

Michigan Association of School Nurses

Sparkle & Shine 5K Fun Run/Walk

May 7, 2015 6:30pm

Sponsored by Playmakers

*Running along the beautiful Grand River Trail (starting at Kellogg Center)
to raise awareness for Student Safety in Schools across our State!*



Barb Flis, Founder of Parent Action for Healthy Kids, insists that every parent has the power to make a difference. Barb is a parent guru, a published expert in advocating for children's health, and most importantly, a mother of two daughters. Her focus lies in connecting families, schools and communities on children's social, emotional and physical health. Areas of work include asthma, diabetes, sex education, mental health, school wellness programs, physical activity and nutrition. She designs and implements training and workshops for parents, teachers, school administrators, public health professionals and community-based organizations. Barb is a motivational speaker whose passion makes her a sought after presenter throughout her home state of Michigan and across the United States



Carla Wardin and her husband Kris are the owners of Evergreen Dairy. She is the sixth generation to be farming on her family's farm in St Johns. Carla and Kris milk 400 cows and grow crops to feed their cattle on 850 acres of corn, alfalfa, and pasture. Carla blogs about the farm at Truth or Dairy, goes into the schools to teach about farming, and enjoys giving tours. Before returning to the farm, Carla got her MA from Michigan State University in English literature, taught at Bradley University and Northern Illinois University, and worked in marketing for Caterpillar and TechSmith Corporation. She's the author of two books. The couple has three sons - 7-year-old twins (Cole, Ty) and a 4-year-old (Max).



State Representative Tom Leonard was first elected to serve the 93rd District in the Michigan House of Representatives in November 2012. The 93rd District encompasses Clinton County and portions of Gratiot County including the city of Ithaca and the townships of Sumner, Arcada, New Haven, North Shade, Newark, Fulton, Washington, North Star, Elba, Hamilton, Lafayette and Wheeler. He was re-elected to a second term in November 2014.

**Look for registration information for this FREE event
on the [MASN website](#) or [MASN Facebook page](#)!**