

## Me can overcome all the blocks

AACN CHAPTER AT UCLA PRESENTS:

# EKG BOOTCAMP

### A BETTER UNDERSTANDING OF AXIS, BLOCKS, AND WAVEFORM MORPHOLOGY

Join AACN Chapter at UCLA for this virtual educational event, available for all RNS interested in gaining an advanced understanding of EKG waveforms taught by an expert clinician

### DECEMBER 13, 2025 (0900-1215) 3 CONTACT HOURS WILL BE AWARDED 3.00 SYNERGY CERP CATEGORY A

AACN Chapter at UCLA members \$30 Non-Licensure Students \$20 Non-Chapter members \$60

Last day to enroll: December 12

No refunds for non-attendance and cancellations after December 7



#### **ABOUT THE SPEAKER**

Daisy Samonte has over 20 years of cardiac nursing experience. She is a Nursing Professional Development Practitioner for UCLA West Valley Medical Center. She worked in the Cardiothoracic ICU at Ronald Reagan UCLA. She is passionate about teaching EKG rhythms and pacemaker management to both new graduates and experienced nurses.

#### **PROGRAM PROVIDER:**

The American Association of Critical-Care Nurses

TO SIGN-UP FOR AACN CHAPTER MEMBERSHIP AND GET THE DISCOUNT, PLEASE SCAN THE QR CODE



#### **3 CONTACT HOURS WILL BE AWARDED:**

\*Participant must be present for the entire presentation to earn contact hours.
\*Complete and submit the evaluation form to receive the Certificate of Participation

TO ENROLL TO THE EKG CLASS, PLEASE SCAN THE QR CODE



FOR MORE INFORMATION, PLEASE CONTACT:

aacn.ucla@gmail.com



AMERICAN
ASSOCIATION

CRITICAL-CARE
NURSES

<sup>\*</sup>Enrollees will be notified by e-mail of class cancellation

<sup>\*</sup>This activity has been approved by the American Association of Critical-Care Nurses for 3 contact hours.

<sup>\*</sup>The American Association of Critical-Care Nurses is accredited as an approver of nursing continuing professional development by the American Nurses Credentialing Centers Commission on Accreditation

<sup>\*</sup>The American Association of Critical-Care Nurses is approved by the California Board of Registered Nursing, Provider Number CEP1036

#### **SPEAKER**

#### DAISY SAMONTE, MSN, RN, CCRN, CSC, CMC

Nursing Professional Development Practitioner
UCLA Health
Center for Nursing Excellence

#### SESSION DESCRIPTION

Nurses in nearly all phases of hospital care encounter patients requiring EKG monitoring. Nurses
are frequently consulted by colleagues of the multi-disciplinary care team. It is important for
nurses to be knowledgeable in EKG interpretation to assess for life threatening arrhythmias and
conditions. This session briefly reviews basic electrophysiology and covers advanced EKG
interpretation topics.

#### **OBJECTIVES**

- At the end of the course, the participants should be able to identify (using an audience participation poll mobile app) at least 80% of the abnormal EKGs to be presented in the course.
- The learners will be able to differentiate Left Bundle Branch Block (BBB) from Right BBB.
- The learners will be able to differentiate Left axis deviation from Right axis deviation.
- The learners will understand the pathophysiology for the BBBs and Axis deviations.
- The participants will identify interventions for rhythm alterations.

#### AGENDA/COURSE OUTLINE

#### 0900-0910 INTRODUCTION

#### 0910-1030 PART 1

- Conduction Pathway
- Waves and Intervals
- Fast HR Estimation Technique
- QRS Nomenclature
- ST Segment Elevation
- Sinus Node Dysfunction
- Atrial Rhythms
- Ventricular Rhythms
- Heart Blocks
- Q&A

#### 1030-1045 BREAK

#### 1045-1215 PART II

- 12 Lead ECG Fundamentals
- Leads and Electrodes
- Bipolar, Unipolar and Precordial
- QRS, ST Segment
- Closer Look at all 12 Lead Morphologies
- R Wave Progression
- Axis Interpretation
- LBBB vs RBBB
- Q&A

#### 1215 CLOSING REMARKS