

MASSACHUSETTS/RHODE ISLAND LEAGUE FOR NURSING

NEWSLETTER



President's Message

Cheryl Williams PhD, RN, CNE, NP-C MARILN President Associate Professor, Salem State University



Welcome, MA/RI League for Nursing members. My tenure as President draws to a close on January 1, 2023. However, I have much hope, promise, and conviction in our new President, Dr. Lisa Thomas. Lisa has worked by my side this year, so I am sure she will not miss a beat. Dr. Thomas's experience in nursing education is unbridled and vast. She has much to offer MARILN.

Perhaps, the most prestigious accomplishment this year is that MARILN secured a seat at the inaugural MA Nursing Council on Workforce Sustainability (NCWS). Lisa Thomas attended a meeting on 10/18 and will carry the mantle for future meetings. Lisa Cross, Lisa Thomas, and I published a Position Paper which we distributed to the NCWS Executive Director, Andrea Bresnahan. The report details the MARILN 2020 MA Faculty Study findings and highlights key strategies to mitigate the nursing faculty shortage. Some actionable items include: 1) establishing Nursing Faculty Fellowships funded by the state or other resources; 2) conducting a recent nurse faculty salary survey; 3) increasing fiscal compensation for nurse educators; 3) retention strategies; 4) target outreach to K-12 to increase the diversity of our pipeline; and 5) intentionally focus on seamless educational progression.

This year seems to hold so many "firsts" for MARILN. In February 2022, I authored MARILN's column in the Massachusetts Report on Nursing, an ANA-MA newsletter. Our running masthead and column appear in each issue. In addition, Lisa Thomas and my MSN Education graduate student have both authored a column. Jennifer Wallace will be completing one for November.

MARILN continues to collaborate with ONL-MA and MACN as we determine the best strategies to mitigate the dire faculty shortage. MARILN intends to increase communication and collaboration with the BORN. Currently, Susan Maciewicz, BOD, is on the BORN Practice/Education Advisory Board, and past-President Dr. Janet Monagle is a BORN board member overseeing post-graduate nursing education.

This Fall's Educational Conference was presented by Dr. Geralyn Altmiller discussing the Joy of Teaching and Just Culture. Our 2023 Mini-workshops are being planned to offer Simulation Moulage tips. Our new website is impressive and so very informative. Please feel free to check it out at: Mursing Network

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In 2020, we trialed our inaugural academic nurse educator mentoring project now overseen by Barbara Moloney (Past Secretary) and JoAnn Mulready-Shick (Past President). The unique mentoring program includes high-touch and digital resources. Each mentee has access to a Canvas site with teaching and learning modules. In addition, each mentee has a MARILN CNE nurse educator as a mentor with whom they meet frequently. Today, I am happy to share that we have grown from one mentee in 2020 to seven in 2022-2023. Dr. JoAnn Mulready-Shick added her vast clinical expertise to the mentee website and revised many teaching and learning modules. I am forever grateful for the relationships, networking, and opportunities within MARILN and how the organization embraces the NLN core values of caring, diversity, inclusion, and excellence. There is much opportunity for resilient souls like yourself to jump on board and collaborate. Make 2023-2024 the year you get more involved in MARILN.

We look forward to meeting and working with you.

MARILN Fall Conference and Annual Meeting Summary

Lisa Thomas, PhD, RN, CNE, MARILN President-Elect



Our first in person MARILN conference since the pandemic began, started off dreary and rainy. I am sure that there were many of us that had the thought, Boy, it would have been easier if this was on Zoom today! But the weather could not hold off the enthusiasm and joy that gathering together brought. The energy was palpable as we convened in our new (to us) conference space at the College of the Holy Cross. Smiles abounded as we greeted each other, some for the first time in person since before the beginning of the pandemic.

Our speaker was Dr. Gerry Altmiller. She is a professor, clinical nurse specialist, and director of quality and safety innovation at the College of New Jersey. She is nationally renowned for her work with QSEN and has published extensively across many topics. She covered three distinct topics over the course of the day. We started with reflective work on our values. She asked many rhetorical questions regarding why do you teach? Challenging us to dig deep into our value system, analyzing if we "live" out our values. Would others be able to identify what our values are by interacting with us? Dr. Altmiller shifted gears seamlessly after break and presented nurses across the age spectrum who are exemplary. She highlighted research projects of nurses fresh out of school in their early 20s to nurses nearing their 7th decade. We were pushed to think about generational characteristics. One thing was quite evident, it didn't matter the age! Her last session was about creating "just culture" in our schools of nursing. She aptly reviewed the evolution of just culture in healthcare organizations, then swiftly turned to the adaptation in academic institutions. She provided clear guidelines and tools for educators to institute these changes. Dr. Altmiller never hesitates to share her knowledge, materials, and offers her email for anyone to contact her directly with follow up questions. Dr. Altmiller was outstanding!

We finished off the day with MARILN's annual meeting. Our president Cheryl Williams led the way with highlights from the NLN conference, followed by initiatives that MARILN has undertaken. It was rounded out with financial and strategic plan reports. We celebrated our scholarship recipients and awardees. Scholarships were awarded to UMass Amherst graduate student, Deborah O'Dowd, and Quinsigamond Community College ADN student, Elisabeth Spencer. Terri Legare, from Salve Regina University, earned the faculty award. The ten poster presentations were outstanding, Danielle Leone-Sheehan was selected for "best poster". We celebrated those who have served the board diligently, our president Cheryl Williams (6yrs), and board members Diane Shea (4yrs) and Rebecca Hill (2yrs). Karen Hunt and Karen Barnett were elected to serve on the nominations committee. We welcomed new executive board member Jennifer Wallace (secretary). Effective in January newly elected board members are Susan Lavallee, Angela MacDonald, and Christine Salvucci. Board member Rachel Salguero will become President-elect and Lisa Thomas will become president in January.



Our new venue!



Working in Teams!



Poster Sessions!



Participation!



Faculty Award Recipient Terri Legare (left) with MARILN President Cheryl Wiliams



Scholarship Recipient Deborah O'Dowd (left) with Scholarship Chair Kathleen Hart



Scholarship Recipient Elisabeth Spencer (left) with Scholarship Chair Kathleen Hart

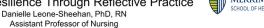


Danielle Leone-Sheehan (right) with MARILN Poster Chair Lisa Walsh

Congratulations to Danielle Leone-Sheehan, PhD, RN for receiving the Fall Conference Best Poster Award!



Teaching Resilience Through Reflective Practice







ne beginning of the program all participants completed a resilience self-assessment ing the Connor-Davishon Resilience Scale 10 (CD RRC-10), This wild and reliable to converse resilience scares the following domains: Hardiness, Coping, Adapathiny/Fechalins; intigrations: Vlaproce, Regulation of emotion and cognition, Self-efficacy. Data about the rut state of ones and all people resilience in the United State disperse; Data about the rut state of ones and all people resilience in the United State.

g or limited resiliency: sperienced RN group had the lowest mean CD-RISC-10 scores with a mean of 27.8 23-34).

p-2-91, graduate RN group had a mean CD-RISCH-10 score of 29.3, ership group had the highest CD-RISC-10 mean scores with a mean of 32.7.

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2022 NLN Education Summit Review

Diane Shea PhD, RN, MARILN Newsletter Committee Chair

The 2022 NLN Summit was held in Las Vegas, Nevada Sept 28-30, 2022.

Several Board and Individual members were in attendance:

Cheryl Williams (MARILN President), Kim Shea (Board Member), Diane Shea (Board Member), Individual Members: Karen Doherty, Janet Monagle, Elaine Tagliareni, Judie Pelletier, and Margie Sipes

The Summit was both inspiring and informative!

Patricia Benner Ph.D., RN spoke on Teaching for Clinical Reasoning and Rapid Clinical Decision Making: Keys to Developing Expertise in Practice. Dr. Benner discussed how Tanner's Model of Clinical Judgement can be integrated into nursing education and implications for the future.

Barbara Sattler, DrPH,RN presented on Human and Planetary Healing. She shared that there are a great many ways in which our current crisis of chronic diseases can be related to the same causes that are also destroying ecosystems. She explored Nursing's role in preventing human disease and promoting ecological health.

Dr. Janet Monagle gave two excellent presentations on:

- Accurate Databases to Move National Nursing Education Research Forward: How We Do We Do it:
- Following the Evidence: Development of a Clinical Evaluation Tool

It was a great conference made even more special by the members who attended.



(Left to Right) Karen Hunt, Diane Shea, Kim Shea, Judie Pelletier, Christa Berthiaume, Cheryl Williams, Karen Doherty, Margie Sipe, and Elaine Tagliareni



There are **11** new faculty at the Comminty College of Rhode Island. The college accepted more students to the college for both PN and RN programs.

One new colleague, **Jessica Calpa MS, RN**, has a BA in sociology from UCONN, and then got her BSN from UCONN through an accelerated program. She stayed for 3 years and participated in the opening of the stroke unit at Rhode Island Hospital (RIH). Professor Calpa then transferred to neuro ICU at RIH and has been there ever since (2014-present). While working on her master's, Professor Calpa took a break from school and focused on clinical work to help care for patients who had COVID. Professor Calpa completed her masters and accepted a full-time position at CCRI this past fall and continues to work in the neuro ICE per diem.

MassBay's Center for Health Sciences, Early Childhood, and Human Services

Construction of the 68,500 square-foot, \$56 million MassBay Center for Health Sciences, Early Childhood, and Human Services is underway and expected to conclude in late 2023. The building is located at 490 Franklin Street in Framingham. Excitement over this new Center is building across the region. The project emerged from the College's strategic plan and is aligned with the Massachusetts Governor's Regional Workforce Task Force. Among the goals for the Center are to close the workforce gaps in health sciences, to increase and strengthen the early childhood workforce, to address equity and college access, and to improve opportunity for low-income and underrepresented populations in the local economic development. As part of the funding agreement, MassBay is raising \$5 million toward construction and equipment costs.

Please visit www.massbay.edu/ourfuture for information about the building, the fundraising campaign, and to watch videos about last fall's spectacular Groundbreaking Ceremony and our monumental Topping Off Ceremony from this spring.





MARILN Member, **Jennifer Litchfield, DNP, RN** (former Dean of Nursing at Becker College), started a new position as a full-time Allied Health Instructor, North High School, in Worcester. Jennifer worked at Becker College (up until the closure), Regis College (Full-time Assistant Professor and Nursing Resource Coordinator), Framingham State University (Nursing Coordinator) and Northeastern University (Part-time Clinical Faculty). She is looking forward to this new adventure.

Lawrence Memorial/Regis College

Nursing and Radiography Programs

Lawrence Memorial/Regis College School of Nursing is pleased to share some recent notable achievements.



- 1. Nancy Phoenix Bittner, PhD, CNS, RN, vice president for education at Lawrence Memorial/Regis College School of Nursing, was elected to the Board of Commissioners of the Accreditation Commission for Education in Nursing (ACEN). The ACEN Board of Commissioners reports to the U.S. Department of Education Council for Higher Education Accreditation. Dr. Bittner will serve a three-year term as Commissioner. The Board of Commissioners is a governing board which ensures the financial resources of the ACEN, sets policy, and has sole authority to determine the accreditation status of nursing programs. Members of the Board of Commissioners also serve as chairpersons at Evaluation Review Panels, guiding panelists through discussions and asking for status recommendations.
- 2. Nancy Phoenix Bittner, PhD, CNS, RN, vice president for education; Beth Campbell, MSN, RN, coordinator, Center for Professional Development and Faculty; and Thomas Gunning, MSN, RN, assistant professor, presented research conducted over a two-year period at Lawrence Memorial/Regis College School of Nursing titled, "Impact of a Dedicated Education Unit Experience on Critical Thinking Development in Nursing Students," at the Sigma Theta Tau International Research Congress in Scotland. The study supported the effectiveness of the dedicated education unit model in developing critical thinking and was published in Nurse Educator. Bittner NP, Campbell E, Gunning T. Impact of a dedicated education unit experience on critical thinking development in nursing students. Nurse Educ. 2021;46(6):386-388. doi: 10.1097/NNE.000000000000000066





3. LMRC has created a new ICU SIM lab:

Lawrence Memorial / Regis College School of Nursing is now equipped with 2 state-of-the-art simulation laboratories. One is housed at the school, where faculty and students complete many important skills-based labs and low fidelity simulations. The second new space is located in the former ICU in the Lawrence Memorial Hospital building. The ICU is a premium space to provide hospital like practice and maximize realism for the students. In this simulation lab, students engage in a variety of high fidelity, scenario-based simulations designed to increase clinical reasoning and confidence as students' progress through the program. The lab is open to students 24 hours a day / 7 days a week. It is staffed by Lab aids and a simulation coordinator many times throughout the week to provide students with opportunities to practice skills.



Emmanuel College **Associate Professor Christiana Akanegbu,** along with her colleague **Kechi Iheduru-Anderson** published an article titled Formal Mentoring Program in Nursing Education in the Association of Black Nursing Faculty.

Akanegbu, C. & Iheduru-Anderson, K. (2022). Formal mentoring program in nursing education. Assocation of Black Nursing Faculty Journal, 1 (1) 23-28.



MARILN Board Member, Lisa Walsh, coordinated a very successful program titled: 988 Mental Health Outreach, presented by Dr. Valerie Seney PhD., MA, LMHC, PMHNP-BC on November 10th. 988 is a three-digit dialing # that will route callers to the National Suicide Prevention Lifeline – to help someone in need.





The MGH Institute of Health Professions is excited to offer a new MS-Leadership in Nursing Education, this online, two-year (36 credit), part-time program is ideal for nurses interested in pursuing nurse educator roles in academy or in staff development/practice settings. Unique specialty tracks are offered in the areas of Simulation in Nursing Education and Justice, Equity, Diversity and Inclusion. Most coursework is completed asynchronously, so learners will be able to complete study/assignments at times that fit into their busy schedules.



We are accepting applications now for Spring and Summer 2023 starts!

- To view MSN in Nursing Education program information, please visit the following link: https://www.mghihp.edu/overview/ms-leadership-nursingeducation
- To have MSN in Nursing Education program information sent to you, please visit the following link: https://share.hsforms.com/1tRvkFeGXQTOsah_YsezDA9toa

The MGH Institute of Health Professions is excited to offer a new MS-Leadership in Nursing Administration, an online, two-year (36 credit), part-time program is ideal for nurses interested in pursuing nurse leadership roles in a variety of healthcare settings. This program provides an opportunity to transition to the DNP program. There are 3 entry points spring, summer and fall. The program offers flexible synchronous and asynchronous coursework to fit busy schedules.

We are accepting applications now for Spring and Summer 2023 starts!

- To view MS-Leadership in Nursing Administration program information, please visit the following link: https://www.mghihp.edu/overview/ms-leadership-nursing-administration
- To have MS-Leadership in Nursing Administration program information sent to you, please visit the following link: https://share.hsforms.com/1tRvkFeGXQTOs-ah_YsezDA9toa



MARILN Board Member, Dr. Melissa Duprey, and Dr. Kimberly Dunker presented at Sigma's leadership academy in Indianapolis. Five presentations included: Teaching strategies for classroom, clinical, and diverse nursing students; The art of giving feedback and ending with Incivility in the faculty setting. #faculty #strategies #leadershipacademy #nursingeducation

Nursing Education Tips!

<u>The Power of Words: Inclusive Language Tip of the Day - by Rachael Salguero, MSN, RN-BC, CNEcl and Julika Wocial, MS, BSN, RN, The MGH Institute of Health Professions</u>

Many nurse educators find it challenging to incorporate inclusivity into the classroom in an effort to translate it into nursing practice. Terminologies that are inaccurately defining individuals and are not inclusive, are embedded into everyday language. For example, a person with a substance use disorder is often referred to as an addict. Case studies often assume the gender of a patient instead of using pronouns. An innovative teaching tip is to add an inclusive language tip of the day at the start of every class to bring attention to this terminology. Nurse educators may choose to correlate the inclusive language tip to the assigned class topic. For example, when teaching neurology, the nurse educator may choose to use a person with a traumatic brain injury versus brain damaged. When teaching alcohol withdrawal, the nurse educator may choose to use a person with an alcohol use disorder instead of an alcoholic. The integration of an inclusive language tip at the beginning of each class cultivates an inclusive learning environment, empowers students, and raises awareness to the power of words.

<u>Simulation Resources - by Patricia McCauley, DNP, CHSE, RN</u>

1.The International Nursing Association of Clinical and Simulation Learning (INACSL)

Healthcare Standards of Best Practice – free download from the link below https://www.inacsl.org/healthcare-simulation-standards-ql

2. Society for Simulation in Healthcare (SSIH)

Healthcare Simulation Dictionary and Distance Simulation Addendum – free download from the link below https://www.ssih.org/Dictionary

3. The Foundation for Healthcare Simulation Safety

Free resources to download from the link below https://healthcaresimulationsafety.org/tool-kit-resources/

4.SimGHOSTS

Lots of helpful resources - \$75 per year for an individual membership https://simghosts.org/

UPCOMING EVENTS



Register NOW from our website:

Mini Workshops | Massachusetts/Rhode Island League for Nursing | Nursing Network



MARILN 2023 Spring Conference will be held on Friday, April 14, 2023, at College of the Holy Cross. More Details to follow soon on our website!

MARILN NEWSLETTER COMMITTEE

Thank you to all who contributed to this newsletter! Please let us know if you have any future suggestions or if you would like to join our committee or another MARILN committee - see contact information below.

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