

LEARNER OUTCOMES

Know: Updated perioperative guidelines (ASPAN/AORN), current legislative issues affecting nursing, and the importance of self-care and professional collaboration.

Show: Confidence in identifying advocacy opportunities, applying self-care strategies, and engaging in professional dialogue.

Do: Apply updated standards in perioperative practice, participate in legislative.

TARGET AUDIENCE: RNs in Perioperative Areas

6.75 ANCC Contact Hours

CRITERIA FOR CONTACT HOURS

- Attendance of the entire session
- Completion of Program

Evaluation by October 18, 2025

No contact hours given for breaks or lunch.

AGENDA

8AM-8:15AM - Welcome Elizabeth A. Steffen BSN-RN, CAPA, FLAA

8:15AM-9:15AM - 2025 Legislative / Legal Update - "Annus Horribilis" Joseph Rectenwald JD

9:15AM-11AM - You Good? Recognizing Stress and Showing Up for Yourself Erika Coy MS, LPCC

11AM-12PM - Lunch / Meeting

12PM-1PM - The Journey Begins: PreAdmission Testing LaVetta Carney DNP, RN, CAPA

1PM-2PM - Positioning the Surgical Patient Ravy Lushek MSN, RN, CNOR

2PM-3PM - Care of the PREOPERATIVE, PACU and PHASE II Surgical Patient Christina Sexton MSN, BSN, RN, CPAN

3PM-4PM - Ethically Speaking: Nurses Called to Action Elizabeth A. Steffen BSN-RN, CAPA, FLAA

4PM-4:30PM - Q&A / Evaluation

Please use the link / QR code below to complete the evaluation and submit for contact hours. Please use the link / QR code below to complete the evaluation and submit for contact hours.

https://orgdev.qualtrics.com/jfe/form/SV_3t0JpID4gdYzqNU

St. Elizabeth Healthcare is accredited as a provider of Nursing Continuing Professional Development by the American Nursing Credentialing Center's Commission on Accreditation.

No mitigation or financial relationship needed to disclose



KSPAN FALL CONFERENCE 2025

RESTORING THE HEALERS: EMPOWERING NURSES

October 11th, 2025

St. Elizabeth Training and Education
Center (SETEC)

3861 Olympic Blvd, Erlanger, KY 41018



KSPAN reserves the right to substitute speakers if necessary. Replacement speakers will present on topics that align with the overall learning outcomes of the conference. **Note:** Contact hours will be awarded based on actual participation in educational sessions. If a session is canceled and not replaced, the total contact hours will be adjusted accordingly.

COMMUNITY OUTREACH

NACU is the Nurse Advocacy Center for the Underserved. The Center has a proven record of reducing health disparities by improving the health of vulnerable populations, collaborating with community partners to identify needs, and providing service-learning opportunities for students while addressing the challenges of health care to the underserved community.

NACU's webpage is:

<https://www.nku.edu/academics/chhs/institutes/nacu.html>

List of donation needs:

<https://www.nku.edu/academics/chhs/institutes/nacu/getinvolved.html>

RESTORING THE HEALERS: EMPOWERING NURSES

A continental breakfast, snacks and lunch will be provided during the conference. Please layer clothing, as it is difficult to maintain a comfortable room temperature. This is a great opportunity for knowledge sharing, fellowship, and networking. See you there!

KSPAN BOARD OF DIRECTORS

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REGISTRATION

Register online at:
kspan.nursingnetwork.com

\$60 KSPAN/ASPN MEMBERS

\$65 NON-MEMBERS

\$55 VIRTUAL

\$20 STUDENTS

\$70 DAY OF CONFERENCE

Refunds will be issued for cancellations received in writing at least 7 days prior to the event. No refunds will be issued after that date.

