

# OHN ESSENTIALS: ABOHN 2026 CE SCHEDULE

# January 2026

OHN Masterclass: Case Management Made Simple: Build a strong foundation in OHN-driven case management. Learn how to streamline communication, coordinate care, and guide employees from initial report to safe return-to-work with confidence and clarity.

# February 2026

*Injury to MMI: The OHN Roadmap:* Follow the full path of work-related injuries—from onset through Maximum Medical Improvement. Gain practical tools to assess, document, and support injured employees while collaborating effectively with providers and employers.

## March 2026

Own Your Oxygen Mask: Self-Care Strategies for OHNs: In a role centered on caring for others, OHNs often come last. Explore evidence-based techniques to protect your energy, prevent burnout, and build resilience so you can thrive both on and off the job.

# **April 2026**

Surveillance Smarts: The OHN's Medical Monitoring Blueprint: Strengthen your surveillance program know-how. This session breaks down requirements, best practices, and real-world workflows to help OHNs track risks, ensure compliance, and promote early detection.

#### **May 2026**

Mind Matters: Mental Health Risk Assessments for OHNs: Elevate your ability to identify and manage workplace mental health risks. Learn practical assessment tools, intervention strategies, and communication approaches tailored to the OH environment.

#### **June 2026**

Heat Happens: Thermal Risks & Worker Safety: As temperatures—and risks—rise, OHNs play a critical role in prevention. Understand heat illness mechanisms, monitoring strategies, and controls that protect workers in high-heat environments.

## **July 2026**

**Team Science: OHN Collaboration with EHS & IH:** Discover how collaboration with EHS and IH teams enhances overall workplace health outcomes. Learn the language, roles, and strategies that help OHNs build powerful, cross-functional partnerships.

## August 2026

Write it Right: OHN Documentation for Quality & Defense: Improve the clarity, defensibility, and quality of your occupational health documentation. This session focuses on what to write, what to avoid, and how to meet legal and professional standards.

#### September 2026

Breath of Fresh Air: OHN Respiratory Program Mastery: From fit testing to compliance, this session equips OHNs with the essentials for managing effective respiratory protection programs and safeguarding employee lung health.

## October 2026

Wellness That Works: OHN-Led Health Promotion Programs: Go beyond the basics of workplace wellness. Learn how to design, implement, and measure meaningful wellness initiatives that drive healthier, more engaged workforces.

## November 2026

Cannabis & Compliance: What OHNs Need to Know: Stay ahead of evolving cannabis laws and workplace expectations. Understand impairment concerns, policy considerations, testing complexities, and the OHN's role in ensuring a safe, compliant environment.

#### December 2026

The Persuasive OHN: Stakeholder Engagement Essentials: Master the art of influence. Explore practical strategies for securing leadership support, building credibility, and driving participation in occupational health initiatives.