
Event Agenda

2025 American Society for Pain Management Nurses Annual Conference

Wednesday, October 15, 2025

Pre-Conference Attendee Breakfast

7:00 AM – 7:45 AM

MEALS

This breakfast is available only if you have registered for a morning Pre-conference Session

"Spine Strong": Empowering Nurses in Comprehensive Spine Pain Management and Patient Advocacy

8:00 AM – 12:00 PM | Location: Conference Room I

PRE-CONFERENCE WORKSHOP

Join us to explore pain management nurses' vital role in spine pain care—covering assessment, treatment, advocacy, and holistic strategies to improve outcomes. Presented in collaboration with AANN Spine Pain Certification Program.

Speakers



Michelle Lavelle-Henry

Concordia University St.Paul, MN



Mary Milano Carter

Nurse Practitioner | Northwell Health/ North Shore University Hospital



Marilyn Bazinski

Pain Management Clinical Nurse Specialist | UCSF

Advanced Pain Pharmacology, Session I

8:00 AM – 12:00 PM | Location: Conference Room VI

Speaker



Linda Vanni

Exploring Safe Pain Management Through a Regulatory Lens and Guidelines

8:00 AM – 12:00 PM

PRE-CONFERENCE WORKSHOP

This preconference workshop will explore how safe pain management is influenced and shaped by regulatory organizations including the American Nurses Association, The Joint Commission, DNV, CDC Pain Management guidelines, state boards of nursing, and ASPMN position statements and guidelines.

Speaker



Sharon Wrona

Director Comprehensive Pain and Palliative Care Services | Nationwide Children's Hospital

Co-speaker



Ann Quinlan-Colwell

Consultant | Independent Pain Management Consultation and Education

Pre-Conference Attendee Lunch

12:00 PM – 12:45 PM

This lunch is only available if you have registered for an afternoon pre-conference session

Centered & Present: Holistic Self-Care Strategies to Sustain the Pain Management Nurse

12:45 PM – 4:45 PM | Location: Conference Room I

PRE-CONFERENCE WORKSHOP

Restore your energy and resilience in this interactive workshop designed for pain management nurses. Learn practical self-care skills—aromatherapy, breathwork, mindfulness, reflexology, and self-massage—to reduce stress for yourself and your patients.

Speaker



Marie O'Brien

Director Integrative Care and Pain Management | MATHER HOSPITAL NORTHWEL HEALTH

Co-speakers



Patricia Dodd

NP | Mather Hospital Northwell Health



Laura Vinci

NP | Mather Hospital Northwell Health



Christine Cirolli

Holistic Nurse | Mather Hospital Northwell Health

Pediatric Pre-Conference

12:45 PM – 4:45 PM | Location: Conference Room II

PRE-CONFERENCE WORKSHOP

The Magic of a Multidisciplinary Approach to Effective Management of Persistent Pediatric Pain

12:45 PM – 1:30 PM

PRE-CONFERENCE WORKSHOP

Pediatric chronic pain is a complex condition requiring a multidisciplinary treatment approach. Participants will learn how coordinated care from a diverse healthcare team, therapies, and tailored lifestyle adjustments lead to pain relief, improved functioning, and enhanced quality of life.

Speaker



Chansey Pullen

Pain Management Services Coordinator | Cook Children's Medical Center

Co-speaker



Lauren Kenny

Pediatric Nurse Practitioner | Cook Children's Medical Center

Hitting a High Note for Pediatric Pain Management

1:30 PM – 2:15 PM

PRE-CONFERENCE WORKSHOP

This session explores the impact of interprofessional collaboration on pediatric pain management, demonstrating how nurses and music therapists can partner to reduce anxiety and improve patient care. A case study highlights the benefits of integrating music therapy into clinical practice.

Speaker



Kaitlin Pounders

Clinical Nursing Supervisor - Brandon Neonatal ICU | University of Michigan - C.S. Mott Children's Hospital

Co-speakers



Elizabeth Pasternak

Clinical Nurse | C.S. Mott Children's Hospital



Meredith Irvine

Music Therapist - Sophie's Place Studio Manager | University of Michigan - C.S. Mott Children's Hospital

Needles don't have to be scary: Implementing a multimodal bundle for pain & fear management during pediatric needle procedures.

2:15 PM – 3:00 PM

PRE-CONFERENCE WORKSHOP

This session focuses on the rollout of a needle pain mitigation bundle within a large freestanding children's hospital. The bundle includes evidence-based interventions to decrease pain and distress during pediatric needle procedures.

Speaker



Julie Marshall

Clinical Practice Specialist | Children's Hospital Colorado

Pediatric Headaches:

3:00 PM – 3:45 PM

PRE-CONFERENCE WORKSHOP

How to assess a child presenting with headache. Will review red flags and provide multiple treatment modalities available including lifestyle, supplements, medications, neuromodulation, and acupuncture.

Speaker



Lara Koral

APRN - Neurology Nurse Practitioner | Children's Mercy Hospital

Opioid Stewardship in Pediatrics.

3:45 PM – 4:30 PM

PRE-CONFERENCE WORKSHOP

In some ways the opioid epidemic affects pediatric organizations differently than adult organizations. Upon developing our Opioid Stewardship program our organization targeted two risk mitigation strategies: Patient/Family education and prescribing.

Speaker



Elizabeth Edmundson

Patient Care Services, Comfort Promise and Opioid Stewardship | Children's Mercy Kansas City

Advanced Pain Pharmacology, Session II

12:45 PM – 4:45 PM | Location: Conference Room VI

PRE-CONFERENCE WORKSHOP

While we remain in the midst of an opioid epidemic, opioids often play a pivotal role in pain management. Session II of Advanced Pain Pharmacology will examine the appropriate use of typical opioids, the finer points of opioid utilization and the safety measures necessary when initiating opioid therapy. The use of atypical opioids, such as buprenorphine will also be discussed. When opioids are prescribed, it is absolutely essential that the side effects of their use be addressed immediately. These side effects and their treatment will be examined from an evidence-based view. This session will also look at the use of novel agents, such as naltrexone, lidocaine infusions for chronic pain, ketamine and magnesium. The future also holds the usage of some unique natural compounds, such as psilocybin. Looking at the pharmacology of compounds, from methadone to ketamine will help instill confidence in both prescribing and patient response, no matter the clinical setting or patient population.

Presented by: Linda Vanni, MSN, PMGT-BC, ACNS-BC, NP, AP-PMN and Master Faculty

Speaker



Linda Vanni

New Member/First-Time Attendee Orientation

5:00 PM – 5:30 PM | Location: Conference Room VI

Join us for our New Member/First-time attendee orientation to learn all about ASPMN and the conference. Get advice from long-time members and meet more new members/attendees like yourself!

When Empathy Fades and Internal Stigma Rises: Tools to Regain Your Own Homeostasis

5:30 PM – 6:20 PM | Location: Aurora 2-4

GENERAL SESSION

Caring for patients in pain can take a toll on nurses. This presentation highlights the challenges nurses encounter when they notice their empathy waning and experience internal judgment. It offers strategies to restore their own health and well-being, to continue to love the work they do.

Speaker



Megan Filoramo

Nurse Practitioner and Nurse Coach | Everpoint Pain Management

Welcome Reception, Poster Viewing, Silent Auction opens

6:20 PM – 8:00 PM | Location: Aurora 1

EXHIBITS/POSTERS

Dinner on Your Own

8:00 PM – 8:00 PM

Thursday, October 16, 2025

Continental Breakfast

7:00 AM – 8:00 AM | Location: Aurora Foyer

MEALS

Welcome & Opening Remarks

8:00 AM – 8:30 AM | Location: Aurora 2-4

GENERAL SESSION

Speaker



June Oliver

APRN Pain Management | Swedish covenant hospital

Climbing the Summit Together: Empowering People with Pain Through Peer Support and Community-Based Care

8:40 AM – 9:40 AM | Location: Aurora 2-4

GENERAL SESSION

Explore how nurses can expand pain care through peer support. Learn how U.S. Pain Foundation's model reduces isolation and builds resilience—while empowering nurses to bridge care gaps and encourage patients to engage in compassionate, community-based support.

Speaker



Nicole Hemmenway

Chief Executive Officer | U.S. Pain Foundation

Break in Exhibit Hall/Poster Viewing/Silent Auction

9:40 AM – 10:10 AM | Location: Aurora 2-4

EXHIBITS/POSTERS

Keynote Presentation: Bioethics of Pain Management

10:10 AM – 11:10 AM | Location: Aurora 2-4

GENERAL SESSION

Lunch Symposium "Opioid Prescribing in Chronic Pain: What Every Nurse Needs to Know"

11:15 AM – 12:15 PM | Location: Aurora 2-4

GENERAL SESSION

Session sponsored by Collegium

Jean Guveyan Lecture

12:20 PM – 1:20 PM

Jean Guveyan Scholarship Reception (Invitation Only)

1:20 PM – 1:50 PM

SPECIAL EVENTS

Break in Exhibit Hall/Poster Viewing/Silent Auction

1:20 PM – 1:50 PM | Location: Aurora 1

EXHIBITS/POSTERS

Beyond Survival: Thriving in Pain Management Amidst Workplace Violence and Clinical Complexity

1:50 PM – 2:50 PM | Location: Aurora 2-4

GENERAL SESSION

This keynote explores how nurses and APRNs in pain management can thrive—not just survive—amid clinical complexity and workplace violence. Attendees gain evidence-based tools and leadership strategies to elevate practice, support teams, and advance excellence in pain care.

Speaker



Scott Faust

Hospitalist | Fairview/MHealth

Your patient says they take buprenorphine, now what?

2:50 PM – 3:50 PM

GENERAL SESSION

The use of buprenorphine has doubled over the past decade, resulting in more clinicians encountering it in their patients' medication regimens. Despite established guidelines, many providers remain uncertain about the optimal approach to managing acute pain in patients on buprenorphine.

Speaker



Crystal Parrish

Nurse Practitioner | Vanderbilt University Medical Center

Multidisciplinary Viewpoints on Pain Disparities: An Exemplar of the ASPMN Position Statement with Findings from the All of Us Dataset

3:50 PM – 4:50 PM | Location: Aurora 2-4

GENERAL SESSION

ASPMN recently published the position statement on how to help clinicians address pain inequities, disparities, and injustices in pain management. The purpose of this session is to provide clinicians with a framework on how to address pain care inequities guided by ASPMN recommendations.

Speaker



Anitha Saravanan

Assistant Professor | Northern Illinois University

Co-speakers



Marian Wilson

Associate Professor | Washington State University



Navdeep Singh

Assistant Professor | Wayne State University



Grace Mooney

PhD student | Northern Illinois University



Buki Fabusiwa

PhD student | Northern Illinois University



Keesha Powell-Roach

Assistant Professor | Rutgers University

Chapter Meet-Ups and (Optional) Group Dinner

5:00 PM – 5:30 PM

SPECIAL EVENTS

See your local Chapter information in the "Community" section of the Whova app for details

Friday, October 17, 2025

Continental Breakfast

7:00 AM – 8:00 AM | Location: Aurora Foyer

MEALS

Rapid Realignment: Government Actions Affecting Patients, Providers and the Public

7:30 AM – 8:50 AM | Location: Aurora 2-4

GENERAL SESSION

This will provide views of legislative and regulatory developments, audience Q and A. Proposed or enacted reforms to Medicare, Medicaid, drug pricing and Pharmacy benefit issues. The panel will examine violence against providers, telehealth, on opioids, cannabinoids, psychedelics and vaccines.

Speaker



Marsha Stanton

Consultant | Self employed

Co-speakers



Wade Delk

Director | ASPMN Government Affairs



Michael Barnes

Managing Attorney | Managing attorney, Sequel Health Law

Power Session 1

9:00 AM – 10:00 AM | Location: Aurora 2-4

POWER SESSION

Guiding Pain Management Decisions: A Preoperative Buprenorphine Strategy for Advanced Practice Providers

9:00 AM – 9:30 AM

POWER SESSION

Managing perioperative pain in patients on buprenorphine is complex. This session presents an evidence-based QI project and strategy guide to support APPs and nurses in assessing pain risk, evaluating buprenorphine regimens, and coordinating care for safe, evidence-based planning.

Speaker



Renata Barbosa Dos Santos

Acute Care Nurse Practitioner | Case Western Reserve University; Cleveland Clinic Foundation

Clinical Insights into Migraine – Patterns, Differentials & When to Worry

9:30 AM – 10:00 AM

POWER SESSION

This presentation equips nurses at all levels to better diagnose and manage migraines using updated treatments, red flag recognition, and holistic care, which improves outcomes across all ages and settings.

Speaker



Michelle Lavelle-Henry

Concordia University St. Paul, MN

Interdisciplinary Collaboration Improves Outcomes: Children Undergoing Posterior Spinal Fusion Surgery.

9:00 AM – 10:00 AM | Location: Conference Room VI

CONCURRENT SESSION

Nurses often struggle with improving outcomes for large patient populations. This session will describe how an interdisciplinary team identified outcomes in need of improvement for children undergoing posterior spine fusion (PSF) surgery and then improved outcomes through sequential PDSA cycles.

Speaker



Maddy Pelky

Nurse Practitioner | Children's Wisconsin, Medical College of Wisconsin

Innovation and Advocacy for Adults Hospitalized with Sickle Cell Pain Crisis

9:00 AM – 10:00 AM | Location: Conference Room I

CONCURRENT SESSION

Alarming, adults hospitalized in sickle cell pain crisis often experience inadequate pain assessment and management. This presentation describes an innovative interdisciplinary approach and advocacy in overcoming nursing, patient, and organizational barriers.

Speaker



Sarah Dempsey Prioleau

MD | University of Miami/Jackson Memorial Health

Choosing the Correct Clinical Inquiry Approach: Evidence-Based Practice, Quality Improvement, or Research

9:00 AM – 10:00 AM | Location: Conference Room II

CONCURRENT SESSION

This session will describe similarities and differences between evidence-based practice, quality improvement, and research. The use of each approach as well as the interactive nature of each type of clinical inquiry will be conveyed through description and examples from pain management nursing.

Speaker



Jeffrey Boon

The Ohio State University College of Nursing

Co-speaker



Michele Farrington

Program Manager | University of Iowa Health Care

Break in Exhibit Hall/Silent Auction

10:00 AM – 10:30 AM | Location: Aurora 1

EXHIBITS/POSTERS

Power Session 2

10:30 AM – 11:30 AM | Location: Aurora 2-4

POWER SESSION

Identifying Predictors of Pain and Treatment Response in Young Adults with IBS: A Machine Learning Approach to Precision Pain Management

10:30 AM – 11:00 AM

POWER SESSION

We used data from a pilot RCT in young adults with IBS to apply a machine learning method (BART) and identify key predictors of pain and treatment response. Our models integrate biopsychosocial, genetic, and microbiome factors to inform precision pain management.

Speaker



Jie Chen

Assistant Professor | Florida State University

Co-speaker



Xiaomei Cong

Professor | Yale University

Chronic pain and Ehlers Danlos Syndrome: What is the Connection?

11:00 AM – 11:30 AM

POWER SESSION

Ehlers Danlos Syndrome is a poorly understood hypermobility condition, often associated with persistent pain. This session addresses associated knowledge gaps to improve understanding of the struggles of these patients and recognize treatment approaches which have been found to be helpful.

Speaker



Maureen Cooney

Pain Management Nurse Practitioner | Westchester Medical Center

Does it have to hurt? Supporting individualized comfort plans organizationally

10:30 AM – 11:30 AM | Location: Conference Room VI

CONCURRENT SESSION

Short-term suffering and long-term negative implications of poorly managed needle pain are preventable yet organizations are challenged with obtaining and sharing effective patient-specific interventions within the electronic health record for easy utilization by clinicians.

Speaker



Deb Bruene

Nursing Practice Leader - Pediatric Pain | University of Iowa Stead Family Children's Hospital

Co-speakers



Elizabeth Edmundson

Patient Care Services, Comfort Promise and Opioid Stewardship | Children's Mercy Kansas City



Julie Piazza

Senior Project Manager - Office of the Patient Experience | Michigan Medicine- University of Michigan

Co-Speaker



Barbette Murphy

Comfort Promise Transbay Program Manager | Stad Center for Pediatric Pain, Palliative and Integrative Medicine

Appropriate Use of Artificial Intelligence in Scholarly Writing and Publishing

10:30 AM – 11:30 AM | Location: Conference Room I

CONCURRENT SESSION

This concurrent session describes the current state of the science, ethical guidelines, and implications of incorporating artificial intelligence into the publishing process including authorship and reviewing. The future direction of AI in publishing will be presented.

Speaker



Cecile Evans

Nursing Evidence-Based Practice Manager and Editorial Board Member Pain Management Nursing | Intermountain Health Nursi...

Co-speaker



Elaine Miller

Professor of Nursing, University of Cincinnati and Editor of Pain Management Nursing | University of Cincinnati

Ready, Set, Disseminate

10:30 AM – 11:30 AM | Location: Conference Room II

CONCURRENT SESSION

Dissemination of evidence-based practice, quality improvement, and research expand continuous learning in nursing and healthcare across the globe. Tips & tricks for scholarly abstract submissions, poster presentations, and oral presentations will be shared to engage audiences and promote networking.

Speaker



Michele Farrington

Program Manager | University of Iowa Health Care

Lunch Symposium "Optimizing Care in Fibromyalgia: Advancing Patient Outcomes from Diagnosis to Therapeutic Interventions"

11:30 AM – 12:30 PM | Location: Aurora 2-4

GENERAL SESSION

Session sponsored by Tonix

Power Session 3

12:40 PM – 1:40 PM | Location: Aurora 2-4

POWER SESSION

Don't let Post Stroke Syndrome Steal Your SPARKLE! The Benefits of Gabapentin.

12:40 PM – 1:10 PM

POWER SESSION

As the fifth leading cause of death in the United States, stroke poses significant health risks. Up to 1 in 5 stroke survivors suffer from Central Post-Stroke Pain (CPSP). Discover gabapentin's role in managing CPSP from a nurse and stroke survivor's perspective.

Speaker



LaTanya Kennedy

Clinical Research Nurse/ Adult Clinical Nurse Specialist | Rush University System for Health

When the Thunder Doesn't Stop: Rethinking Post-SAH Headache Treatment

1:10 PM – 1:40 PM

POWER SESSION

This session explores the persistent headache attributed to non-traumatic aneurysmal subarachnoid hemorrhage (aSAH) and review treatment options to address this. It highlights opiate and non-opiate treatments, electrolyte replacements, and selective nerve blocks for effective headache management.

Speaker



Kathy Baule

Advanced Practice Nurse | The Mayo Clinic

Co-speaker



Sydney Baule

Staff Nurse | The University of Iowa

Different paths, same goal: Journey to Institutional Commitment to Improving Pediatric Pain Management

12:40 PM – 1:40 PM | Location: Conference Room VI

CONCURRENT SESSION

Pain is a global health crisis with inconsistent management across institutions. Representatives from three diverse hospitals will share their journeys toward ChildKind certification, providing attendees with strategies to improve and elevate pain care at their own hospitals

Speaker



Katie Bookout

Quality and Patient Safety Coordinator | Dell Children's Medical Center Ascension

Co-speakers



Elizabeth Pasternak

Clinical Nurse | C.S. Mott Children's Hospital



Nichollette Andrews

Pediatric Clinical Nurse Specialist | Shirley Ryan AbilityLab

Dialing Down the Heat of Intrathecal Pain Pumps: Considerations for Use and Implications for Nursing Practice

12:40 PM – 1:40 PM | Location: Conference Room I

CONCURRENT SESSION

Intrathecal drug delivery (IDD) therapy is an advanced pain management option for chronic and cancer-associated pain. There is a general lack of awareness about IDD therapy. This presentation covers general considerations of IDD therapy in hospital and clinic settings.

Speaker



Anna Grosse

Nurse practitioner - acute and chronic pain management | M Health Fairview - University of Minnesota Medical Center

Opioid Tapering Strategies for Chronic Pain Patients

12:40 PM – 1:40 PM | Location: Conference Room II

CONCURRENT SESSION

Opioid weaning/tapering can be challenging and is not without pitfalls. This session will equip the nurse/clinician with strategies and tools to ensure a safe and successful patient wean or taper.

Speaker



Tamara Wilkins

Inpatient Pain Nurse Practitioner | OSF Saint Francis Medical Center

Break in Exhibit Hall/Silent Auction

1:40 PM – 2:10 PM | Location: Aurora 1

EXHIBITS/POSTERS

Power Session 4

2:10 PM – 3:10 PM | Location: Aurora 2-4

POWER SESSION

Breaking the Stone Cycle: Opioid-Sparing Strategies for Renal Colic Relief

2:10 PM – 2:40 PM

POWER SESSION

This session introduces evidence-based, opioid-sparing strategies for managing acute renal colic. Attendees will gain practical tools to improve patient outcomes, reduce opioid, and implement sustainable pain management protocols in emergency and inpatient settings.

Speaker



Scott Faust

Hospitalist | Fairview/MHealth

What a Nightmare! A Pain Patient Without Sleep

2:40 PM – 3:10 PM

POWER SESSION

One of the biggest complaints we hear daily from our patients in pain is the inability to sleep. Is sleep poor because of pain, or is pain severe because of lack of sleep? This lecture will discuss normal sleep architecture, abnormal sleep patterns and consequences and current pain/ sleep research.

Speaker



Mary Milano Carter

Nurse Practitioner | Northwell Health/ North Shore University Hospital

Understanding Facilitators and Barriers to Nursing Administration of PRN Analgesia in a Tertiary Care Setting

2:10 PM – 3:10 PM | Location: Conference Room VI

CONCURRENT SESSION

Will describe an EBP project to identify facilitators/barriers to delivery of PRN analgesia on a postoperative, trauma unit within a tertiary medical center. The presentation will review literature and describe interventions to develop a culture empowering nurses to “own pain management”.

Speaker



Deb Bruene

Nursing Practice Leader - Pediatric Pain | University of Iowa Stead Family Children's Hospital

Co-speaker



Emma Englehart

University of Iowa Health Care

More than Constipation: Opioids' Impact on the Gut

2:10 PM – 3:10 PM | Location: Conference Room I

CONCURRENT SESSION

Opioids, a mainstay in pain management may have negative effects on the GI tract beyond OIC, including disrupted permeability, gut microbial dysbiosis, and impacted pain regulation.

Pain nurses knowledgeable about the full impact of opioids on the gut can better educate patients taking opioids.

Speaker



Bobbie Sue Brown, M.S.

Associate Director Field Medical | Salix Pharmaceuticals

Cultural Contexts of Pain: Awareness and Understanding

2:10 PM – 3:10 PM | Location: Conference Room II

CONCURRENT SESSION

Standard pain scales often miss the mark in multicultural settings, leading to unequal care. Attendees learn how to identify cultural factors that affect pain, adapt assessment tools to diverse needs, and provide more equitable, patient-centered care.

Speaker



Hallie Evans

Program Director | Middle Tennessee School of Anesthesia

Co-Speaker



Nicolette Hooge

Middle Tennessee School of Anesthesia

Power Session 5

3:15 PM – 4:15 PM | Location: Aurora 2-4

POWER SESSION

Better Practice, Better Relief: Simulation-Based Pain Management Education for Pediatric Nurses

3:15 PM – 3:45 PM

POWER SESSION

This presentation will discuss the implementation of pain management simulations for pediatric nurses in an effort to decrease errors and incidents related to pain management and administration of analgesic medications.

Speaker



Rachel Badovick

Pediatric Nurse Practitioner | Nationwide Children's Hospital

Co-speaker



Alexa Ganter

Pediatric Nurse Practitioner | Nationwide Children's Hospital

Engaging Technology to Improve Pain and Sedation Reassessment Documentation

3:45 PM – 4:15 PM

POWER SESSION

Timely reassessments after analgesic administration are important components of safe and effective nursing care. Reassessments help healthcare teams determine treatment efficacy or adverse effects related to analgesia. Technology can enhance nurse completion of required reassessments.

Speaker



Marilyn Bazinski

Pain Management Clinical Nurse Specialist | UCSF

Co-speaker



Lena Ngo

Pediatric Pain, Palliative and Integrative Medicine RN | UCSF Benioff Children's Hospital

Results from the ERA study: A national randomized controlled trial evaluating ASPMN nurse delivered Empowered Relief

3:15 PM – 4:15 PM | Location: Conference Room VI

CONCURRENT SESSION

The ERA study evaluated the effectiveness of Empowered Relief® (ER) when taught live-online by ER-certified ASPMN nurses. We will share study results, highlight clinically meaningful outcomes and present key insights from interviews with the nurse instructors who delivered the ER sessions.

Speaker



Holly Watson

Owner/Consultant | Critical Encounters, PLLC

Co-speaker



Megan Filormao

Nurse Coach | Nursing Beyond the Job, LLC

Group Yoga Therapy for People Living with Chronic Pain: Improving Vagal Efficiency with Yoga

3:15 PM – 4:15 PM | Location: Conference Room I

CONCURRENT SESSION

The National Center for Complementary and Integrative Health has shown yoga is helpful for chronic pain, however a gap exists in finding classes accessible for people with chronic pain. Yoga leads to greater nervous system flexibility and improved vagal tone, reducing pain and improving function.

Speaker



Sara Hall

Clinical Nurse Specialist | HealthPartners

RELIEF Resources and Innovations to Improve Pain Management while Reducing Opioid Risks

3:15 PM – 4:15 PM | Location: Conference Room II

CONCURRENT SESSION

The RELIEF Project is a multiple aim endeavor to provide free resources that improve pain care equality and reduce opioid-related risks. This presentation will demonstrate how new content can be accessed including educational modules, an interactive website, and online pain treatment innovations.

Speaker



Marian Wilson

Associate Professor | Washington State University

Awards Ceremony

4:30 PM – 5:30 PM | Location: Aurora 2-4

GENERAL SESSION

Join us to recognize and congratulate all of the 2025 Annual Conference Award winners!

Virtual Presentations

5:00 PM – 8:00 PM | Location: Virtual Only

VIRTUAL ONLY

These Sessions will be available throughout the whole week and after the conference (exact dates TBD). Direct links will be in the description for each session.

Implementation and Evaluation of a Multi-Step Opioid Monitoring Program

5:00 PM – 8:00 PM

VIRTUAL ONLY

This QI project demonstrates the effectiveness of implementing a multi-step opioid monitoring program to improve guideline concordant care in a pain management practice. Integration of this program into standard pain management practice could improve patient and provider safety and experiences.

Speaker



Karin Choquette

AVP, Research Site Operations | Sarah Cannon Research Institute

Professional Identity in Nursing: A Pain Nurse Perspective

5:00 PM – 8:00 PM

VIRTUAL ONLY

Professional identity in nursing is described as how a nurses sees themselves and is influenced by experiences. This session will discuss how nurses feel about themselves in light of continual exposure to patients in pain. Suggestions for improving self worth will be explored.

Speaker



Laura Habighorst

Educator/Consultant | Self-employed

Patching Things Up: Therapeutic advantages of topical analgesics in treating pain in older patients

5:00 PM – 8:00 PM

VIRTUAL ONLY

The proposed session will review and highlight different analgesic patch delivery systems including design, performance, and clinical evidence with specific focus in the elderly patient population.

Speaker



Jeffrey Bettinger

Pain Management Clinical Pharmacist | Saratoga Hospital Medical Group

Co-speaker



Srinivas Nalamachu

Physical Medicine and Rehabilitation Physician | Scilex Holding Company

Managing Chronic Pain in Veterans

5:00 PM – 8:00 PM

VIRTUAL ONLY

Managing chronic pain in Veterans requires being aware of the what Veterans have been through related to what is the cause of their chronic pain. Chronic pain management requires a holistic focus and a devoted team.

Speaker



Renee Holleran

APRN Anesthesia Chronic Pain | George E. Whalen Veterans Health Administration Salt Lake City Utah

Mastering Buprenorphine: Integrating Pain Management, Opioid Use Disorder Treatment, and Application to Nursing Practice Across Clinical Settings

5:00 PM – 8:00 PM

VIRTUAL ONLY

Explore buprenorphine's pharmacokinetics, its role in managing pain and opioid use disorder, side effects, and induction strategies. Understand its application in diverse clinical settings and ethical all levels of nursing practices for individualized, patient-centered care.

Speaker



Michelle Lavelle-Henry

Concordia University St.Paul, MN

Low Back Pain Again? A One-Stop Clinical Toolkit for Quick, Quality Care

5:00 PM – 8:00 PM

VIRTUAL ONLY

Low back pain (LBP) is the leading cause of disability worldwide. This presentation reviews the key components of assessment, diagnosis and management of LBP. This includes an appropriate history, physical exam, MRI review and education of pharmacologic and interventional treatment options.

Speaker



Megan Filoramo

Nurse Practitioner and Nurse Coach | Everpoint Pain Management

Shining the Light on All the Right

5:00 PM – 8:00 PM

VIRTUAL ONLY

Sharing inspiring stories of patients who express gratitude to nurses who help them through pain, this presentation will share the patient story that inspired The DAISY Award and explore the impact of the program on nurses, organizations, and patients.

Speaker



Bonnie Barnes

Co-founder | The DAISY Foundation

Committee Meet-ups

5:30 PM – 5:45 PM | Location: Aurora 2-4

SPECIAL EVENTS

Interested in joining a committee? Please stop by and meet our committee groups.

Dinner on Your Own

5:45 PM – 7:30 PM

Friday Night ASPMN Social Event

7:30 PM – 9:30 PM | Location: West Terrace

SPECIAL EVENTS

Saturday, October 18, 2025

Breakfast Symposium "Role of Suzetrigine in Acute Pain Management "

7:00 AM – 8:00 AM | Location: Aurora 2-4

GENERAL SESSION

Session sponsored by Vertex

Enhancing Pain Management Through Mobile Health Technology: A Value-Driven Approach

8:10 AM – 9:00 AM | Location: Aurora 2-4

GENERAL SESSION

Mobile health (mHealth) is rapidly changing healthcare. This session will explore how integrating mHealth can improve patient engagement, facilitate symptom and medication adherence monitoring, and enable timely interventions for better pain control and fewer hospitalizations.

Speaker



Lynn Webster

Executive Vice President Scientific Affairs | Dr Vince Clinical Research

Co-speakers



Jody Green

Chief Scientific Officer | Uprise Health, Inflexxion



Jeffrey Bettinger

Pain Management Clinical Pharmacist | Saratoga Hospital Medical Group

Presidential Address

9:00 AM – 9:30 AM | Location: Aurora 2-4

GENERAL SESSION

Speaker



June Oliver

APRN Pain Management | Swedish covenant hospital

Break

9:30 AM – 9:45 AM

Pain and Long COVID Rehab: A Conflict of Paradigms?

9:45 AM – 10:35 AM | Location: Aurora 2-4

GENERAL SESSION

Long COVID is a rising chronic pain crisis often mismanaged with traditional rehab. This session explores lived experience with LC and PEM, highlights the risks of standard pain models, and offers tools to help clinicians safely identify and support at-risk patients.

Speaker



Teri Reyburn-Orne

Retired Associate Director of Pain Services and Advanced Practice | University of Colorado, School of Medicine

Co-speaker



Meaghan Anderson

Founder | Rising Tides Restorative Training LLC

Pain is a Brain Thing ...and Nurses Can Help Rewire It.

10:35 AM – 11:25 AM | Location: Aurora 2-4

GENERAL SESSION

Explore how pain neuroscience and psychoneuroimmunology inform holistic nursing care. Learn mind-body tools like breathwork, imagery, and aromatherapy to help patients regulate their nervous system, reframe pain, and build resilience.

Speaker



Marie O'Brien

Director Integrative Care and Pain Management | MATHER HOSPITAL NORTHWEL HEALTH

Closing

11:25 AM – 12:00 PM | Location: Aurora 2-4

GENERAL SESSION