

Presents:

# Self Defense for Nurses: Taking Control of your Safety in the Acute Care Setting

**When:** Tuesday, September 30, 2025 4:30-7:30pm

**Where:** [Providence College Mondor Center for Nursing and Health Sciences](#)

62 Eaton Street, Providence, RI

**Cost:**

- \$20 RISNA Members
- \$30 Non-Members
- \$15 Nursing Students in Senior year
- \$15 Nursing Assistants, LPNs

**Included:**

- Light Dinner
- Overview & Discussion
- Small group, reality-based **simulation** in the sim lab
- \*\*Sim will be adult, ED / acute care based, not pediatric or psych.
- Debrief
- Coffee, Dessert

See reverse from Presenter and Venue information

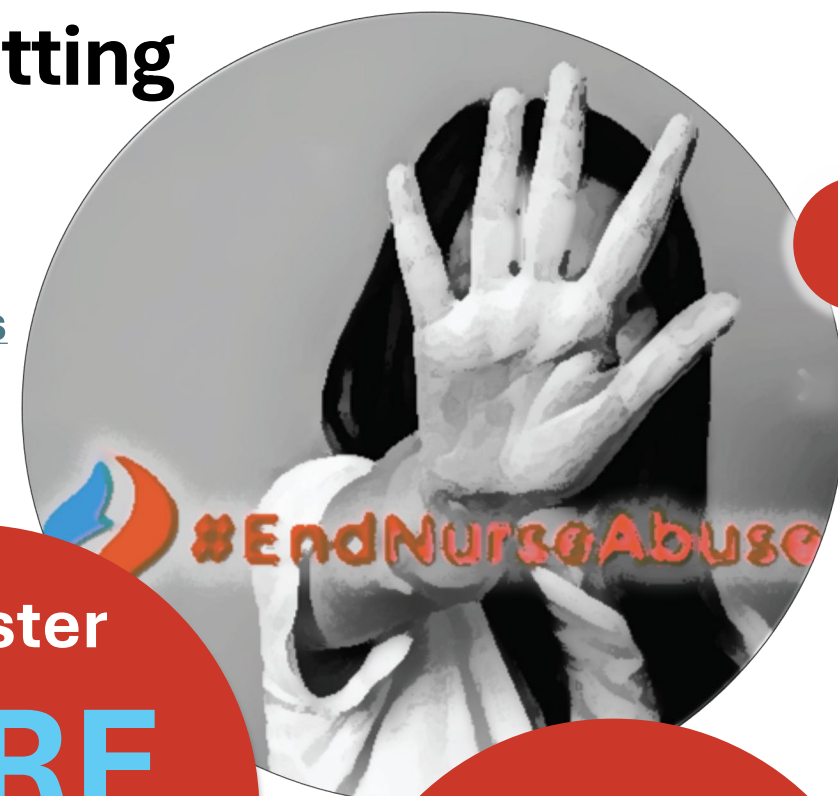
## Pending Contact Hour Approval (3 hours)

This nursing continuing professional development activity was approved by the Northeast Multistate Division Education Unit, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation.

**Ideal for:**

Clinical Nurses  
(Acute, Subacute, E.D.)  
ADN / BSN Students  
CNAs, LPNs

**3**  
Contact  
Hours



Register

**HERE**

Or go to  
[RISNA.nursingnetwork.com](https://risna.nursingnetwork.com)

*Please come in  
clothes you  
would wear to  
work!*

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NURSING AND  
HEALTH SCIENCES  
PROVIDENCE COLLEGE

## About the Presenters



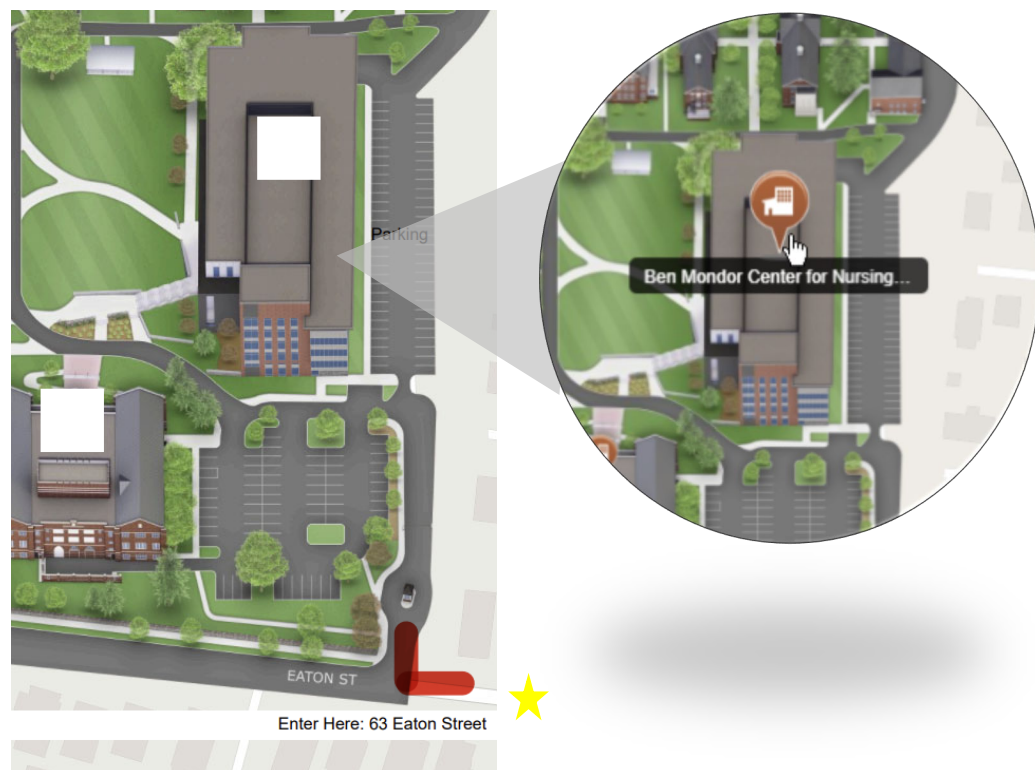
**Leigh Hubbard, MS, RN:** Leigh was the 2019 American Nurse Advocacy Institute Fellow and Government Affairs Chair from 2019 – 2024. As President of RISNA, Leigh has a unique perspective on topics important to the nursing profession both within RI and nationwide. She regularly collaborates with presidents from other state associations both offering and requesting guidance on topics like Workplace Violence. She has advocated at the RI State House and on Capitol Hill, ensuring legislators pursue legislation that helps PREVENT workplace violence.

**Kate Hall, BSN, RN, CEN, TCRN, CNML:** Kate is a board-certified emergency nurse with 13 years of experience in various settings including the M/S floors, ICU and ED. She is currently the Clinical Manager at Newport Hospital. Kate earned her Bachelor of Science degree at the University of Rhode Island and holds certifications in emergency and trauma nursing, in addition to nurse manager leadership. Since 2024, she has served as chair for the Workforce Safety Committee at Newport Hospital. Serving as chair has deepened her commitment to improving the safety of healthcare workers, not just at Newport Hospital, but nationwide.



**Mathies Santos** is the Area Training Manager for VPNE, where he oversees the training and development of healthcare staff, across 8 locations, in critical areas such as CPR/AED, workplace violence prevention (WPV), and customer service. He is a certified [AVADE Level III](#) WPV instructor and a certified trainer in the [Welle Behavior Management System](#). To date, Mathies has trained over 500 healthcare professionals in strategies for maintaining safety and effectively responding to high-risk situations. Mathies is also a dedicated martial arts practitioner with over 30 years of experience. He owns and operates a Brazilian Jiu-Jitsu and Mixed Martial Arts academy for the past 25 years, earning national and international recognition both as a competitor and as a coach. In addition to training athletes, Mathies has developed specialized curricula for women's self-defense, military and law enforcement personnel, and anti-child abduction programs. His teaching has reached audiences across four continents and 14 countries. Safety is a core passion that drives Mat's professional and personal pursuits. He is deeply committed to helping people build the skills they need to stay safe and confident. With decades of teaching experience, he excels at delivering clear, practical instruction tailored to the needs of diverse audiences. His goal in every class is to ensure participants leave with the knowledge and confidence to navigate crisis situations with clarity and control. (His spouse is also a nurse!!!)

## About the Mondor Center for Nursing and Health Sciences at PC



The 150,000 sq. ft. Mondor Center provides state-of-the-art spaces for teaching, research, and innovation. Equipped with cutting-edge simulation labs, advanced research facilities, and collaborative learning environments, the center supports the growing needs of nursing and health sciences students while reinforcing PC's commitment to excellence in healthcare education.

