



**Kansas
Organization
of Nurse
Leaders**

Annual Spring Seminar for Nursing Leadership

Empowering Leaders: Advancing Nurse Wellness and Professional Fulfillment

Legislative Update – Healthcare Bills in Kansas

Laudio: Elevating Your Leadership Priorities

Motivational Interviewing in the Healthcare Setting

Kansas Nurse Assistance Program-Wellness in Nursing

Intentional Self-Regulation Skills for Stress-Management and Resilience

**Workforce Wellness: Effective Approaches to Foster Well-being and Retention
in Healthcare**

**April 22nd & April 23rd, 2025
Drury Plaza Hotel Broadview Wichita
400 West Douglas Avenue
Wichita, Kansas**

Agenda

Objectives

Tuesday, April 22, 2025

9:00-9:30 a.m.	Registration
9:30-9:40 a.m.	Welcome/Housekeeping/Introductions
9:40-10:00 a.m.	President's Welcome
10:00-10:45 a.m.	Legislative Update – Healthcare Bills in the State of Kansas, Jaron Caffrey
10:45-11:00 a.m.	Break
11:00-12:00 p.m.	Elevating Your Leadership Priorities, Greta Rosler & Ama Mathewos
12:00-1:00 p.m.	Lunch - Provided
1:00- 2:00 p.m.	Cont. Elevating Your Leadership Priorities, Greta Rosler & Ama Mathewos
2:00-2:15 p.m.	Break
2:15-4:15 p.m.	Motivational Interviewing in the Healthcare Setting, William Stutterheim
4:15-4:45 p.m.	KONL Annual Meeting and District Meeting Breakout Sessions
4:30-6:30 p.m.	Networking Mixer

Wednesday, April 23, 2025

8:00-10:00 a.m.	Kansas Nurse Assistance Program- Wellness in Nursing, Duane Olberding & Stephanie Becraft
10:00-11:00 a.m.	Intentional Self-Regulation Skills for Stress-Management and Resilience, Brad Chapin
11:00-12:00p.m.	Workforce Wellness: Effective Approaches to Foster Well-being and Retention in Healthcare, Patti Artley

- Identify bills and key issues being discussed by the Kansas Legislature and Congress that will impact the Kansas workforce.
- Describe the 25 areas of Leader Standard Work.
- Illustrate 2-3 specific leadership priorities for me over the next few months.
- Explain one insight from self-reflection about how you can further reinforce your leadership priorities.
- Describe the fundamental aspects of Motivational Interviewing
- Identify how the MI process and the ten-minute interview can apply to health care related settings.
- Practice MI skills to utilize during the ten-minute interview to promote individual change.
- Identify the fundamental aspects of Motivational Interviewing (MI).
- Describe how the MI process and the 10-minute interview can be adapted to apply to healthcare related settings.
- Recognize MI skills to utilize during the 10-minute interview to promote individual change.
- Illustrate the prevalence of mental health problems in health care providers.
- Distinguish external and internal causes of stress.
- Define the recognition of symptoms prior to burnout, and how to intervene before burnout.
- List what the Kansas Nurse Assistance Program, KNAP, provides.
- Define understanding of skill-based training for stress management.
- Describe insights of specific skills in physical regulation.
- Illustrate skills in the domains of emotional and cognitive regulation.
- Define the critical role of mental well-being in workforce retention and satisfaction.
- Apply strategies to reduce burnout and promote a culture of wellness across health care teams.
- List methods for top-of-license utilization to maximize team impact.

Hotel Accommodations

A block of rooms has been reserved for participants at the Drury Plaza Hotel Broadview Wichita. Reservations can be made online:

<https://www.druryhotels.com/bookandstay/newreservation/?groupno-10102366>

Reservations can also be made by calling (800) 325-0720 and refer to the KONL group number: #10102366. Group rates are valid until April 14th, 2025.

Cancellation and Late Registration Policy

Registrations must be received online by Friday, April 16, 2025. Refunds will be given only for those cancellations received before 5 p.m. on Wednesday, April 16, 2025.

Vendors

<i>Platinum</i>	Baxter
<i>Gold</i>	TRS Managed Service
<i>Silver</i>	Pittsburg State University School of Nursing SANE
<i>Silver</i>	Medical Solutions
<i>Silver</i>	Beam Healthcare
<i>Silver</i>	United Healthcare
<i>Bronze</i>	Galen College of Nursing
<i>Bronze</i>	QS Nurses
<i>Bronze</i>	HINK
<i>Bronze</i>	Level 1 Nurse Staffing
<i>Bronze</i>	Gateway Health
<i>Bronze</i>	Center for Improvement in Healthcare Quality
<i>Bronze</i>	The Rhino Group

Sponsorship

Special thanks to our Platinum, Gold, Silver, and Bronze Sponsors. We cannot express our thanks enough for your generous donation. Your support means the world to us!!

Directions

Traveling North on I-135 Take the Washington Ave. Exit Turn Right onto S. Washington St. Turn Left onto E. Douglas

Traveling South on I-135 Take the 2nd St. Exit (Exit 6C) Turn Right onto E. 2nd St. N. Turn Left onto N. Hydraulic St. Turn Right onto E. Douglas Ave.

Traveling East on US-400 / US 54 Take the Central Business District Exit Turn Left onto S. Main St. Turn Left onto W. Douglas Ave.

Traveling West on US-400 / US 54 Take the Central Business District Exit Turn Right onto S. Main St. Turn Left onto W. Douglas Ave.

Continuing Education

The Kansas Hospital Association is approved as a provider of continuing nursing education by the Kansas State Board of Nursing. This course offers 10.5 approved contact hours applicable for RN and LPN relicensure. Kansas State Board of Nursing Approved Provider No. LT0031-0116.

Who Should Attend

This program is designed for the advancement of education for nurse leaders and aspiring nurse leaders, such as supervisors, charge nurses, and nurses in specialty roles.

Special Services

KONL wishes to take those steps that are required to ensure that no individual with a disability is excluded, denied services, or segregated due to the absence of auxiliary aids or services. If you need any of the auxiliary aids or services identified in the Americans with Disabilities Act, please contact Lorri Dean at KHA (785) 233-7436.



KONL Annual Spring Program
April 22nd & April 23rd, 2025
Drury Plaza Broadview Wichita

Registration Fee:	KONL Members	Non-Members
	\$95.00	\$160.00*

You MUST register online for this event!

LINK: [KONL Spring Conference 2025 | The Kansas Organization of Nurse Leaders | Nursing Network](#)

To register online

You may pay by credit card or indicate you will be mailing a check to KHA.

*Non-member registration includes a 1-year membership to KONL starting on the day you register for the conference.

Registrations must be received online by Wednesday, April 16, 2025. Refunds will be given only for those cancellations received before 5 p.m. on Wednesday, April 16, 2025. Walk-ins will be permitted only if room is available. Contact Lorri Dean at (785) 233-7436 with registration questions. If you choose to pay by check after you register online, make checks payable to KONL and indicate your event attendee registration number. Mail checks to: KONL, 215 SE 8th Ave., Topeka, KS 66603-3906.