



**BRAIN INJURY  
ASSOCIATION**  
OF AMERICA - MAINE

**7<sup>TH</sup> ANNUAL CONFERENCE**



*Ray Ciancaglini -  
The Invisible Opponent*



# ***Defining Moments in Brain Injury***

**Tuesday, October 25, 2016**

**7:30 AM – 4:30 PM**

**Abromson Community Education Center  
University of Southern Maine, Portland**

## Keynote Speaker - Ray Ciancaglini - *The Invisible Opponent*



In the mid 1960's, as a young up and coming boxer, there was very little known about sports related concussions. No one understood that a concussion is an invisible injury. There are no crutches, no stitches, no swelling or any other visual signs of injury. It is the unseen and the unknown that can cause a concussed athlete to be vulnerable to negative skepticism and peer pressure, which could persuade them into returning to competition before properly healing.

Ray knows all too well the mindset of a dedicated athlete, as determination and desire can sometimes defy common sense and logic. These factors fueled my bad decisions to ignore the symptoms of concussions and "Gut them Out."

A concussion became his invisible opponent, an opponent with lasting repercussions that he battles every day. The general public sometimes looks at him in disbelief because, outside of his Parkinsons Syndrome hand tremors, he appears in good health. They have no idea the pain and frustration that a brain injury carries with it, all because it is not visible to the eye. Ray has devoted his life to educating athletes about the importance of promptly reporting and being totally honest about their symptoms to a medical professional. He is also devoted to bringing more attention and consideration for individuals enduring a brain disability and to inspire them to never give up - just keep punching!

## Beverley Bryant Memorial Lecture - Jeff Sebell - *My Brain Injury is Not the Boss of Me*

Jeff Sebell is an author, speaker, and TBI survivor. He'll discuss the importance of developing self-forgiveness and treating oneself as an individual and not just a brain injury, which are necessary steps for moving forward after this life-changing event.

The Beverley Bryant Memorial Lectures honors the legacy of Maine brain injury survivor, author, and national speaker Beverley Bryant. Beverley was dedicated to reminding us of the importance of hearing the survivor's voice, their observations, and stories of recovery.



Thank you to our Conference Sponsors!



New England Rehabilitation  
Hospital of Portland

A joint venture of Maine Medical Center and **HEALTHSOUTH**

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# Speakers

Kathryn Adams, OTL, ATP  
Program Director  
Maine CITE

Mary Amatangelo, MS, RN, ACNP-BC, CCRN,  
CNRN, SCRN Nurse Practitioner  
Brigham and Women's Hospital

Paul Berkner, DO, FAAP  
Medical Director/Team Physician  
Colby College

Ted Brackett, MS  
Brain Injury Voices

Ray Ciancaglini  
Concussion Awareness Activist & Speaker

Anne Citorik, MS, CCC-SLP  
Speech Language Pathology Clinical Specialist  
Spaulding Rehabilitation Hospital

Tobie Colgan, CTRS  
WestSide NeuroRehab Services

Tracy DeMarino MS, CCC-SLP  
York Hospital Home Care

David Grant  
Inspirational Speaker, Writer & Survivor

Victoria Harding, PhD, CCC-SLP, MBS, CBIT  
Vice President of Development  
NeuroRestorative

William Heinz, MD  
OA Centers for Orthopedics

Erin Knoepfel, MS, CCC-SLP, BCSS  
Genesis Rehabilitation Services

Kathy Kroll, CTRS  
New England Rehabilitation Hospital - Portland

Maegan Laplante, CTRS  
BaySide NeuroRehab Services

Kelley McTague, COTA/L, ATP  
Program Manager  
Goodwill of Northern New England

Michael Mozzoni, PhD, BCBA-D, CBIST  
Mozzoni & Associates LLC

Patricia Mulholland, MA, MT-BC, NMT  
"Be Your Note" Music Therapy Services

Lisa Nappi  
Brain Injury Survivor

Lydia Paquette, Esq.  
Disability Rights Maine

Susan Riley, OTR/L, CBIS  
Northeast Rehabilitation Hospital

Colin R. Robinson, OD, FAAO  
Robinson Center for NeuroVisual Rehabilitation

Daryne Rockett, LCSW  
Bangor Vet Center

David Seder, MD  
Director of Neurocritical Care  
Maine Medical Center

Peter Sedgwick, MD, FACCM  
Coastal Maine Sports Medicine  
A Clinical Div. of CMMC

Ken Shapiro, BA  
Brain Injury Voices

Paula Sparks, BS  
Brain Injury Voices

Carole Starr, MS  
Brain Injury Voices

Scott Toussaint, OTR/L  
Bioness

Emily West, PT, DPT, CSRS, CBIS  
Northeast Rehabilitation Hospital

Hilary Zayed, BS  
Brain Injury Voices

7:30-8:15	REGISTRATION				
8:15	WELCOME ADDRESS				
8:15-9:15	Opening Keynote: Ray Ciancaglini <i>The Invisible Opponent</i>				
9:15-9:30	BREAK				
TRACK	MEDICAL	CLINICAL/ ALLIED HEALTH	SURVIVOR	COMMUNITY ALTERNATIVE	CONCUSSION
9:30-10:30	Cryptogenic Stroke  Mary Amatangelo, MS, RN, ACNP-BC, CCRN, CNRN, SCRN	What Drives Best Outcomes  Victoria Harding, PhD., CCC/SLP, MBA, CBIT	You CAN Get There from Here: Survivor Stories, Steps & Strategies  Hilary Zayed, BS Ken Shapiro, BA Paula Sparks, BS Ted Brackett MS Lisa Nappi Carole Starr, MS	Thinking About Alternatives to Guardianship: Supported Decision-Making & Self-Determination  Lydia Paquette, Esq.	Level I (9:30 - 1:00)  William Heinz, MD Peter Sedgwick, MD, FACCM
10:30-10:40	TRANSITION				
10:40-11:40	BEVERLEY BRYANT MEMORIAL LECTURE: "My Brain Injury is Not the Boss of Me" - Jeff Sebell				
11:40-12:45	LUNCH IS PROVIDED				
12:55-1:55	Bioness StimRouter The First FDA Cleared Implanted Stimulator for Peripheral Nerve Pain  Scott Toussaint, OTR/L	Introduction to Neuro Optometric Rehabilitation  Colin Robinson, OD, FAAO	Zen and the Art of Survivorship: Mindfulness Strategies for TBI Recovery  Daryne Rockett, LCSW	Using Apps as Assistive Technology  Kelley McTague, COTA/L, ATP Kathy Adams, OTL, ATP	Level II (1:30 - 4:30)  Paul Berkner, DO, FAAP
2:00-2:20	BREAK				
2:20-3:20	Disorders of Consciousness: Caring for Severe Brain Injury  Anne Citorik, MS, CCC-SLP	The Management of Challenging Behaviors in the Acute Rehabilitation Setting  Susan Riley, OTR/L, CBIS Emily West, PT, DPT, CSRS, CBIS	The Importance of Social Networking to Those Affected by Brain Injury  David Grant	Music Therapy: The Meeting of Science & Art  Patricia Mulholland, MA, MT-BC, NMT	
3:20-3:30	TRANSITION				
3:30-4:30	Acute Management of Subarachnoid Hemorrhage  David Seder, MD	Neuromuscular Electrical Stimulation and Acquired Injuries- Does It Really Work?  Tracy DeMarino, MS, CCC-SLP Erin Knoepfel, MS, CCC-SLP, BCSS	The Art of Brain Injury  Kathy Kroll, CTRS Tobie Colgan, CTRS Maegan Laplante, CTRS	Physical Agression, Sexual Disinhibition & Social Skills: Behavioral Interventions for Persons with TBI  Michael Mozzoni, PhD, BCBA-D, CBIST	
4:30	EVALUATIONS AND ADJOURN				

## To Register

### Online:

Go to: BIAA's Marketplace at <http://shop.biausa.org>

### Conference Fees

\$100 for professionals; \$50 for individuals with brain injury, their friends and family members, and students.

### Exhibit and Sponsorship Opportunities are available:

For questions, please contact Lori Sandefur ~ 603-568-8817

## Members of the Planning Committee

Heidi Algara, RN, BSN  
Maine Medical Center

Janet Keith, OTR/L  
Spaulding Rehabilitation Hospital

Susan Bartlett, LCSW, CRC, CBIS  
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Terry Roy, LSW, CBIS  
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Carole Starr, MS  
Brain Injury Voices

Kacey Ireland, PT, DPT, CBIS, CLT  
Bridgton Hospital Therapy Services

Emily West, PT  
Northeast Rehabilitation Hospital

## Contact Hours:

**Psychologists:** Commonwealth Educational Seminars (CES) is approved by the American Psychological Association (APA) to offer continuing education credit programs. CES maintains responsibility for this program and its content. Psychologists receive 5 hours of continuing education credit upon completing this program.

**Social Workers:** CES, provider #1117, is approved as a Provider for Social Work Continuing Education by the Association of Social Work Boards (ASWB) [www.aswb.org](http://www.aswb.org), through the Approved Continuing Education (ACE) program. CES maintains responsibility for the program. ASWB Approval Period: 10/5/15 through 10/5/18. Social Workers should contact their regulatory board to determine course approval. Social Workers participating in this course will receive 5 clinical continuing education clock hours.

**Nurses:** As an American Psychological Association approved provider, CES programs are accepted by the American Nurses Credentialing Center (ANCC). Every state Board of Nursing accepts ANCC approved programs except California and Iowa, however CES is also an approved Continuing Education provider by the California Board of Registered Nursing, (Provider Number CEP15567) which is also accepted by the Iowa Board of Nursing. Nurses completing this program receive 5 CE hours of credit.

**CME:** For questions regarding CME's please contact [lori@bianh.org](mailto:lori@bianh.org)

**Certified Brain Injury Specialists (CBIS/CBIST):** The Academy of Certified Brain Injury Specialists will recognize up to five hours of Continuing Education credit for attendance at the full conference for renewal of Certified Brain Injury Specialist and Certified Brain Injury Specialist Trainer certifications.

## Youth Concussion Management Track

We are pleased to offer Level I and Level II Concussion Mgmt Training. This track is an excellent opportunity to learn about the multitude of new advances in the realm of concussion management. Even the mildest trauma can have lasting effects, especially if it occurs during the formative high school years. Cognitive test batteries are effective, efficient, and relatively inexpensive to use...and this track will help you learn how. It is intended that participants take the entire track.

Please note: For the Concussion Track or breakout sessions ~ Level I & II are each a half-day program.

## Conference Description

This conference has been developed to meet the educational needs of health care professionals, service providers, and individuals with brain injuries and their families. The goal of the conference is to share current information, techniques, and strategies with attendees and to identify trends that will shape future brain injury services provided by area organizations.

## Who Should Attend

Health care professionals who provide services for patients following injury to the brain. The conference is appropriate for physicians, mental health care providers, nurses, care coordinators, case managers, social workers, speech language pathologists, educational professionals, and physical/occupational/recreational therapists, students, brain injury survivors and their families.

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## Parking and Directions to the Abromson Center

Free parking is available on the USM campus in the parking garage on Bedford Street.

**From I-295 (North or South):** take exit 6B ( Forest Avenue North) in Portland. Turn left at the first light and proceed until you see the skywalk over the street. Drive under the skywalk and turn left on Surrenden St. to enter the garage, the Abromson Center is attached to the garage.

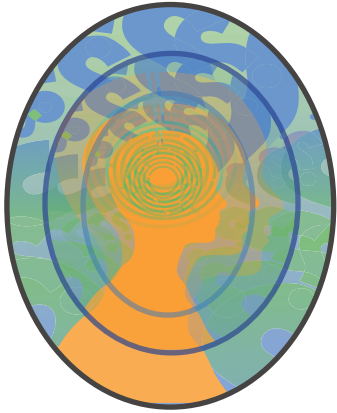
**If approaching the campus from Brighton Avenue:** follow Brighton Avenue towards downtown until it turns into Bedford Street. Turn right onto Surrenden Street immediately before the USM Alumni Skywalk, and continue into the USM Parking Garage.

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## Access

If you need special parking assistance or auxiliary aids for effective communication during the conference, please call Kellie Selberg at (207) 662-8082 to make arrangements.

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