

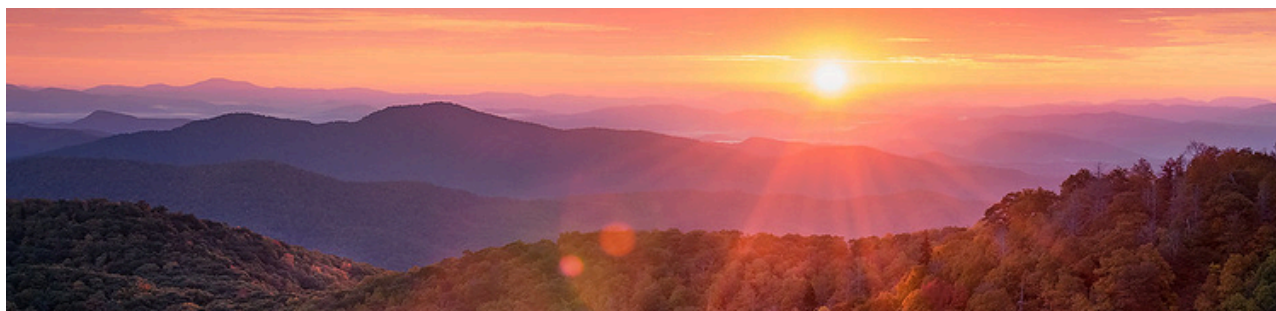
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FALL 2025

# AORN Richmond Area 4702

*SHARP LINES NEWSLETTER*

Brittany Ozanski & Tori Hylton



## PRESIDENT'S MESSAGE

**Jessica Ooms**

I hope that you all had a wonderful summer and enjoyed time with your family and friends. I'm looking forward to the start of fall with cooler temperatures and watching the leaves change colors. Fall is also the start of our chapter year and we have so many fun events planned. We have educational speakers and dinners scheduled for the September, October, and November chapter meetings. When you attend the business and education meetings, you will have the chance to learn more about our chapter, committees, earn continuing education credits, mingle with nursing friends, and have the chance to win surprise drawings. We hope to see you at our first meeting on September 15<sup>th</sup> at 6 pm at St. Mary's Hospital. We also have fun events scheduled, including a Flying Squirrels game (September 13), participating with Safe Harbor's Walk to End It at the Libbie Mill Pier (September 27), and a holiday dinner (December 8). Stay tuned for more details about events with our chapter on our Nursing Network website, Facebook, and Instagram. There is also a calendar posted, which shows dates and times of events planned from September 2025 to May 2026. We will continue to add events and send updates on social media and Nursing Network.

National AORN president, Darlene Murdock, set our theme for the year, "Lighting the Pathway." This theme is rooted in the legacy of Florence Nightingale, but it also gives us inspiration for the upcoming year and the future of nursing. I love this theme. As nurses we need to guide others by being role models, mentor new nurses, and remember the importance of continuous learning. We should be advocates for our patients and stay informed about nursing legislation and policies.

Many of us became nurses because we are compassionate people and want to provide our patients with excellent care. AORN is a great avenue to stay connected to current evidence-based practices and learn about surgical technology and advancements. We hope to see you at our chapter meetings this fall and would love for you to become more involved with the chapter. Together, we can make a difference and advance the profession of nursing.

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## OFFICERS

### **PRESIDENT**

Jessica Ooms, BSN, RN, CNOR

### **PRESIDENT-ELECT**

Chante Logan, DNP, RN, CNOR

### **VICE PRESIDENT**

Zelika Hargrove, DNP, RN, CNOR,  
CSSM, NPD-BD

### **SECRETARY**

Laurie Dameron, BSN, RN, CNOR

### **TREASURER**

Amanda Ringhoff, MSN, RN

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## CHAPTER MEETINGS

Meetings are held at St. Mary's Hospital  
from 6-8pm in Education Room 163,  
5801 Bremono Rd, Richmond VA 23226

September 15

October 20

November 17

December 8 (Holiday Social @  
Chickahominy Barn)

January 19

February 21 (VCORN @ St. Mary's  
Hospital)

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## BOARD OF DIRECTORS MEETINGS

Meetings are held at the Reinhart Guest House,  
1100 Libbie Ave, Richmond VA 23226

September 8,

November 10

## BOARD OF DIRECTORS

Imani Bogle, BSN, RN

Tori Hylton, RN

Kaytie Loving, BSN, RN

Sheila Walker, BSN, RN, CNOR

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## COMMITTEE CHAIRS

### **Awards**

Donna Winderweedle

### **Education**

Zelika Hargrove

### **Legislative**

**NEW CHAIRPERSON NEEDED!**

### **Marketing**

Kaytie Loving

### **Membership**

Sheila Walker

### **Policy and Bylaws**

Laurie Dameron

### **Ways and Means**

Zelika Hargrove

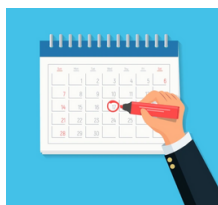
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## NOMINATING COMMITTEE

Sheila Flores, BSN, RN, CNOR,  
RNFA

Meghan Hamlin, BSN, RN, CSRN

Nicole Meredith, BSN, RN, CNOR,  
CSSM



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## Meet Our New Chapter President!



### Q & A WITH JESSICA OOMS

**How long have you been involved with AORN Richmond Chapter?**

I've been involved with our chapter since 2010. I've served our chapter in a variety of ways, including newsletter editor, Board of Directors member, President-Elect & Marketing Committee Chair.

**How long have you been an OR Nurse?**

20 years in the OR and 15 years at St. Mary's Hospital

**What is your favorite service line?**

Ortho

**What's one of your favorite things about being involved with AORN?**

Going to the Global AORN Conference & Expo as a delegate. It's such an amazing experience where you have the chance to meet other nurses, explore the vendor exhibit hall, attend education seminars, and be reminded about how awesome it is to be an OR nurse!

**What are your hobbies?**

Snowboarding, paddleboarding, & doing anything outside

I'm looking forward to serving our chapter this year as president & I'm excited to see what we will accomplish together.

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## UPCOMING EVENTS

**Sept 13**

Richmond Flying Squirrels Game

**Sept 27**

Safe Harbor Walk To End It

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## Awards Committee Update

The awards committee would like to thank the membership for the nominations for the Mary C. Evans Award. This award will be presented at the October meeting. We would also like to thank the members who submitted their applications for the Chapter's First-Time Attendee to Expo Scholarship for 2026. All applicants will be notified of the results and the scholarship will be awarded at the October meeting.

## Membership Update 269 Members

The renewal cost is down to \$125/ year from \$170. Check out the monthly option if that works better for you, which starts at \$11.99.

Periop 101 members can renew for 1st and 2nd year at \$50, then \$99 for the 3rd year.

If you are new to the profession, less than 3 years (and not from a Periop 101 program) you can join for \$50 the 1st year and \$99 years 2 and 3.

Renewal for a retired member is \$40 per year

If you have an issue with joining or renewal contact AORN customer service @ 1-800-755-2676, choose option#7 or email [custsvc@aorn.org](mailto:custsvc@aorn.org)

New members are always welcome, bring a friend to the meetings!

# MARKETING REPORT

## Kaytie Loving

### Volunteer with Moments of Hope Outreach clothing ministry (Saturday Servings)

Saturday, Aug. 30, Sept. 20, Oct. 25, Nov. 22, Dec. 20, 2025  
11:30am-1:30pm

We will continue to volunteer once a month with MoHope, usually the last Saturday of each month. Stay tuned for updates on Nursing Network.

**Location:** Light Community Church, 601 Azalea Ave, Richmond, VA 23227

You can volunteer or bring donations to share with people in need. Men's, women's, and children's clothing and shoes. Blankets, sleeping bags, book bags, reusable grocery bags. We volunteer with the clothing ministry, but they also provide individuals with a hot meal, a bag of non-perishable items, offer bike tune-ups, prayer, and blood pressure checks with a nurse

Website: <https://momentsofhopeoutreach.org/>

No need to RSVP for volunteering. You can contact Jessica Ooms if you have donations that you'd like to contribute, [jessica.richmondaorn@yahoo.com](mailto:jessica.richmondaorn@yahoo.com)

### Donation drive for St. Mary's Hospital Pediatric Unit:

We are collecting stuffed animals for children in the month of October. Bring items to the October 20<sup>th</sup> chapter meeting or contact Jessica Ooms to coordinate donation drop off or collection, [jessica.richmondaorn@yahoo.com](mailto:jessica.richmondaorn@yahoo.com)



### OR Nurse T-shirt

Let everyone know that you're an OR nurse with this fun t-shirt. Proceeds from this fundraiser will support registered nurses and nursing students in furthering their education.

<https://www.bonfire.com/or-nurse-cut-through-th...>



**AORN**  
SAFE SURGERY TOGETHER

**Richmond Area**  
CHAPTER 4702

**SAVE THE DATE!**

AORN National Conference  
April 11-14, 2026  
New Orleans, LA

## RESEARCH COMMITTEE CHAIRPERSON NEEDED!

Do you or someone you know like to research new topics? Do you like to help others learn new things? This may be a good fit for you! Please let one of the officers know if you are interested.

## LEGISLATIVE COMMITTEE CHAIRPERSON NEEDED!

The Legislative Committee keeps the chapter members informed about state and federal healthcare legislation that affect perioperative nursing.

## NEWSLETTER UPDATES

If you have any updates or information that you would like to include in the newsletter, please email Brittany Ozanski @ [bmarie354@gmail.com](mailto:bmarie354@gmail.com) or Tori Hylton @ [vnbartos@yahoo.com](mailto:vnbartos@yahoo.com)

Be an advocate. Together we can make the profession stronger and our patients safer.

# AORN Richmond 2025 - 2026

<b>SEPTEMBER</b>  <b>9/8</b> <u>Board meeting</u> 6-7:30 pm Reinhart Guest House  <b>9/13</b> <u>Flying Squirrels Game</u> 6 pm  <b>9/15</b> <u>Chapter meeting</u> 6-8 pm St. Mary's Hospital, Room 163 Education Presentation by Dr. Coster on Thoracic Surgery (dinner & CE credit provided)  <b>9/20</b> <u>Volunteer with Moments of Hope Outreach</u> 11:30 am Light Community Church 601 Azalea Ave 23227  <b>9/27</b> <u>Walk to End It</u> 10 am at the Pier at Libbie Mill Surgical Striders (OR team) walking to raise money for Safe Harbor	<b>OCTOBER</b>  <b>10/20</b> <u>Chapter meeting</u> 6-8 pm St. Mary's Hospital, Room 163 Education presentation by Dr. Khader on Advances in Resectable Pancreatic Cancer (dinner & CE credit provided)  <b>10/25</b> <u>Volunteer with Moments of Hope Outreach</u> 11:30 am Light Community Church 601 Azalea Ave 23227	<b>NOVEMBER</b>  <b>11/10</b> <u>Board meeting</u> 6-7:30 pm Reinhart Guest House  <b>11/17</b> <u>Chapter meeting</u> 6-8 pm Location: TBD Education presentation by Eric Davis with Molnlycke Implementing a Climate of Safety: Consensus Recommendation on Surgical Gloving (dinner & CE credit provided)  <b>11/22</b> <u>Volunteer with Moments of Hope Outreach</u> 11:30 am Light Community Church 601 Azalea Ave 23227
<b>DECEMBER</b>  <b>12/8</b> <u>Holiday Dinner</u> 6-8 pm at Chickahominy Barn  <b>12/20</b> <u>Volunteer with Moments of Hope Outreach</u> 11:30 am Light Community Church 601 Azalea Ave 23227	<b>JANUARY</b>  <b>1/12</b> <u>Board meeting</u> 6-7:30 pm Reinhart Guest House  <b>1/19</b> <u>Chapter meeting</u> 6-8 pm Location: TBD Education presentation by Kim Duggan with Pacira on ERAS 2.0: Shaping the Future of Surgical Care (dinner provided)	<b>FEBRUARY</b>  <b>2/21</b> <u>VCORN Conference and Workshop</u> 8 am St. Mary's Hospital Auditorium and Education Rooms
<b>MARCH</b>  <b>3/9</b> <u>Board meeting</u> 6-7:30 pm Reinhart Guest House  <b>3/16</b> <u>Chapter meeting</u> 6-8 pm Location: TBD	<b>APRIL</b>  <b>4/11-14</b> <u>AORN National Conference</u> New Orleans, LA  <b>4/20</b> <u>Chapter meeting</u> 6-8 pm Location: TBD	<b>MAY</b>  <b>5/11</b> <u>Board meeting</u> 6-7:30 pm Reinhart Guest House  <b>5/18</b> <u>Chapter meeting and Installation of Officers</u> 6-8 pm Location: TBD
<b>JUNE</b>  <b>6/1</b> Applications due for the First-Time Attendee Scholarship, Mary C. Evans Award, and Delegate Packet	<b>JULY</b>	<b>AUGUST</b>  <i>Stay tuned for additional info on chapter meetings, volunteer events, donation drives, conferences, and social activities with AORN Richmond.</i>



## **AORN (Association of periOperative Registered Nurses) Richmond**

We have monthly chapter meetings on the third Monday of every month (September - May)

Our next meeting is on Monday, September 15th at 6 pm

St. Mary's Hospital, 5801 Breemo Road, Richmond, VA 23226 (Room 163)

Education presentation by Dr. Coster on Innovations in Thoracic Surgery and dinner provided by BD

### **WHY SHOULD YOU JOIN AORN RICHMOND???**

- \* Fellowship with other nurses and healthcare professionals
- \* Stay informed of current surgical technologies and perioperative advancements
- \* Participate with advocacy efforts to help improve the profession of nursing and enhance healthcare
- \* Education sessions with continuing education credits and food
- \* Fun events like a charcuterie board class, paint night, holiday gatherings, mocktail night, and more
- \* State and national workshops, conferences, and expos
- \* Participate in local volunteer events and donation drives to help those in need in our community
- \* Get involved in nursing research or evidence-based practice projects
- \* Attend the national AORN conference and expo as a delegate representing our chapter and get inspired about perioperative nursing

JOIN YOUR LOCAL NURSING ORGANIZATION TO ADVANCE YOUR CAREER AND HELP THE PROFESSION OF NURSING!!

### **CONNECT WITH US ONLINE:**

[www.aornrichmond.nursingnetwork.com](http://www.aornrichmond.nursingnetwork.com)

[www.facebook.com/richmondchapter.aorn](https://www.facebook.com/richmondchapter.aorn)

Instagram @aornrichmond4702

For more information, email us at [richmondaorn@outlook.com](mailto:richmondaorn@outlook.com)

# AORN RICHMOND CHAPTER MEETING



Monday September 15, 2025



6:00 pm Arrive and get dinner

6:15 pm Business meeting

7:00 pm Education presentation



St. Mary's Hospital, 5801 Bremo Rd,  
Richmond, VA 23226 (Room 163)

## **Presentation: Innovations in Thoracic Surgery by Dr. Jenalee Coster, Thoracic Surgeon**

### Learning Objectives:

1. Introduction to thoracic surgery
2. Operation safety in thoracic surgery: emergency conversion from robotic to open
3. Advances and innovations coming in thoracic surgery

*1 CE credit will be awarded at the completion of  
the presentation and dinner will be provided by BD*

Please register using the QR link, so we know how  
much food to order. We look forward to seeing you!

**Reach out to Jessica Ooms if you need  
help signing up for the meeting,  
[jessica.richmondaorn@yahoo.com](mailto:jessica.richmondaorn@yahoo.com)**

This continuing nursing education activity was approved by the Association of perioperative Registered Nurses, INC., an accredited approver by the American Nurses Credentialing Center's Commission in Accreditation. AORN recognized this activity as continuing education for registered nurses. This recognition does not imply that AORN approved or endorsed a product included in the presentation.



**COME CATCH A GAME WITH  
AORN RICHMOND**

**YOU'RE INVITED TO A  
FLYING  
SQUIRRELS  
GAME**



**SATURDAY, SEPTEMBER 13, 2025**

**FIRST PITCH 6:05 PM & FIREWORKS AFTER THE GAME**

**THE DIAMOND  
3001 N ARTHUR ASHE  
BLVD, RICHMOND, VA**

**PURCHASE TICKETS  
ONLINE OR AT THE  
STADIUM**



**RSVP to Jessica Ooms  
[jessica.richmondaorn@yahoo.com](mailto:jessica.richmondaorn@yahoo.com)**





SAFE HARBOR'S ANNUAL

WALK TO



BENEFITING  
SURVIVORS OF  
HUMAN  
TRAFFICKING

END IT

Richmond, VA #4702



SATURDAY, SEPTEMBER 27TH  
CHECK IN: 9AM

THE PIER AT LIBBIE MILL  
LIBBIE LAKE E ST,  
RICHMOND, VA 23230





## **AORN Richmond Stuffed Animal Donation Drive for St. Mary's Pediatric Unit**

Please consider supporting this donation drive by buying new stuffed animals. There will be a collection box in the SMH MOR Lounge. You can bring items to the chapter meeting on October 20th or contact Jessica Ooms at [jessica.richmondaorn@yahoo.com](mailto:jessica.richmondaorn@yahoo.com) to coordinate your donation.

Items will be donated on October 29, 2025

