

NHNA 2025 Candidate Profile

Director at Large (Choose one)

Tiffany Boyd, DNP, MHA, BSN

Employment /Area of Subject Matter Expertise

Sr. Director of Acute Care Services at Cheshire Medical Center current member, currently attend various meetings and events

"With over 16 years of nursing experience, the majority of which have been in leadership roles, I have consistently demonstrated a strong commitment to advancing the nursing profession. Throughout my career, I have made it a priority to invest in ongoing education, professional development, and mentorship, always striving to grow both personally and as a healthcare leader.

Current involvement with NHNA

I am deeply passionate about supporting nurses and ensuring the continued growth and integrity of our profession. I believe in the power of nursing leadership to influence positive change in healthcare delivery and policy, and I am eager to contribute my experience and perspective at a broader level.

Describe how you meet the qualifications of the position

Serving on the board of the New Hampshire Nurses Association represents an opportunity for me to help shape nursing practice within our state, advocate for nurses across diverse settings, and support initiatives that uphold excellence, equity, and innovation in nursing. I am excited at the prospect of collaborating with fellow board members to champion the profession and make a meaningful impact on the future of nursing in New Hampshire."

Secretary (Choose one)

Sarah Vlasich BSN, RN, CMSRN

Employment /Area of Subject Matter Expertise

Registered Nurse Acute Inpatient per diem / Workforce Development Specialist / State Nursing Expansion Grant Manager for Granite State Partners Program

Current involvement with NHNA

Collaboration and advocacy for a NH Workforce Nursing Center.

Describe how you meet the qualifications of the position

As a nurse in the state of NH, of whom still practices, I am passionate about creating and advocating for innovative ways to increase the nursing workforce as a workforce development specialist and grant manager for the states Nursing Expansion Grant (focused on increasing the nursing pipeline utilizing diverse, equitable, and inclusive strategy to support underrepresented and underserved individuals into the nursing profession). I am dedicated to advancing opportunities for aspiring nurses, supporting current professionals, and ensuring a strong, sustainable healthcare workforce for the NH. My work as Manager of the Nursing Expansion Grant Project, Granite State Partners, has not only strengthened my skills in management and leadership, but has also allowed be to create relationships and connections amongst multiple sectors. I will be pursuing my MSN and MBA but have been inspired to engage with the New Hampshire Nurses' Association- whose mission and vision to promote nursing practice, professional development, advocacy, and empowering nurses as leaders to improve the health of NH communities, truly align closely with my work, as well as my own values and aspirations. The Secretary role, I feel is a way to begin engaging, while also positively promoting the NHNA and NHNA actives, attend the Board of Directors and Executive Committee Meetings, as well as participating in functions and events. My background and current work experience requires good communication and team building skills, good recording skills, and knowledge of many community resources.

Director at Large, Recent graduate (The first of three candidates, Choose One)

Karleigh Greenberg RN, BSN

Employment /Area of Subject Matter Expertise

I graduated with my Bachelor of Science in Nursing from Colby-Sawyer College in 2024 as a member of Sigma Theta Tau Nursing Honor Society, as well as the Student Nurses Association. I currently work as a drug and alcohol detox RN at The Granite House in Derry, New Hampshire.

Current involvement with NHNA

I do not currently have any current or past relationships with NHNA. I hope to join the board in the recent graduate position as Director at Large, Board of Directors to empower the nursing professionals of NH to practice patient-centered care to better the health of the community.

Describe how you meet the qualifications of the position

I meet the qualifications of the recent graduate Director at Large position as I hope to empower the nursing professionals of New Hampshire to advocate for patients. I currently work in a community drug and alcohol detox facility in Derry, New Hampshire. Since starting this position, I have gained insight on both the needs of the community, as well as nursing staff. As a drug and alcohol detox RN, I am able to advocate for my patients and encourage holistic care that encompasses mind, body, and spirit to improve mental and physical health. I found my love for addiction/psychiatric medicine through working in a Primary and Specialty Care office where I worked closely with an addiction specialist. I saw the desperate need for addiction interventions amongst my patients and was lucky enough to find a facility that accepts Medicare/Medicaid patients amongst my own community. In my current position, I am able to provide my patients with compassionate care and advocate for their needs to supervisors and providers. With the rising prevalence of the Addiction Crisis in New Hampshire, my RN position allows me to provide education to patients as well as fellow nurses to enhance the care my patients receive while in treatment.

In both of my nursing positions, I have collaborated with various professionals to ensure the best care for patients both in the facility and in daily life. During my senior capstone at Colby-Sawyer College, I was able to collaborate with members of the Lake Sunapee Region Visiting Nurses Association in an attempt to lower rehospitalization rates of congestive heart failure exacerbations. Through this nursing leadership opportunity, I found that teamwork requires efficient communication skills, which I hope to continue to develop and improve going forward as an RN, as well as in the recent graduate Director at Large position for the NHNA.

Director at Large, Recent graduate (The second of three candidates, Choose One)

Alexis Katsoulis, BSN, RN

Employment /Area of Subject Matter Expertise

I graduated from Colby-Sawyer College in May of 2024, with my bachelor's degree in the Science of Nursing. During my time at Colby Sawyer, I was honored to be inducted into the

Sigma Theta Tau International Honor Society of Nursing. In addition, I was an active member of the Student Nurses Association, where I participated in various events aimed at supporting fellow nursing students and advancing the profession. Since September 2024, I have been employed as a registered nurse at Elliot Hospital in Manchester, New Hampshire, where I have been working on both the Fuller Unit and the Total Joint Unit. These units have provided me with a strong foundation in post-surgical and medical-surgical nursing, allowing me to develop a broad and adaptable clinical set. The Fuller unit is a 55-bed post-surgical and trauma medical-surgical unit specializing in the care of adult post-operative, telemetry, stroke, and general medicine patients. This active environment has strengthened my ability to manage complex patient needs and respond effectively in high-acuity situations. The Total Joint Unit focuses on post-operative care for orthopedic patients recovering from total joint replacements, as well as general surgery patients, including those recovering from procedures such as gastric bypass and appendectomies. More recently, the unit has expanded to include gynecological patients, further broadening my clinical exposure. Over the past year, I have significantly advanced my critical thinking and clinical decision-making skills. I have enhanced my communication skills when collaborating with providers, fellow nurses, and the entire interdisciplinary team, and have consistently embraced changes in workflow and care protocols to support optimal patient outcomes.

Current involvement with NHNA

I recently became a member of the New Hampshire Nurses Association (NHNA) after learning more about the organization and its commitment to supporting nurses across the state. While my involvement is still in the early stages, I joined NHNA to stay informed on current nursing advocacy efforts, professional development opportunities, and issues impacting the nursing profession both locally and nationally.

Several colleagues I know are also members, and their positive experiences with NHNA inspired me to become more engaged. I look forward to expanding my involvement in the coming months to align my professional goals and dedication to advancing the nursing profession in New Hampshire.

Describe how you meet the qualifications of the position

As a newly licensed registered nurse with one year of experience at the Elliot Hospital in Manchester, New Hampshire, I am proud to submit my candidacy for the position of New Graduate Director-at-Large. I am passionate about advancing the nursing profession and committed to ensuring that new graduate voices are represented in conversations that shape the future of healthcare in our state.

Over the past year, I have worked on both the Fuller Unit and Total Joint Unit- medical surgical floors that care for a diverse range of post-operative, trauma, stroke, and general medicine patients. This experience has strengthened my clinical judgement, critical thinking, and communication skills in a fast-paced, interdisciplinary environment. I have grown significantly in areas such as collaboration with providers, embracing change, and supporting optimal patient outcomes-all of which are directly relevant to the leadership, oversight, and policy-setting responsibilities of this role.

Although I am in the early stages of my NHNA involvement, becoming a member this year has already deepened my understanding of the association's vision, mission, and bylaws, and further sparked my desire to advocate for the professional development and well-being of nurses throughout New Hampshire. I am eager to contribute to NHNA strategic planning and governance efforts, particularly from the unique perspective of a new graduate navigating today's healthcare world.

As a candidate for Director-at-large, I meet the following qualifications and am prepared to support the responsibilities outlined.

Knowledge of NHNA Vision and Bylaws: I have familiarized myself with NHNA's vision, mission, and organizational structure and am committed to supporting their goals.

Commitment to Advancing NHNA's Mission: I am deeply invested in promoting the professional, educational, and leadership opportunities NHNA offers to nurses at all stages of their careers.

Awareness of Current Nursing Issues: Working on a high-acuity post-surgical unit has given me insight into staffing challenges, patient safety concerns, and the importance of the well-being of nurses.

Leadership and Communication Skills: My clinical experience has helped me develop strong communication skills, the ability to collaborate effectively with diverse groups, and the interdisciplinary team.

Director at Large, Recent graduate (The third of three candidates, Choose One)

Fionna Norman MSN, RN, CNL

Employment /Area of Subject Matter Expertise

I am currently a student in the PMHNP program at UNH. I am currently an RN working in long-term care with around 28 patients per shift. I am also a Graduate Teaching Assistant at UNH where I help teach pathophysiology and clinical skills lab and simulation. I'm

currently a PMHNP student and am passionate about integrated primary and mental healthcare.

Current involvement with NHNA

I have not yet been involved in NHNA. My previous professor and career mentor Marcy Doyle has shared with me about NHNA and all of its efforts and I'm so excited for the potential opportunity to be a part of it.

Describe how you meet the qualifications of the position

I am seeking to earn and be elected to the position of Board of Directors at Large (recent graduate within 5 years) for this upcoming year. I am excited to be dedicated and responsible for a two year term. I am a competent and focused recent MSN, RN, CNL graduate and a current PMHNP student. I am excited to fulfill the position responsibilities including working with members, coordinating activities, and the establishment and implementation of association policies and position statements. I am an awarded grantee of the ANEW program and am passionate about integrated primary and mental healthcare and am dedicated to a nursing career and in leadership to serve the underserved in New Hampshire. Please see my interview in the recent publication from UNH Today: <https://www.unh.edu/unhtoday/2025/07/training-nurses-new-hampshire-needs>. Also, please see some of my published nursing Quality Improvement work: <https://scholars.unh.edu/cgi/viewcontent.cgi?article=2852&context=thesis>. Thank you for your time in reading this application and I look forward to hearing back on potential next steps soon.

Commission on Government Affairs (Choose one)

Erin Merriam, NSN, RN, MHA (completing 9/2025)

Employment /Area of Subject Matter Expertise

I have been a nurse since 2012, and have worked as an inpatient nurse, outpatient nurse, nurse and in the private sector with Commercial, Medicare, and Medicaid insurances. This has given me the opportunity to see where the gaps in healthcare are.

Current involvement with NHNA

I have not had the pleasure of past involvement.

Describe how you meet the qualifications of the position

I bring a comprehensive blend of clinical expertise, policy insight, and administrative acumen that aligns closely with the mission and responsibilities of a Board of Nursing, particularly in the realm of government affairs.

I have a Bachelor of Science in Nursing (BSN) which provides a strong foundation in clinical care, patient advocacy, and ethical practice and am in my last 8 weeks of my Master's in Healthcare Administration program which equips me with strategic leadership skills, policy analysis capabilities, and a systems-level understanding of healthcare delivery and regulation.

I have served in both inpatient and outpatient settings, giving me firsthand insight into the challenges and opportunities across the continuum of care. My direct care experience ensures that I bring a grounded, empathetic voice to policy discussions, always prioritizing safety, quality, and equity. While my current role in the Medicare/Medicaid space, I work within the framework of federal and state healthcare programs, navigating complex regulations, reimbursement models, and compliance standards. My daily engagement with CMS guidelines, managed care organizations, and public health initiatives positions me to contribute meaningfully to legislative and regulatory discussions affecting nursing practice.

I have been a leader in my organization for over 5 years and have worked with interdisciplinary teams, administrators, and policymakers to improve care delivery and promote sustainable healthcare models. My career reflects a dedication to advancing healthcare access, improving outcomes, and supporting the nursing profession through thoughtful governance.

Commission on Nursing Practice (Choose two)

Pamela Switzer, MSN, BS, RN

Employment /Area of Subject Matter Expertise

I have an MSN in Nursing Leadership with certificate in healthcare administration and am a Nurse Manager - Cheshire Medical Center - PreOp & PACU.

Current involvement with NHNA

member only

Describe how you meet the qualifications of the position

Thirty years of nursing experience at the bedside and in leadership. Value nursing practice and high-quality care. Member and lead of many successful improvement projects in current role. Passionate about supporting fellow nurses and our profession. Looking to get more involved in NHNA and make an impact.

Commission on Nursing Practice (Choose two)

Amy Thompson MSN, RN, DNP student

Employment /Area of Subject Matter Expertise

Nursing Education/Informatics, Emergency nursing

Current involvement with NHNA

member only

Describe how you meet the qualifications of the position

I have been a registered nurse since 1999 and bring over 25 years of clinical and academic leadership experience to this role. Currently, I serve as the Director of Nursing Programs and RN to BSN Program Coordinator at the University of New Hampshire College of Professional Studies. In this capacity, I lead curriculum development, oversee program operations, and advocate for the success of nontraditional students who balance education with professional and personal responsibilities.

My work has given me a strong understanding of the evolving needs of today's nursing workforce and the importance of ensuring that professional nursing organizations remain visible, accessible, and supportive of nurses at all stages of their careers. I am particularly committed to advancing the academic progression of nurses, supporting pathways that expand opportunities for both students and practicing nurses.

As a member of the NHNA Commission on Nursing Practice, I would contribute not only my academic and leadership expertise but also my dedication to advocacy and professional engagement. I am eager to learn more from this commission, represent the perspectives of students and future nurses, and assist in promoting the value of NHNA membership to the broader nursing community. By helping to connect practicing nurses, students, and faculty with the work of NHNA, I aim to strengthen the visibility and impact of nursing practice across New Hampshire."

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