

Program Topics

Outcome: To enable the nurse to increase knowledge on second victim phenomenon, GYN/OB Phase 1 & OR emergencies, mindfulness, positive psychology, spine surgery, menopause, post-op plastic surgery cares, and wound case therapy demonstrated by 80% or more of the learners scoring 80% or higher on the post test.

Target Audience: All Perianesthesia Nurses.

Location: 500 Heartwood Drive Crosby MN

Faculty:

Kimberly Emerson, BSN, RN, CAPA
Kristy Gottschalk, MSN, RN, CNOR
Kirsten Sjostrand, DO
James Stokman, MD
Rachel Cady, MD, NCMP
Katie Holst, MMS, PA-C
Courtney Treptau, BSN, RN, CWON

Planning Committee:

Amy Salzer, MSN, RN, CPAN
Kimberly Emerson, BSN, RN, CAPA
Amanda Hamacher, BAN, RN, CAPA
Savannah Messner, BSN, RN

Accreditation Statement:

This activity has been submitted to the American Society of PeriAnesthesia Nurses for approval to award contact hours. The American Society of PeriAnesthesia Nurses is accredited as an approver of nursing continuing professional development by the American Nurses Credentialing Center's Commission on Accreditation.

For more information regarding contact hours, please contact Nurse Planner: Amy Salzer, MSN, RN, CPAN at mndakspan.education@gmail.com

Cancellation Policy: MNDKSPAN reserves the right to change or cancel the program due to insufficient enrollment or unforeseen circumstances. All fees will be fully refunded.

*MNDKSPAN reserves the right to substitute speakers if necessary

MNDKSPAN is going green. Handouts will not be provided at the conference. Handouts will be made available to download from the MNDKSPAN website prior to the event. There will be wi-fi available at the conference. Please bring a pen and pad of paper if you would like to take notes.

MNDKSPAN
c/o Tanya Mazzone
2425 40th Street North
Sartell, MN 56377

MNDKSPAN
Minnesota-Dakota's Society of PeriAnesthesia Nurses

New Beginnings: A Journey Ahead

Saturday, October 3, 2026,
Live In-Person or Live Webcast

FALL CONFERENCE

500 Heartwood Drive
Crosby, MN

Saturday-Live-In person/Virtual**7:30-7:45** Registration**7:45-8:00** Welcome**8:00-9:00** Principles of Spine Surgery and
Perioperative Spine Care

James Stokman, MD

9:00-10:00 Post-Op Plastic Surgery

Katie Holst, MMS, PA-C

10:00-10:15 Break**10:15-11:15** Menopausal Updates

Rachel Cady, MD, NCMP

11:15-12:15 Advanced Wound Care in the
Perioperative Setting

Courtney Treptau, BSN, RN, CWON

12:15-1:15 Lunch**1:15-2:15** Empowering Life Through Reflection:
Exploing Mindfulness and Positive Psychology

Kristy Gottschalk, MSN, RN, CNOR

2:15-3:15 OB/GYN Phase I and OR Emergencies

Kirsten Sjorstrand, DO

3:15-3:30 Break**3:30-4:30** You Can't Pour from an Empty Cup:
Second Victim Phenomenon

Kimberly Emerson, BSN, RN, CAPA

Kristy Gottschalk, MSN, RN, CNOR

4:30-5:00 Closing & Evaluations**Standards for Integrity and Independence**

The Provider will collect information from all individuals in a position to control content regarding financial relationships with ineligible companies, analyze the data for relevant financial relationships. The results of this analysis will be reported in the course presentation materials on the required handout.

Conference Charity**Smiles for Jake:**

Smiles for Jake's mission is to be a suicide prevention movement that spreads positivity through life-affirming actions, listening ears, and the message that everyone should have hope.

www.smilesforjake.org**500 Heartwood Drive****Crosby, MN****Hotel Reservations:**

Rooms for the conference are reserved on Friday, October 2-3 at the Baymont by Wyndham Baxter/Brainerd at a rate of \$119/night. Address: 7208

Fairview Road Baxter.

Call 877-504-2237 or follow the link below

Online booking Reservations:

<https://groups.wyndhamhotels.com/housing/pre-post-operative-nurses-of-minnesota-north-and-south-dakota-r2fuywg5>

**2026 MNDAKSPAN
Fall Conference
Registration****Fees:**

Saturday Virtual/In-person
ASPAN members: \$135
Non-ASPAN members: \$145
Non-licensed
students/Retired: \$45

Register Online at:

www.mndakspan.nursingnetwork.com

Registration questions, Contact:

Sooji Tillmanns at:
mndakspan.website@gmail.com