Online Cancer Awareness Resources

AONN+ North Texas Regional Navigator Network

1/25/2024

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Please note that some web links may change without our knowledge. Please contact us if you notice an incorrect or non-working link.

Awareness Calendar

January

- ▶ Cervical Health Awareness Month
- ▶ Firefighter Cancer Awareness
- Nat'l Radon Action Month, week(22-26)
- ▶ Us vs. HPV Prevention Week (22-26)

February

- ► Cancer Prevention Month
- ▶ Gallbladder and Bile Duct Cancer Month
- Feeding Tube Awareness Week (5-9), 1st Mon -Friday
- Nat'l Salute to Veteran Patients Wk (11-17), week of 2.14
- ▶ World Cancer Day (4)
- National Donor Day (14)
- ▶ International Childhood Cancer Day (15)
- World Cholangiocarcinoma Day (15), 3rd Thursday
- Rare Disease Day (last day)

March

- ▶ Blood Clot Awareness Month
- ▶ Colorectal Cancer Awareness Month
- ▶ Kidney Cancer Awareness Month
- Lymphedema Awareness Month, World Lymphedema Day (6)
- Myeloma Awareness Month
- National Nutrition Month
- ▶ Dress in blue day for colon cancer (1st Friday)
- ▶ Triple Negative Breast Ca Day (3)
- HPV Awareness Day (4)
- ▶ World Kidney Day (14), 2nd Thursday
- Anal Cancer Awareness Day (21)
- Lynch Syndrome Awareness Day (22)

April

- ▶ Esophageal Cancer Awareness Month
- National Cancer Control Month
- National Minority Cancer Month
- Noral, Head, and Neck Ca Awareness Month
- ▶ Stress Awareness Month
- ▶ Testicular Cancer Awareness Month
- ▶ Young Adult Cancer Week (1st Week)
- Noral, Head, & Neck Cancer Week (16-22)
- National Infertility Week (21-27), last full week
- ▶ Take Down Tobacco Day (1)
- AML Awareness Day (21)

May

- ▶ Bladder Cancer Awareness Month
- ▶ Brain Tumor Awareness Month
- Lancer Research Month
- Melanoma and Skin Cancer Month
- Mental Health Month
- Older Adults Month
- Noncology Nursing Month
- Lung Cancer Action Week (6-12), 2nd week of May
- National Women's Health Week (Week of Mother's Day)
- Melanoma Monday (1st Monday)
- ► World Ovarian Cancer Day (8)
- Women's Checkup Day (Monday after Mother's Day)
- ▶ Hepatitis Testing Day (19)
- Clinical Trials Awareness Day (20)
- Don't Fry Day (Friday before Memorial Dau)
- World Digestive Health Day (29)
- World No Tobacco Day (31)

June

- ▶ Cancer Immunotherapy Awareness Month
- Cancer Survivor Month
- **▶** World Infertility Month
- Men's Health Mont, week(ends on father's day)
- ▶ Black Family Cancer Awareness Week (13-19)
- National Cancer Survivors Day (1st Sunday)
- Norld Brain Tumor Day (8)

July

- ▶ Sarcoma and Bone Cancer Awareness Month
- **▶** UV Safety Month
- Action Mesothelioma Day (1st Friday)
- ► GIST Awareness Day (13)
- ♣ Glioblastoma Awareness Day (17)
- World Hepatitis Day (28)

August

- Appendix Cancer Awareness
- Hair Loss Month
- ▶ MedicAlert Awareness Month
- National Immunization Awareness Month
- World Lung Cancer Day (1)
- National Grief Awareness Day (30)

September

- Childhood Cancer Awareness Month
- ♣ Gynecologic Cancer Awareness Month
- Leukemia & Lymphoma Awareness Month
- National Prostate Cancer Awareness Month
- ▶ Ovarian Cancer Awareness Month
- Sepsis Awareness Month, Day (13)
- ▶ Thyroid Cancer Awareness Month
- ▶ Malnutrition Awareness WeekTM (16-20), 3rd Monday
- ▶ Hereditary Breast &Ovarian Ca Wk (9/29 -10/5) between Sep & Oct
- MPN Awareness Day (12), 2nd Thurs
- World Lymphoma Day (15)
- World Cancer Research Day (24)
- Mesothelioma Awareness Day (26)
- Rare Cancer Day (30

October

- Health Literacy Month
- Healthy Lung Month
- Liver Awareness Month
- National Breast Cancer Awareness Month
- ▶ Home Parenteral Nutrition Week (TBD)
- ▶ Internat'l Infection Prevention Wk (13-19), 2nd or 3rd full week
- ▶ Health Education Week (21-25), 3rd week
- Spiritual Care Week (20-26), last full week
- National Previvor Day (2) Wed between Sep/Oct
- ▶ Ostomy Awareness Day (1st Saturday)
- World Mental Health Day (10)
- ▶ World Hospice and Palliative Care Day (12), 2nd Saturday
- Metastatic Breast Cancer Day (13)
- World Thrombosis Day (13)
- National Mammography Day (18), 3rd Friday

November

- Carcinoid Tumor Awareness Month
- Lung Cancer Awareness Month
- Movember Men's Health Month
- National Family Caregiver Month
- National Hospice and Palliative Care Month
 National Marrow Awareness Month
- National Marrow Awareness Month
 Pancreatic Cancer Awareness Month
- ▶ Pet Cancer Awareness Month
- Stomach Cancer Awareness MonthGERD Awareness Week (Thanksgiving week)
- National Cancer Awareness Day (7)
- International Day of Radiography (8)
- Neuroendocrine Tumor (NET) Day (10)
- ♣ Genetic Counselor Awareness Day (2nd Thursday)
- ▶ Great American Smokeout (3rd Thursday)
- World Pancreatic Cancer Day (3rd Thursday)
- National Family Health History Day (Thanksgiving)
 Stomach Cancer Awareness Day (30)

December

• Cancer Screen Week (1st full week)

ANAL CANCER

Anal Cancer Foundation www.analcancerfoundation.org/

APPENDIX CANCER

- ACPMP Research Foundation's https://acpmp.org/
- Appendix Cancer Connection https://appendix-cancer.org

BLADDER CANCER

- American Bladder Cancer Society http://bladdercancersupport.org/
- Bladder Cancer Advocacy Network <u>www.bcan.org/</u>
- Urology Care Foundation www.urologyhealth.org/

BLOOD CANCERS

- Be the Match https://bethematch.org/
- Leukemia and Lymphoma Society www.lls.org/
- Lymphoma <u>www.lymphoma.org/</u>
- MDS www.mds-foundation.org/

See Myeloma for Multiple Myeloma resources

BLOOD CLOT

- CDC www.cdc.gov/ncbddd/dvt/understanding-blood-clots-infographic.html
- Stop the Clot www.stoptheclot.org
- Women and Blood Clots https://womenandbloodclots.org/
- World Thrombosis Day www.worldthrombosisday.org

BRAIN CANCER

- American Brain Tumor Association www.abta.org/
- Brain Tumor Research www.braintumourresearch.org/
- Internat'l Brain Tumor Alliance www.brainlab.org/international-brain-tumor-alliance/
- National Brain Tumor Society http://braintumor.org/

BREAST CANCER

- 7 Things to Know about a Mammogram <u>www.cancer.org/research/infographics-gallery/mammogram-tips-infographic.html</u>
- Breast Cancer.org <u>www.breastcancer.org/</u>
- Breast Density and your Mammogram Report (ACS)
 <u>www.cancer.org/content/dam/cancer-org/cancer-control/en/booklets-flyers/breast-density-and-your-mammogram-report-handout.pdf</u>
- Bring your brave campaign (CDC)
 www.cdc.gov/cancer/breast/young_women/bringyourbrave/index.htm
- Breast Cancer Fact Sheet (ACS) <u>www.cancer.org/content/dam/cancer-org/cancer-ontrol/en/booklets-flyers/breast-cancer-fact-sheet.pdf</u>
- Breast Cancer (CDC) www.cdc.gov/cancer/breast/
- Metavivor https://www.metavivor.org/
- National Breast Cancer Foundation www.nationalbreastcancer.org/
- Susan G. Komen http://ww5.komen.org/
- The Right To Know Campaign Breast Cancer Screening (CDC) www.cdc.gov/ncbddd/disabilityandhealth/righttoknow/index.html
- Triple Negative Breast Cancer Foundation https://tnbcfoundation.org/
- United Breast Cancer Foundation https://www.ubcf.org/

See Women's Health

CANCER CONTROL

- Cancer Facts and Statistics (ACS) <u>www.cancer.org/research/cancer-facts-statistics.html</u>
- Comprehensive Cancer Control (CDC) www.cdc.gov/cancer/ncccp/index.htm
- NCI Surveillance, Epidemiology, and End Results (SEER) https://seer.cancer.gov/
- Texas Comprehensive Control Program <u>www.dshs.state.tx.us/tcccp/</u>
- Union for International Cancer Control (UICC) www.uicc.org/

CANCER PREVENTION & DETECTION

- The 10 Commandments of Cancer Prevention (Harvard Health Publishing) <u>www.health.harvard.edu/newsletter_article/the-10-commandments-of-cancer-prevention</u>
- American Cancer Society: Cancer Screening www.cancer.org/cancer/screening/screening-recommendations-by-age.html
- American Cancer Society Diet and Physical Activity Fact Sheet <u>www.cancer.org/content/dam/cancer-org/cancer-control/en/booklets-flyers/diet-and-physical-activity-patient-fact-sheet.pdf</u>
- American Cancer Society: Get your tests www.cancer.org/content/dam/cancer-org/cancer-control/en/booklets-flyers/get-your-tests-english.pdf
- American Cancer Society: Fact Sheets <u>www.cancer.org/cancer/risk-prevention/understanding-cancer-risk/cancer-facts.html</u>
- American Cancer Society: Cancer Risk, Prevention and Screening (ACS) https://www.cancer.org/cancer/risk-prevention.html
- American Institute for Cancer Research <u>www.aicr.org/can-prevent/</u>
- Cancer Prevention (CDC) <u>www.cdc.gov/cancer/dcpc/prevention/</u>
- Cancer Screen Week <u>www.cancerscreenweek.org/</u>
- Cancer Statistics Center https://cancerstatisticscenter.cancer.org/
- Diabetes and Cancer (American Diabetes Association) <u>www2.diabetes.org/tools-support/diabetes-prevention/diabetes-and-cancer</u>
- NCI Cancer Prevention www.cancer.gov/about-cancer/causes-prevention
- NCI Summary on Cancer Prevention <u>www.cancer.gov/publications/pdq/information-summaries/prevention</u>
- Prevent Cancer http://preventcancer.org/ has guides, low cost screening and many great programs for preventable cancers download Guide to Preventing Cancer in English and Spanish https://www.preventcancer.org/resource/cancer-screenings-and-prevention/

CANCER RESEARCH/ CLINICAL TRIALS

- American Association for Cancer Research www.aacr.org/
- Cancer Research Institute <u>www.cancerresearch.org/</u>
- Clinical Trials.gov https://clinicaltrials.gov/
- Clinical Trials Day www.clinicaltrialsday.org/
- Coalition for Clinical Trials Awareness http://cctawareness.org/
- National Foundation for Cancer Research www.nfcr.org/
- National Institutes of Health (NIH) www.nih.gov/
- The Cancer Atlas https://canceratlas.cancer.org/
- World Cancer Research Fund International www.wcrf.org/

CANCER SURVIVORSHIP

- Cancer.net www.cancer.net/survivorship
- National Cancer Survivor's day www.ncsd.org/
- Survivorship (ACS) <u>www.cancer.org/treatment/survivorship-during-and-after-treatment.html</u>

CARCINOID TUMORS

• Carcinoid Cancer Foundation <u>www.carcinoid.org/</u> See Neuroendocrine Tumors

CAREGIVER

- American Cancer Society <u>www.cancer.org/treatment/caregivers/</u>
- Caregiver Action Network <u>www.caregiveraction.org/</u>
- Family Caregiver Alliance https://caregiver.org/
- Help for Cancer Caregivers www.helpforcancercaregivers.org
- National Alliance for Caregiving www.caregiving.org/

CERVICAL CANCER

- American Cancer Society <u>www.cancer.org/latest-news/special-coverage/cervical-health-awareness-month.html</u>
- CDC www.cdc.gov/cancer/cervical/index.htm
- Cervical Cancer Fact Sheet (ACS) <u>www.cancer.org/content/dam/cancer-org/cancer-control/en/booklets-flyers/cervical-cancer-fact-sheet.pdf</u>
- Cervivor https://cervivor.org/
- Foundation for Woman's Cancer https://foundationforwomenscancer.org/january-is-cervical-health-awareness-month-new-cervical-cancer-resources-available/
- Global Initiative Against HPV and Cervical Cancer www.giahc.org/us-vs-hpv/
- National Cervical Cancer Coalition <u>www.nccc-online.org/hpvcervical-cancer/cervical-health-awareness-month/</u>
- National Foundation for Infectious Diseases <u>www.nfid.org/</u>
- Prevent cancer <u>www.preventcancer.org/preventable-cancer/cervical-cancer/</u>
- Union for International Cancer Control <u>www.uicc.org/what-we-do/thematic-areas-work/cervical-cancer-elimination/cervical-cancer-resources</u>

See Gyn Cancers/Women's Health

CHILDHOOD CANCER

- American Childhood Cancer Organization <u>www.acco.org/</u>
- Cancer in Children (ACS) www.cancer.org/cancer/cancer-in-children.html
- Children's Cancer Research Fund www.childrenscancer.org/
- National Pediatric Cancer Foundation https://nationalpcf.org/
- Teens Cancer America https://teencanceramerica.org/

COLORECTAL CANCER

- 7 Things to Know about Getting a Colonoscopy www.cancer.org/content/dam/cancer-org/online-documents/en/pdf/infographics/7-things-to-know-about-getting-a-colonoscopy.pdf
- American College of Gastroenterology https://gi.org/patients/colorectal-cancer-awareness/
- American Society for Gastrointestinal Endoscopy (ASGE) <u>www.asge.org/home/for-patients/resources-for-national-colorectal-cancer-awareness-month</u>
- American Society of Colon and Rectal Surgeons https://fascrs.org/healthcare-providers/colorectal-cancer-awareness-month
- Colon Cancer Coalition https://coloncancercoalition.org/
- Colorectal Cancer Alliance www.ccalliance.org/
- Colorectal Cancer Facts & Figures (ACS) <u>www.cancer.org/research/cancer-facts-statistics/colorectal-cancer-facts-figures.html</u>
- Colorectal Cancer: Catching It Early (ACS) <u>www.cancer.org/research/infographics-gallery/colorectal-cancer-prevention-infographic.html</u>
- Colorectal Cancer Fact Sheet (ACS) <u>www.cancer.org/content/dam/cancer-org/cancer-ontrol/en/booklets-flyers/colorectal-cancer-fact-sheet.pdf</u>

- Colon Cancer Prevention Project https://coloncancerpreventionproject.org/
- Colorectal Cancer Screening (CDC) <u>www.cdc.gov/cancer/colorectal/index.htm</u>
- Colorectal Cancer Screening Guidelines (ACS) <u>www.cancer.org/health-care-professionals/american-cancer-society-prevention-early-detection-guidelines/colorectal-cancer-screening-guidelines.html</u>
- Fight Colorectal Cancer https://fightcolorectalcancer.org/
- National Colorectal Cancer Roundtable https://nccrt.org/resource-center/
- Office of Disease Prevention and Health Promotion https://health.gov/news-archive/blog/2017/03/toolkit-colorectal-cancer-awareness-month-2/index.html
 Colorectal Cancer Awareness Toolkit
- Screen for Colorectal Cancer <u>www.screenforcoloncancer.org/</u>
- Stop Colon Cancer Now https://www.stopcoloncancernow.com/

DIGESTIVE/GI

- About GERD www.aboutgerd.org/
- American College of Gastroenterology https://gi.org/patients/gi-health-and-disease/#tabs6
- American Gastroenterological Association https://gastro.org/practice-guidance/gi-patient-center/procedures/
- American Society of Gastrointestinal Endoscopy <u>www.asge.org/home/for-patients</u>
- Crohn's and Colitis Foundation (IBD) www.crohnscolitisfoundation.org/
- Don't Be a Turkey: GERD (Esophageal Cancer Action Network) https://ecan.org/2019/11/22/dont-be-a-turkey/
- GI Cancers Alliance <u>www.gicancersalliance.org/</u>
- Hepatitis Awareness (CDC) www.cdc.gov/hepatitis/heppromoresources.htm
- Hepatitis Testing <u>www.hhs.gov/hepatitis/awareness-months-and-days/hepatitis-testing-day-may-19/index.html</u>
- International Foundation for Gastrointestinal Disorders https://iffgd.org/
- Liver Awareness https://liverfoundation.org/
- National Institute of Diabetes and Digestive and Kidney Diseases Health Information Center www.niddk.nih.gov/health-information/digestive-diseases
- Viral Hepatitis (CDC) <u>www.cdc.gov/hepatitis/index.htm</u>
- World Digestive Health Day http://wdhd.worldgastroenterology.org/
- World Hepatitis Day www.worldhepatitisday.org/

ESOPHAGEAL CANCER

- Esophageal Cancer Action Network http://ecan.org/
- Esophageal Cancer Awareness Association www.ecaware.org/
- Esophageal Cancer Education Foundation https://fightec.org/
- GERD, Barrett's Esophagus and Risk for Esophageal Cancer <u>www.asge.org/home/for-patients/conditions</u>
- The Salgi Esophageal Cancer Research Foundation https://salgi.org/

FEEDING TUBE/ TPN

- Feeding Tube Awareness www.feedingtubeawarenessweek.org/
- Oley Foundation https://oley.org/

FIREFIGHTERS

- American Cancer Society <u>www.cancer.org/healthy/cancer-causes/chemicals/firefighting.html</u>
- CDC www.cdc.gov/niosh/newsroom/feature/firefighter-cancer-awareness.html
- Firefighters Cancer Awareness month https://firefightercancersupport.org/fir
- International Association Of Fire Fighters www.iaff.org/cancer-awareness-month/

LLS www.lls.org/managing-your-cancer/firefighters-and-cancer-risk

GALL-BLADDER/BILE DUCT CANCER

- AACR <u>www.aacr.org/patients-caregivers/awareness-months/gallbladder-cancer-and-bile-duct-cancer-awareness-month/#</u>
- American Cancer Society www.cancer.org/cancer.html
- American Liver Foundation https://liverfoundation.org/liver-diseases/cancer/bile-duct-cancer-cholangiocarcinoma/
- Global Cholangiocarcinoma Alliance https://globalccaalliance.com/en
- Cholangiocarcinoma Foundation http://cholangiocarcinoma.org/
- World Cholangiocarcinoma Day http://worldcholangiocarcinomaday.org/

GENETICS AND HEREDITARY CONDITIONS

- AliveAndKickn <u>www.aliveandkickn.org/</u> lynch syndrome
- Bright Pink www.brightpink.org/homepage breast and ovarian cancer
- CDC Family Health History www.cdc.gov/genomics/famhistory/index.htm
- Facing Our Risk of Cancer Empowered (FORCE) www.facingourrisk.org
- Family Health History www.cdc.gov/genomics/famhistory/index.htm
- Genetic Alliance https://geneticalliance.org/
- Genetic and Rare Diseases Information Center https://rarediseases.info.nih.gov/
- Genetics and Cancer (ACS) www.cancer.org/cancer/cancer-causes/genetics.html
- Genetics and Cancer (Genetic Support Foundation) <u>www.geneticsupport.org/genetics-cancer/</u>
- Genetics Home Reference https://ghr.nlm.nih.gov/
- Genomics (CDC) www.cdc.gov/genomics/default.htm
- Fight Lynch Syndrome https://fightlynch.org/
- Kintalk https://kintalk.org/
- Living with Lynch www.livingwithlynch.org/
- Lynch Syndrome International https://lynchcancers.com/
- National Society of Genetic Counselors www.aboutgeneticcounselors.com/
- Think Genetic www.thinkgenetic.com/

GIST

- GIST Cancer Research Fund www.gistinfo.org/
- GIST Support International <u>www.gistsupport.org/</u>
- The Liferaft Group https://liferaftgroup.org/about-gist-awareness-day/

See Sarcoma

GYN CANCERS

- Foundation for Women's Cancer <u>www.foundationforwomenscancer.org/</u>
- Gynecological Cancer (CDC) www.cdc.gov/cancer/gynecologic/index.htm

See Women's Health

HEALTH LITERACY

- Health Literacy (CDC) <u>www.cdc.gov/healthliteracy/index.html</u>
- Health Literacy Month www.healthliteracymonth.org/
- Health Literacy (HRSA) <u>www.hrsa.gov/about/organization/bureaus/ohe/health-literacy</u>
- NIH: Health Literacy <u>www.nih.gov/institutes-nih/nih-office-director/office-communications-public-liaison/clear-communication/health-literacy</u>

HOSPICE/ PALLIATIVE

- Get Palliative Care http://getpalliativecare.org/
- Hospice https://hospicefoundation.org/

CARE

- National Association for Home Care and Hospice https://nahc.org/
- National Hospice and Palliative Care Month <u>www.nahc.org/consumers-information/november-is-home-care-hospice-month/</u>
- National Hospice and Palliative Care Organizations <u>www.nhpco.org/</u>
- World Hospice and Palliative Care Day www.thewhpca.org/

IMMUNO-THERAPY

- Cancer Research Institute www.cancerresearch.org/
- Society of Immunotherapy of Can https://www.sitcancer.org/home
- Understanding Immunotherapy Side Effects www.nccn.org/docs/default-source/patient-resources/immunotherapy_infographic.pdf?sfvrsn=f92249ca_2

INFECTION PREVENTION & IMMUNIZATIONS

- Cancer Risk Factors: Infectious Agents (NCI) <u>www.cancer.gov/about-cancer/causes-prevention/risk/infectious-agents</u>
- CDC: Cancers caused by HPV www.cdc.gov/hpv/parents/cancer.html
- Global Sepsis Alliance www.global-sepsis-alliance.org/
- HIV, AIDS and Cancer <u>www.cancer.org/cancer/cancer-causes/infectious-agents/hiv-infection-aids.html</u>
- HPV Awareness Day <u>www.askabouthpv.org</u> /
- HPV Day https://ipvsoc.org/hpv-day/
- Infection Prevention and You http://professionals.site.apic.org/
- NCCN COVID-19 Vaccination Guide for People with Cancer www.nccn.org/covid-19/4
- National Center for HIV/AIDS, Viral Hepatitis, STD, and TB Prevention (CDC) www.cdc.gov/nchhstp/
- National Foundation for Infectious Diseases www.nfid.org/
- Peggy Lillis Foundation (C Diff) https://cdiff.org/
- Preventing Infections in Cancer Patients www.cdc.gov/cancer/preventinfections/index.htm
- Sepsis (CDC) <u>www.cdc.gov/sepsis/index.html</u>
- Sepsis Alliance www.sepsis.org/sepsisand/cancer/
- Vaccines and Immunizations (CDC) www.cdc.gov/vaccines/
- World Sepsis Day https://www.worldsepsisday.org/

KIDNEY CANCER

- American Kidney Fund http://kidneyfund.org/kidney-month/
- Kidney Cancer (CDC) <u>www.cdc.gov/cancer/kidney/</u>
- Kidney Cancer Association www.kidneycancer.org/
- National Kidney Foundation www.kidney.org/

LIVER CANCER

- American Liver Foundation https://liverfoundation.org/
- Blue Faery https://www.bluefaery.org/
- CDC www.cdc.gov/cancer/liver/index.htm
- Global Liver Institute www.globalliver.org/

LUNG CANCER

- American Lung Association www.lung.org/
- Go 2 Foundation for Lung Cancer https://go2foundation.org/
- Lung Cancer (CDC) www.cdc.gov/cancer/lung/
- Lung Cancer.org http://lungcancer.org/
- Lung Cancer Fact Sheet (ACS) <u>www.cancer.org/content/dam/cancer-org/cancer-control/en/booklets-flyers/lung-cancer-fact-sheet.pdf</u>
- Lung ca initiative https://lcam.org/

• Lungevity <u>www.lungevity.org/</u>

LYMPHEDEMA

- Lymphedema Treatment Act https://lymphedematreatmentact.org/
- National Lymphedema Network https://lymphnet.org/
- World Lymphedema Day https://lymphaticnetwork.org/wld

MELANOMA/ SKIN CANCERS

- Aim at Melanoma <u>www.aimatmelanoma.org</u>/
- American Melanoma Foundation https://melanomafoundation.org/
- Melanoma know more http://melanomaknowmore.com/
- Melanoma Research Foundation www.melanoma.org/
- Ocular Melanoma www.ocularmelanoma.org/
- Skin Cancer (CDC) www.cdc.gov/cancer/skin/index.htm
- Skin Cancer Fact Sheet (ACS) <u>www.cancer.org/content/dam/cancer-org/cancer-control/en/booklets-flyers/skin-cancer-fact-sheet.pdf</u>
- Skin Cancer Foundation www.skincancer.org/
- Skin Cancer Prevention http://skincancerprevention.org/
- SPOT Skin Cancer www.aad.org/public/spot-skin-cancer
- What You Should Know about Skin Cancer ACS Booklet <u>www.cancer.org/content/dam/cancer-org/cancer-control/en/booklets-flyers/why-you-should-know-about-melanoma-handout.pdf</u>

MEN'S HEALTH

- Cancer and Men (ACS) www.cdc.gov/cancer/dcpc/resources/features/cancerandmen/index.htm
- Cancer and Men (CDC) www.cdc.gov/cancer/dcpc/resources/features/cancerandmen/index.htm
- Cancer Facts for Men (ACS) <u>www.cancer.org/healthy/find-cancer-early/mens-health/cancer-facts-for-men.html</u>
- Fertility (Livestrong) <u>www.livestrong.org/what-we-do/program/fertility</u>
- Men's Health (Medline Plus) https://medlineplus.gov/menshealth.html
- Men's Health Month https://menshealthmonth.org/
- Men's Health Network http://menshealthnetwork.org/
- Movember https://us.movember.com/about/foundation

MENTAL AND EMOTIONAL HEALTH

- ACS: Emotional, Mental Health, and Mood Changes <u>www.cancer.org/treatment/treatments-and-side-effects/physical-side-effects/emotional-mood-changes.html</u>
- The American Institute of Stress <u>www.stress.org/</u>
- CancerCare www.cancercare.org/
- Cancer.net: Coping with Cancer www.cancer.net/coping-with-cancer
- Global Self-Care Federation <u>www.selfcarefederation.org/what-is-self-care</u>
- Grief.com https://grief.com/
- Mental Health (CDC) www.cdc.gov/mentalhealth/
- Mental Health America https://mhanational.org/
- Mental Health Awareness www.mhanational.org/
- Mental Health Day (WHO) www.who.int/campaigns/world-mental-health-day
- National Alliance on Mental Health <u>www.nami.org/home</u>
- National Institute of Mental Health www.nimh.nih.gov/
- NCCN: Distress during Cancer Care www.nccn.org/patientresources/patient-patients/guidelines-for-patients-details?patientGuidelineId=10
- Self-Care (WHO) https://www.who.int/health-topics/self-care#tab=tab_1

• Stress Awareness https://hr.nih.gov/working-nih/civil/national-stress-awareness-month

MESO-THELIOMA

- Mesothelioma.com/www.mesothelioma/
- Mesothelioma and Asbestos Awareness Center www.mesotheliomadiagnosis.com/
- Mesothelioma Action Day https://actionmeso.org/goblue/
- Mesothelioma Applied Research Foundation <u>www.curemeso.org/</u>
- Mesothelioma Awareness Day <u>www.curemeso.org/get-involved/get-involved-get-involv</u>
- Mesothelioma Guide www.mesotheliomaguide.com/

MILITARY

- Military Health <u>www.militaryonesource.mil/health-wellness/</u>
- US Dep't of Defense: Military Health www.defense.gov/Spotlights/Military-Health/
- US Dep't of Veteran Affairs: Cancer <u>www.research.va.gov/topics/cancer.cfm</u>
- VA National Oncology Program <u>www.cancer.va.gov/index.html</u>
- Veterans Prostate Cancer Awareness <u>www.vpca.vet/</u>

MINORITY CANCER

- African American Health www.nlm.nih.gov/medlineplus/africanamericanhealth.html
- American Cancer Society: Cancer Stats <u>www.cancer.org/research/cancer-facts-statistics.html</u>
- Asian American Health https://medlineplus.gov/asianamericanhealth.html
- Ethnic Minority Nursing Organizations https://emfp.org/library/ethnic-minority-nursing-organizations
- Hispanic American Health https://medlineplus.gov/hispanicamericanhealth.html
- LGBT Cancer Project www.lgbtcancer.org/
- Minority Health (CDC) <u>www.cdc.gov/minorityhealth/</u>
- National Black Family Cancer Awareness Week <u>www.fda.gov/about-fda/project-community/national-black-family-cancer-awareness</u>
- The National Coalition of Ethnic Minority Nurse Associations www.myncemna.org/
- National Institute on Minority Health and Health Disparities www.nimhd.nih.gov/
- National Minority Quality Forum www.nmgf.org/
- Sharsheret https://sharsheret.org/ Jewish women living w/ increased genetic risk
- Transforming Healthcare: A Guide to Best Practices in LGBTQIA+ Cultural Competency Training https://cancercontroltap.org/news/transforming-healthcare-guide-best-practices-lgbtqia-cultural-competency-training
- US Department of Health and Human Services Office of Minority Health https://minorityhealth.hhs.gov/

MYELOMA

- International Myeloma Foundation http://mam.myeloma.org
- Leukemia and Lymphoma Society https://www.lls.org/
- Myeloma (CDC) www.cdc.gov/cancer/myeloma/
- Myeloma Action Month https://mam.myeloma.org/
- Multiple Myeloma Research Foundation https://themmrf.org/

NEURO-ENDOCRINE TUMORS

- International Neuroendocrine Alliance https://incalliance.org/
- Neuroendocrine Tumor Awareness Day https://incalliance.org/net-cancer-day/
- Neuroendocrine Cancer Awareness Network (NCAN) http://netcancerawareness.org
- Neuroendocrine Tumor Research Foundation https://netrf.org/

See Carcinoid Tumors

NUTRITION

- American Institute for Cancer Research <u>www.aicr.org/</u>
- Academy of Nutrition and Dietetics <u>www.eatright.org/</u>
- CDC: Nutrition www.cdc.gov/nutrition
- Malnutrition Awareness Week <u>www.nutritioncare.org/maw/</u>
- National Nutrition Month www.eatright.org/national-nutrition-month
- Nutrition.gov <u>www.nutrition.gov</u>
- Nutrition and Physical Activity www.cancer.org/content/dam/cancer-org/cancer-control/en/booklets-flyers/nutrition-and-physical-activity-fact-sheet.pdf
- Oley Foundation https://oley.org/ enteral and parenteral nutrition
- Oncology Nutrition <u>www.oncologynutrition.org/</u>
- PearlPoint Nutrition https://pearlpoint.org
- Stay Healthy with Nutrition www.cancer.org/healthy/eat-healthy-get-active.html

OLDER ADULTS

- AARP health https://www.aarp.org/health/
- Administration on Aging https://acl.gov/about-acl/administration-aging
- Healthy Aging www.healthinaging.org/a-z-topic/cancer
- National Institute on Aging www.nia.nih.gov/
- Older Adults and Cancer www.cancer.net/navigating-cancer-care/older-adults

ONCOLOGY NURSING

- Academy of Oncology Nurse and Patient Navigators <u>www.aonnonline.org/</u>
- Oncology Nursing Society www.ons.org/

ORAL, HEAD & NECK CANCERS

- American Academy of Otolaryngology Head and Neck Surgery www.entnet.org/OHANCAW
- American Dental Association www.mouthhealthy.org/en/az-topics/o/oral-cancer
- American Head and Neck Society www.ahns.info/cancer_prevention-svc/
- ENT Health Head/Neck Cancers www.enthealth.org/conditions/head-and-neck-cancer/
- Head and Neck Cancers (CDC) www.cdc.gov/cancer/headneck/
- Head and Neck Cancer Alliance www.headandneck.org/
- Head and Neck Cancer Alliance: Oral, head and neck self-examination guide www.headandneck.org/self-exam-guide/
- The Oral Cancer Foundation https://oralcancerfoundation.org/
- Thyroid, Head and Neck Cancer (THANC) Foundation https://thancfoundation.org/about-thanc/

OSTOMY

United Ostomy Association of America www.ostomy.org

OVARIAN CANCER

- National Ovarian Cancer Coalition www.ovarian.org/
- Ovarian Cancer (CDC) www.cdc.gov/cancer/ovarian/index.htm
- Ovarian Cancer Fact Sheet (ACS) <u>www.cancer.org/content/dam/cancer-org/cancer-ontrol/en/booklets-flyers/ovarian-cancer-fact-sheet.pdf</u>
- World Ovarian Cancer Coalition https://worldovariancancercoalition.org/

See Gyn Cancer/Women's Health

PANCREATIC CANCER

- Hirshberg Foundation for Pancreatic Cancer Research http://pancreatic.org/
- Let's Win Pancreatic Cancer https://letswinpc.org
- Lustgarten Foundation www.lustgarten.org/
- National Pancreas Foundation https://pancreasfoundation.org

- Pancreatic Cancer Action Network www.pancan.org/
- Pancreatica http://pancreatica.org
- Pancreatic Cyst and Cancer www.pancyst.org
- World Pancreatic Cancer Day <u>www.worldpancreaticcancercoalition.org/our-impact/#world-pancreatic-cancer-day</u>
- World Pancreatic Cancer Coalition www.worldpancreaticcancercoalition.org/
- Animal Cancer Foundation https://acfoundation.org/

PET CANCER

Pet Cancer Foundation https://petcancerfdn.org/

PROSTATE CANCER

- North Texas Prostate Coalition https://ntxpcacoalition.org/support-groups-dfw/
- Prostate Cancer (ACS) www.cancer.org/cancer/types/prostate-cancer.html
- Prostate Cancer Fact Sheet (ACS) <u>www.cancer.org/content/dam/cancer-org/cancer-ontrol/en/booklets-flyers/prostate-cancer-fact-sheet-patient-version.pdf</u>
- Prostate Cancer (CDC) www.cdc.gov/cancer/prostate/index.htm
- Prostate Cancer Foundation http://www.pcf.org
- Prostate MD (ACS) www.cancer.org/health-care-professionals/prostate-md.html
- Urology Care Foundation www.urologyhealth.org/
- US TOO <u>www.pcf.org/ustoo/</u>
- Zero The End of Prostate Cancer http://zerocancer.org/

See Men's Health

RARE CANCERS

- National Organizations for Rare Diseases (NORD) https://rarediseases.org/
- Rare Cancer Research Foundation https://rarecancer.org/

SARCOMA

- Sarcoma Alliance https://sarcomaalliance.org/get-involved/sarcoma-awareness/
- Sarcoma Foundation of America <u>www.curesarcoma.org/patient-resources/sarcoma-infographic/</u>
- Sarcoma Strong http://sarcomastrong.com/

STOMACH (GASTRIC) CANCER

- Debbie's Dream Foundation www.debbiesdream.org
- Gastric Cancer Foundation https://gastriccancer.org/
- No Stomach for Cancer <u>www.nostomachforcancer.org/</u>
- Stomach Cancer Awareness Network https://stocan.org

SUN SAFETY AND UV EXPOSURE

- Be Safe in the Sun www.cancer.org/cancer/risk-prevention/sun-and-uv.html
- Don't Fry Day (ACS) www.cancer.org/latest-news/special-coverage/dont-fry-day.html
- Don't Fry Infographic (ACS) <u>www.cancer.org/research/infographics-gallery/skin-cancer-prevention.html</u>

See Melanoma and Skin Cancers

TESTICULAR CANCER

- How to Do a Testicular Self-Exam (Slideshow) teens https://kidshealth.org/en/teens/tse.html
- Testicular Cancer Fact Sheet (ACS) <u>www.cancer.org/content/dam/cancer-org/cancer-ontrol/en/booklets-flyers/testicular-cancer-fact-sheet.pdf</u>
- Testicular Cancer Awareness Foundation www.testicularcancerawarenessfoundation.org.
- The Testicular Cancer Foundation https://testicularcancer.org/
- Testicular Cancer Society www.testicularcancersociety.org/

 Testicular Foundation Awareness Foundation monthly testicular checks www.testicularcancerawarenessfoundation.org/self-exam

See Men's Health

THYROID CANCER

- American Thyroid Association <u>www.thyroid.org/</u>
- Light of Life Foundation https://lightoflifefoundation.org/
- ThyCa www.thyca.org/how-to-help/awareness/
- Thyroid Aware www.thyroidaware.com/en/#

TOBACCO CESSATION

- Center for Tobacco Control (ACS) <u>www.cancer.org/health-care-professionals/center-for-tobacco-control.html</u>
- Smoke Free www.smokefree.gov
- Stay away from Tobacco (ACS) <u>www.cancer.org/healthy/stay-away-from-tobacco/guide-quitting-smoking.html</u> (inc. Great American Smokeout)
- Take Down Tobacco Take down tobacco www.takedowntobacco.org/about
- The Tobacco Atlas https://tobaccoatlas.org/
- Tobacco and Cancer Fact Sheet www.cancer.org/content/dam/cancer-org/ca
- World No Tobacco Day http://whyquit.com/World_No_Tobacco_Day.html

UTERINE CANCER

- Foundation for Women's Cancer www.foundationforwomenscancer.org/
- Uterine Cancer (CDC) www.cdc.gov/cancer/uterine/

See Gyn Cancers/Women's Health

WOMEN'S HEALTH

- Cancer and Women (CDC)
 www.cdc.gov/cancer/dcpc/resources/features/womenandcancer/index.htm
- Cancer Facts for Women (ACS) <u>www.cancer.org/healthy/find-cancer-early/womens-health/cancer-facts-for-women.html</u>
- Fertility (Livestrong) www.livestrong.org/what-we-do/program/fertility
- Foundation for Women's Cancer <u>www.foundationforwomenscancer.org/</u>
- Healthy Women <u>www.healthywomen.org/</u>
- Women's Health (Medline Plus) https://medlineplus.gov/womenshealth.html
- Women's Health www.womenshealth.gov/nwhw/

WORLD CANCER DAY

- World Cancer Day www.worldcancerday.org/
- World Health Organization www.who.int/health-topics/cancer#tab=tab 1

YOUNG ADULT AND ADOLESCENT

CANCER

- Adolescents and Young Adults with Cancer (NCI) www.cancer.gov/types/aya
- Cancer in Adolescents (ACS) <u>www.cancer.org/cancer/cancer-in-adolescents.html</u>
- Cancer in Young Adults www.cancer.org/cancer/cancer-in-young-adults.html
- Fertility (Livestrong) www.livestrong.org/what-we-do/program/fertility
- Ft. Worth AYA Oncology Coalition https://fwaya.org/
- Stupid Cancer https://stupidcancer.org/
- Teen Cancer America https://teencanceramerica.org/

GENERAL CANCER RESOURCES

- American Cancer Fund www.americancancerfund.org/
- American Cancer Society <u>www.cancer.org</u> info on prevention and all types of cancer
- American Cancer Society: Facts and Stats www.cancer.org/research/cancer-facts-statistics.html

- American Cancer Society Latest News www.cancer.org/latest-news/special-coverage.html
- American Cancer Society Fact Sheets <u>www.cancer.org/cancer/risk-prevention/understanding-cancer-risk/cancer-facts.html</u>
- American Association for Cancer Research AACR https://www.aacr.org/
- Cancer.net www.cancer.net/
- Cancer Support Community <u>www.cancersupportcommunity.org/</u>
- CCBD https://thecentertx.com/educate/
- Center for Disease Control and Prevention www.cdc.gov/cancer/
- Healthfinder.gov https://healthfinder.gov/
- MedlinePlus <u>www.nlm.nih.gov/medlineplus/cancer.html</u>
- National Cancer Institute www.cancer.gov
- National Foundation for Cancer Research <u>www.nfcr.org/</u>
- National Foundation for Infectious Diseases www.nfid.org/
- National Health Observances https://nnlm.gov/all-of-us/national-health-observances
- National Organization for Rare Diseases (NORD) https://rarediseases.org/
- OncoLink <u>www.oncolink.org/cancers</u>
- Patient Resource guides and information at www.patientresource.com/ and links to site specific cancer websites at www.patientresource.com/Patient_Support_Groups.aspx
- Prevent Cancer Foundation www.preventcancer.org/
- Say Yes to Hope www.beatlivertumors.org/index.html (advanced stage cancers)
- Texas Oncology <u>www.texasoncology.com/cancer-blood-disorders</u>
- WebMD Cancer Health www.webmd.com/cancer/

8 Tips to Promote Cancer Awareness:

- 1. Learn about the cancer(s) being spotlighted. Get facts from the awareness website(s) or other websites (see general websites on the previous page).
- 2. Take time to educate your coworkers and patients about awareness. See the websites for free educational materials. infographics and blogs to use. Put information on your unit's bulletin board, write an article for the hospital newsletter or send emails to your team. Your hospital's marketing team can also send an email out to all of the hospital employees.
- 3. Show your awareness support by dressing up yourself or your work area with awareness materials like ribbons or pins or wear clothing in the awareness color. Make sure it doesn't conflict with your hospital's dress policy if you're on the job.
- 4. Spread the word on your social media sites by creating or sharing cancer awareness post(s). Many of the cancer awareness social media sites will have specific hashtags to use. Please make sure to be compliant with your facility's social media guidelines.
- 5. Plan a picture day and enlist your marketing team to help you post your picture to your facility's social media sites.
- 6. Start or contribute to a fundraiser on Facebook or attend a fundraising event such as a race/walk.

- 7. Participate in or host an awareness event at your hospital or in your community. Many organizations have free educational materials you can download or order, sometimes at no cost. Report any activities to your cancer committee and capture any metrics that you can. Metrics can be obtained by having participants fill out a survey to assess pre and post-event learning.
- 8. Take time to appreciate the members of our multi-disciplinary team on their recognition days, weeks or months.