



Join us to Walk for PICS!

When:

Where:

Distance:



More than five million patients are admitted annually to U.S. intensive care units (ICUs)¹.

Survivors often experience Post-Intensive Care Syndrome (PICS) – a collection of new or worsening impacts in the cognitive, physical, or mental health realm².

There are countless ICU survivors who spend months, and even years, seeking answers to why they are changed, sometimes permanently, after critical illness. **Walk for PICS** was established to raise awareness among medical providers, mental health practitioners, and the public.

Supporters can walk **any distance, anywhere in the world**, to challenge your body while raising awareness of this complicated syndrome. Every ICU survivor living with PICS should know **they are not alone** and there is **hope and support for their journey**.

Questions? Contact:

¹ Society for Critical Care Medicine

² ICUDelirium.org