

# The Monitor



*American Association of Critical Care Nurses - Greater Milwaukee Area Chapter*



## 2016-2017 Board Members

- President: Jessica Panfil
  - President-elect: Deb Casper
  - Vice President: Available
  - Vice President-Elect: Available
  - Treasurer: Lori Grade
  - Treasurer-elect: Available
  - Member At Large (Membership): Carrie Brandt
  - Member At Large (Social Media & Outreach): Jenny Hansen
  - Treasurer-elect: Available
  - Secretary: Val Kolmer
  - Board Learning Partners: Available
- Interested in becoming a board member? Let us know! Email us at [milwaukeeaacn@gmail.com](mailto:milwaukeeaacn@gmail.com)

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## Message from the President – Jessica Panfil

### Speaking Up About What Matters

Working full-time in the acute care setting can be challenging for any nurse, especially when you include husband, son, dogs, family, house, and time for myself! Nurses have to juggle their home life with their work life while trying not to succumb to burnout. This is probably why nurses are so good at time management and prioritization! While trying to find a good work-life balance, I am reminded of all the things that matter to me.

In the Progressive Care Unit, we seem to always “handle” what comes our way, whether that is a crashing patient, a dying patient, under-staffing, or the inability to actually get to the bathroom. It matters that the patient is safe and receives the best care possible. It also matters that we speak up about how we “handle” these situations, because sometimes it can leave a nurse hanging by a thread!

“The role of the undisputed leader is to speak up about what matters and say it in a way that can be heard.” – AACN Standards for Establishing and Sustaining Healthy Work Environments.

## AMERICAN ASSOCIATION of CRITICAL-CARE NURSES

It matters that we speak up about how that shift went and professionally bring attention to the instances that, for whatever reason, didn't go as planned. Because, like the saying, if you didn't document it, then it didn't happen. There are many reasons why I love my job, but one of the most rewarding is patient care. Every patient deserves the best care we can give, regardless of what is happening outside their room. So, speak up and advocate for yourself and your fellow nurses, like you advocate for your patients

This community of exceptional nurses helps me do just that, advocate for myself and my patients. AACN does this by empowering me to strive for excellence in the nursing profession and in my daily patient care. GMAC does this by providing me the support I need through their educational sessions, outreach opportunities, professional resources and interpersonal relationships (with some amazing nurses) throughout the greater Milwaukee area.

## Message from the President, continued – Jessica Panfil

Being a part of GMAC has given me the opportunity to be part of two things that matter to me, nursing and having fun! I use GMAC as an outlet to do something fun when I am not at work, but I am still contributing to the nursing profession. The board meetings update us on what is going on while we have a great dinner and many laughs! The educational sessions optimize my knowledge base while coincidentally also enjoying a great dinner and many laughs! The outreach events like the Brigg's & Al's Run/Walk for Children's Hospital are inspiring and motivational. The relationships made with other GMAC members opens doors to new opportunities and experiences. Each opportunity with GMAC rejuvenates my love for nursing and motivates me to do better. For me, GMAC matters because it enables me to be my optimal self so I can focus on everything that matters.

I encourage you to come to the November 15<sup>th</sup> educational session and/or the December 6<sup>th</sup> Board Meeting to see for yourself, how this exceptional chapter can Matter to you.



### NTI Matters



### NTI 2017 Houston, Texas May 22-25

The National Teaching Institute & Critical care Exposition offers learning, motivation, inspiration and celebration for high acuity and critical care nurses. More than 37.5 continuing education (CE) contact hours, the outstanding and diverse learning opportunities and inspirational gatherings promise to reignite your commitment to your practice and our profession.

**Registration fees increase after April 5, 2017. NTI Online Sessions are not included with daily or preconference registrations.**

Member Pricing	Nonmember Pricing
Early-bird full conference: \$437	Early-bird full conference: \$562
Full Conference: \$516	Full conference: \$641
Preconferences: \$103-\$206	Preconferences: \$135-\$270
Daily registration Monday, Tuesday, Wednesday: \$218	Daily registration Monday, Tuesday, Wednesday: \$270
Daily registration Thursday: \$140	Daily registration Thursday: \$190

Contact GMAC if you are interested in going to NTI/ sharing a room at [milwaukeeaacn@gmail.com](mailto:milwaukeeaacn@gmail.com). Check out the website <https://www.aacn.org/conferences-and-events/nti> for more information including scholarships!

## Treasurer's Report- Lori Grade

### Treasurer's Report

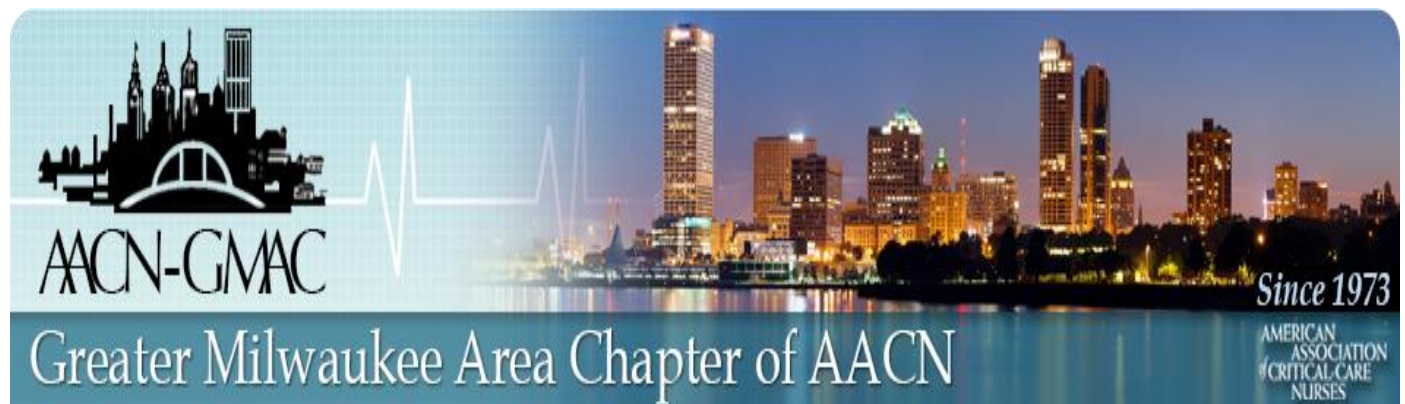
The chapter is off to a great start, with a good turnout of members in September, and had a great CCRN/PCCN review course in October. Our education committee is working hard, not only to provide excellent programming, but also to recruit vendors for our meetings to complement the topics being presented. Those vendors also provide welcome revenue--this supports our operating costs (things like catering at education meetings). Two fortunate CCRN/PCCN attendees also received scholarships to the course, in memory of Mary Kay Feeney. We've started strong, and we look forward to a great year!

#### **GMAC Financial Standing as of 10/3/16**

Wells Fargo Checking	\$4,351.79
Wells Fargo Savings	\$10,575.12
Paypal	\$2,655.28
Baird Investment Account	\$21,526
<b><u>Total assets:</u></b>	<b><u>39,108.09</u></b>

### **IT MATTERS to Become a GMAC Board Member**

We have the following board member positions open for this year: Vice President-elect, Treasurer-elect, and Board Learning Partners! Are you considering becoming involved? Take that next step and get to know what GMAC has to offer! Contact any board member with questions, or email [milwaukeeaacn@gmail.com](mailto:milwaukeeaacn@gmail.com) for further information.



## Education Committee- Beth Hammer and Deb Casper

The educational opportunities that AACN-GMAC offer are a great way to continue building your knowledge and skills as well obtain CE credits needed to maintain your certification. Topics being set up for February and April 2017 include: “Transitioning Acute and Critical Care Patients to a Long Term Acute (LTAC) Facility”, and “Simulation – including actual simulation stations”. Updates will be posted on the AACN-GMAC website as well as in future issues of the Monitor.

### THIS WEEK!

You are invited to join the Education Committee to help finalize education sessions for 2017 as well as plan our June Dinner Event.

**November 3, 2016, 6:00-7:30 pm.**

Habaneros Mexican Kitchen, 869 N. Mayfair Road, Wauwatosa.

DATE	TOPIC	SPEAKERS
<b>November 15, 2016</b> Wheaton Franciscan Healthcare- Wauwatosa, 201 N. Mayfair Road, Wauwatosa Conf. Rooms 5A&5B	Infection Prevention: Management of Invasive Devices to Prevent Healthcare Associated Infections (HAI's)  6:00-7:00 p.m. <b>Sepsis</b> 7:30-8:30 p.m. <b>Care of Lines</b>	Althea Sment, MSN, RN, ACNS- BC, CSC, APNP Linda Bay, MSN, RN, CNS-BC, PCCN  Paula Pinter, MSN, RN, CNS

### Educational Session:

2 CEUs/night

FREE for AACN-GMAC members;

Non-members \$20/evening (2 CEUs);

Students \$10/night

Registration and Light Dinner: 5:30-6:00 p.m.

**REMINDER! Go to GMAC website after each session to complete evaluation and get your CEs:**

**[milwaukeeaacn.com](http://milwaukeeaacn.com), then click on Continuing Education Credits and complete the survey.**

Have Questions or know of any potential speakers, sponsors, or vendors you would like to see, please Contact Deb Casper: [dcasper1017@gmail.com](mailto:dcasper1017@gmail.com) or Beth Hammer: [bungalowhome@sbcglobal.net](mailto:bungalowhome@sbcglobal.net).







**Registrants: 19**

**GMAC members: 12**

**Nonmembers: 6**

**Non AACN members: 1**

On October 7 and October 14, St. Camillus hosted the AACN-GMAC CCRN/PCCN Review Course with Kay Hoppe. We had 19 registrants comprised of nurses from across the state both with and without their certifications. We had one participant from Wausau and one from an LTAC! We signed 3 people up for GMAC memberships on day 1 of the review course.

Jessica Panfil and myself were present for both days with an AACN/GMAC table as well as a certification table which provided participants with information on joining both AACN and GMAC. Information was also provided for CCRN, PCCN, cardiac surgery and cardiac medicine subspecialty examinations. Jessica and I also provided examples of study materials that we used to pass our respective certification exams.

The course was enjoyed by all, even some of the residents of San Camillo who occasionally popped by! We got several inquiries on how often we offer the course both from people who were there as well as from some who were unable to make it. As of two years ago, the decision was made to plan a review every other year. We will continue to evaluate the needs of the community and local nurses for how often the review course should be held. If you or your local facilities are interested in having a review course, please let our board members know as we are more than happy to reevaluate our program at that time.

Once again, Kay did a fabulous job of making the review course interactive and engaging. She encouraged participants to join in on the conversation instead of just listening to her talk for 16 hours about complex and difficult topics. The course included everything from case studies to actual review questions. GMAC would like to thank Kay Hoppe for her devotion to not only her continual renewal of her certifications, but for her devotion to teaching the current profession as well as future of progressive and critical care nurses.

GMAC did come out in the positive this year and that is due to the extreme generosity of St. Camillus. Back at the end of 2015 our own Mary Kay was at St. Camillus for a personal function and made this amazing connection that we now have to look forward to in the future. Thank you St. Camillus and Michele Grall, their Community Outreach Coordinator, for ensuring that we had a comfortable space, wonderful food and accommodations to support our learning needs.

In talking with Michele over the course of the days that we were there she heard about both Jessica's and my passion for essential oils. We even had them diffusing for uplifting moods on the last day of the review class. Michele commented on how she was looking into essential oils for St. Camillus, especially for their hospice program. As a thank you, for their generosity in donating the room, breakfast and lunches, as well as audio/visuals for the entire review course, GMAC presented St. Camillus with a certificate of appreciation for

## CCRN/PCCN Review Cont'd– Carrie Brandt

Outstanding Professional Organization as well as 6 samples of essential oils and a book called *The Essential Life: A Simple Guide to Living the Wellness Lifestyle*. Michele was ecstatic and can't wait to propose her ideas to the hospice program!

Michele will be joining us at our Membership table at the November Education meeting to share some information on the St. Camillus and San Camillo programs and facilities which include a residential facility and a hospice program. Please take the time to thank her for supporting nurses, nursing education and GMAC. Her goal and the goal of St. Camillus is to continue to support GMAC in the future in whatever capacity they may.

Congratulations to the 19 participants of the review course for taking the first step towards achieving your goal of certification. GMAC would like to wish you the best of luck on taking your exam. Please reach out to us at [milwaukeeaacn@gmail.com](mailto:milwaukeeaacn@gmail.com) with your success stories so we may recognize your achievements!



**"It Matters that nurses are certified, as evidence that we value patient safety and quality."  
Clareen Wiencek, AACN President**

## Achievements

GMAC wants to hear about the great advancements you are making in your career and the nursing profession. Let us know about the projects you are involved in, degrees and/or certifications you have obtained, anything great happening on your unit, etc... Email us at [www.milwaukeeaacn@gmail.com](mailto:www.milwaukeeaacn@gmail.com) so we can applaud and recognize your achievements because... IT MATTERS!

### Certification and Awards

Allie Sment MSN, RN, ACCNS-BC (VAMC) - Officially certified as an acute care CNS in adult-gerontology (ACCNS-AG) through AACN. Member of the 2017 AACN Chapter Awards review panel.

Jessica Panfil MSN, RN, PCCN (VAMC)– Certified as Progressive Care Certified Nurse (PCCN)



**Congratulations Diane Dressler! Diane was recently awarded Marquette University's highest teaching honor, the Robert and Mary Gettel Faculty Award for Teaching Excellence.**

*Teaching Excellence Awards are the highest honor bestowed upon Marquette University faculty members. Recipients are nominated by their colleagues and students for demonstrating excellence as teacher-scholars.*

the Robert and Mary Gettel Faculty Award for Teaching Excellence. Photo courtesy of Marquette University



Dressler, of Brookfield, Wisconsin, is described by many as a “master teacher.” She was an early adopter of simulation technology and after educating future nurses for more than 16 years, Dressler continues to use this innovative teaching strategy. “I ask questions during the debriefing phase that prompt students to reflect on their performance and generate a deeper understanding of how the simulation experience can be applied to their practice,” Dressler said. Dressler is equally supportive when it comes to mentoring, counseling and guiding new faculty members in the College of Nursing. “All of the faculty she has mentored have stated that Diane is a fantastic teacher and that they have benefitted greatly from her wisdom and guidance,” said Dr. Kerry Kosmoski-Goepfert, RN, associate clinical professor and associate dean for undergraduate programs.

“I love teaching our nursing students in the classroom, the simulation lab and in clinical settings,” Dressler said. “It is a privilege to impact the education of students who will help create the future of healthcare.”

<http://urbanmilwaukee.com/pressrelease/marquette-nursing-professor-honored-with-teaching-excellence-award/>

# Congratulations, Diane!

## Achievements, Cont'd

### Projects

A HUGE thank you to all our volunteers who manned the first aid tents at the Briggs & Al's Run and Walk. Many runners were provided needed assistance. Five of our volunteers were senior Nursing students from Marquette University who are currently enrolled in the Critical Care Nursing course: Katie Dwyer, Katherine Hillmer, Zoe Hughes, Annaliese Krahn, and Megan Zachacki. Please read this note written by the students about their experience. We know that this effort by the students show dedication that will help them transition into great nurses who strive for the best out of their profession and look forward to working with them in the future....

During the Briggs & Al's Run and Walk, five of us Marquette nursing students were given a wonderful opportunity to work behind the scenes in the medical tent. When we first arrived, we were able to help organize the supplies and cots in the tent and were given a quick overview of the possible problems that could arise during the event, as well as signs/symptoms to watch for. Many of us were able to pair up with medical students and drive along the course in golf carts observing the runners and looking for anyone who may need medical attention. Luckily not too many people needed immediate medical assistance, but the help we were able to provide was valuable. We handed out and wrapped ice packs, provided bananas and water to those who were cramping or dehydrated, took vitals if necessary, and provided Band-Aids.

Even though there were no major medical issues during Briggs & Al's Run and Walk, it was great to work together as a team with other healthcare professionals. It was interesting to be able to collaborate with medical students and other RN's and learn from their experiences. Hearing about their careers made us even more excited to be new nurses! Encouraging the runners/walkers and applying our nursing skills to a non-hospital environment was a great way to start our Saturday morning. We all look forward to volunteering in the medical tent next year!



## Community Outreach Matters

The Development Council of the Medical ICU at Froedtert Hospital is having their 2nd annual "Socktober" event. Staff are collecting new socks to donate to the Milwaukee Rescue Mission. Last year many pairs of socks were collected and the Milwaukee Rescue Mission was very appreciative of our efforts. Please drop all donations in the Medical ICU at Froedtert Hospital or bring them along to the November 15<sup>th</sup> educational meeting. Point of contact is Nancy Mayville.





**GMAC would like to congratulate two of our local hospitals for being chosen for this awesome project. Your research and hard work to include families in the care of their loved ones may change the practice of healthcare providers nationwide! See the article below that explains this amazing opportunity.**

Congratulations to Children's Hospital of Wisconsin Pediatric ICU and the Intensive Care Unit at Community Memorial Hospital on being accepted as participants in the Society of Critical Care Medicine's *PCOR-ICU Collaborative: Improving Care for Critically Ill Patients and Families through Research Dissemination and Implementation* which is funded by a Eugene Washington Engagement Award from the Patient-Centered Outcomes Research Institute (PCORI). PCOR is an independent, nonprofit, nongovernmental organization located in Washington, DC, and was authorized by Congress in 2010. The goal is to improve the quality and relevance of evidence available to help patients, caregivers, clinicians, employers, insurers, and policy makers make informed health decisions. It is designed to improve patient care and outcomes through patient-centered comparative clinical effectiveness research, or CER.

Unfortunately, traditional medical research, for all of the remarkable advances in care it produces, hasn't been able to answer many of the questions that patients and their clinicians face daily. When reliable information does exist, it's not always available to patients and/or families, in ways they can understand or use most effectively. Through identifying critical research questions and funding of CER, the goal is to determine which of the many healthcare options work best in particular circumstances. This nationwide collaborative involves 63 intensive care units throughout all regions of the United States and involves both adult and pediatric ICUs as well as a variety of types (academic, non-teaching, community, medical, respiratory, surgical/trauma, neuro, coronary and cardiovascular). The purpose of the initiative is to develop and measure the impact of interventions on patient centered care. The timeframe for participation will be from September 2016 through July 2017. Data and results will be available sometime in November 2017.

The ICU at CMH will be specifically focusing on integrating patients and families into daily multidisciplinary rounds. Children's Hospital of Wisconsin will be participating in the integration of structured patient and family care conferences to mutually establish the goals of care.

Other collaborative projects include:

- Disseminating information and providing support to families to assist with the care of their loved one
- Implementing open visitation (non-restricted ICU hours)
- Enabling family presence during invasive procedures in the ICU
- Enabling family presence during resuscitation in the ICU
- Facilitating the use of patient and family ICU diaries
- Investigating and planning for implementation of a post-ICU clinic
- Implementing integrative therapies, such as music or pets, in the ICU setting
- Forming or enhancing an effective patient and family advisory group
- Other project of the team's choice relevant to patient- and family-centered care

## Social Media & Outreach- Jenny Hansen

What an exciting start to the GMAC year. Our new website has proven to be very user friendly and sends us busy professionals much needed updates and reminders. We are always looking for new stories! If you have something you want to share about your unit/hospital send it to us at [milwaukeeaacn@gmail.com](mailto:milwaukeeaacn@gmail.com) and will post it on our website and social media sites.

Help us help others by participating in our outreach program “Undies Night” at the November education meeting. We will be collecting underclothing to donate to foster children from the Milwaukee Department of Children and Families. Many of these children are sent to their foster families with what they have on and maybe a few other items. Let’s help these children know they are loved and give them a small reason to smile. Items needed are underwear, sports bras, boxer shorts and briefs for all ages boys and girls (all children’s sizes and adult S, M and L)

We are busy planning for our social event in February 2017... stay tuned for more information!



## Calendar-

GMAC CALENDAR. Click on the title of the event to be linked to our website, [www.milwaukeeaacn.com](http://www.milwaukeeaacn.com), to register for one or all of our events. See you there...

[Education Committee Meeting](#) Thursday, November 3, 2016 at 6:00pm CT

[Educational Program](#) Tuesday, November 15, 2016 at 5:30pm CT

[Outreach for Foster Children](#) Tuesday, November 15, 2016 at 6:00pm CT

[GMAC Board Meeting](#) Tuesday, December 6, 2016 at 5:30pm CT

[GMAC Board Meeting](#) Tuesday, March 7, 2017 at 5:30pm CT

[GMAC Board Meeting](#) Tuesday, May 2, 2017 at 5:30pm CT

[2017 NTI & Critical Care Exposition ~ SAVE THE DATE](#) May 22-26, 2017



## Membership- Carrie Brandt



The September meeting was a success for membership signup and attendance. We had 40 members attend, 15 students and one guest for a total of 56 in attendance for the ABCDEF Bundle Education meeting. Bulk membership was sent in a week later so everyone who utilized bulk should have had their AACN memberships renewed by the first week in October.

Chapter membership and Bulk membership will be offered at the November education meeting that bulk membership will be offered at. In order to receive the \$9 discounted national membership fee, we need to have **at least 5** applications. If we do not receive 5 applications, I will return them so that you can either mail-in or utilize online membership through AACN. Please note that if your membership expires at the beginning of the year, you can turn in your application and AACN will hold your membership renewal until your membership expires.

We continue to receive PayPal and mail-in memberships. As of October 18<sup>th</sup> we are 80 members strong! Our 2015-16 GMAC membership was 86, so we are well on our way to exceeding last year's membership!! Please continue to network and talk about the benefits of AACN-GMAC with your coworkers.

If anyone is interested in discussing ways that we can promote GMAC to local healthcare organizations and nursing programs, please feel free to contact myself or join us at a board meeting. We are looking for chapter members to be ambassadors at their local organizations to promote professional organizations such as AACN and local chapters like GMAC. Please stop and talk to myself or one of the board members at the November education meeting for more information or email us at [milwaukeeaacn@gmail.com](mailto:milwaukeeaacn@gmail.com)

### Membership Reminders:

- GMAC Membership \$35 by mail or check and \$36.50 on Paypal---- **fill out membership forms regardless of payment type (email attachment if paypal payment)**
- Student Education Meeting \$15 check or cash \$16.50 on Paypal
- Guest Education Meeting \$20 check or cash \$21.50 on Paypal



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# AACN-GMAC

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AMERICAN ASSOCIATION OF CRITICAL-CARE NURSES  
GREATER MILWAUKEE AREA CHAPTER