

- 1. The COVID-19 vaccine and other immunizations are a PUBLIC HEALTH ISSUE, not a liberty issue.**
- 2. Vaccines are one of the most **convenient and safest** preventive care measures available.**
- 3. The impact of COVID-19 vaccines on the pandemic will depend on **EVERYONE** receiving the vaccine.**
- 4. Vaccine-preventable diseases have not gone away**  
The viruses and bacteria that cause illness and death still exist and can be passed on to those who are not protected by vaccines.
- 5. Vaccines will help keep you healthy**  
The Centers for Disease Control and Prevention (CDC) recommends vaccinations throughout your life to protect against many infections. When you skip vaccines, you leave yourself vulnerable to illnesses.
- 6. Vaccines are as important to your overall health as diet and exercise**  
Like eating healthy foods, exercising, and getting regular check-ups, vaccines play a vital role in keeping you healthy.
- 7. Vaccination can mean the difference between life and death**  
Vaccine-preventable infections can be deadly. Every year in the US, prior to the COVID-19 pandemic, approximately 50,000 adults died from vaccine-preventable diseases.
- 8. Vaccines are safe**  
The US has a robust approval process to ensure that all licensed vaccines are safe. Potential side effects associated with vaccines are uncommon and much less severe than the diseases they prevent.
- 9. Vaccines will not cause the diseases they are designed to prevent**  
Vaccines contain either killed or weakened viruses, making it impossible to get the disease from the vaccine.
- 10. Young and healthy people can get very sick, too**  
Infants and older adults are at increased risk for serious infections and complications, but vaccine-preventable diseases can strike anyone.
- 11. Vaccine-preventable diseases are expensive**  
Diseases not only have a direct impact on individuals and their families, but also carry a high price tag for society as a whole, exceeding \$10 billion per year.
- 12. When you get sick, your children, grandchildren, and parents may be at risk, too**  
Adults are the most common source of pertussis infection in infants which can be deadly for babies. When you get vaccinated, you are protecting yourself, family, and community.
- 13. Your family and co-workers need you**  
In the US each year, millions of adults get sick from vaccine-preventable diseases, causing them to miss work and leaving them unable to care for those who depend on them.