



**21st ANNUAL
SEATTLE NURSING RESEARCH CONSORTIUM
CONFERENCE & WORKSHOP
at the Sand Point Learning Center, Seattle WA**

**CONFERENCE AGENDA DAY 1
Monday, April 6, 2026**

7:30	Sign In Breakfast Buffet	Front Lobby
8:00	Welcome	Auditorium
8:15	<i>Keynote Address</i> Thinking About Questions <i>Elizabeth Bridges PhD, RN, FCCM FAAN</i> <i>Professor Emeritus, UW School of Nursing</i>	Auditorium
9:15	Study In A Day Kickoff: Participating in a Real-Time RCT <i>Angela Bennett & Emily Calabro</i>	Auditorium
9:30	Break with Vendors Study In A Day Interventions	Front Lobby Ballard/Magnolia
10:00	<i>Workshop Sessions</i> <ul style="list-style-type: none"> • Breaking Down a Clinical Problem Using Fishbone Diagrams <i>Heidi Morman</i> • Dollars, Sense, and Storytelling: Mastering the ROI Calculator and Pitching Your Impact <i>Emily Calabro & Robin Petersen</i> 	Auditorium
11:30	Lunch (provided) with Vendors	Front Lobby & 2 nd Floor Concourse
12:30	<i>Poster Session I</i> Presentations for even-numbered posters	Fremont/ Greenlake
1:00	<i>Podium Session I</i> <i>Moderator: Rebekah Marsh</i> <ul style="list-style-type: none"> • Sociodemographic Influence on Pediatric Referrals for Epilepsy Surgery <i>C. Peterson, M. Wingert, K. Carlin, A. Steidl & E. Walsh. Seattle Children's</i> • "You Have 12 Hours and Can't Undo the Past": Understanding Nurse-Patient Dynamics After Gun Violence <i>L. Sherwood, L. Yamashita, C. King & T. Lerew. Harborview Medical Center</i> • Team Learning for Certification: CPAN Certification for UWMC Northwest Perianesthesia Nurses <i>N. Pitts. UWMC – Northwest</i> 	Auditorium



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- **An Innovative Simulation Model that Transforms Massive Transfusion Protocol (MTP) Performance** *S. Covel, M. Thomas, B. Haskins & H. Olivieri. UWMC*

2:15	Break with Vendors	Front Lobby
2:30	<i>Poster Session 2</i> Presentations for odd-numbered posters	Fremont/ Greenlake
<p><i>Study in a Day Post-Survey</i> <i>Podium Session 2</i> <i>Moderator: Mary Jo Kelly</i></p>		
3:00	<ul style="list-style-type: none"> • Safety by Design: Fall Mats as Standard Furniture to Reduce Fall-Related Harm <i>B. O'Connor. UWMC</i> • Dressed for Success: Implementation of Standardized Advanced Central Line Dressing Protocol for Pediatric Patients <i>M. Stimpson, B. Halpin & K. Pettersen. Seattle Children's</i> • When Push Comes to Shove: Reducing Workplace Violence (WPV) in an Inpatient Psychiatric Unit <i>M. Harrington & N. Zender. PeaceHealth St. Joseph Medical Center</i> • BCMA Beyond the Hospital: Closing the Loop on Safety and Efficiency in Ambulatory Care <i>R. Upenieks, V. Richard-Webber & K. Mertens. Harborview Medical Center</i> 	Auditorium
4:25	Day 1 Evaluation & Closing	Auditorium



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**CONFERENCE AGENDA DAY 2
Tuesday, April 7, 2026**

7:30	Sign In Breakfast Buffet	Front lobby
8:00	Psi-At-Large Welcome <i>Frances Chu, Sigma Psi-at-Large</i>	Auditorium
8:15	<i>Keynote Address</i> From Questions to Impact: Unlocking the Value of Nursing Inquiry <i>Kathleen Schatz, MSN, RN, ARNP-C, ACNPC-AG, FNP-C, ACHPN, Clinical Practice Specialist, CSI Faculty American Association of Critical-Care Nurses</i>	Auditorium
9:15	Break with Vendors	Front Lobby
9:30	Study In A Day Results: The Physiological Impact of Animal-Assisted Interventions on Conference Stress <i>Angela Bennett & Emily Calabro</i>	Auditorium
10:00	<i>Workshop Sessions</i> <ul style="list-style-type: none"> • Interpreting Data in Nursing Research Studies <i>Cara Gallegos</i> • Disseminating Your Project <i>Gina Eberhardt & Mary McCarthy</i> 	Auditorium
11:30	Lunch (provided) with Vendors	Front lobby & 2 nd Floor Concourse
12:30	<i>Poster Session 3</i> Presentations for even-numbered posters	Fremont/Greenlake
1:00	<i>Podium Session 3</i> <i>Moderator: Carrie Kronberg</i> <ul style="list-style-type: none"> • Reducing Medical Device Related Pressure Injuries in Patients Requiring Non-Invasive Ventilation (NIV): A Multidisciplinary Approach <i>T. Gegax-Martinez, L. Bakkala, C. Beal, A. Breaux & N. Nguyen. UWMC – Northwest</i> • Movement Matters: An Interdisciplinary Mobility Project <i>J. DiRusso, R. Keown, K. Brown & M. Frank. PeaceHealth St. Joseph's Medical Center</i> • Validating Cleanliness of Loaned Surgical Instruments Using Adenosine Triphosphate as Technological Adjunct 	Auditorium



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to Visual Inspection *G. Eberhardt, M. Maisel, K. Kinan, P. Donan & J. Hartmann. Madigan Army Medical Center*

- **Impact of Gum Chewing on Postoperative Ileus Following Open Heart Surgery** *J. Smith & M. Kelly. Swedish Medical Center*

2:15	Break with Vendors	Front Lobby
2:30	<i>Poster Session 4</i> Presentations for odd-numbered posters	Fremont/Greenlake
	<i>Podium Session 4</i> <i>Moderator: Elaine Walsh</i>	
3:00	<ul style="list-style-type: none"> • Building a Culture of Compassion and Connection Through Meaningful Recognition <i>K. Carroll, L. Clark, N. Hawkins, A. Liddane & A. Weymier. Harborview Medical Center</i> • Lowering Nurse Manager Burnout and Increase Resiliency Skills Through Evidence Based Compassion Intensive Workshop <i>M. Baumgartner. UWMC</i> • Unlocking Restraint Usage: A Quality Improvement Project <i>G. Springer. Providence Regional Medical Center Everett</i> • Pumping Up Proficiency: Enhancing LVAD Code Blue Education <i>B. Butay & J. Regan-Baggs. UWMC - Montlake</i> 	Auditorium
4:15	Awards Presentations <i>Mary McCarthy & Kimberly Dollarhide</i>	Auditorium
4:30	Closing	Auditorium



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Day 1 Poster Presentations

Monday, April 6, 2026

Session 1: Presentations for even-numbered posters

Session 2: Presentations for odd-numbered posters

- A-1 Enhancing Study Protocol Assessment Resource Checklists (SPARCLs) for Clinical Research Protocols**
L. Johnson & K. Stein. Seattle Children's
- A-2 Decrease Pain, Substance Misuse, and Trauma for Veterans While Enhancing Nursing Practice with Broad Reaching Protocolized Auricular Acupuncture SOP**
S. Thongchanh. VA Puget Sound Healthcare System
- A-3 Evidence Based Practice 2.0: Alumni in Action**
F. Abdurahim & A. Kaftan. UWMC
- A-4 Evaluating Vitamin D3 and K2 Supplementation Through Inflammatory Markers and Gut Microbiome**
H. Yi, S. Jennings, P. Bregni & M. McCarthy. Madigan Army Medical Center
- A-5 Cultivating Connection in Critical Care: The Engagement Committee**
C. Garrison & A. Rasmussen. UWMCr-Montlake
- A-6**
- A-7 Managing Moral Residue in a Clinical Setting**
E. MacNary. Harborview Medical Center
- A-8 Happy Holidays: Establishing Guidelines for the Winter Holiday Scheduling Process**
M. Elias, T. Nehls, C. Harmon, J. West, C. Wolkow, J. Lee, A. Breaux, C. Beal & L. Jones. UWMC - Northwest
- A-9 Workplace Belonging Among Critical Care Advanced Practice Clinicians: Evaluation and Recommendations at a Tertiary Academic Medical Center**
K. McCusker & M. Hayes. Vanderbilt University School of Nursing
- A-10 Rooted in Governance: Growing Engagement from the Ground Up**
G. Metzger & T. Yanez. UWMC - Northwest
- A-11 Virtual Reality and Pain Relief**
L. Ashlock, M. Pickens, A. Rossi, N. Sebastian & C. Tsan. VA Puget Sound Healthcare System
- A-12 A Work of Heart: A Standardized Process to Honor Military Veterans at End of Life**
A. Baxter & L. Cloud. St. Joseph Medical Center
- A-13**
- A-14 The Impact of Education on EBP Beliefs**
R. Radenkovic, T. Hawkinson & T. Strickland. MultiCare Health System
- A-15 Implementation of a Standardized Lumbar Drain Order Set for Neurosurgery and Cardiothoracic Patients in Epic**
L. Cloud. St. Joseph Medical Center
- A-16 "So You Want To Be an ICU Nurse?" Reflections on a Critical Care Nurse Panel Event**
K. Kooi & J. Borish. Mountain to Sound Chapter – American Association of Critical-Care Nurses



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- A-17 Enhancing Emergency Department Resident and Preceptor Performance through a Train the Trainer Program Utilizing the IAR Model**
J. Wilde. MultiCare Health System
- A-18 From One Orienteer to Another: Building a Culture of Support in Critical Care Orientation**
M. Wilson. UWMC
- A-19 From Night Shift to Night Uplift: Supporting and Connecting New Graduate Nurses Through Virtual Check-Ins**
N. Bohn. UWMC - Northwest
- A-20 Magnet, Nursing Professional Practice and Ambulatory Care: Escaping Knowledge Gaps via an Escape Room Challenge**
D. Buchwach. UWMC
- A-21 A Tiered Approach: Implementing TSAM Across Multiple ICUs**
J. Okimoto & M. Wilson. UWMC
- A-22**
- A-23 The Power of Participation: Engaging Nurses in Staffing Redesign**
P. Navarro & R. Usher, UWMC - Northwest
- A-24 HMC TSICU: A Standardized Approach to Daily Weights**
G. Barber, M. Koffman & A. Aburgarsh. Harborview Medical Center
- A-25 Procedural Specimen Errors: Evaluating Processes Using an Interdisciplinary Approach**
D. Berry, E. Hwang & S. Anderson. Seattle Children's
- A-26 St. Francis Hospital Emergency Department Admission: Process Improvement**
L. Blank, K. Janzen & M. Davis. St. Francis Hospital, Federal Way
- A-27 Improving Documentation Compliance for Intake and Output in Overflow Units**
A. Thurston, C. King & R. Remila. Harborview Medical Center
- A-28 Implementing a Structured Debrief Tool in Transfusion Services to Optimize Massive Transfusion Protocol (MTP) Performance**
K. Guido, N. Saifee, C. Snyder, K. Carlin & A. Taroc, Seattle Children's
- A-29 Building Brilliance: Monthly ECT Education in Action**
E. Woods, M. Wang, A. Chico, L. Sims, L. Robertshaw, G. Woodburn, A. Morrison, H. Williamson, T. Webb & P. Navarro. UWMC - Northwest
- A-30 Teamwork in Practice: Enhancing Patient Care Through Delegation**
G. Benin, M. Brown, D. Chun, N. Esonu, N. Gogna, C. Keltner, D. Miller & C. Smead. UWMC - Montlake



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Day 2 Poster Presentations

Tuesday, April 7, 2026

Session 3: Presentations for even-numbered posters

Session 4: Presentations for odd-numbered posters

- B-1** **Sweetening the Deal: Transforming Glycemic Care in a Multicenter Hospital System**
R. Bais, J. Gibson & L. Greenfield. UWMC
- B-2** **Igniting Innovation: A Shark Tank-Inspired Approach to Empower Nursing Teams**
L. Bellarks, K. Carriker, K. Dollarhide, M. Dykstra, C. Kronberg, J. Reid & I. Skar. PeaceHealth St. Joseph Medical Center
- B-3** **Improving Safety in Prolonged Endoscopic Submucosal Dissection (ESD) Procedures**
B. Brosman. Harborview Medical Center
- B-4** **The Impact of a "Skin Buddy" RN on Pressure Injury Prevention**
T. Powell, M. Braidwood & H. Vance, Harborview Medical Center
- B-5** **It Takes Two: Dual Registered Nurse Verification for Pressure Injury Identification**
J.R. Sales & B. Butay, UWMC
- B-6** **Quality Improvement: Referral Algorithm for Team-Based Care of Blood Pressure Control**
H.L. Tang, M.J. Russo, J.L. Simonds, M.E. Gibson & T.K. Johnson. Swedish Medical Group Washington State University
- B-7** **Amplifying Code Lavender: Wellness Breaks for ICU Nursing Staff**
C. Wolkow, M. Williams & A. Breaux. UWMC-Northwest & N. Johnson, Unwound Retreats
- B-8** **Periop 101 Module Refresher for Nurses: A Quality Improvement Initiative**
S. Anderson & D. Berry, Seattle Children's
- B-9** **An Innovative Simulation Model that Transforms Massive Transfusion Protocol (MTP) Performance**
S. Covel, M. Thomas, B. Haskins & H. Olivieri, UWMC
- B-10** **OR BBPE Reduction With Implementation of Neutral Zone Sharps Handling**
T. Frederickson, B. Norris, S. Randazzo, G. Rebischke-Smith & C. White, Providence Swedish
- B-11** **Preventing Pressure Injuries by Understanding Low Air Low Bed Functions**
M. Cho, J. Murphy, J. Sherwood & M. Turovska, Veterans Administration of Puget Sound
- B-12** **Electronic Health Record (EHR) Super User Pilot: In-Person Support and Candy Make Adoption Easier**
M. Brown & M. Canterbury, UWMC
- B-13** **Connecting Patients, Families and the Care Team with Bedside Discharge Planning Rounds - Improving Communication and Coordination of Care**
T. Cowan, L. Dulay & A. Zaremba. Virginia Mason Medical Center
- B-14** **Is e-Learning Enough? Building Nurse Confidence through Blended Educational Methods**
N. Pitts, UWMC - Northwest
- B-15** **Strengthening Safety: Implementing a Monthly Review Process for Safety Net Analysis**
T. Webb, K. Johnson, P. Navarro & L. Tran, UWMC - Northwest
- B-16** **What the Heckmo is ECMO? The Journey from Practice to Platinum**
J. Han & K. Sparks, UWMC
- B-17** **Use Of the Teach Back Jigsaw Method During Annual Skills**
G. Springer, B. Johnson, H. Carter, Providence Regional Medical Center Everett



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- B-18** **Glucose Monitoring in Bone Marrow Transplantation: Determining the Optimal Method Between POC and Central Line Blood Draws**
E. Hoffmann, VA Puget Sound Health Care System
- B-19** **COMBAT VAT: CICU Ventilator-Associated Tracheitis Prevention**
J. Olsen & C. Romoser McNary, Seattle Children's
- B-20** **How Much Do You Know About NPO?**
K. Opsata, T. Ouchida, D. Salgado-Bernal, K. Quach & B. Wubie. Harborview Medical Center
- B-21** **A Hard Pill to Swallow: Implementation of a Nurse-Driven Post-Extubation Swallow Screen**
M. Wilson, M. Slack, C. Caga-anan & C. Marsh Hoye, UWMC - Montlake
- B-22** **Making A Difference With Quality Rounds**
G. Mwase, UWMC
- B-23** **REDCap to the Rescue: Creating a Consistent CLABSI Review Process**
R. Nylin, L. Lewis, M. Elkayssi & J. Yeung. UWMC
- B-24** **Clinical Excellence Coordinators: A Novel Model for Advancing Quality Outcomes**
A. Wirt, E. Agudo, C. Constantino-Shor, & C. Gordanier. UWMC - Northwest
- B-25** **Reducing Iatrogenic Anemia Through Blood Conservation Strategies in ICU settings: A Quality Improvement Evaluation of Close-Loop (VAMP) and Push-Pull Sampling Systems**
R. Lee, J. Regan-Baggs, P. Suthanthavibul & T. Walks, UWMC - Montlake
- B-26** **Advancing Infection Control in Geropsychiatry: Learning From COVID-19 Outbreaks to Shape Future Best Practices**
K. Johnson, T. Webb, K. Vandebroke & O. Dittes, UWMC - Northwest
- B-27** **Using Scripting to Alter the Impact on Clinic Staff of Aggressive Patient Behavior Over the Phone**
J. Barnett, R. Hart, B. Jenkins, J. McNulty, W. Ridenour, E. Williamson & K. Wright, UWMC - Montlake
- B-28** **Inhale, Exhale, Heal: The Therapeutic Role of Aromatherapy**
E. Bonanno & K. Blue, UWMC - Northwest
- B-29** **Closing the Communication Gap: Strengthening Multilingual Postpartum Education to Save Lives**
M. Barre Hemingway, A. Bennett, J. Dorow, S. Esterbrook, C. Hanson, K. Kilmer, B. Matheny, K. Patel, A. Pattison, R. Renaud, T. Russo, J. Slater & E. Tucker, UWMC - Northwest
- B-30** **Utilizing Virtual RNs to Decrease Length of Stay on an Acute Care Unit**
S. Culbert & L. Embree, Providence Swedish St. Peter Hospital
- B-31** **Rise and Mobilize: Managing Patient Outcomes Through A Mobility Technician Program**
A. Calonge, P. Franke, M. Kaur, A. Smelser & M. Umer, Harborview Medical Center
- B-32** **Post-TNK Education for Nurses New to Tenecteplase**
E. So & C. Tu. Valley Medical Center