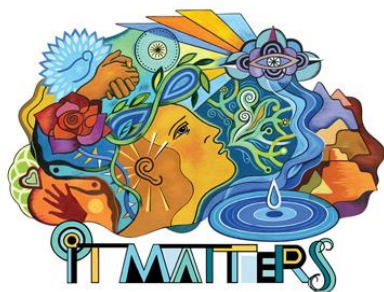


The Monitor



American Association of Critical Care Nurses - Greater Milwaukee Area Chapter



2016-2017 Board Members

- President: Jessica Panfil
- President-elect: Deb Casper
- Vice President: Available
- Vice President-Elect: Available
- Treasurer: Lori Grade
- Treasurer-elect: Available
- Member At Large (Membership): Carrie Brandt
- Member At Large (Social Media & Outreach): Jenny Hansen
- Treasurer-elect: Available
- Secretary: Val Kolmer
- Board Learning Partners: Available

• Interested in becoming a board member? Let us know! Email us at milwaukeeaacn@gmail.com

Message from the President – Jessica Panfil

2017: A Transformative Year

I hope you all had a blessed holiday season and the happiest New Year! As we near the end of January, I encourage you all to stick with the resolutions you have made for 2017! Personally, I have made a commitment to transform my life in every aspect. Physically, I have been successful each day of getting a minimum of 10,000 steps in every day. Nutritionally, I am eating more fruits and vegetables and less animal products. Mentally, my goal is to read one book per month, but this also includes listening to books on tape during my commute to and from work. Professionally, I have taken an approach that includes more patience and understanding, as well as remaining positive, no matter what happens!

I need to take care of myself, so I can take care of my family, my life, and my patients. I needed to be at my strongest and greatest self in order to be a successful advocate. In this way, I can help make a difference. In the words of AACN President Clareen Wiencek, “If nursing ever mattered, It Matters now. If using your voice – a voice grounded in human-centered values and vision – ever mattered, It Matters now.” The world is going through experiences and changes that are life altering for everyone. Now is the time to take care of ourselves, so we can take care of each other.



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Message from the President, continued – Jessica Panfil

When we do this, we transform our lives and the world around us, no matter how big or small. It is this continued transformation that provokes a contagious positive attitude we could all use more of. Clareen continued on to say, “There are moments of transformation when a new path appears and reveals new possibilities.” So, take your resolutions and make 2017 a transformative year to see what path you are led down and what possibilities await you!

With that said, I hope to use 2017 to transform GMAC into the professional organization that is there for you during your transformation! We will be right next to you during the upcoming Educational Session at the VA, in the lane with you at the Duck Pin Bowling social events, in the seat next to you at NTI, running (or walking) beside you in the Cream City 5K and celebrating certification with you! Let us all continue to be transformed nurses that strive for excellence. Share your stories with us or send questions/comments to milwaukeeaacn@gmail.com!



NTI Matters

NTI 2017 Houston, Texas May 22-25



The National Teaching Institute & Critical care Exposition offers learning, motivation, inspiration and celebration for high acuity and critical care nurses. More than 37.5 continuing education (CE) contact hours, the outstanding and diverse learning opportunities and inspirational gatherings promise to reignite your commitment to your practice and our profession.

Registration fees increase after April 5, 2017. NTI Online Sessions are not included with daily or preconference registrations.

Member Pricing	Nonmember Pricing
Early-bird full conference: \$437	Early-bird full conference: \$562
Full Conference: \$516	Full conference: \$641
Preconferences: \$103-\$206	Preconferences: \$135-\$270
Daily registration Monday, Tuesday, Wednesday: \$218	Daily registration Monday, Tuesday, Wednesday: \$270
Daily registration Thursday: \$140	Daily registration Thursday: \$190

Contact GMAC if you are interested in going to NTI/ sharing a room at milwaukeeaacn@gmail.com. Check out the website <https://www.aacn.org/conferences-and-events/nti> for more information including scholarships!

NTI Matters, Cont'd



Thinking about attending NTI? Here's an opportunity to promote what you as a critical care nurse do and earn a scholarship to attend NTI!



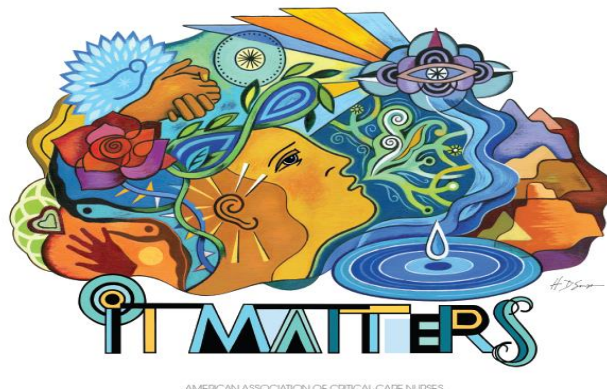
BloodCenter of Wisconsin (BCW) believes that organ and tissue donation is as vital as blood donation to our community. In 2011, Wisconsin Donor Network which serves the eastern part of Wisconsin and the Wisconsin Tissue Bank which serves all of Wisconsin became part of BloodCenter of Wisconsin. BCW recognizes the role that nurses play in caring for the patients and families of organ donors and recipients. Care provided during this time exemplifies the American Association of Critical-Care Nurses (AACN) values of integrity, dignity, collaboration and excellence in patient care. In support of this work, the Joan Heimler Legacy of Life scholarship was established in 2011 to recognize those nurses that strive to achieve these values in caring for patients and families during the organ/tissue donation process. Nurses from all over Wisconsin have submitted essays sharing their stories of patients and families of organ donors. Each year a nurse has been awarded the scholarship and has had the opportunity to attend AACN NTI.

How can you apply?

- Complete the [Scholarship Application](#) form (you may need to download Adobe Reader)
- Provide a copy of your CV or resume
- Write an essay of 1000 words or less that explains your role in caring for patients and families making a decision to donate organs and tissue
- Ask your Nurse Manager or Supervisor for a letter of support
- Applications must be postmarked no later than March 1, 2017

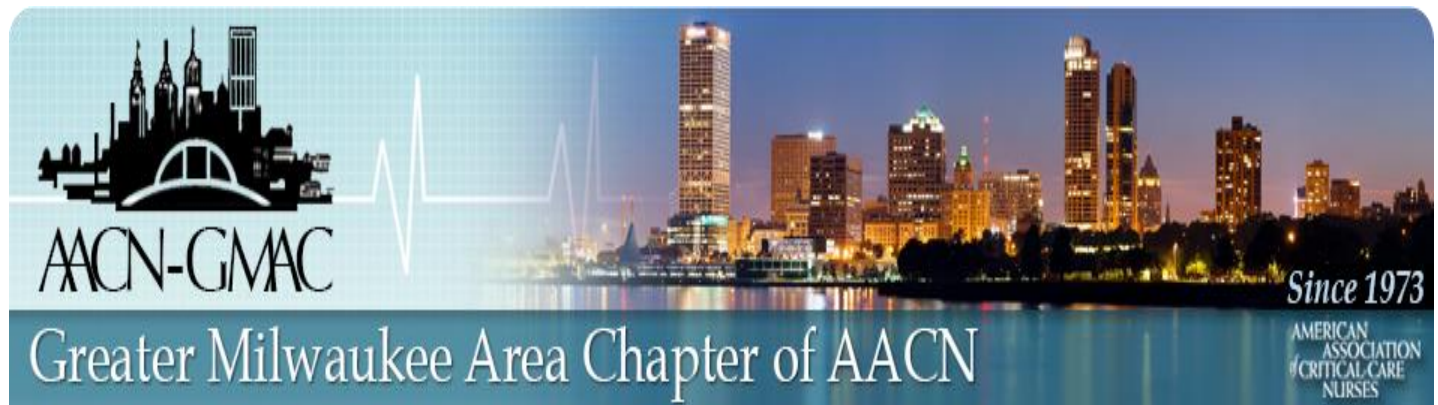
For more information and to read previous essays, <https://www.bcw.edu/bcw/Medical-Services-Blood-Products/education-programs/scholarships/index.htm>

Questions: contact Nanci Fredrich, RN, BSN at 414-937-6165 or Nanci.fredrich@bcw.edu



IT MATTERS to Become a GMAC Board Member

Are you considering becoming involved? Many positions will be open in 2017, take that next step and get to know what GMAC has to offer! Contact any board member with questions, or email milwaukeeaacn@gmail.com for further information.



Amanda Hackbarth has graciously volunteered her services as Vice President. The following is some information about Amanda along with a survey monkey link to vote for all members!

"Greetings! I'm Amanda Hackbarth, RN, BSN, CCRN. I am an alum of Carroll College with 11 years of bedside ICU nursing under my belt. My patient care experiences have been pretty evenly split between Cardiovascular and Medical/Pulmonary ICUs with a smattering of Neuro, Trauma, and transplant patients here and there. I have gathered perspective via positions in numerous hospitals spanning 3 different states in per diem and travel contract roles, but have spent the vast majority of my time as a staff nurse within the Froedtert Health system. While I have maintained my CCRN since 2011, it wasn't until 2015 that I experienced my first NTI. That convention struck a chord with me and motivated me to step up my involvement in shared governance initiatives within my unit. And now I am looking forward to branching out into on a role within the Greater Milwaukee Area chapter of the AACN!"

Visit the following link to register your vote!! Deadline is February 13th!!!

<https://www.surveymonkey.com/r/ZN62VV9>



Treasurer's Report- Lori Grade

Treasurer's Report

When you think about our chapter finances, it's your expectation that we'll manage the resources we have well, giving you the best experience in the most cost-efficient way. It works like that in our hospitals too. We want our patients to have a great experience, and we want to do it in the most economical way possible.

Children's Hospital of Wisconsin was recently featured in AACN's Bold Voices in an article highlighting the work being done in pediatric critical care to decrease the rate of pediatric pressure ulcers. The team-based approach to reducing pressure injuries led to a 65% reduction in pressure ulcers—a significant cost savings. The outcomes were so impressive that the team was recognized by 3M with its Award for Excellence in Skin Safety. What you do at the bedside Matters—it makes in difference in our patient's quality of life, in the length of their stay and ultimately in the cost of that stay. And that's a little financial food for thought.

GMAC Financials as of December 31st, 2016

Wells Fargo Checking Account:	\$3,754.30
Wells Fargo Savings Account:	\$10,575.91
Baird Investment Account:	\$21,550.64
Paypal:	\$4,372.49



The January Region 8 Newsletter is posted on our website, www.milwaukeeaacn.com, under the “Announcements” link.

Don't Forget to pre-register for our upcoming education session on Feb 7th. More

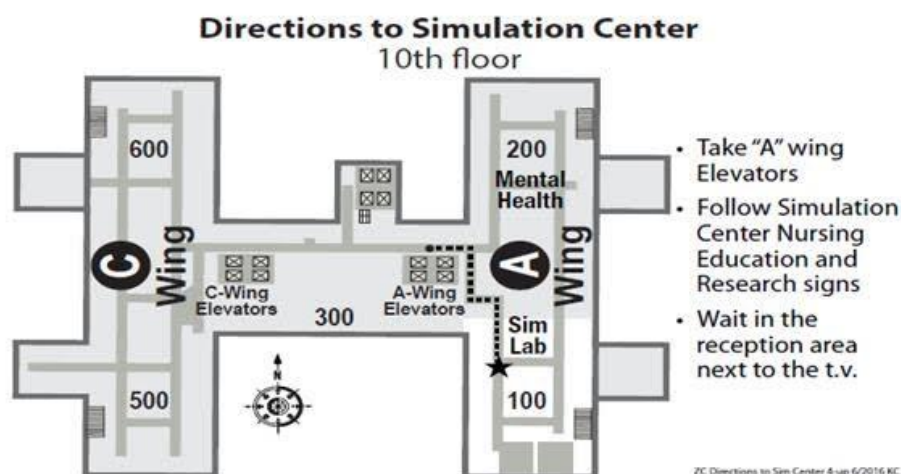
Go to our website, www.milwaukeeaacn.com, and click on the “Upcoming Events” link. Or go to page 11 and click on the event link.

We need an accurate count to ensure everyone has the best simulation experience possible!



Education Committee- Beth Hammer and Deb Casper

DATE	TOPIC	SPEAKERS
Feb 7 th , 2017 5:30pm-8:30pm	"Let's Do Sim!" Simulation Lab with focus on ACLS and Communication – VA Medical Center	Tina Smith MS, BSN, RN-BC, CHSE
April 3 rd , 2017 5:30pm-8:30pm	Transitions to the Community	Maureen Greene



Take elevator A to the 10th floor. Follow signs to the Simulation Center

Room 10133
Multipurpose Room 2

2 CEUs/night
FREE for AACN-GMAC members;
Non-members \$20/evening (2 CEUs);
Students \$10/night
Registration and Light Dinner: 5:30-6:00 p.m.

REMINDER! Go to GMAC website after each session to complete evaluation and get your CEs: milwaukeeaacn.com, then click on Continuing Education Credits and complete the survey.



Education Committee Meeting
March 14, 2017
5:30 p.m.-7:30 pm
HOM restaurant at Bayshore mall

Have Questions or know of any potential speakers, sponsors, or vendors you would like to see, please Contact Deb Casper: dcasper1017@gmail.com or Beth Hammer: bungalowhome@sbcglobal.net.

Achievements

GMAC wants to hear about the great advancements you are making in your career and the nursing profession. Let us know about the projects you are involved in, degrees and/or certifications you have obtained, anything great happening on your unit, etc... Email us at www.milwaukeeaacn@gmail.com so we can applaud and recognize your achievements because... IT MATTERS!



Certification and Awards

Ashley Szmanda RN CCRN, PCCN – received her Critical Care RN Certification

Ashley attended the recent CCRN/PCCN course and states, “Thank you very much for organizing and hosting the course. It was really well done and I found it very helpful in my success.” Congrats Ashley!

GMAC would like to say Congratulations to the Medical Intensive Care Unit at Froedtert Hospital. The dedication and excellence of their nurses has been recognized as the Froedtert MICU is a recent recipient of a Silver Beacon Award from AACN.

They are the first ICU at Froedtert to receive the award. Managers and staff members are planning to attend the NTI in May for acknowledgment and presentation.



The recipients of the 2017 Circle of Excellence Awards have been announced on October 31st, 2016 by AACN. One of our GMAC members, Laura Wisniewski BSN, RN, CCRN along with her colleague Kathleen Vollmer RN, CCRN and their manager Randall Thomas BSN, RN, MBA nominated Leah Borchardt MSN, APNP, CCRN TNS, RN, from Ascension/All Saints ICU in Racine, WI.



Leah was chosen as one of the 2017 recipients!

She will be presented during the NTI in Houston in May during one of the morning Super Sessions. Let's cheer on our Wisconsin Nurse for this tremendous honor!

Circle of Excellence Awards are given to caregivers who excel at achieving excellent outcomes in the care of acutely and critically ill patients and their families. Six Criteria needed detailed descriptions and specific examples of how she exemplified each criterion. The Criteria included:

1. Relentlessly promotes patient-driven excellence
2. Models skilled communication, true collaboration, effective decision making and meaningful recognition
3. Transforms thinking, structures, and processes to address challenges and remove barriers to advance patient-driven excellence
4. Furthers AACN's mission and key initiatives at influential forums
5. Enriches own and other organizations by influencing and mentoring others in achieving excellence
6. Achieves visible results that validate the impact of individual leadership contributions to organizational excellence

Achievements, cont'd

AACN-GMAC congratulates our long-time member Dr. Maureen Greene, PhD, RN, APRN-P, in her selection as the 2016 Researcher of the Year from the American Association of Clinical Nurse Specialists (AACNS).

Maureen Greene, PhD, RN, ACNS-BC, ACNP-BC, Clinical Associate Professor at the University of Wisconsin-Madison and Clinical Nurse Specialist-Intensivist and Nurse Research Coordinator at Wheaton Franciscan-St Joseph Hospital in Milwaukee has been active member of GMAC for many years, serving the Education Committee. She was presented with the National Association of Clinical Nurse Specialists (NACNS) prestigious Clinical Nurse Specialist (CNS) Researcher of the Year Award. The Award was designed to nationally recognize an NACNS member for outstanding professional achievement as a clinical nurse specialist (CNS) who has conducted original nursing research that has significantly enhanced the science of autonomous nursing practice, patient and family outcomes, and/or health care systems. It acknowledges a nurse for an accomplished program of research that has significantly contributed to advancing the nursing profession.



“Maureen’s skill at understanding and translating research evidence to improve health care delivery is exemplary,” said NACNS 2016 President Sharon Horner, PhD, RN, MC-CNS, FAAN. “She is committed to helping staff nurses and others appreciate the importance of evidence-based practice and implement it to ensure the highest quality health care. In addition to being an expert at conducting nursing research, Maureen is a role model for graduate and doctoral students, a coach to nursing staff in pursuing scientific inquiry and an inspiration to all who witness her ability to advance nursing practice through her research presentations and publications.”

(picture from <http://www.son.wisc.edu/1521.htm> and excerpt from www.nacns.org)

Congratulations

Achievements, Cont'd

Projects

Sepsis Awareness

Engaging our Community in What Matters for Nurses and Patients



From Left to Right: Allie Sment, Linda Bay and Paula Pintar

Three Clinical Nurse Specialists (CNS) from the Veterans Administration (VA) shared their expertise in the topic of infection prevention, sepsis, and nurse empowerment to the Greater Milwaukee Area Chapter (GMAC) of The American Association of Critical Care Nurses (AACN) this November.

Milwaukee VA nurses, Allie Sment, MSN, RN, AGCCNS-GC, CCRN and Linda Bay, MSN, RN, ACNS-BC, PCCN partnered to present “Caring for the Patient With Sepsis; Where Nurses Matter Most”. Allie is a recent graduate of Alverno College as a CNS currently working in the intensive care unit. Linda is a CNS in acute care. They have worked within their system to raise awareness of infection prevention and early recognition of sepsis.

Paula Pintar, MSN, RN, ACNS-BC, CIC complemented Allie and Linda’s session with her presentation

“Infection Prevention: Management of Invasive Devices to Prevent Healthcare Associated Infections”, sharing new evidence related to biofilms, infection, and the role of the nurse. Paula works as the Chief of Organizational Performance Improvement at the James Lovell Healthcare Center VA in North Chicago. (Excerpt from VA Nursing Newsletter)

Our Community Matters

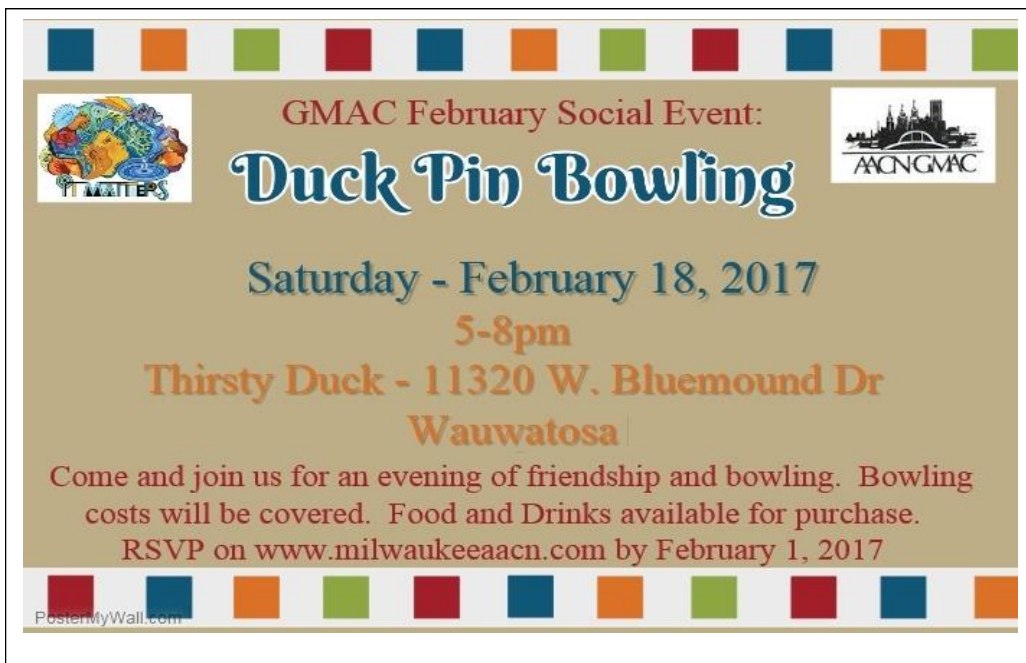
Thank you...

to all that supported our “Undies Night” at the November Educational Meeting. Thanks to you we collected over 50 packages of new underclothing to be used by local foster children. Your generosity Matters to your community.



Social Media & Outreach- Jenny Hansen

What a great year we have had at GMAC. I have enjoyed setting up the outreach programs and working hard with Jessica to make sure our new website is functional and easy to use. As a newer nurse this has been a great experience for me. You have shown me the strength of our Milwaukee area nursing community through your generosity to donate items to people in need, nominate your colleagues for awards, encourage your coworkers to join our group, motivate others to get certified and educate each other with your expertise. It is clear from your actions that nursing Matters and is not just a career but a community you join and contribute to no matter how “new” you are. I look forward to working with you and seeing you at our future events...



Why not start the New Year off with some fun? Join us for an evening to socialize, bowl, eat and enjoy a little downtime. **RSVP on www.milwaukeeaacn.com by Feb 1st.**

Bowling is free!!!

Join our team and help us run or walk to raise awareness and support organ, eye, and tissue donation. Register online at <http://creamcity5k.org/> then go to Register, click the Team button, Enter GMAC in the group name box and finally click the Join button and we will see you on race day!

Any questions email us at www.milwaukeeaacn@gmail.com.

Saturday April 29, 2017 9am
Greenfield Park 2028 S. 124th St. West Allis, WI



\$30 Nov. 1st- April 3rd
\$35 April 4th-April 28th
\$40 Race Day

Included: Technical Race Shirt, Chip Timed, Goody Bag, Post Race Food and Drink

Calendar of Events

Click on the title of the event to be linked to our website, www.milwaukeeaacn.com, and register for one or all of our events. See you there...

[GMAC Feb 7th Educational Session at the VA "Let's Do Sim"](#)

Tuesday, February 7, 2017 at 5:30pm

[February 2017 Social Event - Duck Pin Bowling](#)

Saturday, February 18, 2017 at 5:00pm CT

[Nurses Day at the Capitol](#)

Tuesday, February 28, 2017 at 8:00am CT

[March 2017 GMAC Board Meeting](#)

Tuesday, March 7, 2017 at 5:30pm CT

[March 2017 Education Committee Meeting](#)

Tuesday, March 14, 2017 at 5:30pm CT

[Cream City 5K](#)

Saturday, April 29, 2017 at 8:00am CT

[May 2017 GMAC Board Meeting](#)

Tuesday, May 2, 2017 at 5:30pm CT

[2017 NTI & Critical Care Exposition - Registration Opens in Late January!](#)



Membership- Carrie Brandt



Total Chapter Members: 100

November Educational Attendance – Sepsis and Care of Central Lines

Chapter Members—47

Guests—3

Students—0

Happy Winter Season everyone! I hope this Monitor finds you all bundled up and feeling well. GMAC has surpassed last year's membership and hit 100 members!! Congratulations on spreading the word to your colleagues about the value that GMAC has to offer in continuing education, networking and so much more. Please continue to spread the word and recruit your coworkers to ensure the continued success of our chapter.

Chapter membership cards were mailed out, the week of January 15th, to anyone who has not been able to attend meetings in September or November or signed up after those meetings. If you did not receive one, it could mean that we do not have up-to-date information on you (or your coworker has it because they picked it up at a meeting and haven't given it to you yet). Please ensure that you have filled out a GMAC membership form this year. If you paid by PayPal, you may not have filled one out as the two were not linked together and we are working on this for next year. If you are unsure if you filled out a form, or did not fill one out this year, please do so and email it to the GMAC at milwaukeeaacn@gmail.com. Forms can be found on the GMAC website (www.milwaukeeaacn.com) under the "Join GMAC" tab. If you have any questions, please feel free to email us.

If you are interested in helping out with membership the remainder of this year or Chairing next year, please talk to a me or any GMAC board member.

Membership Reminders:

- GMAC Membership \$35 by mail or check and \$36.50 on Paypal---- **fill out membership forms regardless of payment type (email attachment if paypal payment)**
- Student Education Meeting \$15 check or cash \$16.50 on Paypal
- Guest Education Meeting \$20 check or cash \$21.50 on Paypal



AACN-GMAC
AMERICAN ASSOCIATION OF CRITICAL-CARE NURSES
GREATER MILWAUKEE AREA CHAPTER