



South Central PA

Hospice & Palliative Nurses Association

Want to Join?

Contact Dorinda Barley at
dbarley@hospicecommunity.org

Levels of membership available:

- General Voting Member - National membership required. Annual dues: \$20
- Associate Member - ideal for allied healthcare providers such as social workers, rehab, dietitians, chaplains. Annual dues: \$40

Hello & Welcome!

Welcome to the South Central PA Chapter of HPNA!

Our local chapter covers Adams, Berks, Cumberland, Dauphin, Franklin, Lancaster, Lebanon, Perry, Schuylkill, Snyder and York Counties.

We are a group of nurses dedicated to carrying out the mission of the Hospice and Palliative Nurses Association (HPNA). Our group was

formed in 2009. We meet quarterly, generally on the third Thursday of January, April, July and October. There is networking, dinner, and a brief business meeting followed by an educational offering.

Getting to Know our Members...

Liz Winders, BSN, RN, CHPN, is the current South Central PA Chapter President. Liz was born in St Catharines, Ontario, Canada and received her nursing diploma from the Mack School of Nursing. She immigrated to the US and worked at Akron City Hospital and Fairlawn Family Practice in Akron, Ohio. Liz has also worked

at St. Claire Hospital in Ross Township near Pittsburgh. She has worked at Wellspan York Hospital since 2004. Her background was ICU nursing before palliative nursing. This made the perfect entry for her into the world of heart failure nursing.

Liz lives in York, PA, she is married to Bill and they

have a son Max who is currently attending Harrisburg Area Community College. They have a dog, Scamper, and a green cheek Conure named Mango. They enjoy shore fishing in Delaware. Liz loves to crochet and has recently taken up pottery throwing at a studio in downtown York.



You can find us on Facebook by searching "South Central PA Hospice and Palliative Care Nursing Association. We post interesting and timely news articles and other items of interest. We are in the process of developing a website as well. More details to follow soon!

Education

We welcome everyone to our educational programs, please tell your friends, too! Our meetings move to different locations within our coverage area and are hosted by a chapter member. Last month's program, "Delirium and Dementia in Palliative Care," was at WellSpan Gettysburg Hospital.

Our next program is
Thursday, July 14, 2016, at Hershey Medical Center

A Different Journey into Adulthood: Caring for Adolescents & Young Adults with Cancer

Registration begins at 5:30 pm

Program begins promptly at 6:15 pm

For more information or to RSVP, email Cyndi Newman at cyndiscrap@hotmail.com

RN Contact Hours Available

South Central PA Chapter Board

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*Where would we all be
without Florence?*

*So never lose an opportunity
of urging a practical begin-
ning, however small, for it is
wonderful how often in such
matters the mustard-seed
germinates and roots itself.*

Florence Nightingale
1820-1910