



Wellness for Health Care Professionals

YOU ARE INVITED!

Sharp HospiceCare is hosting our THIRD ANNUAL RESOURCE & EDUCATION EXPO for health care professionals. This year we have added additional flexibility and scheduled two half-day events. Interested professionals may attend the event on either Tuesday, June 4 or Wednesday, June 5, 2013. Registration begins at 0730 and the event will conclude at 12:30.

Tuesday, June 4 or Wednesday June 5, 2013

7:30 a.m. – 1 p.m.

College Avenue Baptist Church 4747 College Avenue
San Diego, CA 92115

A continental breakfast and box lunch will be provided to all attendees.

Keynote Presentation

Healer, Heal Thyself: A Common Sense Guide for the Prevention of Compassion Fatigue
Catherine Butler, Ed.D, MFT

Dr. Catherine Butler is a marriage and family therapist in private practice. She has offered training in compassion fatigue for the past five years in an effort to help sustain and strengthen the therapeutic communities that support our most fragile populations.

Two Breakout Sessions

All attendees can choose ANY TWO topics for breakout sessions at 1015 and 1130:

Managing Caregiver Stress
Mindfulness-Based Nutrition
Integrative Therapies
Finding Balance Between Work and Life
Personal Safety for the Health Care Provider

Exhibit Hall

Vendors and service providers from all over San Diego County will be present in booths in our EXHIBIT HALL before, between, and after learning sessions. These service providers are eager for your business, and it's a great opportunity to network and create professional relationships with providers in the community. Merchandise, including the latest uniforms and scrubs, will be for sale on-site.

Opportunity Drawings

We will hold opportunity drawings throughout the day for fantastic gifts. Our GRAND PRIZE DRAWING will be for TWO free tickets to Sharp HospiceCare's Annual Regatta on San Diego Bay.



RENEW ○ RECHARGE ○ REVITALIZE

Resource & Education Expo 2013

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CE Contact Hours

All attendees who complete attendance for the Keynote Presentation and Two Breakout Sessions will receive THREE (3) CE Contact Hours* approved by the Board of Registered Nursing (Provider # CEP 13040) or the Board of Behavioral Sciences (Provider # PCE 427). *NOTE: Partial credit will not be awarded. You must attend the keynote and two breakout sessions to obtain CE credit for the day.

Learning Objectives

By the end of the event, attendees will be able to:

- Describe the prevalence and impact of compassion fatigue on health care professionals
 - Discuss self-care strategies to prevent compassion fatigue and professional burnout
 - Describe two other self-care strategies that health care professionals can implement in their daily lives to increase their productivity
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Intended Audience

All health care professionals, including physicians, nurses, social workers, spiritual care counselors, and aides.

Registration Information

For more information about the event, visit our website at [OUR EVENT PAGE](#). You can also go to www.sharp.com/hospice and check the “For Professionals” link on the left-hand side. The expo is listed under “Upcoming Events” at the bottom of the page.

To register for the event, please call 1-800-82-SHARP. You will be asked for your desired breakout sessions, and you will be asked for your professional license number if you are taking CE credit.

Registration Fee

Registration is \$30 for non-Sharp Healthcare professionals. The registration fee includes all sessions and events for the day, light breakfast, light lunch, and continuing education credit. This fee is nonrefundable.

Deadline

The registration deadline is May 31, 2013. Space is limited. Reserve your spot today!

For any questions or to register for the event, please contact (800) 82-SHARP. An event specialist will be happy to assist you.