

ESP: EFFECTIVE, SOCIAL AND PROFESSIONAL – ESSENTIAL KNOWLEDGE FOR NURSING
HILTON GARDEN INN, TROY, NY
NOVEMBER 12-14, 2026

DAY 1: THURSDAY, NOVEMBER 12, 2026 | ESSENTIAL KNOWLEDGE OF NURSING

10:00 AM – 12:30 PM | Optional ticketed tour of the NYS Capitol & Lunch at Brown's Brewing

12:00 PM– 5:00 PM | **Registration - First Floor Entrance**

12:00 PM – 1:00 PM | **Poster Set-Up**

Lower Level – Reception Area

1:00 PM – 2:30 PM | **Pre-Conference Workshop - Ferris Ballroom**

Title: SPAN is Wellness and Wellness is Recovery

Facilitator: Deborah Koivula, SPAN

2:00 PM | **Exhibit Hall Opens! Ferris Foyer**

2:30 PM – 4:00 PM | **Poster Blitz – Ferris I**

4:00 PM – 6:00 PM | **Concurrent Tabletop Escape Rooms**

T i m e	Sage 1	Sage 2	Fitzroy Conf. Rm
4:00-5:00	<i>Escape the Blame Game: A Just Culture Escape Room for Effective, Social & Professional Nursing – Victoria Record, EdD, MS, RN, AGPCNP-BC, CNE</i>	<i>Self-Care Escape Rom Promotes Resilience and Teamwork, Deborah Ambrosio Mawhirter, EdD, RN</i>	<i>Secure the Unit: A Nursing and Security Partnership – Jesse Clanton, MSN, RN, CHPN</i>
5:00-6:00	<i>Unlocking Cardiac Pharmacology One Beat at a Time- Cindy Paradiso, PhD, RN-BC, CNE</i>	<i>Pathway to Discharge: Oncology Escape Room – Sarah Kaplan, MSN, RN-BC, NPD-BC</i>	<i>An escape to learning: Using a Wizard of Oz themed escape room to strengthen pediatric nursing skills in ambulatory surgery centers – Martha Wolf, MSN, RN, CPPS</i>

6:00 PM – 8:00 PM | **Poster Session & Welcome Reception- Lower-Level Reception**

DAY 2: FRIDAY, NOVEMBER 13, 2026 | SOCIAL KNOWLEDGE OF NURSING

7:00 AM – 5:00 PM | **Registration – First Floor Entrance**

7:00 AM – 8:00 AM | **Breakfast & Exhibitor Networking - Foyer**

7:00 AM – 8:00 AM | **Committee Roundtables – Ferris Ballroom**

8:00 AM – 8:15 AM | **Opening Session: Shift Report - Ferris Ballroom**

Land Acknowledgment and Daily Announcements

8:15 AM – 9:15 AM | **Keynote Session: Ferris Ballroom**

Title: Moving from Panic to Purpose

Speaker: Amy Waninger, CEO, Lead at Any Level, LLC

9:15 AM – 10:15 AM | **Strategic Plan Dialogue Forum – Ferris Ballroom**

ESP: EFFECTIVE, SOCIAL AND PROFESSIONAL – ESSENTIAL KNOWLEDGE FOR NURSING
HILTON GARDEN INN, TROY, NY
NOVEMBER 12-14, 2026

Facilitator: Avi Olitzky

DAY 2 continued

10:15 AM – 10:45 AM | Break & Exhibitor Networking – Foyer

10:15 AM – 11:15 AM | Book Signing by Amy Waninger – Foyer

10:15 AM – 12:00 PM | Exhibit Area Open!

10:45 AM – 11:15 AM | Concurrent Podium Sessions

Sage 1	Sage 2	Fitzroy Conference Room
<i>Elevate 4Ms Readiness: Age-Friendly Care Boot Camp – Benzy Babykuty, MBA, BSN, RN, FACHE, FNYAM</i>	<i>Developing comprehensive nursing workforce through student to registered nurse pathways – Nadia Joseph, MSN, RN, MEDSURG-BC, GERO-BC, CNEcl</i>	<i>Professional Identify and Clinical Reasoning in Emergency Department Nurses Working in a Suburban Academic Medical Center – Kurt Pinto, DNP, RN, OCN, PMHNP-BC</i>

11:15 AM – 11:45 AM | Concurrent Podium Sessions

Sage 1	Sage 2	Fitzroy Conference Room
<i>Pecha Kucha Power – Kimberly Velez, MSN, RN, FNYAM</i>	<i>Revolutionizing Patient Care: Unlocking the Potential of SSKIN Bundle in Medical-Surgical Settings – Raquel Swarton, DNP, MSN, RN, CNL, NEA-BC</i>	

11:45 AM – 12:15 PM | Concurrent Podium Sessions

Sage 1	Sage 2	Fitzroy Conference Room
<i>From Novice to Code – Ready: A Three-Phase Approach to RN Emergency Preparedness – Brittany Idoni, MSN, RN, NE-BC</i>	<i>Bridging Crisis Gaps: Nurse-lead Crises Care for Youth with IDD – Faith Carini, DNP, PMHNP-BC</i>	<i>Pecha Kucha Power – Kimberly Velez, MSN, RN, FNYAM</i>

12:15 PM | Group Photo Garden (entrance on Lower Level)

12:30 PM – 2:00 PM | Awards Ceremony Luncheon - Ferris Ballroom
All are invited to attend!

2:00 PM – 3:30 PM | Exhibit Area Open!

ESP: EFFECTIVE, SOCIAL AND PROFESSIONAL – ESSENTIAL KNOWLEDGE FOR NURSING
HILTON GARDEN INN, TROY, NY
NOVEMBER 12-14, 2026

Day 2 continued

2:00 PM – 2:30 PM | Concurrent Podium Sessions

Sage 1	Sage 2	Fitzroy Conf. Rm
<i>Addressing Critical Gaps in Nursing Research Through Alliances – Jill Emsminger, PhD, RN</i>	<i>Whose Patient Is It Anyway? A Quality Initiative Using Standardized Patient Simulation to Improve Nursing Communication, Conflict De-escalation, and Professional Advocacy- Natalya Pasklinsky, DNP, ACNP-BC, CHSE, FNYAM</i>	

2:30 PM – 3:00 PM | Concurrent Podium Sessions

Sage 1	Sage 2	Fitzroy Conference Room
<i>Empowering New Nurses, Advancing Practice Through NRP – Leticia Collins, DNP, MSN, RN, PCCN, CRN, CNL, NEA-BC</i>	<i>A Nursing Research Fellowship Program: A Framework for Advancing Clinical Inquiry and Patient Care – Judy Badia, DNP, MSN, RN-BC, NE-BC, CPXP, CPPS</i>	<i>A Multi-Modal Approach to Encourage Breaks and Decrease Nursing Burnout – Grace Paone, BSN, RN, CPHON</i>

3:00 PM – 3:30 PM | Break & Exhibitor Networking – Foyer

3:30 PM – 5:00 PM | Guest Speaker – Ferris Ballroom

Title: Albany 411

Speaker: Amy Kellogg

5:00 PM – 6:30 PM | PAC Reception – Fireside

6:00 PM – 10:00 PM | Foundation of ANA-NY Nightingale Gala (Ticketed Event) – Ferris Ballroom

DAY 3: SATURDAY, NOVEMBER 14, 2026 | PROFESSIONAL KNOWLEDGE OF NURSING

6:45 AM – 7:30 AM | Sunrise Walk with Nurses House

Meet in Lobby

7:30 AM – 1:00 PM | Registration – First Floor Entrance

7:30 AM – 8:30 AM | Continental Breakfast

7:30 AM – 8:30 AM | Board Breakfast w/Foundation - The Roebling Library

8:30 AM – 8:45 AM | Leadership Roll-Call – Ferris Ballroom

Daily Announcements

Day 3 continued

ESP: EFFECTIVE, SOCIAL AND PROFESSIONAL – ESSENTIAL KNOWLEDGE FOR NURSING
HILTON GARDEN INN, TROY, NY
NOVEMBER 12-14, 2026

8:45 AM – 9:45 AM | Guest Speaker – Ferris Ballroom

Title: Overcoming Imposter Syndrome

Speaker: Jessica Varghese, PhD, RN - Center for Nursing Research Rising Nurse Researcher Award Recipient

9:45 AM – 11:45 AM | Concurrent Tabletop Escape Rooms

Time	Sage 1	Sage 2	Fitzroy Conf. Rm
9:45-10:45	<i>Escape the Blame Game: A Just Culture Escape Room for Effective, Social, and Professional Nursing – Victoria Record, EdD, MS, RN, AGPCNP-BC, CNE</i>	<i>Self-Care Escape Room Promotes Resilience and Teamwork, Deborah Ambrosio Mawhirter, EdD, RN</i>	<i>Secure the Unit: A Nursing and Security Partnership Challenge – Jesse Clanton, MSN, RN, CHPN</i>
10:45-11:45	<i>Unlocking Cardiac Pharmacology One Beat at a Time – Cindy Paradiso, PhD, RN-BC, CNE</i>	<i>Pathway to Discharge: Oncology Escape Room – Sarah Kaplan, MSN, RN-BC, NPD-BC</i>	<i>An escape to learning: Using a Wizard of Oz themed escape room to strengthen pediatric nursing skills in ambulatory surgery centers – Martha Wolf, MSN, RN, CPPS</i>

11:45 AM | Lunch pick-up Ferris Ballroom

12:00 PM – 1:00 PM | Featured Speaker – Ferris Ballroom

Title: Leadership Competency for the 21st Century

Speaker: Phyllis Quinlan

1:00 PM – 2:00 PM | EndNote Speaker Ferris Ballroom

Title: Let's Get Enlightened About Entrepreneurship in Nursing

Speaker: Dr. Carrie J. Barber, DNP, APRN, CNM, Ob/Gyn NP

2:00 PM – 3:30PM | Governing Assembly - Ferris Ballroom

3:30 PM | Wrap-Up Ferris Ballroom

Continuing Nursing Education (CNE) Credits Overview:

Day 1	The Essential Knowledge of Nursing	7.0 Contact Hours
Day 2	The Social Knowledge of Nursing	6.0 Contact Hours
Day 3	The Professional Knowledge of Nursing	5.5 Contact Hours

6.5 Hours of Exhibit Time

This activity has been submitted to American Nurses Association Massachusetts for approval to award contact hours. American Nurses Association Massachusetts is accredited as an approver of nursing continuing professional development by the American Nurses Credential Center's Commission on Accreditation.