

# EFEPA Retreats

Each year, the EFEPA hosts two weekend retreats designed for people living with the unique challenges of epilepsy, both of which are fully staffed by trained medical professionals.



## Young Adult Retreat

Every May, the EFEPA holds a weekend-long Retreat for young adults, ages 18-30, diagnosed with epilepsy. The Young Adult Retreat, hosted at Camp Green Lane in Green Lane, PA, offers an opportunity to meet others living with epilepsy, learn essential life and wellness skills, and recognize and build upon personal strengths.

[www.efepa.org/Young-Adult-Retreat](http://www.efepa.org/Young-Adult-Retreat)

Thursday, April 30th - Sunday, May 3rd, 2026  
Camp Green Lane, Green Lane, PA

## Adult Wellness Weekend

In September, adults living with epilepsy (ages 30+), as well as parents, spouses, and caretakers are invited to relax, restore, and recharge at the Adult Wellness Weekend at Deer Park Camp & Retreat Center in New Hope, PA. Adults will have the opportunity to connect with others facing similar challenges while taking part in activities designed to build a circle of support and increase overall wellness.

[www.efepa.org/AdultRetreat](http://www.efepa.org/AdultRetreat)

Friday, September 18th - Sunday, September 20th 2026  
Deer Park Camp & Retreat Center, New Hope, PA



Interested in one of our retreats?



Contact Andrew Chmielowiec:

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Scan QR code to register!



**EPILEPSY**  
FOUNDATION

EASTERN PENNSYLVANIA

**Epilepsy Foundation Eastern PA**

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