ESP: EFFECTIVE, SOCIAL AND PROFESSIONAL – ESSENTIAL KNOWLEDGE FOR NURSING
HILTON GARDEN INN, TROY, NY
NOVEMBER 12-14, 2026

DAY 1: THURSDAY, NOVEMBER 12, 2026 | ESSENTIAL KNOWLEDGE OF NURSING

10:00 AM – 12:30 PM | Optional ticketed tour of the NYS Capitol & Lunch at Brown's Brewing

12:00 PM– 5:00 PM | **Registration -** *First Floor Entrance*

12:00 PM – 1:00 PM | **Poster Set-Up**
Lower Level – Reception Area

1:00 PM – 2:30 PM | **Pre-Conference Workshop -** *Ferris Ballroom*
Title*:* SPAN is Wellness and Wellness is Recovery
Facilitator: Deborah Koivula, SPAN

2:00 PM | **Exhibit Hall Opens!** *Ferris Foyer*

2:30 PM – 4:00 PM | **Poster Blitz** – *Ferris I*

4:00 PM – 6:00 PM | **Concurrent Tabletop Escape Rooms**

Time	Sage 1	Sage 2	Fitzroy Conf. Rm
4:00-5:00	*Escape the Blame Game: A Just Culture Escape Room for Effective, Social & Professional Nursing* – **Victoria Record, EdD, MS, RN, AGPCNP-BC, CNE**	*Self-Care Escape Rom Promotes Resilience and Teamwork*, **Deborah Ambrosio Mawhirter, EdD, RN**	*Secure the Unit: A Nursing and Security Partnership* – **Jesse Clanton, MSN, RN, CHPN**
5:00-6:00	*Unlocking Cardiac Pharmacology One Beat at a Time*- **Cindy Paradiso, PhD, RN-BC, CNE**	*Pathway to Discharge: Oncology Escape Room* – **Sarah Kaplan, MSN, RN-BC, NPD-BC**	*An escape to learning: Using a Wizard of Oz themed escape room to strengthen pediatric nursing skills in ambulatory surgery* centers – **Martha Wolf, MSN, RN, CPPS**

6:00 PM – 8:00 PM | **Poster Session & Welcome Reception-** *Lower-Level Reception*

DAY 2: FRIDAY, NOVEMBER 13, 2026 | SOCIAL KNOWLEDGE OF NURSING

7:00 AM – 5:00 PM | **Registration** – *First Floor Entrance*

7:00 AM – 8:00 AM | **Breakfast & Exhibitor Networking -** *Foyer*

7:00 AM – 8:00 AM | **Committee Roundtables –** *Ferris Ballroom*

8:00 AM – 8:15 AM | **Opening Session: Shift Report -** *Ferris Ballroom*
Land Acknowledgment and Daily Announcements

8:15 AM – 9:15 AM | **Keynote Session:** *Ferris Ballroom*
Title: Moving from Panic to Purpose
Speaker: Amy Waninger, CEO, Lead at Any Level, LLC

DAY 2 *continued*

9:15 AM – 10:15 AM│**Strategic Plan Dialogue Forum –** *Ferris Ballroom*
Facilitator: Avi Olitzky

10:15 AM – 10:45 AM │**Break & Exhibitor Networking –** *Foyer*

10:15 AM – 11:15 AM │**Book Signing** by **Amy Waninger –** *Foyer*

10:15 AM – 12:00 PM │ **Exhibit Area Open!**

10:45 AM – 11:15 AM│ **Concurrent Podium Sessions**

Sage 1	Sage 2	Fitzroy Conference Room
Elevate 4Ms Readiness: Age-Friendly Care Boot Camp – **Benzy Babykutty, MBA, BSN, RN, FACHE, FNYAM**	*Developing comprehensive nursing workforce through student to registered nurse pathways* **– Nadia Joseph, MSN, RN, MEDSURG-BC, GERO-BC, CNEcl**	*Professional Identify and Clinical Reasoning in Emergency Department Nurses Working in a Suburban Academic Medical Center* – **Kurt Pinto, DNP, RN, OCN, PMHNP-BC**

11:15 AM – 11:45 AM │**Concurrent Podium Sessions**

Sage 1	Sage 2	Fitzroy Conference Room
Pecha Kucha Power **– Kimberly Velez, MSN, RN, FNYAM**	*Revolutionizing Patient Care: Unlocking the Potential of SSKIN Bundle in Medical-Surgical Settings* – **Raquel Swarton, DNP, MSN, RN, CNL, NEA-BC**	*From Novice to Code – Ready: A Three-Phase Approach to RN Emergency Preparedness* – **Brittany Idoni, MSN, RN, NE-BC**

11:45 AM – 12:15 PM │**Concurrent Podium Sessions**

Sage 1	Sage 2	Fitzroy Conference Room
Pecha Kucha Power **– Kimberly Velez, MSN, RN, FNYAM**	*Bridging Crisis Gaps: Nurse-lead Crises Care for Youth with IDD* **– Faith Carini, DNP, PMHNP-BC**	*A Multi-Modal Approach to Encourage Breaks and Decrease Nursing Burnout* **– Grace Paone, BSN, RN, CPHON**

12:15 PM │ **Group Photo** *Garden (entrance on Lower Level)*

12:30 PM – 2:00 PM │ **Awards Ceremony Luncheon -** *Ferris Ballroom*
All are invited to attend!

2:00 PM – 3:30 PM │**Exhibit Area Open!**

Day 2 continued

2:00 PM – 2:30 PM │ Concurrent Podium Sessions

Sage 1	Sage 2	Fitzroy Conf. Rm
Addressing Critical Gaps in Nursing Research Through Alliances – **Jill Emsminger, PhD, RN**	*Whose Patient Is It Anyway? A Quality Initiative Using Standardized Patient Simulation to Improve Nursing Communication, Conflict De-escalation, and Professional Advocacy*- **Natalya Pasklinsky, DNP, ACNP-BC, CHSE, FNYAM**	

2:30 PM – 3:00 PM │ Concurrent Podium Sessions

Sage 1	Sage 2	Fitzroy Conference Room
Empowering New Nurses, Advancing Practice Through NRP – **Leticia Collins, DNP, MSN, RN, PCCN, CRN, CNL, NEA-BC**	*A Nursing Research Fellowship Program: A Framework for Advancing Clinical Inquiry and Patient Care* **– Judy Badia, DNP, MSN, RN-BC, NE-BC, CPXP, CPPS**	

3:00 PM – 3:30 PM │Break & Exhibitor Networking – *Foyer*

3:30 PM – 5:00 PM │Guest Speaker – *Ferris Ballroom*
Title: Albany 411
Speaker: Amy Kellogg

5:00 PM – 6:30 PM│ PAC Reception – *Fireside*

6:00 PM – 10:00 PM│ Foundation of ANA-NY Nightingale Gala (*Ticketed Event*) – *Ferris Ballroom*

DAY 3: SATURDAY, NOVEMBER 14, 2026 │ PROFESSIONAL KNOWLEDGE OF NURSING

6:45 AM – 7:30 AM│ Sunrise Walk with Nurses House
Meet in Lobby

7:30 AM – 1:00 PM │Registration – *First Floor Entrance*

7:30 AM – 8:30 AM │Continental Breakfast

7:30 AM – 8:30 AM │Board Breakfast w/Foundation - *The Roebling Library*

8:30 AM –8:45 AM │Leadership Roll-Call – *Ferris Ballroom*
Daily Announcements

Day 3 *continued*

8:45 AM – 9:45 AM │**Guest Speaker –** *Ferris Ballroom*
Title: Overcoming Imposter Syndrome
Speaker: Jessica Varghese, PhD, RN - Center for Nursing Research Rising Nurse Researcher Award Recipient

9:45 AM – 11:45 AM│**Concurrent Tabletop Escape Rooms**

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11:45 AM │**Lunch pick-up** *Ferris Ballroom*

12:00 PM – 1:00 PM │**Featured Speaker –** *Ferris Ballroom*
Title: Leadership Competency for the 21st Century
Speaker: Phyllis Quinlan

1:00 PM – 2:00 PM│ **EndNote Speaker** *Ferris Ballroom*
Title: Let's Get Enlighted About Entrepreneurship in Nursing
Speaker: Dr. Carrie J. Barber, DNP, APRN, CNM, Ob/Gyn NP

2:00 PM – 3:30PM │**Governing Assembly -** *Ferris Ballroom*

3:30 PM │**Wrap-Up** *Ferris Ballroom*

Continuing Nursing Education (CNE) Credits Overview:

Day 1	The Essential Knowledge of Nursing	7.0 Contact Hours
Day 2	The Social Knowledge of Nursing	6.0 Contact Hours
Day 3	The Professional Knowledge of Nursing	5.5 Contact Hours

6.5 Hours of Exhibit Time

This activity has been submitted to American Nurses Association Massachusetts for approval to award contact hours. American Nurses Association Massachusetts is accredited as an approver of nursing continuing professional development by the American Nurses Credential Center's Commission on Accreditation.

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