AORN Chapter 3001 Newsletter

December 2015

President

Kimberly J. Cotter RN, BSN, CNOR, RNFA kcotter@cheshire-med.com

President - Elect:

Nancy D. Luba, RN, MSN, CNOR nluba2001@yahoo.com

Treasurer:

Lisa B. Ryder RN, BSN, MSN lisa.ryder@va.gov

Secretary

Diane D. Kelly, RN, CNOR

Diane.D.Kelly@hitchcock.org

Board of Directors

Michelle A. Baril, MBA-HCA, BSN
Michelle.baril@va.gov
Christa Weaver RNFA, CNOR

cweaver@cheshire-med.com

Nominating Committee

Linda D. Thompson, RN, BSN, CNOR

Linda.D.Thompson@hitchcock.org

Marcella A. Shea, RN

rosariom59@yahoo.com

New Hampshire AORN 3001 Chapter Website

https://www.nursingnetwork.com/.



President's report

Greetings,

I would like us first to recognize the terrible tragedy of events that occurred one week ago in San Bernardino. This reminded many of us of other tragic events. It seems that the threat is real and "active shooters" can occur in any region of our country at any time. A few years ago, I presented this topic at an AORN meeting in Dartmouth. How do you respond when there is a "code silver" or active shooter in your facility? Have you been trained? Do you ever think about caring for patients who only feel safe if they have a weapon 'on their body'? While preparing my presentation, it occurred to me that we have no metal detection in our hospital, or many other local places that I visit. How do we know that our patients and families are observing our signs to carry no weapons into the building? Our department is located adjacent to the emergency room. What if an active shooter ends up in the OR looking for a patient you are working

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on? These are all "what ifs" but we should be prepared to be safe and keep our patients safe.

I would like to offer this quick safety training for active shooters. Remember the acronym **NEST.**

- N-"Not Nothing": Active shooter in building you should react; run, hide under a desk, lock yourself in another room. Reaction would be determined by location of shooter, "hot zone" immediate vicinity, "warm zone" on a different floor, "cold zone" much further away as in a different wing.
- E- Evacuate: Know your exits when in a room/building to determine if able to evacuate. If able and shooter is in the vicinity, evacuate quickly, leave belongings, lock doors, dial 911. When police arrive and you are leaving the building walk with your arms out, palms up so police know you are not involved. It is difficult to determine who the shooter is in many cases.
- S-Shelter in Place: If unable to evacuate due to location of shooter, go to any location you can lock or barricade yourself or others in. Make the room look empty by turning off lights, computers, closing blinds and staying low to floor. If possible, attempt to place some type of sign/paper on outside window to let responders know you are there.
- T-Take Action: Last resort, however, if the shooter does enter the area where you are sheltered, look for possible weapons to overcome the individual; a chair or heavy object that can be thrown.

We may think it might never happen in our small states, or communities, but we should never assume that security or others will be right there to protect us and our patients if it does occur.

My thoughts and prayers continue to be with the victims and their families, deceased and survivors, and the emergency personnel. We will never be able to prepare for this trauma afflicted on the victims. Please take the time to refresh on training that you may have already had, or learn to be more prepared if this tragedy should ever occur.

I wish you all a safe and happy holiday season and wish a Happy Hanukah and Merry Christmas to you and your families.

Sincerely,

Kim Cotter



Hot Topics

Members question and concerns

- 1. Has anyone used warm IV fluid in the OR to prevent ortho patients from being hypothermic in recovery?
- 2. What is your procedure for tissue tracking, from the time the tissue arrives at your institution to its use?
- 3. What is your institution's policy for accounting for Propofol use? Is it the responsibility of the Nursing staff or anesthesia staff?

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Important dates

<u>January 2–3, 2016</u> <u>March 12, 2016</u>

CNOR Review Class 16 CEU AORN Chapter 3001 Conference

Catholic Medical Center Dartmouth Hitchcock

Manchester NH Lebanon, NH

Registration deadline December 26, 2015 "Greening the OR"

Fee \$195.00 More information to follow

Late fee registration December 27-29, 2015

Late fee \$ 245.00 March 19–20, 2016

CAPA CPAN Certification Prep Course

<u>January 15, 2016</u> 16.0 CEU

Deadline for AORN Expo attendance
scholarship through the AORN Foundation

Cheshire Medical Center

Keene NH

January 23–24, 2016 Early registration fee

CPAN/CAPA Exam Prep and Review Course

Received by Feb 19, 2016: \$245.00

Virtual review class 16 CEU Regular registration fee Feb 20-Mar. 12 \$270

Early registration fee received by:

Register on-line at: www.Periop-ed.com

December 26, 2016 \$245.00

Regular registration between December 28-

January 16, 2016 \$ 270.00

<u>Spring 2016</u>

Chapter Conference in the seacoast area

February 14, 2016 Date to be determind.

Deadline for Chapter 3001 delegate application

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