

Dr. Megan Carter

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Bio/About Me

Dr. Megan Carter is an innovative nurse executive with nearly 20 years of experience leading healthcare teams in hospitals across the country. She is a proud graduate of Duke University where she received her DNP in Executive Leadership and is board certified as an Advanced Nurse Executive. She is also a graduate of the Nurse Executive Fellowship through the AONL.

Dr. Carter is the President & Founder of MC Health Care Consulting where she has started the Chaos Whisperer movement for busy healthcare leaders. As a published author & consultant, she is helping healthcare and nurse leaders address burnout, overwhelming workloads and meeting overload through her patented frameworks and programs including the Simplify to Impact workshops, keynote speaking, consulting and executive coaching.

Dr. Carter is the host of "The Chaos Whisperers of Healthcare" podcast where she and her guests give busy healthcare leaders the practical tips and tools they need to go from surviving to thriving in leadership.

She is an active board member of the North Texas Organization for Nursing Leadership and supports the work of the Education Committee and the Membership Committee. She is also a member of the AONL Annual Conference Committee and an advisory board member of the Texas Christian University DNP program.



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I've had the opportunity to work closely with her, and the way she's able to navigate her clients' business, identify the areas holding healthcare leaders back, and create impact-focused solutions to help streamline operations in hospitals, reduce staff burnout, and improve the quality of patient care is incredible to watch.

—Emily Sereno, President & Founder