The Bridge Newsletter

March 2025





Periprosthetic In-person Educational Event January 18, 2025 Lafayette Library







Group Hike January 26















Virtual Reality Digital Learning Lab on DME-nAMD January 27th at the Sheraton Hotel in Palo Alto Sponsored by Med Learning Group



Presenter: Diana V. Do, MD

Professor of Ophthalmology & Vice Chair for Clinical Affairs

Byers Eye Institute

Stanford University School of Medicine,

Palo Alto, CA



Presenter: Neil M. Bressler, MD

The James P. Gillis Professor of Ophthalmology Retina
Division(Cheif 2005–2018)
Wilmer Eye Institute Johns Hopkins Univ. School of Medicine&
Hospital
Baltimore, MD







Volunteering at White Pony Express 2/8









AORN Member Spotlight



Kayla Chin, BSN, RN, CNOR, SN III

Chapter Member 8+ years, former chapter VP, & currently Co- VP

Employed at Alta Bates Summit Medical Center- Oakland Campus,
Charge RN II



"I have three children, ages 2-8, who keep me busy with their activities! We enjoy board games, caring for our chickens, and lots of traveling".

Career Inspiration & Path

"Growing up, my best friend's mom was my idol. She was kind, thoughtful, and so smart! Of course... She was a registered nurse! Ever since I knew her, I also wanted to become a nurse. Naïvely, when it was time for me to apply to nursing school, I had no idea how competitive the programs in the Bay Area were. Additionally, many programs were in the lottery system at the time. On a whim, I applied to surgical tech school (which I had never heard of) and got in! I decided to get some experience under my belt, and I fell in love with the operating room. I applied to nursing school after a few short years and happily returned once I had my license in my hand. The operating room is where I'm *meant* to be!"



as an O.R scrub tech & 10+ years as an circulator, 15 years total. Kayla specializes in Cardiac surgery, and also uses her expertise in other services



Kayla continues to scrub & circulate



Favorite Foods:

tomato soup with grilled cheese

Hobbies & Activities

I love to garden, and my favorite event of the year is the great tomato plant sale held by the UC Master Gardeners.











Monthly Group Hike
Tennessee Valley
Trailhead
Mill Valley, CA
Saturday, February 22







SONC Basketball Tournament at Kathleen MacDonald High School Saturday, March 15th











Upcoming Events

Spring 2025 Education Workshop

John Muir Health, Walnut Creek Medical Center - Ball Auditorium 1601 Ygnacio Valley Road Walnut Creek, CA 94598

Saturday, March 22, 2025, 0800 - Noon PST

Monthly Group Hike

Arroyo Del Valle Staging Area 5229 Arroyo Road Livermore, CA 94550 Saturday, March 29, 2025,

0830 - 1100 PST

Volunteer Opportunity

Special Olympics of Northern CA (SONC)
The San Jose Spring Games of Track & Field
May 17, 2025, 0800- 1600,

0800-1230 & 1200-1600 Time slots available
Kathleen MacDonald High School
3588 Zanker Rd., San Jose, CA 95134
contact: wtheblessed5@gmail.com

Volunteer Opportunity
White Pony Express Food Rescue
Saturday, May 24, 2025, 0845-1100
2470 Bates Avenue, Suite D
Concord, CA



Spring 2025 Education Workshop

Saturday, March 22, 2025 8am - 12noon

John Muir Health, Walnut Creek Medical Center Ball Auditorium 1601 Ygnacio Valley Road, Walnut Creek

A valuable education program for perioperative nurses and nursing students who want to learn more or gain knowledge and skills in safe patient positioning, surgical smoke evacuation and fire prevention. 4.0 contact hours provided.

Improving Perioperative Outcomes through Safe Patient Positioning

Amanda Chung, BSN, RN, CPN(C)

Director of Clinical Development for Xodus Medical

Recommended Practices of Surgical Smoke Evacuation -The Path to Go Clear

Jonathan Azevedo

Executive Sales Representative, Medtronic

Preventing Surgical Fires

Audrey Welsch

Account Executive, J&J MedTech

Register by March 20th



Pfiedler Education is a provider approved by the California Board of Registered Nursing, CEP 13019 for 2.0 contact hours.

AORN of The San Francisco Bay Area is a provider approved by the California Board of Registered Nursing, CEP 17349 for 2.0 contact hours.

For more information & to register - aornsfbayarea.nursingnetwork.com



Group Hike

Saturday, March 29, 2025 - 8:30am

LAKE DEL VALLE, LIVERMORE

A 4.4 MILE MODERATE HIKE WITH 849 FEET OF ELEVATION GAIN ON AN OUT/BACK TRAIL FROM ARROYO DEL VALLE STAGING AREA.



FAMILY, FRIENDS & LEASHED DOGS WELCOME

RSVP BY MARCH 28 - AORNSFBAYAREA.NURSINGNETWORK.COM





FOOD RESCUE

VOLUNTEERS NEEDED!



SAT, MAY 24, 2025 | 8:45AM - 11AM

WHITE PONY EXPRESS

2470 BATES AVE, SUITE D, CONCORD

HELP US SORT SURPLUS FRESH FOOD DONATIONS

FOR MORE INFORMATION & TO REGISTER

AORNSFBAYAREA.NURSINGNETWORK.COM

Questions? Contact Joy Chau - jbchaurn@gmail.com or 925-487-6426



Clinical Corner

An O.R. nurse asked:

"I keep getting patients with underware, jewelry, & other personal items on. How do I get the nurses in preop to ensure these items are removed?

The appropriate response that attempts to avoid conflict is for the O.R. RN to continue interviewing the patient in a pleasant manner. After completing the assement and answering the patients questions, the O.R. RN should ask the patient to remove the items and ask the preop RN assigned to the patient to document the removed items and place them with the rest of their belongings. This keeps the patients items safe and involves the appropriate team member. At a later time, the charge RN can add this item to the morning huddle.

Wanda Harkless-Johnson, MSW-Ed., Rp., ChOR, Sh IV

Inspiration Corner

Nothing is impossible; the written word says, 'I'm possible.'

Audrey Hepburn

Chapter Delegates for Expo & Conference April 5-8, 2025
Delegate Chair:

Joy Chau, chapter president

Delegates:

Colleen Fiammengo, Co-Vice President



Wanda Harkless-Johnson, Corresponding President



Cassendra Munro,
Board Member



Before we go...

If you know of an RN or nursing student(s) who should be featured in our newsletter, please submit their name & and contact information to:
Wanda Harkless-Johnson at wtheblessed5@gmail.com

Please consider joining our monthly group hikes. They are great ways to reduce stress while networking with other healthcare professionals. Joy Chau, chapter president, plans our hikes, which occur once monthly. If you have any hiking suggestions, send them to:

Joy Chau at jbchaurn@gmail.com

If you know any AORN members who are not enjoying their membership benefits, encourage them to become active. Also, encourage non-members to become members. Now is a great time to join AORN, annual membership is \$125 or \$11.99 monthly.

All nursing students, new graduate nurses, Periop 101 students, & surgical technicians are encouraged to participate in the chapter's events. If anyone has a Periop 101 student or new nurse graduate, please forward their picture, name, & and name of the facility to:

Wanda Harkless-Johnson@ wtheblessed5@gmail.com

Live with great & safe intententions