

## Why Eye Health **Matters for Students**

See Better. Learn Better.

- **Stay Focused in Class** Blurry vision makes learning harder. An eye exam will help the eye doctor determine whether your child needs glasses to help them see the board and books clearly.
- **Catch Hidden Vision Problems** A screening is not enough. You and your child may not know something is wrong so it's important to see an eye doctor to get a full eye exam. This eye exam will find any vision issues.
- **Stop Eye Strain and Headaches** Squinting, rubbing eyes, or headaches? An eye doctor can examine your child's eyes and provide treatment to help them feel better.
- Confidence in the Classroom Good vision equals better learning! Glasses can help students see their best – and look great doing it! Seeing clearly helps students stay engaged and succeed in school.

For help or more information, contact your school nurse.