

SNOOZE NEWS

TAPAN UPPER GULF COAST REGION NEWSLETTER



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FROM THE PRESIDENT'S DESK

Preparing for the Future

CANDACE MILLER MSN, RN, CPAN, CAPA

Greetings TAPAN UGCR! My name is Candace Miller and I am excited to be your new President for the Fall 2024-Fall 2026 term. As you will read in this edition of the Snooze News, we have jumped head first into fall by installing a new executive board, continuing educational in-services, and even being the host site for our parent TAPAN State Conference! Something very special is happening with PeriAnesthesia Nurses in our region and we are looking to build on the excitement and passion that is being displayed!

We have moved out of the "rebuilding" phase and are maintaining integrity and focused o n consistency for all our TAPAN UGCR members! To start, on November 8th your new treasurer Alma Pope and I, will travel to Oklahoma City to participate in PDI. This is a regional development seminar hosted by ASPAN which will train us on how to grow and sustain a healthy organization. I am hopeful that we will be able to bring back tools and resources that we can use to create a dynamic experience for you! In addition, we have a dedicated team of board members who meet monthly to discuss and plan relevant topics and educational items that can benefit the region! Shameless plug...we still have 2 open positions for 3rd VP and Corresponding Secretary in case anyone is interested!! Lastly, we want to capitalize on the investment made to improve our website so that we can connect with members easily and keep you abreast of all happenings that are going on! Geraldine De Los Santos, our immediate past president and current TAPAN State VP is a champion for us in maximizing all of the capabilities of the website, and we will continue to follow her fearless leadership!

In short, we are preparing for the future which is looking very bright! We welcome your ideas, and need your participation to help our region be the best it can be. I thank every member for choosing to be a part of this organization each year and I know that together, the best is truly yet to come!

EXPERT INSIGHTS SHARED ON CARDIOGENIC SHOCK MANAGEMENT IN PACU DURING INFORMATIVE TALK

Danielle Hardin, MSN RN ACNP-BC CCRN, led an interactive virtual presentation on the management of cardiogenic shock in the PACU. Her dynamic presentation started with a case study outlining the signs and symptoms of cardiogenic shock.

Danielle then went on to describe the evolving definition of cardiogenic shock, suggesting that hypoperfusion, not hypotension, may be a more important determining factor as it relates to patient outcome. The current definition of cardiogenic shock is Tissue and organ hypoperfusion due to ineffective cardiac output.

To better understand the early recognition of cardiogenic shock, the Society for Cardiovascular Angiography & Interventions (SCAI) Stages of Cardiogenic Shock were explained. The earliest stage is being AT RISK--prior history of acute MI or acute Heart Failure without actual signs and symptoms of cardiogenic shock. This stage will help clinicians with preventative care. Stage two is the BEGINNING Stagewhere the patient may be hypotensive and tachycardic but not have signs of hypoperfusion. The third stage is the CLASSIC stage, where patients are showing signs of hypoperfusion and are not responsive to volume resuscitation alone. Medications or mechanical support may be warranted at this stage. The fourth stage is DETERIORATING--where the patient fails to respond to medications or mechanical interventions. The last stage is EXTREMIS- where several interventions are continuously supporting the patient or is on Extracorporeal Membrane Oxygenation (ECMO).

Danielle Hardin highlighted the imperative for clinicians to identify cardiogenic shock at the earliest stage for the best possible outcome.







DANIELLE HARDIN, MSN RN ACNP-BC CCRN

TAPAN INSTALLS NEWEST OFFICERS, SETTING A STAGE FOR A DYNAMIC FUTURE



L-R: ERIC PAZZIUAGAN (HISTORIAN/ SNOOZE EDITOR), ALMA POPE (TREASURER, AUBREY DROEMER (2ND VICE PRESIDENT), SHEILA ANTHONY (1ST VICE PRESIDENT), CANDACE MILLER (PRESIDENT), GERALDINE DELOS SANTOS (IMMEDIATE PAST PRESIDENT).



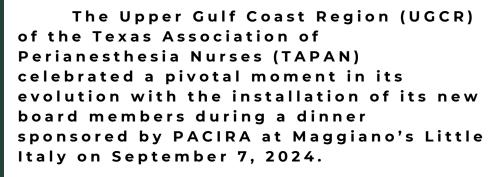
CURRENT AND PAST BOARD OF DIRECTORS
OF TAPAN-UGCR



TAPAN-UGCR MEMBERS ATTENDING THE INSTALLATION OF NEW OFFICERS



CANDACE MILLER BEING INSTALLED AS THE NEW PRESIDENT OF UGCR



The evening not only marked the beginning of a dynamic future for Perianesthesia Nursing in the Upper Gulf Coast but also honored the contributions of outgoing officers. Recognition was given to Geraldine Delos Santos (past president), Candy Salazar (past 2nd vice president), Linda Jones (past secretary), Mollie Smith (past treasurer), and Ronald Malit (past historian) for their dedicated service and leadership.

As the new board members step into their roles, they carry the vision of enhancing nursing practices and fostering community engagement, ensuring continued excellence in patient care across the region



JACQUELINE HAWKCOTTEN BEING
INSTALLED AS THE NEW
RECORDING SECRETARY
DURING THE STATE
CONFERENCE



MELISSA MATLEGA, BSN, RN OF PACIRA



GERALDINE DELOS
SANTOS (PAST
PRESIDENT) WAS
RECOGNIZED FOR HER
EXCEPTIONAL ROLE IN
REVIVING UGCR POSTCOVID. THROUGH HER
EFFORTS, UGCR
RECEIVED NUMEROUS
AWARDS THROUGHOUT
HER TERM.



MOLLIE SMITH (PAST TREAUSFRER) RECEIVED A PLAQUE OF APPRECIATION FOR HER OUTSTANDING SERVICE AS A VALUABLE MEMBER AND OFFICER FOR TAPAN-UGCR.



ANDY SALAZAR (PAST 2ND ICE PRESIDENT) RECEIVED A CERTIFICATE OF APPRECIATION. SHE WAS PART OF THE TEAM WHO REVIVED UGCR AFTER THE PANDEMIC.

UGCR SHINES BRIGHT AT 48TH TAPAN STATE CONFERENCE, WINS OUTSTANDING REGION AWARD



FELICIA SELMAN (AWARDS COMMITTEE CHAIR) HANDS GERALDINE DELOS SANTOS THE OUTSTANDING REGION AWARD



CANDACE MILLER, ALMA
POPE, GERALDINE DELOS
SANTOS, AND ERIC
PAZZIUAGAN RECEIVE THE
RUNNER UP BLUEBONNET
AWARD AND 4TH PLACE
NEWSLETTER AWARD



JUDGING COMMITTEE L-R: BARBARA ROBINSON (N&E); TRINA MORA (WEST TX); CONNIE WAN (HILL COUNTRY); AND DONABEL MACAZO (UGCR)

TAPAN Upper Gulf Coast Region has done it again! The OUTSTANDING REGION AWARD was presented to the Immediate Past President, Geraldine Delos Santos, at the State Conference on September 27, 2024.

Accomplishments, activities, and membership numbers from August 2023 through 2024 were compiled in an organized binder that was reviewed by a panel of judges. The region's membership increased by 17.5%. As of August 2024, we had 537 members--more than half of the TAPAN State membership roster! What a great accomplishment! Tell your friends and colleagues about our region and encourage them to join!

Among the TAPAN Star Awardees were Britini Hoien and Candace Miller.

The Region also received the first runner-up recognition for the Historian's Bluebonnet Award. The Bluebonnet Award and the Newsletter Award went to the North & East Region.

Patty Charles, the president of TAPAN, awarded Geraldine Delos Santos the Presidential Award. She was honored for her contribution to the growth and revitalization of the region and the TAPAN State Organization. She received the TAPAN Presidential Award Pin.



TAPAN UGCR DELEGATES CELEBRATE WITH THE KEYNOTE SPEAKER SUSAN SHELANDER, RN (CENTER)

48th Annual State Conference: Endless Horizons,
Timeless Excellence across the Lifespan

Conference Recap: A Record-Breaking Success

BRITINI HOIEN, BSN, RN, WCC, CAPA, CPAN TAPAN State Conference Chair 2024-2025

TAPAN recently concluded our 48th Annual State Conference, marking a significant milestone for the organization. With a record number of first-time attendees, the conference was a resounding success, drawing over 168 participants to Saturday's educational event and 80 to the President's banquet.

This year's event featured a diverse lineup of topics, including Perianesthesia Leadership, Airway Emergencies, Adult Congenital Heart Defects, Drug Diversion, Creating a Healthy Work Environment, Cannabis & Cannabinoids, Minimally Invasive Gynecological Surgery, and Nursing Legal Documentation. The expert speakers and engaging presentations captivated the audience, sparking lively discussions and valuable insights.

The conference also showcased a strong exhibitor presence, with 10 companies participating. Notable exhibitors included Memorial Hermann The Woodlands Hospital, ABPANC, Accuvein, Eagle Pharmaceuticals, Hanger, Post University, Pacira, Smith Sinus Institute, Smith and Nephew, and Soothing Scents.

The feedback from attendees has been overwhelmingly positive, highlighting the conference's value in providing professional development, networking opportunities, and staying upto-date on the latest trends in perianesthesia nursing. We are already looking forward to next year's conference and the continued growth of TAPAN. Stay tuned for more details.









MEMOIRS FROM THE 2024 TAPAN STATE CONFERENCE

I am writing to share my experience with my first TAPAN Annual State Conference. I have been a member of ASPAN and TAPAN for many years since I first ventured for my CAPA Certification, which I obtained in May, 2022. Over the years I have received all the correspondence with the many opportunities TAPAN had to offer, but never participated until this year.

On September 27th and 28th, I had the wonderful opportunity to attend the TAPAN 48th Annual State Conference at the Embassy Suites in The Woodlands, Texas. Please accept my sincere congratulations on such a successful event. The conference was very well organized, both logistically and in terms of its contents. Also, I would like to extend my sincere appreciation for the exceptional lineup of guest speakers curated for the conference. The diverse range of expertise and insightful presentations significantly enhanced the overall learning experience I believe for all attendees, including myself.



TERESA KANE, BSN, RN, CAPA

The conference was fun, and I enjoyed networking with the many participants from different regions who share the same background, education, and primary goal of providing excellent patient care throughout the Peri-anesthesia service line.

Thank you again for allowing me to attend the conference. It was a wonderful first-time experience, and I am looking forward to attending the TAPAN 49th Annual State Conference.

-- Teresa Kane, BSN, RN, CAPA



JACQUELINE HAWK-COTTEN MSN, RN, CPAN, CAPA



JACQUELINE HAWK-COTTEN (1ST FROM RIGHT), TOGETHER WITH THE OTHER VOLUNTEERS DURING THE PRESIDENTIAL BANQUEET

Volunteering at the TAPAN State Conference offered a unique opportunity to contribute to the advancement of perianesthesia nursing while fostering a sense of community within the field. By assisting with event sign-in on Friday evening, we played a vital role in ensuring the smooth operation of the conference. Through volunteerism, individuals can directly impact patient care by supporting the ongoing education and professional development of nurses who play a critical role in the perioperative setting. This dedication not only supports advancing the knowledge of attendees but also strengthens the network of perianesthesia nurses across Texas. The collaborative spirit fostered during the conference created a lasting impact, promoting excellence in the specialty.

-- Jacqueline Hawk-Cotten, MSN, RN, CPAN, CAPA

MEMOIRS FROM THE 2024 TAPAN STATE CONFERENCE

Hello. My name is Estella Rincones. I am a seasoned Registered Nurse with a Bachelor of Science in Nursing. I boast 15 years of experience in the field, with the last 4 years dedicated to the Post-Anesthesia Care Unit (PACU). In 2022, I achieved the prestigious CPAN certification, a testament to my dedication and expertise in the nursing profession.

My journey to attending the 48th Annual TAPAN State Conference was inspired by my exceptional educator, Candace Miller, who always stressed the importance of staying informed and engaged in professional development opportunities. With great enthusiasm, I embarked on my first conference experience at the Woodlands in 2024, eager to expand my knowledge and network with likeminded professionals.

The conference not only proved to be a valuable source of information but also provided a unique opportunity for unexpected reunions. While reconnecting with former colleagues, I encountered a surprising situation when a familiar face, Cherry, RN, approached me. Strangely, I failed to recognize her, prompting a moment of embarrassment, However Cherry swiftly reminded me of our shared history in the cardiovascular Intensive Care Unit (CVICU) by presenting a photo of us together, capturing a moment of camaraderie that had slipped my memory.

This encounter not only highlighted the enriching nature of conferences but also underscored the power of reconnecting with individuals who hold memories of our shared experiences. The conference experience was not just about learning new information; it was a reminder of the lasting impact we can have on others within our professional community.



ESTELLA RINCONES BSN, RN, CPAN



ESTELLA RINCONES WITH THE OTHER PARTICIPANTS FROM UGCR



RECENT EDUCATIONAL TALK ON PEDIATRIC ERAS ACHIEVES RESOUNDING SUCCESS





Texas Association of



DR. MARK MAZZIOTTI



ANGIE MEDELINE, MSN CPNP

Fifty-four (54) perianesthesia and pediatric nurses attended the educational session on Enhanced Recovery After Surgery (ERAS) held at Texas Children's Hospital on October 15, 2024.

The hybrid event was a success. Dr. Souhail Karram and his colleagues Dr. Niccolò M. Passoni, Angie Medellin, MSN, CPNP, and Dr.

Mark Mazziotti presented vital information on implementing ERAS in pediatric surgeries, specifically orthopedic oncology, urology, and pectus excavatum.

The hybrid event hosted 16 in-person attendees and 38 online attendees.

Candace Miller started off with a TAPAN UGCR business meeting highlighting the current membership status, calendar of events, open positions, and available scholarships.

A fundraiser was held to assist the victims of Helene and Milton. The attendees raised \$290, which will be donated to the Red Cross on behalf of TAPAN UGCR members.



L-R: GERALDINE DELOS SANTOS (UGCR IMMEDIATE PAST PRESIDENT), DR. KARRAM, DR. MAZZIOTTI, CLAIRE MYERS (HOSPITAL CHAMPION), DR. NICOLLO PASSONI, ANGIE MEDELINE, NP, AND CANDACE MILLER (UGCR PRESIDENT)

UGCR- THE WOODLANDS CHAPTER UNANIMOUSLY VOTES TO CONTINUE OPERATIONS AND PLANS TO REELECT NEW OFFICERS



PATTY CHARLES, THE WOODLANDS CHAPTER PRESIDENT



MELISSA MATLEGA, BSN, RN OF PACIRA



UGCR THE WOODLANDS CHAPTER
MEMBERS

At a dinner meeting sponsored by PACIRA on October 17, 2024, the UGCR—The Woodlands chapter unanimously voted to keep the chapter active and reelect its new officers.

The meeting was facilitated by Ms. Patty Charles, Chapter President at Memorial Hermann- The Woodlands Medical Center. Members representing the different medical institutions in the area attended the said meeting. The members will hold another meeting in January 2025 to elect its new set of officers and the plan for its future. It was agreed that an educational session would be included in the meeting to encourage attendance among the members. The chapter aims to strengthen the camaraderie and networking of the perianesthesia nurses working in North Houston and to promote membership in ASPAN and TAPAN.

Ms. Melissa Matlega, BSN, RN of PACIRA, gave a talk before the meeting entitled "Non-Opioid Exparel: A Component of Multimodal Pain Management Strategy for Patients 6 and Above," which the participants received well.

REFLECTIONS AND REVELATIONS: MY JOURNEY AT THE ASPAN PDI SEMINAR IN OKLAHOMA

ALMA POPE, BSN, RN, CPAN



L-R: SONIA DE LEON, ALMA POPE, AND CANDACE MILLER WHO REPRESENTED THE UGCR



UGCR REPRESENTATIVES TOGETHER
WITH THE TAPAN DELEGATES DURING
THE PDI SEMINAR



ONE OF THE SESSIONS DURING
THE PDI SEMINAR

I am grateful for the opportunity from TAPAN for providing me the opportunity to attend my first ASPAN PDI in Oklahoma City on Nov. 8&9th. As a newly installed treasurer for our UGC region, I felt that attending would give me greater insight into my role and help me better serve the nurses of our region. It was inspiring to hear from our National leadership. Friday evening, I really enjoyed meeting and hearing from members of our own Region 2 and how they are doing to engage members in their components and regions.

We had a good turnout from Texas! Saturday was jam-packed with seminars—learning on building effective teams, using innovative methods for education, strategic planning, clinical inquiry, seminar planning, and financial management.

I have lots of notes to review! The seminar that had an immediate impact on me was Legal Issues in Financial Management. I take my role as treasurer very seriously. The funds provided through our APSAN and TAPAN membership are to help grow and develop PeriAnesthesia nurses in OUR region. My key takeaways reemphasized what I was already working on-budgets for the upcoming year, having a reserve account, balanced budgeting, and creating internal controls and transparency. Although paper is the bane of my existence-having that "paper trail" is an essential part of transparency and necessary for auditing purposes.

I enjoyed networking with other leaders nationwide and building relationships with our TAPAN leadership. I look forward to working with you and for our UGCR.

EDITORIAL

EMPOWERING CHANGE: The Impact of UGCR Volunteers on the Success of the State Conference

ERIC F. PAZZIUAGAN, MAN, MSN, RN, CMSRN, NI-BC, CPAN



TAPAN STATE CONFERENCE WORKING COMMITEE: SHARON HODGES, SHARON MITCHELL, SHEILA ANTHONY, REBECCA CADDELL, ERIC PAZZIUAGAN, PATTY SMITH, BRITINI HOIEN, GERALDINE DELOS SANTOS



UGCR VOLUNTEERS WHO WORKED BEHIND
THE SCENES

The recently concluded TAPAN State Conference was an overwhelmingly successful event! Most participants from all parts of Texas provided numerous positive feedback. It was a great showcase of Southern hospitality and competence in handling a significant professional event.

Undoubtedly, the volunteers who made this event possible played a big part in its success. Numerous people worked behind the scenes, spending countless hours planning and burning the midnight oil. This led to an unforgettable experience that made the conference a resounding success.

These volunteers comprise the different perianesthesia nurses in the Upper Gulf Coast Region. Despite their busy schedules, they were able to squeeze in their time and talents between their regular duties in their respective institutions. Kudos to all the organizing team members headed by Ms. Britini Hoien. They worked hard to make this event possible—special thanks to the countless volunteers who contributed in one way or another. Indeed, your dedication to hard work is a testament to the power of change! Without all of you, the change to make this conference more exciting and informative is not possible!

We look forward to working with you again at the 2025 State Conference in The Woodlands. May your selflessness inspire other members to become more involved in our beloved organization.

TAPAN Members are TNA D9 Outstanding Nurse Honorees



ROCHELLE MARIANO



TNA D9'S 20 OUTSTANDING NURSES 2024



DR. KATHERINE SIMPSON { GERALDINE DELOS SANTO\$

November 8, 2024—Houston, TX. Dr. Katherine Simpson, Geraldine Delos Santos, and Rochelle Mariano were named three of the 20 Outstanding Nurse Honorees at the 32nd Texas Nurses Association (TNA) District 9 Nursing Celebration.

Dr. Katherine Simpson is an assistant professor at the University of St. Thomas who ensures a high standard of nursing education. She is an active community member and has served as president of the Advance Nurse Practitioner professional organization and TAPAN Upper Gulf Coast Region.

Geraldine Delos Santos is a clinical educator at Children's Memorial Hermann Hospital, an active member of ASPAN and TAPAN, and a certification coach for ABPANC. She is currently the Vice President of the TAPAN State Component. Geraldine has received awards for professional practice, including Nursing Excellence, the Good Samaritan Bronze Award, and recently, the TAPAN Rising Star and Presidential Award.

Rochelle Mariano is the Nurse Manager of the Ambulatory Surgery Center at Harris Health System. In her everyday practice, she embodies the professionalism of a dual-certified perianesthesia nurse. She has organized and conducted numerous programs for PACU nurses and implemented several EBP unit guidelines to uphold the ASPAN standards of perianesthesia nurses. She has been previously recognized as a Harris Health Champion and Harris Health Hero.

ASPAN Past President Pamela Windle Receives TNA District 9 Noble Nurse Award.



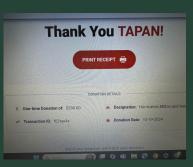
DR. PAMELA WINDLE



Dr. Pamela Windle received the NOBLE NURSE at the TNA Nursing Celebration Calvert Toyota. An exemplary nurse who embodies the PURPOSE of TNA--to improve health standards and the availability of health care services for the less fortunate, Dr. Pamela Windle has volunteered to serve the needy over the decades. Her involvement in PNAMH, ASPAN/TAPAN, the Filipino Cancer Network, and the American Heart Association paved the way for her to provide free health fairs, CPR instruction, feeding programs, and patient education. She has participated in several international medical and surgical missions. Her passion for strengthening the bonds within the Philippine Nurses Association has made an impact in the Greater Houston area.

COMMUNITY OUTREACH: UGCR DONATES TO AMERICAN RED CROSS TO SUPPORT HURRICANE RELIEF IN FLORIDA





TAPAN UGCR came together spectacularly during our October 2024 in-service at Texas Children's Hospital to support our greater national community. Weeks after Hurricanes Helene and Milton affected the southeastern coast, we partnered with the American Red Cross to send a charitable donation to their relief efforts.

Together, we raised over \$290 in a single two-hour evening to send their way. TAPAN UGCR remains committed to the education of its nursing members and also benefits communities in need. This is one of many examples of your generous hearts! We look forward to providing more opportunities for community service in 2025!"

CERTIFICATION CORNER





MARY NGUYEN BSN, RN, CPN, CPAN

When they told me I could take this exam in the comfort of my own home... this homebody dove at the opportunity. Getting my Perianesthesia Nurse Certification was a rewarding experience. I feel that I've learned so much in preparing for this certification.

Working in the Pedi PACU, I've seen how important it is to really understand the unique needs of patients in this setting. I decided to get certified in perianesthesia nursing to deepen my knowledge and take my skills to the next level.

The whole process gave me so much more confidence in my role and reinforced why I love this specialty. Now, I feel even more equipped to provide the best care for my patients and their families. I highly recommend that my colleagues obtain their CPAN certification!

UPCOMING EVENTS









MEMBERSHIP MATTERS





There are many advantages to ASPAN membership including automatic registration in our state component (TAPAN) and our regional component (UGCR). For more information on membership benefits, go to ASPAN.org or click on the link above.

Member-get-a-Member Campaign going on from January 1 - December 31, 2024. Invite your colleagues to join ASPAN today! To thank you for your recruitment work, a <u>variety of awards</u> are available for members who participate.

TAPAN UGCR Membership Update: As of November 2024 Total Members = 470

TAPAN UGCR EXECUTIVE BOARD 2024-2025



CANDACE MILLER, MSN-ED, RN, CPAN, CAPA PRESIDENT



SHEILA ANTHONY, BSN,RN, CPAN, CCRN-K 1ST VICE- PRESIDENT



AUBREY DROEMER, MSN,RN, CPAN, CAPA 2ND VICE- PRESIDENT



JACQUELINE HAWK-COTTEN, MSN, RN, CPAN, CAPA RECORDING SECRETARY



ALMA POPE, BSN, RN, CPAN TREASURER



ERIC PAZZIUAGAN, MAN, MSN, RN, CMSRN, NI-BC, CPAN HISTORIAN



GERALDINE DELOS SANTOS,
MSN, RN, CPAN
IMMEDIATE PAST PRESIDENT



PATTY CHARLES, BSN, RN, CPAN
THE WOODLANDS CHAPTER-CHAIR
TAPAN PRESIDENT

NEWSLETTER EDITORIAL TEAM



ERIC PAZZIUAGAN, MAN, MSN, RN, CMSRN, NI-BC, CPAN



GERALDINE DELOS SANTOS, MSN, RN, CPAN



CANDACE MILLER, MSN-ED, RN, CPAN, CAPA



ALMA POPE, BSN, RN, CPAN