## March 15, 2017

Laurie Smith, HPNA FW chapter president welcomed all attending, including 11 students from TWU, Dallas Community College, Mountainview College, UTA, and El Centro College.

## Other Announcements:

Laurie reviewed HPNA membership, upcoming events, CHPN certification and asked if anyone would be interested in bullying presentation. This topic was in Quarterly BON newsletter. No one expressed interest in this topic.

The group welcomed and thanked Kim Beveridge and therapy dog, Peanut, from Assisting Hands of Fort Worth, a provider of in-home non-medical care, for providing dinner. Their goal is to help people remain independent and stay in their own home by partnering with providers like hospice.

Laurie reviewed and encouraged those present to attend a presentation in Dallas: Enhancing Your Understanding of the Depression of Grief, by Dr Alan Wolfelt. The program on the evening of April 26 is free to the public. The April 27 program is a CEprogram for professionals and there is a fee to attend.

She also encouraged participants to look at our chapter website on Nursing Network for upcoming events.

Nancy Ritts shared her recent personal experience. Today she signed an Out of Hospital DNR form for her husband. She told the group about recent changes in his condition.

This evening's program: Medical Orders for Scope of Treatment MOST

1.0 CEAwarded to RN and SW Presenter: Kim Olmedo, LMSW, CCM, CSW-G.

Program objectives are to: 1) Describe the patients who are most appropriate for a MOST conversation 2) Discuss the three decisions on the MOST form that patients may make, 3) Describe at least one barrier to completing effective end of life planning, and 4)Identify at least one benefit of effective end of life planning. She presented an overview of Advance Directives: Directives to Physicians, Medical Power of Attorney, Out of Hospital DNR. She discussed statistics: 48% of patients had completed an advanced care plan and in another study, 25% reported they were asked about these types of documents. MOST builds on standard practice of writing code status orders, designed as a medical order, not a legal document. She discussed patients who need MOST, most often now used with older adults, as well as some teens with cancer. Components of the MOST Section A, (Physician Resuscitation Orders), Section B (Level of Intervention), and Section C, (Artificial Nutrition) were discussed in detail. Benefits of advance care planning: lower rates of ventilation, resuscitation, and ICU admission, increased early hospice referrals, and decreased cost. There is a statewide MOST coalition. She also provided a MOST form.

Door prizes given. Next meeting announced. Minutes by Laurie Smith.