



**2026 HEALTHCARE  
HEROES**

**120 YEARS — 5K — STRONG**

**SEPT 12<sup>TH</sup> 2026**  
**FREEMAN LAKE • ELIZABETHTOWN, KY**

The Kentucky Nurses Association 2026 5k Fun Run Walk will take place at Freeman Lake Park on Blue Heron Way in Elizabethtown, Kentucky. The 5k route provides a view of the beautiful lake. This 5k is for all fitness levels to walk or run—join nurses and others who support Kentucky nurses!



- Registration is **\$40**
- Virtual option is **\$50**
- Register a Team of 4 or more and each team member will receive a **\$5** discount.



A t-shirt and medal will be provided for all registered participants that register by August 1, 2026. Registering beyond August 1, 2026 does not guarantee a t-shirt and medal. Extra t-shirts will be available until the inventory is depleted.

Children 10 years of age and under may walk/run with a registered adult; however, only those with a paid registration will receive a t-shirt and medal.



Race packet pick up and on-site registration begins at 8:00am EST on the day of the event; the race starts at 9:30am EST.

**Please arrive prior to 8:30am EST to pick up your packet and be ready for the race start at 9:30am.**

**Celebrate. Honor. Support. | 120 Years Strong.**

Proceeds support the Kentucky Nurses Foundation and the future of nursing in Kentucky.