

# LIVE: In-person dinner presentation

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## bravida academy webinar series

# Ready, Set, MOVE! A Nurse-Led Approach to Device Securement, and Skin Safety During Early Mobility

Tuesday, October 06, 2026 | 7:00 pm CDT

Duration: 60 minute presentation

Location: **Lupe Tortilla**

10515 N. Mopac Expy Bldg. R

Austin, TX 78759

(512) 582-2201

<https://tex-mex.com/austin-arborwalk/>

## Summary

Please join presenter Heather Lorenz, MSN, RN, CCRN, a critical care nurse leader based in Austin, TX with more than 20 years of frontline experience in high-acuity healthcare environments as she presents **Ready, Set, MOVE! A Nurse-Led Approach to Device Securement, and Skin Safety During Early Mobility**. This CE presentation explores how critical care nurses can use the MOVE framework to safely mobilize patients while managing the devices and lines that often become barriers to movement. Participants will learn practical, evidence-based strategies to minimize unnecessary urinary devices, organize and trace lines, verify securement and appropriate tubing slack, and evaluate skin before and after mobility.

Presented by:



**Heather Lorenz,**  
**MSN, RN, CCRN-K**

## Learning Objectives

1

Explain how immobility and unnecessary devices contribute to ICU-acquired weakness, infection risk, skin injury, and delayed recovery.

2

Apply the MOVE framework to evaluate urinary-device necessity, organize lines, and prepare critically ill patients for safe, progressive mobility.

3

Assess device securement, tubing slack, and skin integrity before and after mobility to reduce dislodgement, CAUTI risk, pressure injury, and MARSI.

## Register for 1 CE

