A Message from our President: Mary Nasuta

What an exciting time to be a school nurse in Maryland! The National Association of School Nurses conference in Baltimore MD will be here soon so we are sending this special Conference Edition newsletter. This edition includes details to enhance your participation. Please consider volunteering at our Hospitality Desk or Marketplace, joining us for an Orioles game, participating in morning walks and attending our Affiliates Night Out.

Be sure to introduce yourself to our Executive Board and Committee Chairs during these exciting days! We are looking forward to networking with our colleagues from all over the state and the world.  ~ Mary
Planning Committee Report
NASN Conference
June 28- July 2, 2019
Baltimore Waterfront Marriott Hotel

Members of the planning committee for the NASN conference to be held in Baltimore, Maryland this summer have been extremely busy with preparations to enhance the enjoyment of those attending this wonderful educational event. Our group of nurses is working conjointly with the NASN conference chair to ensure that opportunities for exercise and attending religious services are provided for those in attendance. We have reserved tickets for an **Orioles game on June 30th at 4pm** where Hawaiian shirts will be given away to those attending. Look for ticket sales on the NASN website. Please look for information to sign-up to volunteer your time at the conference, either at the information center or marketplace.

Our **MASHN Affiliate Night Out is on July 2, 2018 at the James Joyce Pub at 6pm.** Please plan to join fellow members at this fun event. More information about cost and menu selection will follow after you have registered for the conference. Please also plan to be present at the **NASN annual meeting on June 30** where we will sit together and be recognized as the host state. Look for information about state attire as we get closer to the conference.

On behalf of the planning committee, we hope that you will consider attending the national conference in Baltimore this summer. It is indeed a wonderful opportunity to gather a wealth of information, increase your knowledge, visit old friends, and of course make new acquaintances who share your love for school nursing. The registration form is available on the NASN website. Take advantage of early bird registration and plan to make your hotel reservations while rooms are still available.

**Barbara Masenior**  
*Chair, Planning Committee*  
**Don’t forget- Affiliates Night Out**

**Who:** All School Nurses in Maryland  
**What:** Networking Dinner  
**Where:** James Joyce Pub  
**When:** July 2 at 6 pm

**Congratulations!**

**Ms. Anne Regan** is the Winner of the Carol Costante Scholarship! Ann is the school nurse at Worcester Preparatory School, a private, coeducational K-12 school in Berlin, Maryland.

We were fortunate to have so many applicants this year! Anne shared that she is looking forward to renewing her “enthusiasm and creative energy gained by being around such knowledgeable and wonderful school nurses”. She stated that “all of this will professionally recharge me and most importantly give me the tools and information necessary to improve the level of care that I provide to all students in my school.”

*Thank you to all of our applicants.*
Wellness Walkers: Guided 30-40 minute morning walks will be lead by Tommie Schoendorf and Donna Lyman. The morning walkers will leave the Marriott Waterfront at 6AM on June 30th, July 2 and July 3. July 1 has been reserved for a special NASN morning event. The wellness morning walks typically attract 25-50 School Nurses. Pack your favorite School Nurse T-shirt and come walk with us. Specific information will be in your conference packet or at the hospitality desk.

There also will be a Boot camp work out (June 30th at 6 am) and Zumba (July 2nd at 6 am).

"School Nurses Go To Bat for Students"

Celebrate with NASN and come see the Orioles play the Los Angeles Angels, Saturday June 30th at 4:05 PM at Camden Yards. Tickets can be purchased DIRECTLY through the NASN conference web site once we get the direct link - so stay tuned! 160 tickets are "on reserve" for the School Nurse baseball fans and are expected to be $30 each. Ballpark visits/baseball games have become a popular extra curricular event with many NASN members.

MASHN Volunteers Needed for NASN Conference

June 30-July 3, 2018

If you are interested in volunteering at the Hospitality Desk or the Marketplace during the 2018 NASN Conference please email Nancy Mattucci at nancymattucci@yahoo.com. Volunteers will be scheduled for one hour shifts.

NASN President’s Challenge $50 for 50 Years

The President of National Association of School Nurses, Nina Fekaris, challenges every school nurse to step-up to this year’s President’s Challenge and contribute $1 for every year that NASN has been serving the needs of students and school nurses.

ALL of your President’s Challenge monies goes into the NASN Endowment fund, which is used to support research and NASN special programs. The research will move school nursing forward.

Help make an impact today by contributing $50 to celebrate 50 years of NASN and show that you care about student health and learning.

Online Instructions:  

Login: Donate online Go to the online donation form at www.nasn.org/give  
Make checks payable to one of these NASN funds: President's Challenge $50 for 50 Years General Fund Endowment Fund Mail your donation to: National Association of School Nurses Attention: Giving and Donations 1100 Wayne Avenue, Suite 925 Silver Spring, MD 20910
Congratulations Jan Brant!

Jan Brant, BSN, RN, NCSN is being awarded the 2018 Private and Parochial School Nurse (PPSN) of the Year! Jan will be recognized at the PPSN Business Meeting at NASN June 30th 7:00-8:30 PM. NASN will also recognize Jan during their All-Awards ceremony on July 1 from 7-8:30 PM. Everyone is welcome to attend this ceremony! Please consider joining in to honor Jan and all of the School Nurses of the Year (including the Maryland School Nurse of the Year, Debbie Kauffman) right here in Baltimore.

Jan provides School Nursing services at Park School in Baltimore. She has been very active in organizing and supporting the School Nurses of the Association of Independent Maryland Schools (AIMS) and PPSNs hosting biannual meetings.

Maryland’s Nationally Certified School Nurses

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*NEW for 2018

NBSCN Corner
Want to join our Nationally Certified School Nurses?

Summer Testing Window: July 12-Aug 1, 2018 Registration opened March 15 and closes June 12, 2018 at 11:59 PM Mountain time. To apply or get more information click here: www.nbscn.org

An online study group is starting early May 2018. Details on NASN School Nurse Net. Good luck to the Harford County Nurses who created their own study group and are working towards this goal!

Contact MD liaisons if questions:

Jan Brant, BSN, RN, NCSN at jbrant@parkschool.net OR Donna Lyman, MS, RN at lymandk@gmail.com
Empower4lifeMD was established in May of 2015. This local federally recognized non-profit charity, organized and operated by volunteers who are dedicated to helping homeless children in Baltimore in many ways. The three pillars of the program include Resources for Rejuvenation, Fitness for a Future and Health for Hope.

Resources for Rejuvenation provides children living in shelters with the necessary resources to enable them to live a healthy life. They provide clothing, books, school supplies, bedding and personal care products.

Fitness for a future partners with fitness professionals to empower children to believe that physical fitness can be fun and teach them to form a life-long habit.

Health for hope empowers children to learn how to make good decisions with lessons to manage emotions and build self-esteem and appropriate conflict resolution techniques.

Empower for life MD is looking to help the children who live in our homeless shelters by supplying them with twin sheet sets, comforters, blankets and pillow.

These items can be brought with you to the conference or can be directly shipped to

Parkville High School
2600 Putty Hill Ave
Parkville MD 21234
Attention: Chris Ratych
I will collect them and bring them to the conference or take them directly to Empower4lifeMD

AIMS Update

We had a great turnout at our Private and Parochial School Nurse Meeting on February 22nd at Park School of Baltimore! Dr. Elliott Haut and Dr. Matt Levy from Johns Hopkins Hospital presented “Stop the Bleed” program. Their presentation was outstanding. Stop the Bleed program teaches evidence-based hemorrhage control tools which are vital to saving lives. After the presentation, we practiced tourniquet application and wound packing with Paramedics who work with the program. For more information on the program, go to: https://stopthebleedingcoalition.org/.

Stop the Bleeding Coalition Chair is Dr. Matt Levy. Dr. Matt Levy and Dr. Elliott Haut are committed to bringing this program to schools to train nurses, teachers, and high school students. If you are interested in bringing this program to your school contact Dr. Matt Levy at levy@jhmi.edu, and Dr. Elliott Haut at chautl@jhmi.edu.

Congratulations to Kari Banks on her recent accomplishment of achieving National School Nurse Certification! Kari works at Spencerville Adventist Academy in Spencerville, Maryland. Kari wrote “One thing that really helped me with studying was that I made a flashcard of anything and everything that I did not know. This included test questions from the Review book, topics that I was unfamiliar with and Pre-Test Questions that I didn't understand. I read the big School Nursing Book (selective chapters) for more in-depth information but felt that my flashcards and the Review book really helped me prepare. I ended up with 350+ flashcards!”

If you are a Private or Parochial School Nurse in Maryland and would like to be included in our meetings during the year, please email me at jbrant@parkschool.net. We have a terrific group, and would love to add to it.
Deadline Extended!

This nomination for School Nurse of the Year is to honor someone who exemplifies the best in school nursing practice through clinical expertise, research and education, management, mentoring, advocacy and/or leadership. Please consider your school nurse colleagues carefully and nominate that professional school nurse whose excellence in practice is stellar! The application is available on the MASHN website.

Procedure for Submission of an Application

Portfolio to include:

- Curriculum Vitae limited to personal education, employment, research, publication, and service related in school nursing (4 page maximum).
- Narrative written by nominator describing the nominee’s significant contributions that advance school nursing practice. Narrative must be signed by the nominee.
- Two letters of support or recommendation describing the nominee’s specific qualifications for the award

The scoring criteria totaling 100 points are as follows:

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<th>Category</th>
<th>Points</th>
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<td>Education</td>
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<tr>
<td>Communication</td>
<td>15</td>
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<tr>
<td>Leadership</td>
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<td>Collaboration</td>
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<td>Program Management</td>
<td>20</td>
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<td>Community Involvement</td>
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The total portfolio should be a maximum of 10 pages including the nomination form. The entire portfolio must be submitted electronically (Microsoft Word format or PDF file) and in paper in an 8 ½” x 11” envelope. The portfolio should be sent to Mary Nasuta. The electronic copy must arrive no later than May 7, 2018. The mailed original, signed paper application must be postmarked by May 7, 2018 and sent to Mary Nasuta, 102 S. Hickory Avenue, Bel Air, MD 21014.

Be sure to meet and congratulate Ms. Debbie Kauffman from Harford County Maryland during the NASN Conference.

Ms. Kauffman has been a registered nurse for 41 years and the school nurse at Fountain Green Elementary School for the past 14 years. She is also former recipient of the Harford County School Nurse of the Year.

Ms. Kauffman is a graduate of the Harford Community College nursing program and began her career in medical-
SAVE THE DATE

MASHN Annual Conference
March 23, 2019

The Future of School Nursing: Addressing the Barriers to Student Success; Physical, Emotional and Social

Princess Royale Oceanfront Resort
Ocean City, Maryland

* All rooms are suites with living/dining area
* Large indoor swimming pool
* Rates from $79+tax to $239+tax depending on size and location of suites.

Guest Speakers

Clancy Ash Harrison --- Food Insecurity/ Obesity

Teri Metcalfe McCambridge, MD --- Orthopedic Conditions and Injuries

Linda Grossman, MD ------ Anxiety in school age children

Richard Guerry--------- Digital Success and Safety for you, your school, and community

This continuing nursing education activity is being submitted for contact hours to the Maryland Nurses Association, an accredited approver by the American Nurses Credentialing Center’s Commission on Accreditation.