



BEYOND BURNOUT

Rediscover Meaning, Safety, and Purpose in Nursing

Objectives:

- What's really driving burnout beneath the surface (it's not just staffing).
- How moral injury and silence steal meaning from your work.
- Evidence-based ways to rebuild safety and connection on your unit.
- Simple steps to start healing the culture where you work.



AACN Chapter at UCLA

Wednesday Nov 19, 2025 ·
5pm – 6pm (PST)



Dr. Vanessa Abacan

DNP, APRN-CNS, ACCNS-P, RNC-MNN, EBP-C

*Founder of Heartfold HealingSM | Advocate for
Nurse Well-Being and Workplace Healing*

Join us via Zoom or In-Person