

**Minutes**

**NAHN Alabama**

May 29, 2025 6-7 PM Central Time (US and Canada)

Meeting called to order at 6:01 PM By Grace Grau, President

**Present:** Emily Leija

 Sebastian Vargas

 Grace Grau

**Absent:** Sarah Watts

 Anette Stricklin

A Quorum was not present.

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* **Action on Routine Matters through** **consent agenda**
	+ **Treasures Report – Tiffany Laserna**
		- **Current Balance:**
			* Checking $3630.76 ($4,821.89) ($155 received from National)
			* Savings $3716.75 (+.07 interest)
			* CD $25,000 (Matures on 9/6/25)
		- **Expenses**: $ 1346.13 (April through May 29th, 2025)
			* **Fuel2Flourish grant**  $1268.20
			* **Devon Storage-** $68.27
			* **Misc** $9.66

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I. Consent Agenda- Reviewed

* Board Meeting Minutes of March 2025
* Treasurer report (see above)

II. President Update provided

* Member Spotlight \_ Emily Leija graduated from UAB SON BSN program and has been hired to work at UAB Hospital**.**
* **ALNAHN**
	+ **Upcoming Local Activities & Volunteer** opportunities reviewed by Grace.
		- UAB SON Tabling events at UAB SON
		- Tentative opportunity to implement another Fuel2Flourish this Summer or Fall TBD
		- Fiesta Birmingham Sept 27, 2025
	+ **Completed Local Activities-** reviewed by Grace.
* **NAHN table Events to recruit**
	+ **UAB School of Nursing DNP orientation April 4 & April 25th**
	+ **Calhoun Community College May 5** (Thank you Emily Leija for volunteering to assist)
* NAHN AL Health Club at John Carroll HS & Holy Family completed for 2024-2025 academic year. Will Resume in August.
	+ Health Career Immersion Day @ UAB SON April 8 (8:30-3 pm)
		- Thank you Annette Stricklin, Emily Leija, Lin Sanchez & Natalie Vargas for volunteering- ( great success)
			* **Fuel2Flourish grant** executed at Hayes K-8. Only 1 more mental health class pending.
				+ Thank you to members, Dr. Aida Miles for doing the Nutrition components for Grade 1-5 in English and Spanish. We had two students from the school of public health assist with this content.
				+ Thank you to President Elect, Sebastian Vargas, Annette Stricklin, Natalie Vargas, Lin Sanchez and Emily Leija for volunteering to assist with this content.

 Grace asked for members toplease share any ideas you may have

* + **Fund raising ideas**
	+ **NAHN AL \_ 10th Anniversary (2026)**

Grace shared Educational opportunities to pursue MSN with full grant assistance

* + **UPENN AND UA have opportunities to get Masters Degrees** (Nurse Educator UA/ 7 Tracks to choose from @ UPENN). If interested speak email Dr. Grau.
* **NATIONAL Updates**

Dr. Grau asked for anyone interested in attending the NATL conference to reach out to her.

* + **50th Anniversary National Conference** (July 16-18) Dallas TX
	+ **Latino Leadership Institute** (July 15th) Dallas TX
	+ **Student Bootcamp @ NAHN conference** (2 student registrations available) We currently have 1 remaining student registration available

**OTHER**

* **Reminders:** Please update your contact information on the NAHN website so that we have current address/email and telephone numbers for all members.
* **Also, please make sure you have a profile on the** [**NAHN Alabama website**](https://alnahn.nursingnetwork.com/) and your email address is up to date **(This is how we communicate).**

**VI. Round Table/Member sharing – This can be ordered by members on the NAHN national website**

Upcoming graduations?

 NAHN Cords $15

NAHN Pin $5

Shipping $9

Please let Dr. Grau or any of the board members know if you have any needs.

Next Meeting will be July 24, 2025

**Adjourned** @ 7PM

**INFORMATIONAL ONLY**

**STRATEGIC ALIGNMENT WITH NATIONAL Goals**

* **STRATEGIC PILLAR 1: STRENGTHEN THE PIPELINE OF HISPANIC HCPS**
	+ Increase Awareness of nursing as a profession at every level
	+ Build connections with funders to increase scholarship opportunities for members
	+ Remove barriers for students to move forward (Tuition, migratory status, etc. DACA) in their educational journey
	+ Engaging high school students at the chapter level, providing materials from NAHN National
		- John Carroll HS & Holy Family HS
		- Fuel2Flourish Grant for grade school children
* **STRATEGIC PILLAR 2: FOSTERING HEALTH EQUITY FOR THE HISPANIC COMMUNITY**
	+ Identify top health inequities & support chapter / individuals to address them
	+ Research mobilization units/partners to serve Latin communities
	+ Increase awareness of the advanced practice providers to increase access to care
	+ Disseminate and educate our communities about health inequalities and resources available
* **STRATEGIC PILLAR 3: ESTABLISH NAHN AS THE PREMIER VOICE OF HISPANIC HEALTH CARE**
	+ Building strategic connections and bridges with key stakeholders (Pharma, organizations, government entities)
		- BCBS of Alabama
		- Viva HealthCare
		- Colleges & Universities
	+ Increasing media visibility & establishing NAHN leaders as subject matter experts for reporters
	+ Equip chapters with research & skillsets to establish relationships with local media outlets
		- For the 50th National Conference, the goal is for NAHN AL members to Submit at least 3 abstracts for podium or breakout sessions. Assistance is available.