



PAPAN Pennsylvania Association of PeriAnesthesia Nurses

FALL CONFERENCE 2026

 WellSpan York Hospital
1001 S. George St.
York, PA 17405
September 26, 2026
7:30 AM – 3:00 PM

SPEAKERS



Benjamin Vabi, MD,
FACS, FASCRS
Colon and Rectal
Surgeon, WellSpan
Surgical Specialist



Amy Reed, PhD,
CRNA
Nurse Anesthesia
Program Director, York
College of
Pennsylvania/ WellSpan
Health



Faiz Shariff, MD,
FACS, FASMBS,
DABOM
Bariatric Surgeon,
WellSpan Health



Michael Diller,
PsyD
Well-being Program
Administrator,
WellSpan Health



Amanda Ford, DNP,
CRNA, CHSE
Nurse Anesthetist
Program Instructor, York
College of
Pennsylvania/ WellSpan
Health

AGENDA

7:30AM-8:00AM	Registration Coffee, snacks provided
8:00AM-8:15AM	Welcome
8:15AM-9:15AM	Optimizing Outcomes in Enhanced Recovery after Surgery Pathways
9:15AM-10:15AM	Beyond NPO: Using Gastric Ultrasound to Improve Aspiration Risk Assessment Evidence, Technique, and Clinical Decision-Making for Perianesthesia Nurses
10:15AM-10:35AM	BREAK
10:35AM-11:35AM	Obesity in the Era of GLP-1: Physiology, Pathophysiology, and the Convergence of Medical and Surgical Mechanisms
11:35AM-1:00PM	LUNCH
1:00PM-2:00PM	Finding the Pockets...Keys to Stay Well and Thrive Through Stressful Times
2:00PM-3:00PM	Pediatric Emergencies Refresher
3:00PM-3:15PM	WRAP UP

Hybrid! Virtual & In person available
Lunch will be provided!



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REGISTRATION INFORMATION

online registration available ONLY @
<https://papanonline.nursingnetwork.com>
mail in and walk in registration will not be accepted

Registration Deadline Tuesday, September 22, 2026
Contact Cristina Brooks (cbrooks4@wellspan.org) for any questions



FEE SCHEDULE

ASPAN MEMBERS \$60

NON-ASPAN MEMBERS \$70

STUDENTS \$25

HOTEL BLOCK

Best Western Plus Heritage Rail Inn & Suites

Hotel Block: PAPAN Conference, \$119 per night, September 25– September 26

Reservations must be made by September 2, 2026 to receive group rate:

https://www.bestwestern.com/en_US/book/hotels-in-york/best-western-plus-heritage-rail-south-york-i-83/propertyCode.39153.html



Accreditation

WellSpan Health Nursing is approved as a provider of nursing continuing professional development by Pennsylvania State Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation.

Contact Hours

RN participants who successfully complete this activity will be awarded contact hours

Requirement for Successful Completion

Participants must attend the entire program and complete online evaluation in order to receive contact hour credit.