

2025 LEAP East Conference – **Nurses: The Power of One; The Power of All**
October 17, 2025 Pocatello, ID

Agenda

Time	Topic	Objectives	NPD Minutes
7:30 – 8:00	Check-in / Breakfast	N/A	N/A
8:00 – 8:10	Welcoming Remarks – Association Leaders <i>Robyn Beall, MSN, RN, NE-BC</i> <i>Brie Sandow, MSN, RN, NEA-BC</i>	N/A	N/A
8:10 – 9:15	Keynote Address Culture by Design, Not Default: Building a Culture of Ownership that Lasts <i>Dr. Bob Dent, DNP, MBA, RN, NEA-BC, ACC, FACHE, FAONL, FAAN</i>	1. Define the key principles of ownership-driven culture and explain how they differ from compliance-based leadership approaches. 2. Describe at least two evidence-based strategies nurse leaders can apply to foster self-empowerment, engagement, and emotional resilience within their teams. 3. Analyze a case study or organizational scenario to identify opportunities for intentionally designing and sustaining a culture of ownership.	65
9:15 – 9:45	Expanding Shared Governance into the Night <i>Kevin McEwan, DNP, RN, NEA-BC, FACHE, FAONL</i> <i>Dani Bybee, MSN, RN</i>	1. Identify key steps in establishing a Night Council within a hospital setting (including engagement and unique needs of night shift) 2. Describe sustainable governance practices to ensure long-term success and engagement	30
9:45 – 10:05	Break – Networking & Self-Care		
10:05 – 11:05	EBP + QI = Win-Win Academic Industry Partnerships <i>Melody Weaver, PhD, APRN, FNP-BC, FAANP</i>	1. Clearly describe the difference between what DNP and PhDs contribute to nursing practice 2. Identify two areas of applicability for each of these types of nursing professionals	60

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11:05 – 11:35	From Competence to Confidence: Training the Next Generation of Nurses <i>Patricia M. Killian, RN, SANE</i>	1. Identify key generational traits of Gen Z nurses that impact their learning styles, workplace expectations, and approach to labor and delivery nursing in a post-COVID healthcare environment 2. Develop practical strategies to foster confidence and emotional resilience in Gen Z nurses by leveraging their strengths, addressing their fears, and adapting training methods to meet the needs of a mobile, purpose-driven workforce	30
11:35-12:05	Mindset Matters: Embracing Change and Breaking Down Silos <i>Tera Bybee, MSN, RN</i>	1. Describe how mindset shapes our approach to change and apply strategies to lead change within their teams 2. Explain how shifting mindset and breaking down silos fosters collaboration, enhances staff well-being, and improves organizational and patient outcomes	30 min
12:05 – 12:50	Break – Networking & Self-Care		
12:50 – 1:20	Virtual Multidisciplinary Rounds & Patient Centered Care: Idaho's First Hospital at Home Model <i>Marketa Friel, DNP, RN, NPD-BC</i>	1. Describe how virtual multidisciplinary rounds enhance multidisciplinary collaboration. 2. Discuss how virtual multidisciplinary collaboration improves patient care.	30
1:20 – 1:50	Use of Providone Iodine with CHG to decrease SSI in Adult Surgery <i>Whitney Miller MSN, RN, CMSRN, NE-BC</i> <i>Michelle Stierstofer, MSN, RN</i>	1. Identify the impact of preoperative povidone-iodine application to the nares on reducing surgical site infections (SSI) in adult surgical patients 2. Describe the specific outcomes observed in breast and colon surgeries following the implementation of povidone-iodine to the nares preoperatively	30
1:50 – 2:20	This isn't About Bubble Baths, It's About Sustaining Yourself as a Nursing Leader. <i>Alicia Young, MSN, MBA, RN</i>	1. Differentiate between self-care and self-preservation in the context of nursing leadership 2. Commit to at least one actionable change that supports total well-being	30
2:20 – 2:35	Break – Networking & Self-Care		
2:35 – 3:35	Board of Nursing Update 2025 <i>Nicki Chopski, PharmD</i>	1. Describe impact of 2025 session – including HB 89 and HB 289 2. List the upcoming changes to license fees and license renewal cycle	60
3:35 – 4:35	Dirt Therapy <i>Hayden Thorngren, RN</i>	1. List the therapeutic advantages of spending time in the outdoors. 2. Describe 2 Mindfulness Techniques	60
4:35 – 5:00	Closing – Q&A, Evaluations <i>Tera Bybee, MSN, BSN, RN</i> <i>Teresa Stanfill, DNP, RN, NEA-BC, RNC-OB</i>	1. Reflection 2. Participate in Q&A, complete evaluation	25
Maximum Total Continuing Education Contact Hours			450 min/7.5 hrs

Agenda subject to change