



7:30 AM – 4:30 PM Abromson Community Education Center University of Southern Maine, Portland

Tuesday, October 20, 2015





Defying the Odds – How One Man Recovered from Stroke with the Help of His Family

On August 4, 2004, Jason Crigler, one of New York City's most sought-after guitarists, suffered an AVM brain hemorrhage during a concert in Manhattan. He was rushed to the hospital where doctors told Jason's family, even if he lives through the night, there won't be much left of the man you knew. But Jason's pregnant wife and the rest of his family refused to accept the dire prognosis. Convinced that Jason was "in there," his family mounted an intensive and intimate course of rehabilitation that would force Jason's doctors to reconsider the factors that inspire recovery.

In this multimedia presentation, Jason and his sister, Marjorie, explain how and why Jason pulled through, and argue that intense family involvement makes the difference in a positive recovery.

Beverley Bryant Memorial Lecture:

"Weasilience": Handling Life's Wild Moments – Carole Starr, MS Brain injury is a defining event that changes the lives of survivors and families forever. Coming to terms with this "wild moment" requires resilience. In this humorous and inspirational speech, Brain Injury Voices founder and facilitator, Carole Starr, will share lessons for moving beyond simply surviving to fully thriving after brain injury.

The Beverley Bryant Memorial Lecture honors the legacy of Maine brain injury survivor, author and national speaker Beverley Bryant (1939-2014). Beverley was dedicated to reminding us of the importance of hearing the survivor's voice, their observations and stories of recovery.









New England Rehabilitation Hospital of Portland A joint venture of Maine Medical Center and HEALTHSOUTH Hope is HereTh



Speakers

Annemarie Albiston Co-founder of the Albiston Foundation

Steven Belanger, PhD, BC-ANCDS Outpatient Speech-Language Pathologist New England Rehabilitation Hospital of Portland

Paul Berkner, DO, FAAP Medical Director/Team Physician Colby College

Aaron Bilodeau, CBIS, LSWX Casework Coordinator Goodwill Industries of Northern New England

Ted Brackett, MS Brain Injury Voices

Dana Brindisi, DC, DACNB Doctor of Chiropractic, Board certified Chiropractic Neurologist; Portland Chiropractic Neurology

Bethany Bryan Brain Injury Voices

Kirsten L. Capeless, MS Program Manager for Brain Injury Services Maine Department of Health & Human Services

Jason Crigler, BA Teacher, Composer, Musician

Marjorie Crigler, MFA Writer

Sarah K. Gaffney, BA Program Coordinator, BIAA – Maine Chapter

Lindy S. Grigel, MHP, PA-C, CCH Fal River Health Center

Brian Harris, MA, MT-BC, NMT/F Owner & CEO – MedRhythms, LLC

Mark Hathaway, MBA Author, Brain Injury Survivor

William Heinz, MD OA-Center for Orthopedics

Janet Keith, OTR/L, CCM, Clinical Evaluator, NeuroRestorative

Mark G. Kiefner, PhD Clinical Director Bayside/Goodwill Rorie Lee, PhD, MPH Brain Injury Voices

Aaron MacArthur, DC, DACNB, FABVR Portland Chiropractic Neurology

Laura Madigan-McCown, MSW, MTS Office of Clinical Ethics Maine Medical Center

Elizabeth M. McNally, DC, DACNB, FABCDD Portland Chiropractic Neurology

Kelley McTague, COTA/L, ATP Program Manager, Assistive Technology Services Goodwill Industries of Northern New England

Christine Martin, MS, OTR/L, CBIS Clinical Care Coordinator, Maine Center for Integrated Rehabilitation

John Richards, MSW Brain Injury Association of America Brain Injury Association of New Hampshire

Matthew Sanborn, MD Neurosurgeon; Maine Medical Center

Maureen Sanford, PsyD Postdoctoral Neuropsychology Fellow

Jeff Sebell, BA Author, Blogger, Brain Injury Survivor

Dave Seder, MD, FCCP, FCCM Director of Neurocritical Care Maine Medical Center

Peter Sedgwick, MD, FACCM Central Maine Sports Medicine/A Clinical Div. of CMMC Associate Director, Evergreen Sports Medicine Fellowship

Ken Shapiro, BA Brain Injury Voices

Paula Sparks, BS Brain Injury Voices

Carole Starr, MS Motivational Brain Injury Speaker Brain Injury Voices

Scott Toussaint, OTR/L Bioness

Herb Williams, BA Brain injury Voices

Hilary Zayed, BS Brain Injury Voices

7:30 - 8:15	R E G I S T R A T I O N				
8:00 - 8:15	WELCOME ADDRESS				
8:15 - 9:15	Opening Keynote: Jason & Marjorie Crigler - "Defying the Odds" - How One Man Recovered from Stroke with the Help of His Family				
9:15-9:30	BREAK				
T R A C K	MEDICAL	CLINICAL/ Allied health	SURVIVOR	COMMUNITY ALTERNATIVE	CONCUSSION
9:30-10:30	Protecting the Brain after Cardiopulmonary Arrest: Recent Advances and Future Direction Dave Seder, MD, FCCP, FCCM	The Bioness Integrated Therapy System - Visuomotor & Cognitive Rehabilitation Scott Toussaint, OTR/L	Eat, Sleep, and Learn: A Mandala of Integrative Medicine Lindy S. Grigel, MHP, PA-C, CCH	Neurologic Music Therapy: From Neuroscience to Clinical Application Brian Harris, MA, MT- BC, NMT/F	Level I (9:30 - 1:00) William Heinz, MD Peter Sedgwick, MD, FACCM
10:30-10:40		TRAN	SITION		
10:40-11:40	Mid-morning BEVERLEY BRYANT MEMORIAL LECTURE: Carole Starr, MS- "Weasilience": Handling Life's Wild Moments				
11:40 - 12:40		LUNCH IS	PROVIDED		
12:50-1:50	Vestibular Rehabilitation Dizziness/Vertigo and Headaches Related to Mild TBI and Concussion Aaron MacArthur, DC, DACNB, FABVR Elizabeth M. McNally, DC, DACNB, FABCDD	Metabolic Analysis and Nutrition for the Injured Brain Dana Brindisi, DC, DACNB	On the Road Again: Traveling with a Disability Rorie Lee, PhD, MPH Hilary Zayed, BS Bethany Bryan Ken Shapiro, BA	BIAA - Maine Overview - How We Can Help & How You Can Get Involved - Help, Hope & Healing in Maine Sarah K. Gaffney, BA John Richards, MSW	Level II (1:30 - 4:30) Paul Berkner, DO, FAAP
1:50-2:20		B R I	EAK		
2:20:3:20	Personality and Identity Changes after TBI: Neuroethical Perspectives Laura Madigan- McCown, MSW, MTS	Psychotherapy with the Individual and the Family After Brain Injury Mark G. Kiefner, PhD Maureen Sanford, PsyD	Filling Your Toolbox: Strategies to Face the Challenges of Brain Injury Ken Shapiro, BA Paula Sparks, BS Ted Brackett, MS Herb Williams, BA Jeff Sebell, BA	Service Delivery Under the BI Waiver Kirsten Capeless, MS Kelley McTague, COTA/L, ATP Aaron Bilodeau, CBIS, LSWX Janet Keith, OTR/L, CCM	
3:20 - 3:30		T R A N S	ITION		
3:30-4:30	Surgical Interventions for Severe TBI Matthew Sanborn, MD	Environmental Influences in Brain Injury Rehabilitation Christine Martin, MS, OTR/L, CBIS	Brain Injury, Coma, and Locked- in Syndrome: A Patient's Perspective Mark Hathaway, MBA	Living with Aphasia: The Way Life Should Be Steven Belanger, PhD Annemarie Albiston	
4:30		EVALUAT	IONS AND AD	DIOURN	

Ways to Register

Online: Go to: https://secure.biausa.org/ ~ Click on BIAA-Maine Conference (in menu on left)

Mail:

BIAA - Maine 60 Western Avenue, Suite 3 Box 221 Augusta, ME 04330

Make checks payable to BIAA - Maine For questions, please contact Lori Sandefur - 603-568-8817

Name:
Organization:
Credentials:
Street Address:
City/State/Zip
Phone::
Email:

Conference Fees

\$100 for professionals; \$50 for individuals with brain injury, their friends and family members, and students.

Please select the track or specific breakout sessions you plan to attend. This information will help us to ensure adequate seating for each session.

Youth Concussion

- Youth Concussion Track (Level I) 9:30 – 1:00
- Concussion Track (Level II) 1:30 4:30

<u>9:30 - 10:30</u> Protecti

Protecting the Brain after Cardiopulmonary
 Arrest
The Bioness Integrated Therapy System

- Eat, Sleep, and Learn: A Mandala of
- Integrative Medicine
- Neurologic Music Therapy

<u>12:50 - 1:50</u>

	Vestibular Rehabilitation Dizziness/Vertigo
	& Headaches
	Metabolic Analysis and Nutrition
	On the Road Again; Traveling with
_	a Disability
	BIAA-Maine Overview
2:20 -	<u>- 3:20</u>
	Personality and Identity Changes after TBI
	Psychotherapy with the Individual and the
	Family
	Filling Your Toolbox: Strategies
	Service Delivery Under the BI Waiver
3:30 -	- 4:30
	Surgical Interventions for Severe TBI
	Functional Cognition and Community
	Supports
	Brain Injury, Coma, and Locked-in
	Syndrome

Living with Aphasia

Contact Hours:

Psychologists: Commonwealth Educational Seminars (CES) is approved by the American Psychological Association (APA) to offer continuing education credit programs. CES maintains responsibility for this program. Psychologists receive 5 hours of continuing education credit upon completing this program.

Social Workers: CES, provider #1117, is approved as a Provider for Social Work Continuing Education by the Association of Social Work Boards (ASWB) www.aswb.org, through the Approved Continuing Education (ACE) program. ASWB approval status: Active. CES maintains responsibility for the program. Social Workers should contact their regularity board to determine course approval. Social Workers participating in this course will receive 5 clinical continuing education clock hours.

Nurses: As an American Psychological Association approved provider CES programs are accepted by the American Nurses Credentialing Center (ANCC). Every state Board of Nursing accepts ANCC approved programs except California and Iowa. CES is also an approved Continuing Education provider by the California Board of Registered Nursing, (Provider Number CEP15567) which is also accepted by the Iowa Board of Nursing. Nurses completing this program receive 5 CE hours of credit.

CME: For questions regarding CME's please contact us at lori@bianh.org

Youth Concussion Management Track

We are pleased to offer Level I and Level II Concussion Mgmt Training. This track is an excellent opportunity to learn about the multitude of new advances in the realm of concussion management. Even the mildest trauma can have lasting effects, especially if it occurs during the formative high school years. Cognitive test batteries are effective, efficient, and relatively inexpensive to use...and this track will help you learn how.

Please note: Level I & II are each a half-day program.

Members of the Planning Committee

Nancy Benoit, RN, CRRN, CCM NLB Consulting, Medical Division Manager

Michelle Campbell, RN Lakeview NeuroRehabilitation Center

Sarah K. Gaffney, BA BIAA-Maine

Janet Keith, OTR/L, CCM NeuroRestorative

Cynthia Kilbride-Johnson, RN, ONC, CNRN, CNIV Maine Medical Center Fritz Marseille Maine Center for Integrated Rehab

Terry Roy, LSW, CBIS Goodwill NeuroRehab Services

Lori Sandefur, BGS BIANH

Kellie Selberg New England Rehab Hospital - Portland

Carole Starr, MS Brain Injury Voices

Emily West, PT Northeast Rehabilitation Hospital

Conference Description

This conference has been developed to meet the educational needs of health care professionals, service providers, and individuals with brain injuries and their families. The goal of the conference is to share current information, techniques, and strategies with attendees and to identify trends that will shape future brain injury services provided by area organizations.

Who Should Attend

Health care professionals who provide services for patients following injury to the brain. The conference is appropriate for physicians, mental health care providers, nurses, care coordinators, case managers, social workers, speech language pathologists, educational professionals, and physical/occupational/recreational therapists, students, brain injury survivors and their families.

Parking and Directions to the Abromson Center

Free parking is available on the USM campus in the parking garage on Bedford Street.

From I-295 (North or South): take exit 6B (Forest Avenue North) in Portland. Turn left at the first light and proceed until you see the skywalk over the street. Drive under the skywalk and turn left on Surrenden St. to enter the garage. The Abromson Center is attached to the garage.

If approaching the campus from Brighton Avenue: follow Brighton Avenue towards downtown until it turns into Bedford Street. Turn right onto Surrenden Street immediately before the USM Alumni Skywalk, and continue into the USM Parking Garage.

Access

If you need special parking assistance or auxiliary aids for effective communication during the conference, please call Kellie Selberg at (207) 662-8082 to make arrangements.



