



A conference for School Nurses

August 16 & 17, 2016
8 a.m. to 3:30 p.m.

Sponsored by the
Lehigh County School Nurses Advisory Board

Hosted by
Lehigh Career & Technical Institute
4500 Education Park Drive
Schnecksville, PA 18078

www.lcsnab.com

Contact Information:
Donna Tercha, RN, BSN, CSN, MEd
Email: terchad@cattysd.org
610-697-0111 option 4 or extension 23131

The Basics:

Registration

- by mail
- deadline July 15, 2016
- fee - \$35/day or \$60 for both days
- optional fee of \$10 for hard copy of all handouts received from speakers
- NO purchase orders accepted
- details on page 3

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Please note:

This conference is not designed to create profits. Your registration fee covers the cost of the conference. Any additional funds are put towards the scholarships sponsored by this board to support the education of future nurses. For the 2015-2016 school year, three \$1000 scholarships were awarded. Thank you to all who have supported this conference.

Registration information:

The cost is \$35 for each day or \$60 for both days. Please use the registration form found on page 14 of this brochure to register for Voices of School Health VII. Complete the registration form and mail it to the address provided with your payment for the conference. No purchase orders will be accepted. Payment must accompany your registration. Checks should be made payable to Lehigh Career & Technical Institute. **All** registration forms **must** be postmarked by **July 15, 2016**. Limited late registrations *may* be accepted until August 6, 2015 at a fee of \$90 for the two day conference at the discretion of the board. Please contact Donna Tercha at terchad@cattysd.org for availability. **NO** walk-in registrations will be accepted.

A full refund will be provided for all cancellations received in writing by the registration deadline of July 15, 2016. **No** refunds will be provided after that time.

Check-in/registration will be from 7:30 a.m. until 8:00 a.m. Please be prompt to avoid disrupting the opening speakers. Exhibitors will be available beginning at 7:30 a.m. in the lobby. Check-in/Registration will be in the hall leading to the Small Cafeteria.

Please direct all questions to Donna Tercha, RN at email terchad@cattysd.org or leave a message at 610-697-0111 option 4 or extension 23131. Your message or call will be returned promptly.

Food information:

A light breakfast, lunch and snacks will be provided on each day of the workshop. Food will be served in the Small Cafeteria. Breakfast will be during the registration period daily from 7:30 a.m. until 8:00 a.m. Please make a notation on the registration form if you have any special food needs. *Attempts* will be made to accommodate those needs.

Although LCTI is a climate-controlled environment, there may be some fluctuation in room temperatures. It is suggested that you dress in layers or bring a sweater or light jacket.

Act 48/CE's:

Sign-in is required for each session. Certificates will be distributed to all conference participants at the close of the conference. Every school district has its own mechanism for recording Act 48 hours received outside of the district with the PA Dept of Education. Lehigh County School Nurses Advisory Board does NOT have the capability to upload the information for individual nurses. It is the responsibility of the participant to communicate with her school district to register the time for Act 48 hours.

There are 12 CE's available, 6 on each day.

Directions and Parking:

Address: 4500 Education Park Drive, Schnecksville, PA 18078

From southeastern Pennsylvania – Take PA Turnpike / 476 north to the Lehigh Valley exit – Exit 56. Take Route 22 east to Route 309 north. Travel about 5 miles to Education Park Drive. At the traffic light turn left and then a quick left into the Lehigh Career & Technical Institute campus. Please park in Lot #3.

From west of the Lehigh Valley – Take I-78 east to Route 22 east. Take 309 north. Travel about 5 miles to Education Park Drive. At the traffic light turn left and then a quick left into the Lehigh Career & Technical Institute campus. Please park in Lot #3.

From north of the Lehigh Valley – Take PA Turnpike / 476 south to the Lehigh Valley exit – Exit 56. Take Route 22 east to Route 309 north. Travel about 5 miles to Education Park Drive. At the traffic light turn left and then a quick left into the Lehigh Career & Technical Institute campus. Please park in Lot #3.

From east of the Lehigh Valley – Take Route 22 west to Route 309 north. Travel about 5 miles to Education Park Drive. At the traffic light turn left and then a quick left into the Lehigh Career & Technical Institute campus. Please park in Lot #3.

From all directions, please park in Lot #3.

From Lot #3, the entrance door is on the left side of the courtyard near the giant pine tree. Once inside the entrance, turn **right** and go to the lobby, where the exhibitors will be located, then turn **left**. Go down the hall to the small cafeteria for registration and breakfast.

Key note addresses will be in the Small Cafeteria. Vendors will be in the lobby with all workshops held in the second floor classrooms. A map will be given at the time of registration/check-in.



**School Nurses Institute 2016
Schedule of Workshops
Day 1
Tuesday, August 16, 2016**

August 16, 2016 – Day 1
0730 – 0800 – Registration & Breakfast Welcome and Announcements will begin promptly at 0800.
0815 – 1130 – Keynote Beth Anne Bahn – DOH Update and Q & A Session
1130 – 1230 – Lunch

Please choose either the Lecture Track or the Assessment Track.

1230 – 1400 <ol style="list-style-type: none"> 1. Chris Ferry, et al – Stress 2. Ellen Baca – Seizures 3. Dr. Deborah Stahlnecker – What’s in a Cough? 4. Representatives from Caron – SBIRT – Part 1 5. Beth Ginck – Diabetes and Pump Therapy
1400 – 1415 – Break
1415 – 1530 <ol style="list-style-type: none"> 1. Chris Ferry, et al – Depression 2. Representatives from Caron – SBIRT – Part 2 3. Beth Ginck – Diabetes and Pump Therapy 4. Tracy Stauffer, et al – Pediatric Cancer: Supporting Students and Families 5. Lydia Collins – What’s new from NLM?

Assessment Track Information
<i>For the assessment track, participants will rotate between three hands-on assessment presentations. Please bring a stethoscope and a pen light so that you can practice skills. Please note that class size will be strictly limited.</i>
1230 – 1320; 1330 – 1420; 1430 – 1520 <ol style="list-style-type: none"> 1. Neuro Assessment – Jackie Zolotsky 2. Mouth & Throat Assessment – Kim Brannan 3. Cardiovascular Assessment – Sue Dalton
1320 – 1330 – Breaks 1420 – 1430

**School Nurses Institute 2016
Schedule of Workshops
Day 2
Wednesday, August 17, 2016**

August 17, 2016 – Day 2
<p>0730 – 0800 – Registration & Breakfast Welcome and Announcements will begin promptly at 0800</p>
<p>0815 – 0945 – Keynote Kristin Jachowicz – Accommodations vs. Modifications</p>
<p>0945 – 1000 – Break</p>
<p>1000 – 1130 (<i>Please indicate choice on Registration Form</i>)</p> <ol style="list-style-type: none"> 1. Kimberly Scandariato – The Impact of Domestic Violence on Youth 2. David Shallcross – Identity Theft and Fraud Protection 3. Erin Gilsbach – From Doctor’s Notes to Diastat: Top Ten Trending Legal Issues Related to Student Health 4. Danielle Argot – BrainSTEPS and Concussion Management 5. Nannette Lingenfelter and Chris Rappaport – Where in the World Is Jane Again?
<p>1130 – 1230 – Lunch</p>
<p>1230 – 1400 (<i>Please indicate choice on Registration Form</i>)</p> <ol style="list-style-type: none"> 1. David Shallcross – Cyberbullying and Cyber Safety 2. Erin Gilsbach – Q & A with a Lawyer 3. Maria Farley, Jackie Zolotsky, and Josh Bridges – What is Youth Mental Health First Aid? 4. Don Sabo – What are Kids Bringing to School? and How to Stay Safe in Your School 5. Lisa Weingartner and Andrew Palomo – Homelessness
<p>1400 – 1415 – Break</p>
<p>1415 – 1530 – Keynote Dr. Graciela Slesaransky-Poe – Creating Safe and Gender Inclusive Schools</p>
<p>1530 – Wrap Up / Evaluation</p>

Meet Our Presenters:

- Danielle Argot, BrainSTEPS Team Leader, Carbon-Lehigh Intermediate Unit #21
- Ellen Baca – Lehigh Valley Coordinator, Epilepsy Foundation of Eastern Pennsylvania
- Beth Anne Bahn, RN, Director, Division of School Health, Pennsylvania Department of Health
- Kim Brannan, RN, CSN – Allentown School District
- Joshua Bridges – Director of Integrated Services, Lehigh County Department of Human Services
- Lydia N. Collins, Consumer Health Coordinator, National Network of Libraries of Medicine, Middle Atlantic Region (NN/LM MAR)
- Sue Dalton, MSN, RN, CSN – Bethlehem Area School District
- Maria Farley, RN, CSN – Parkland School District
- Chris Ferry – Executive Director of PA Community Programs, KidsPeace
- Erin Gilsbach, Associate, King, Spry, Herman, Freund, & Faul, LLC
- Beth Ginck – Diabetes Clinical Manager, Animas Corporation
- Pauline Grady – Family Liaison, Pediatric Cancer Foundation of the Lehigh Valley
- Rob Harvey – PA Community Programs Training Supervisor, Kidspeace
- Mallory Henry, Lead Student Assistance Specialist, Caron Treatment Centers
- Kristin Jachowicz – Special Education Supervisor, Lehigh Career & Technical Institute
- Nannette Lingenfelter, MSN, RN, CSN, BSEd – Northwestern Lehigh School District
- Andrew Palomo, Valley Youth House
- Chris Rappaport, BSN, RN, CSN – Allentown School District
- Jason Savenelli – Director of PA Community Programs, KidsPeace
- Sergeant Don Sabo, Salisbury Township Police Department
- Kimberly Scandariato, MPA – Community Outreach Director, Turning Point of the Lehigh Valley
- David Shallcross, Education & Outreach Specialist, Pennsylvania Office of Attorney General
- Dr. Graciela Slesaransky-Poe, Dean and Professor, School of Education, Arcadia University
- Dr. Deborah Stahlnecker, DO – Pulmonologist, St. Luke’s University Health Network
- Tracy Stauffer – Marketing and Community Relations Coordinator, Pediatric Cancer Foundation of the Lehigh Valley
- Lisa Weingartner, MSW, LSW, Vice President, NE and Central PA Independent Living, Valley Youth House
- Michelle Zenie, Executive Director, Pediatric Cancer Foundation of the Lehigh Valley
- Jackie Zolotsky, RN, MSN, CRNP, CSN – Parkland School District

Meet Our Exhibitors:

- Vicki Phillips – Jewelry by Vicki – hand designed jewelry made to make the professional woman in you shine!
- KidsPeace – KidsPeace is a private non-profit organization dedicated to serving the behavioral and mental health needs of children, families and communities. Founded in 1882, KidsPeace provides a unique psychiatric hospital, a comprehensive range of residential treatment programs, accredited educational services and a variety of foster care and community programs.
- BrainSTEPS – The BrainSTEPS (Strategies Teaching Educators, Parents, & Students) Brain Injury School Re-Entry Consulting Program assists PA school in creating educational plans for students following acquired brain injury. This service is free of charge for students in Carbon and Lehigh counties.
- Capital Blue Cross
- Turning Point of the Lehigh Valley, Inc.
- Epilepsy Foundation of Eastern Pennsylvania
- Lehigh Valley Coalition on Organ & Tissue Donation
- Lehigh County Department of Human Services
- American Red Cross

And more!

Workshop Information Tuesday, August 16, 2016

Keynote:

8:15 to 11:30 a.m. in the Small Cafeteria

Beth Anne Bahn, RN – DOH Update

Beth Anne Bahn will share updates from the Pennsylvania Department of Health including what's new and reminders about what's not new. She will entertain questions from participants.

*Note: Beth Anne will provide a mid-morning break.

Lunch – 11:30 a.m. to 12:30 p.m. in the Small Cafeteria
Please visit the exhibitors during lunch break.

Workshops: - Lecture Track
12:30 p.m. to 2:00 p.m.

1. Chris Ferry, Jason Savonelli, and Robert Harvey – Stress

This session will explore the causes and effects of stress and anxiety on wellness and achievement.

2. Ellen Baca – Seizures

This session will provide up-to-date information and resources to help the school nurse effectively manage and support students with seizures in school. Discussion will encompass: 1) positive treatment outcomes for the student; 2) maximizing educational and developmental opportunities; 3) ensuring a safe and supportive environment

3. Dr. Deborah Stahlnecker – What's in a Cough?

This session will discuss the variety of coughs – differentiating between the many types of coughs and when to refer for further evaluation.

4. Mallory Henry and Representatives from Caron Treatment Centers – SBIRT

Screening, Brief Intervention and Referral to Treatment – this session is part one of a two part presentation. Participation in both sessions will result in certification. SBIRT is an approach to the delivery of early intervention and treatment to people with substance use disorders and those at risk of developing these disorders.

5. Beth Ginck – Diabetes Pumps

Hands-on experience with a variety of insulin pumps
(Space is limited to the first 30 people who sign up)

Break – 2:00 – 2:15 p.m.

**Workshops: - Lecture Track
2:15 p.m. to 3:30 p.m.**

1. Chris Ferry, Jason Savonelli, and Robert Harvey – Depression

This session will explore the many aspects of Depression.

2. Mallory Henry and Representatives from Caron Treatment Centers – SBIRT

Screening, Brief Intervention and Referral to Treatment – this session is part two of a two part presentation. Participation in both sessions will result in certification. SBIRT is an approach to the delivery of early intervention and treatment to people with substance use disorders and those at risk of developing these disorders.

3. Beth Ginck – Diabetes Pumps

Hands –on experience with a variety of insulin pumps
(Space is limited to the first 30 people who sign up)

4. Tracy Stauffer, Michelle Zenie, and Pauline Grady – Pediatric Cancer: Supporting Students and Families

This session will discuss information, statistics, treatments and advances concerning Pediatric cancer, the relationship between school nurses and pediatric families and the services provided by the Pediatric Cancer Foundation to support families in the Lehigh Valley.

5. Lydia Collins – What’s New at NLM?

In this presentation, Lydia will share new and updated resources available online through the National Libraries of Medicine.

NOTE: Due to budgetary constraints, Lydia is not able to meet with us physically. She will conduct an interactive online session.

**Workshops: – Assessment Track – Sessions 1230 – 1320; 1330 - 1420; 1430 – 1520
Breaks 1320 – 1330; 1420 – 1430**

The assessment track has three sessions. Participants will rotate between the three sessions with a break between each session. Each session will focus on specific assessment techniques and allow hands-on practice. Please bring your stethoscope and a pen light.

Neuro Assessment – by Jackie Zolotsky

Mouth & Throat Assessment – by Kim Brannan

Cardiovascular Assessment – by Sue Dalton

Wednesday, August 17, 2016

Keynote:

8:15 a.m. to 9:45 a.m. in the Small Cafeteria

Kristin Jachowicz

Accommodations vs. Modifications

Kristin will explore the differences between IEP's and 504's and other special education regulations and needs.

Workshops:

10:00 to 11:30 a.m.

1. Kimberly Scandariato – The Impact of Domestic Violence on Youth

The presentation will address the impact of domestic violence with a focus on how children and adolescents are effected. We also will discuss methods and resources on how to approach possible signs of abuse, along with resources for support.

2. David Shallcross – Identity Theft and Fraud Protection

Mr. Shallcross will explore ways to protect yourself against fraud and identity theft.

3. Erin Gislbach – From Doctor's Notes to Diastat: Top Ten Trending Legal Issues Related to Student Health

Erin will explore her top ten "hot topics" in school health to include documentation, Naloxone, Diastat, IHPs and 504s, HIPPA vs. FERPA and others.

4. Danielle Argot – BrainSTEPS and Concussion Management

Learn how concussion management teams interact with BrainSTEPS teams to support students recovering from traumatic brain injury.

5. Nannette Lingenfelter & Chris Rappaport – Where in the World is Jane Again?

This workshop will examine the role of the school nurse in monitoring and assisting with issues surrounding student attendance. The topics of chronic absenteeism and school refusal behaviors will be highlighted. Factors contributing to excessive absenteeism and implications for school nurses will be discussed. This workshop is designed to be conversational in nature with opportunities to share thoughts and ideas.

Lunch – 11:30 a.m. to 12:30 p.m.

Please visit the exhibitors during lunch.

12:30 to 2:00 p.m.

1. David Shallcross – Cyberbullying and Cyber Safety

Who is preying on our students? How can we protect them? How can we protect ourselves? Mr. Shallcross will address these often frightening questions.

2. Erin Gilsbach – Q & A with a Lawyer

Erin will answer your questions related to school law. This session will be an open dialogue between participants and Erin.

3. Maria Farley, Jackie Zolotsky, and Josh Bridges – What is Youth Mental Health First Aid?

This workshop will provide an overview and sampling of Youth Mental Health First Aid (YMHFA) course content and an overview of Lehigh County's progress in bringing YMHFA to Lehigh County school districts and the community. Youth Mental Health First Aid is listed in SAMHSA's National Registry of Evidenced Based Programs and Practices and is approved as one of the curriculums that meet the professional development requirement of Act 71. The course teaches participants how to recognize signs and symptoms of mental health problems, how to offer and provide initial help, and how to connect young people to professional and/or self-help care if needed. Another aim of YMHFA is to increase mental health literacy and decrease negative perceptions surrounding mental illness and addiction.

4. Don Sabo – What are Kids Bringing to School? and How to Stay Safe in Your School

Officer Sabo will explore what's in the backpack? What are kids bringing to school? How should we react and how should we be prepared? What should we do to promote safety in school – for the students as well as for us?

5. Lisa Weingartner and Andrew Palomo – Homelessness

Who are the homeless? Where are they living? Are there early signs that a student will become homeless? What are the risk factors? How can we support these students? Lisa and Andrew will share their experience and insight into these issues.

Break –2:00 to 2:15 p.m.

Keynote:

2:15 p.m. to 3:30 p.m. in the Small Cafeteria

Dr. Gabriela Slesaransky-Poe

Creating Safe and Gender Inclusive Schools

This session will explore ways to create and enhance safe environments for LGBTQ students as well as all students in schools.

3:30 p.m. Evaluation and Closing Remarks



The Staff and Joint Operating Committee of LCTI
Dr. Tim Rushton, Executive Director
Patricia Bader, Business Administrator
Nadia Spengler, Business Office
Gerald Nicholas, Accountant
Grace Loeffler, Director of Academic and Special Programs
Rosemary Weigman, Curriculum Secretary
John O'Connell, Culinary Arts Instructor
Dan Kotran, Facilities Engineer
Stan Nestor, Supervisor of Technology
Elizabeth Kennedy, Health Officer
The Custodial Staff

Lehigh County School Nurses Advisory Board

Committee members:

Loretta Becker
Jen Churetta
Melissa DeSocio
Barbara Freiwald

Tracy Hoffman
Elizabeth Kennedy
Nannette Lingenfelter
Chris Rappaport

Roseanne Sefko
Diane Seremula
Donna Tercha, *Chairperson*

Representing the Lehigh County School Districts:

Allentown School District
Catasauqua Area School District
East Penn School District
Lehigh Career & Technical Institute
Northern Lehigh School District
Northwestern Lehigh School District

Parkland School District
Salisbury Township School District
Southern Lehigh School District
Whitehall-Coplay School District





**Lehigh County School Nurses Advisory Board
Voices of School Health VII
A Conference for School Nurses**

Registration Form
August 16 & 17, 2016 – **Registration Forms must be postmarked by July 15, 2016**

CONTACT INFORMATION – Please print clearly.

Name _____
 Address _____
 City _____ State _____ Zip Code _____
 Phone where you can be reached during the summer _____
 School District _____
 Email – All communication will be done through email. **Please supply an email address where you can be reached during the summer.** _____

At the completion of the conference, you will receive a certificate indicating the number of hours eligible for Act 48 credit. Please follow your district guidelines for submission.

All Conference handouts shared with the board by the speakers will be available on our website as they are received. If you want a hard copy of the available handouts ready to put in your own binder (not supplied), please add \$10 to your conference registration fee and check this box.

I will be attending: Tuesday, August 16, 2016 only _____ Wednesday, August 17, 2016 only _____
 Both days _____

**Conference Fees: \$35 for one day registration
 \$60 for two day registration
 \$10 for paper copy of conference handouts (binder not included)**

**Make checks payable to: Lehigh Career & Technical Institute (LCTI)
 Please write "SNAB-SNI" on the memo line of your check.**

For more information, contact: Donna Tercha, RN, BSN, CSN, MSEd
 Email: terchad@cattysd.org
 610-697-0111 option 4 or extension 23131

**Mail registration forms to: Nadia Spengler, Business Office
 Lehigh Career & Technical Institute
 4500 Education Park Drive
 Schnecksville, PA 18078**

If you wish to choose the *Assessment Track* on Tuesday as your first choice, please check the space provided and indicate workshop sessions as back-up choices as only the assessment track can accommodate only 75 people. For the *Lecture Track* on Tuesday and for Wednesday's sessions, please indicate your first and second choice selections for each session by using the **number** of the workshop listed in the brochure. Every attempt will be made to give you your first choice as space allows.

Select choices:	Tuesday August 16, 2016	Wednesday, August 17, 2016
For Tuesday's <i>Assessment Track</i> , check here	1230 - 1400	1000 - 1130
	1 st choice 2 nd choice	1 st choice 2 nd choice
	1415 - 1530	1230 - 1400
	1 st choice 2 nd choice	1 st choice 2 nd choice