ASSOCIATION OF USA, INC.

ADVCANCING CLINICAL EXCELLENCE AND PATIENT SAFTEY

THE COLLABORATORS: NNAUSA

Founded in April 2002, the Nigerian Nurses Association of USA (NNAUSA) is a non-profit and non- governmental nursing organization of Registered Nurses of Nigerian origin based in New York. The Mission and Vision of NNAUSA are to improve the health of underserved communities through health promotion, health literacy, health screenings, and referral programs. For over 20 years, NNAUSA has provided healthcare services at its community's doorsteps wherever there are gatherings of the immigrant population, helping members develop and implement "Faith-based Health Ministry in churches and mosques. We provide education on health, nutrition, disease prevention, lifestyle changes, Cardiopulmonary Resuscitation (CPR), and self-breast exams. A blood glucose and blood pressure evaluation is also carried out, with referrals to higher levels of care for abnormal results. Through our partnership with the Faith-based organizations, the American Cancer Society (ACS), the Immigrant Health and Cancer Disparities Service at Memorial Sloan Kettering Cancer Center, CCNY-MSK, local hospitals, and the community, our interventions focused on changing health-related behaviors from the perspective of social determinants of health and eliminating health disparities across the lifespan of Immigrant populations. To date, an estimated 50,000 have been educated through our various programs; more than 9,000 individuals have received assistance for social and health service referrals; more than 1,000 people have received general health screenings, and an estimated 700 have received cancer screening referrals. Our multidisciplinary approach to addressing health disparities in our community enables us to bring health information and services to where African immigrants are gathered.







CCNY-MSK Partnership for Community Outreach, Research, and Education (PCORE) use the combined resources of the City College of New York and Memorial Sloan Kettering to develop and evaluate innovative health outreach initiatives to reduce the impact of cancer in medically underserved communities. Over the past 10 years, PCORE has implemented community-engaged outreach and research, and addressed socioeconomic determinants of health and gap in cancer outcomes for medically underserved communities.



The Nigerian Consulate General is one of Nigeria's four diplomatic representations in the United States, serving over 200 Nigerian immigrants daily. Health and wellness services are integrated into the regular programs of the Nigerian Consulate activities.

NYC Department of Health Travel Home Safe

The NYC Department of Health provides comprehensive travel advice to ensure safe travel home. Below are some key points to consider when traveling home:

- **Stay up to date with vaccinations:** Ensure you and your children are up to date on routine vaccines, including the measles, mumps, and rubella (MMR) vaccine.
- **Protect against infections:** Use insect repellent with DEET, picaridin, IR3535, or oil of lemon eucalyptus, and wear protective clothing and hats.
- **Stay hydrated and eat properly:** Drink plenty of fluids and avoid raw fruits or vegetables that cannot be peeled. Ensure meat is fully cooked and served hot.
- **Monitor for symptoms:** If you experience any symptoms of illness, such as fever, cough, or difficulty breathing, seek medical attention immediately.
- **Follow health guidelines:** Adhere to health guidelines and recommendations provided by the NYC Health Department and your healthcare provider.

Measurable outcomes and benefits of this project include:

- Providing linguistically and culturally responsive health education on shared cardiovascular and cancer risk reduction and screening, healthy lifestyle choices, and healthcare access to over 1,000 Nigerians visiting the consulate.
- Providing direct services to approximately 300 Nigerians, including screening and navigation into healthcare.
- The Health Screening and Health Center serves as a resource center for Nigerians visiting the Consulate.

We are confident that this culturally and linguistically tailored health screening and wellness center at the Nigerian Consulate is helping to improve the health and well-being of the Nigerian community in New York, and a reduction in health disparities and an overall improvement in health equity in the nation. We hope that this initiative will be replicated in other Nigerian consulates across the globe.

THE UTILIZATION OF CHECKLISTS TO IMPROVE HEALTH OUTCOMES

Clinical Excellence & Patient Safety

NIGERIAN NURSES ASSOCIATION OF USA, INC.

Contributor: Dr. Roseline Utti, DNP, RN, RNC-OB, C-EFM

Adverse events are estimated to cause 0.6% to 2% of mortality in healthcare (dos Santos et al. 2022). Often, these adverse events are preventable; however, clinicians are faced with issues of multitasking and juggling between patients' acuity levels. In general, memory allows the storage of important information for the care of patients; however, interruptions and the need to perform multiple tasks make increasing demands on the clinician's attention, which can result in memory lapses. Clinicians with reduced memory capacity due to tiredness, long working hours, and stressful environments are more susceptible to errors when faced with interruptions. Thus, a checklist could help healthcare clinicians not omit essential aspects of care.

Checklists are tools that guide clinical decision making, support consistent care, and reduce medical errors (World Health Organization [WHO], 2025). Checklists are synonymous with algorithmic listing of actions to verify that all tasks are completed, and to ensure no step is missing.

The concept of checklists was introduced into healthcare by the WHO in 2008 to reduce surgical site infections. Today, checklists are used in different areas of patient care and are endorsed by the Joint Commission, the Institute for Safe Patient Practices, and the Agency for Healthcare Research and Quality (AHRQ) (Kwong et al., 2025). Checklists provide a structured approach to ensure important life-saving steps are not missed when taking care of patients. The integration of checklists in healthcare has changed the landscape of clinical practice.

Checklists are scalable and low-cost tools that help to streamline processes, improve patient safety, enhance communication between healthcare workers, improve quality metrics, and reduce morbidity and mortality rates (Harris, K. & Russ, S., 2021). A growing body of evidence indicates that the use of checklists in clinical settings can reduce the number of adverse events associated with the following:

REDUCTION OF ADVERSE EVENTS

- Adverse drug events
- Catheter-associated urinary tract infections
- Central line-associated bloodstream infections
- Early elective deliveries
- Injuries from falls and mobility
- Hospital-acquired pressure ulcers
- Surgical site infections
- Ventilator-associated pneumonia
- Venous thromboembolism

(American Hospital Association, 2013)

KEY BENEFITS OF CHECKLISTS

- Improved adherence to guidelines
- Improved coordination of care
- Enhance communication among healthcare team members, for example, improve handoff during shift changes and transfers
- Reduced patient complications, such as surgical site infections
- Improved patient safety (adverse events reduction)
- Reduced hospital length of stay
- Reduced morbidity and mortality rates

The dynamic shifts in healthcare industry calls for the use of evidence-based tools to influence outcomes. Checklists are necessary tools used in healthcare settings to improve patient outcomes, foster teamwork among interdisciplinary teams, reduce adverse events and promote high quality care.

NURSING CHECKLIST

Safe Care. Every Patient. Every Time.

Patient Name: _____ **Date:** _____ **Time:** _____

Room/Bed: _____ **MRN:** _____ **Nurse:** _____

ALWAYS: • Wash hands • Use two patient identifiers • Maintain patient safety • Document accurately

FOCUS AREA	CHECKLIST ITEMS	DONE	NOTES
1. SAFETY			
	Environment is safe (bed low, wheels locked, call light in reach)	☐	
	Fall risk assessed and precautions in place (if applicable)	☐	
	Identified and minimized safety risks	☐	
	Allergy band in place (if applicable)	☐	
	IV/lines/drains secured and patent	☐	
	Suicide risk assessed (if applicable)	☐	
2. ASSESSMENT			
	Assessed vital signs	☐	
	Assessed pain (location, intensity, quality)	☐	
	Completed head-to-toe assessment	☐	
	Monitored intake and output	☐	
	Assessed skin integrity	☐	
	Reviewed labs, diagnostics, and orders	☐	
3. CARE			
	Administered medications as ordered	☐	
	Provided treatments and nursing interventions	☐	
	Assisted with ADLs (as needed)	☐	
	Maintained infection prevention practices	☐	
	Repositioned/turned (as indicated)	☐	
	Provided comfort measures	☐	
4. COMMUNICATION			

	Updated patient and family on plan of care	☐
	Educated patient/family	☐
	Informed provider of changes/concerns	☐
	Collaborated with interdisciplinary team	☐
	Used SBAR for reports and handoffs	☐
5. DISCHARGE PLANNING		
	Assessed discharge needs	☐
	Initiated discharge teaching	☐
	Reviewed medications and instructions	☐
	Coordinated follow-up care/referrals	☐
	Ensured patient/family understanding	☐
★ OVERALL CHECK: I have provided safe, compassionate, patient-centered care.		☐ ALL TASKS **Nurse Signature: _____**

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Impact Reporting

Restoring Hope In Primary Health Care

“As a facilitator of the project, I ensured that the community took ownership of the health center by involving all levels of stakeholders during and after the renovations”
- Dr. Tessy C. Okolo, CNM

A once-neglected Uga Ward 1 Primary Health Center that had fallen into disrepair has been transformed into a functional and welcoming facility through the generous support of NANNNA. For years, the center struggled with damaged infrastructure, inadequate medical equipment, and poor working conditions, making it difficult to provide quality healthcare services to the community.



The facility before the intervention: Damaged infrastructure and poor conditions.



Recognizing the urgent need for intervention, NANNNA stepped in to restore the facility. The renovation included repairing the building, improving sanitation, providing essential medical supplies, mattresses and pillows, mosquito nettings at the vents, bedside cupboards, bedside tables, refurbishment of staff tables and creating a safer environment for patients and healthcare workers. Today, the health center stands as a symbol of hope. Health and community development.

The refurbished ward: A functional and welcoming space.

Commitment & Future





The restoration will greatly improve access to healthcare services for mothers, children, and vulnerable families in the area. NANNNA's commitment demonstrates how collective support and compassion can revive struggling institutions and positively impact lives for generations to come.

Impact Reporting : Contributor Dr. Cynthia Ogbovoh

NNAUSA Supporting Members and Community Outreach



The Nigerian Nurses Association proudly participated in a community outreach event on the 6th of June, 2026, in support of one of our esteemed members on the opening of her private clinic.

The event provided an opportunity to engage with community members, promote health awareness, and highlight the important role nurses play in advancing accessible healthcare services. Association members offered health education, shared preventive care information, and celebrated this significant professional milestone. We congratulate our colleague on this achievement and commend her commitment to improving healthcare delivery within the community. The Association remains dedicated to supporting the professional growth and entrepreneurial endeavors of its members while fostering healthier communities through service and education.









Event Highlights















The Prayer Team sends a heartfelt congratulations to you, Madam Chair of the Education Committee and team for a well thought out vision of showcasing NNAUSA growth in such an excellent media " NNAUSA INAUGURAL NEWSLETTER".

Our team came into existence through the leading of the Holy Spirit in 2018 during NANNNA Global Conference hosted in Weschester Marriott Tarry Town, New York by the Conference planning committee Chair Dr Idorenyin Ataudo Udosen under the Leadership of then NANNNA President Mr Benjamin Okpeseyi.

The prayer team has been a source of spiritual support to members which gained national attention in 2020 when Covid pandemic struck the global community and medical care rendered little or no hope for healing and survival but Psalms 91 gave us inspiration and strength.

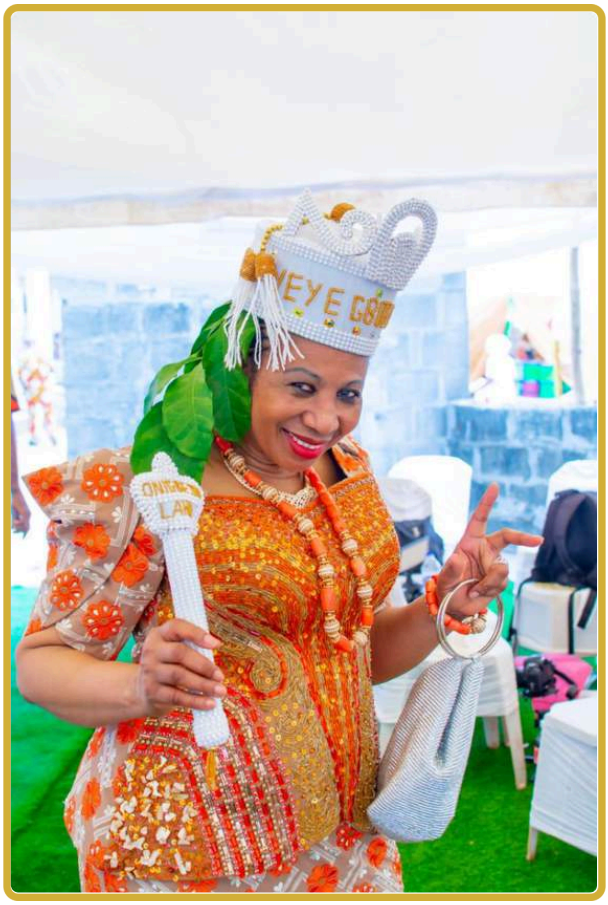
The team core function is to meet the spiritual needs of members, families and friends of Nurses. We are here for you in good times and bad times as the anointed and chosen vessels of the most high God.

We meet every Saturday at 10am EST on Nursing prayer line:
716-427-1337
Code: 345066#
Join us - Don't worry about anything but pray about everything.

Many Blessings and love,
Dr. Idorenyin Ataudo Udosen DNP RN
For Prayer Team



Celebrations & Achievements



NNAUSA congratulates Chief Mrs Taiwo G. Adeniji Yeye Gbobaniyi of Onigbedu, Abeokuta.

We celebrate this well-deserved honor and her continued service to the community.



Congratulations to the Class of 2026!

Mrs. Joan Erhunmwunse, MSN, RN

Celebrations & Achievements







Congratulations to the Class of 2026!

NNAUSA Members celebrating their graduates.

HAPPY NURSES WEEK 2026!

ADVCANCING CLINICAL EXCELLENCE AND PATIENT SAFTEY

The Nigerian Nurses Association of USA celebrated Nurses Week 2026 at the prestigious Marina Del Rey in the Bronx, New York.



Special appreciation to ABS Travel for acknowledging and thanking the Nigerian Nurses Association and its members for their continued support of the community and diaspora businesses.



CONGRATULATIONS TO ALL THE HONOREES AND HEALTHCARE PROFESSIONALS MAKING A DIFFERENCE EVERY DAY!



The keynote speaker, Bishop Dr. Jonathan Owhe, Chairman & CEO of Newlife Restoration Humanitarian Foundation, inspired attendees with a powerful message of leadership, service, and community impact. He also pledged $1 million toward the center project and helped raise significant donations in support of the initiative.



Honoring Our Members

Representing New York State Senator Steve Rhoads (District 5), Saeed Hassan, Director of Interfaith Outreach, delivered the Senator's congratulatory message recognizing the association's outstanding contributions over the years. Citations were presented in honor of the following distinguished healthcare professionals:

Dr. Grace Ogiehor-Enoma, RN
Patience Currie, MSN, RN, CCM
Dr. Idorenyin Udosen, DNP, MSN, RN
Taiwo Gbemisola Adeniji, ANP, APRN, RN-BC
Benjamin Okpeseyi, MSN, RN
Susan Okiro, MSN, RN, CCRN




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UPCOMING EVENTS

JULY

8TH: HEALTH SCREENING AND WELLNESS AT NIGERIA HOUSE

18TH: EDUCATION COMMITTEE MEETING

AUGUST

8TH : ANNUAL WALKATHON

12TH: HEALTH SCREENING AND WELLNESS AT NIGERIA HOUSE

17TH - 21ST: EDO STATE EDUCATION MISSION

22ND: EDUCATION COMMITTEE MEETING

SEPTEMBER

9TH: HEALTH SCREENING AND WELLNESS NIGERIA HOUSE

12TH: NNAUSA GENERAL BUSINESS MEETING

26TH: ANNUAL EDUCATION DAY

OCTOBER

3RD: NIGERIAN INDEPENDENCE DAY CELEBRATION

17TH : NNAUSA GENERAL BUSINESS MEETING

24TH: EDUCATION COMMITTEE MEETING

DOMESTIC VIOLENCE PREVENTION WALKATHON; DATE TBD

NOVEMBER

5TH - 8TH : NANNNA ANNUAL SCIENTIFIC CONFERENCE

11TH: HEALTH SCREENING AND WELLNESS AT NIGERIA HOUSE

21ST : NNAUSA GENERAL BUSINESS MEETING

DECEMBER

9TH: HEALTH SCREENING AND WELLNESS AT NIGERIA HOUSE

12TH: NNAUSA GENERAL BUSINESS MEETING GENERAL ELECTION

19TH: EDUCATION COMMITTEE MEETING

UPCOMING EVENTS





UPCOMING EVENTS

2026 EDUCATION DAY



WE HOPE YOU ENJOYED THE JUNE ISSUE OF THE NEWSLETTER.
THE NEXT EDITION WILL BE RELEASED IN DECEMBER.
ARTICLES FOR SUBMISSION WILL BE ACCEPTED ON A ROLLING BASIS.