



SPORTS MEDICINE GRAND ROUNDS: SPONDYLOLYSIS UPDATE, REHABILITATION VS REST

WEDNESDAY, MARCH 25, 2026 12:15 P.M. – 12:45 P.M. CDT (VIRTUAL, LIVE ONLY)

TARGET AUDIENCE

Physicians, athletic trainers, advanced practice providers, nurses, physical therapists, and other healthcare professionals

CONTINUING EDUCATION

Children's Nebraska is accredited by the Nebraska Medical Association to provide continuing medical education for physicians.

Children's Nebraska designates this live activity for a maximum of one half (0.5) *AMA PRA Category I Credits™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

0.50 contact hours to be awarded by Children's Nebraska. Children's Nebraska is approved as a provider of nursing continuing professional development by VTL Center for Professional Development, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation. Successful Completion Requirements: RN's must 100% of a session, complete an evaluation/attestation to receive credit and certificate of completion. VTL Center for PD Provider #1026-4; 662.01

 Children's Nebraska (BOC AP#: P10097) is approved by the Board of Certification, Inc. to provide continuing education to Athletic Trainers. This program is eligible for a maximum of 0.5 Category A CEUs.

COURSE FACULTY

Natalie Ronshaugen, MD
Sports Medicine
Children's Nebraska
Associate Professor, Pediatrics
UNMC College of Medicine



OBJECTIVES

- Review historic views on diagnostic and treatment of spondylolysis.
- Discuss new study regarding rest vs rehab with spondylolysis.

FOR MORE INFORMATION

Questions? Contact Kerry Waple, Sports Medicine Coordinator kwaple@ChildrensNebraska.org

Upcoming Grand Rounds Dates:
5/27, 7/22, 9/23, 12/9



TO REGISTER, SCAN QR CODE OR CLICK HERE