



Healing Touch St Louis presents:

ENERGY HEALING WITH MERIDIAN TAPPING

Date: Saturday March 4, 2017 **Registration:** 9am **Class** 9:30-12:30 (Please arrive early to allow time for registration and payment)

Cost: HTSL Member \$25 Non Member \$35 (cash or check please. we are unable to accept credit cards)

Location: Clayton Avenue Building on the Barnes-Jewish Hospital Campus 4249 Clayton Ave, St. Louis, MO 63110 **Parking:** Free in front lot or lot to the west of the building

Break: We will furnish snacks and hot tea. Please bring your own water bottles as we are honoring the earth's health and not providing bottled water. There is a water fountain and soda machine onsite.

Meridian Tapping combines tapping on acupuncture points with intention statements to clear stuck energy whether mental, emotional, or physical. Also referred to as Energy Tapping, Emotional Freedom Technique (EFT) or just Tapping, its usage continues to grow because it offers results quickly. These techniques work by rebalancing our disrupted energy system. Prior knowledge of energy therapies is not necessary to benefit from this class. Topics covered in this highly experiential class include:

- * Step-by-step instruction in Tapping for emotions like anxiety, fear, anger, despair, and traumatic memories
- * Applications for health issues in a mind/body construct.
- * Origins and theory of Thought Field Therapy: how and why it works.
- * Techniques to install positive beliefs and new possibilities.

Instructor: Rhonda Leifheit is Director of The Source Life Enrichment Center in St. Louis. She has written and taught classes to awaken personal and spiritual growth for 40 years. Rhonda is certified in hypnosis by the National Guild of Hypnotists, which is where she first discovered EFT. She is a reader of the Akashic Records and has done thousands of Past Life Readings, Regressions and Health Readings reaching people in all 50 states and internationally.

REGISTRATION REQUIRED: <https://healingtouchstlouis.nursingnetwork.com/>

Call or email Norma Line: 314-952-0281 htnline@sbcglobal.net if unable to register online or for questions.

A Certificate of Attendance will be awarded.

“EFT offers great healing benefits.” Deepak Chopra MD

“ EFT is at the forefront of the new healing movement” Candace Pert PhD