

The background is a dark blue gradient with a subtle pattern of white dots. Overlaid on this are several concentric circles and arcs in a lighter blue color. Some of these arcs have degree markings, such as 40, 150, 160, 170, 180, 190, 200, 210, 220, 240, 250, and 260. There are also small arrows pointing in various directions, suggesting a circular or rotational theme.

COMPASSIONATE CARE PROJECT IN GUATEMALA

DELL HAGWOOD, MSN, MDIV, RN, ERIN TRAISTER, BSN HONORS STUDENT, &
KIM LARSON, PHD, MPH, RN

STTI BETA NU CHAPTER FALL PROGRAM

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- GUATEMALAN HOST FAMILIES HELPING IMPROVE THE CARE TO GUATEMALANS IN THE U.S.

LITERATURE REVIEW

- Guatemala ranks low in the Latin Am. Assoc. for Palliative Care Index (Pastrana et al., 2014)
- CAM is used with terminally ill (Ladas et al., 2014)
- Religion & spirituality is central to the ways of life (Pew Research Center, 2014)
- ROL on EOL found no studies in NC (Cruz-Oliver et al., 2014)



ECU COLLEGE OF NURSING – LA UNION PARTNERSHIP

- Cultural immersion program
- Guatemalan host families
- Community Service Learning



SAMPLE & SETTING

- Participants
 - Six host families
 - One community leader
- Well-known to ECU faculty and La Union



IN-HOME INTERVIEWS

- When a loved one is in the final stage of living, what is the most important thing to do?
- Describe any spiritual or religious practices used when caring for a person who is dying?



FINDINGS

The over-arching Theme:
Relief from Suffering



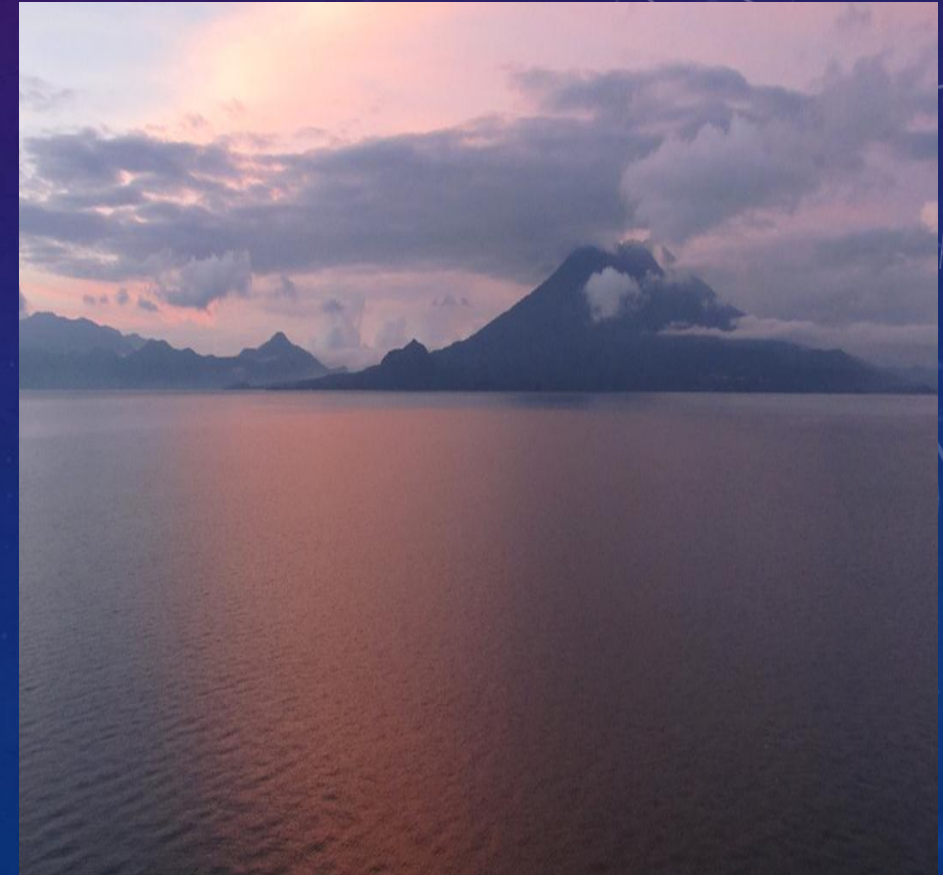
THREE SUPPORT SYSTEMS

- The Priest
 - Traditional sacraments
- The Family
 - Listen, Care & Affection
 - Unique beliefs
- The Community *Rezadora*



DISCUSSION

- Guatemalans described palliative care practices
- The family provides EOL nursing care
- The *rezadora* has a community lay ministry role
- Assess how culturally-based spirituality is integrated in the ECU nursing program
- **Future Projects:**
 - Lay health advisor EOL-care training
 - Narrative study with community *rezadoras* (2016)



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