

Welcome to our Chapter Newsletter!

During NTI in May 2024, our National AACN President announced our new theme for the year of 2024-2025: **Courage to Soar!**

"It takes so much courage to keep showing up.
Every hour. Every day. A day – even an hour –
without each of us changes the face of
healthcare for the worse.
Together, we have the Courage to Soar."
Jennifer Adamski

We have planned a year full of using our **courage to soar** to network, continue education, support one another, and socialize!

We are so excited to **rise together** and achieve our chapter and individual goals.

Keep watch on *Nursing Network*, *Facebook* and *your emails* for events and updates!



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Your San Antonio AACN Board



Join National AACN



Join SA AACN

Our Mission and Vision

SA AACN Mission:

To advance the art and science of acute and critical care nursing within our community through mentorship/networking, education, and celebration/recognition.

SA AACN Vision:

SA AACN is dedicated to creating a community driven by the needs of patients and families where all nurses make their optimal contribution.







Chapter Notes:

Hello SA AACN Members! Welcome to your February Newsletter!

As mentioned during our meetings, here is some information regarding the AACN's Healthy Work Environment initiative.

AACN has six essential standards: skilled communication, true collaboration, effective decision making, appropriate staffing, meaningful recognition and authentic leadership. Click here!

Articles shared at chapter meeting:

- <u>Demystifying ECMO: Patient</u>
 <u>Selection and Nursing Priorities</u>
- <u>Deimplementation of Gastric</u>
 <u>Residual Volume Monitoring to</u>
 <u>Enhance Patient Nutrition</u>
 - Read the AACN *Clinical Voices* for January 2025 **here**.
 - Read the AACN Clinical Voices for February 2025 <u>here</u>.

Follow Us:

Click the icons below to join us on our social media to stay up to date with Chapter Education, meetings and events!







Upcoming Chapter Meetings!

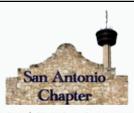
Meetings are held on the third Thursday of the month unless stated otherwise. Join us! Sign up via Nursing Network.

No meeting in March!

Join us at the Certification Celebration!
Information on next page!

- Educational Dinner
 - WHEN: <u>APRIL 17TH</u>, 2025 AT 6 PM
 - WHERE: TBA
 - TOPIC: Perioperative Pain Management and Assessment presented by Dr. Stuart Solomon
 - VENDOR: Sponsored by Gebauer Company





Certification Celebration March 21, 2025 @ Marriott NW

Register here!

We are honored to host the 11th Annual

CERTIFIED NURSES DINNER CELEBRATION

in recognition of Certified Nurses' Day.

This event is held annually to acknowledge and recognize <u>all certified</u> <u>nurses</u> for their excellence and deep commitment to patient safety.

Let's have an evening of fun, celebration, dancing and recognition of certified nurses' hard work and dedication!

Registration ends March 14th, so register now!

Register here!



Click here to submit your certifications and photo!

CCRN Review Question

A primary concern when caring for a patient diagnosed with pancreatitis is to closely monitor fluid and electrolyte levels, because

A. hypercalcemia is common.

- B. plasma volume is lost as pancreatic enzymes increase capillary permeability C. hypoglycemia occurs secondary to glucagon release
- D. dehydration is common due to the diuretic effect of pancreatic enzymes in the blood.

Reference: Urden LD, et al. 2018.

Activated kinins in acute pancreatitis cause systemic vasodilation and increased capillary permeability, the latter of which promotes dedma. Hypercalcemia is a common cause of pancreatitis, but if hypercalcemia is not the etiology of fluid losses from pancreatitis but the esult from acute pancreatitis, but it is not secondary to the diuretic effect of pancreatitis but to the country of mind losses. Dehydration can to account for fluid losses, Dehydration can be esult from acute pancreatitis, but it is not secondary to the diuretic effect of pancreatic enzymes in the blood.

B. plasma volume is lost as pancreatic enzymes increase capillary permeability.

CCRN Review Answer

Certification Celebration Sponsors

Gold Nurse Leader Sponsor: University Health System

Silver Nurse Leader Sponsor & Bronze Vendor Sponsor:

San Antonio Emergency Nurse Association (ENA)

Silver Vendor Sponsor:

Columbia Southern University (CSU)

Bronze Vendor Sponsor:

Albert Lastra, Healthforce Training Center

Bronze Vendor Sponsor:

American Sentinel College of Nursing at Post University

















MTI in New Orleans

May 19-21, 2025

Pre-Conference May 18, 2025

Experience the magic of AACN's National Teaching Institute & Critical Care Exposition and the rich history and culture of New Orleans. The vibrant culinary and music scene adds to the atmosphere as we welcome our community of exceptional nurses to the Big Easy.







Meeting Highlights:

February 20, 2025

Thanks to **Stryker: Neurovascular** for sponsoring dinner at Piatti.

Many thanks to *Dr. Matthew Webb* for his presentation regarding "Can Someone Survive a Ruptured Brain Aneurysm". We learned about the risk factors and signs and symptoms for brain aneurysm, as well as the many modalities for treatment. Thank you again to Dr. Webb for a wonderful presentation!







Member Celebrations

- 2 First Time Meeting Attendees:
- Sarah and Whitney from UT Heath Neurosurgery New successes:
- Rebecca Johnston, finishing MSN degree Nursing Administration and Management

Our chapter won 2 AACN Circle of Excellence Chapter Awards:

- Chapter Collaboration
 - This award recognizes chapters that exemplify collaboration in any aspect
 of the chapter's operations while actively supporting AACN's mission, vision
 and values.
- Promoting the Value of Certification
 - This award was established to recognize contributions that support and foster the advancement of certified nursing practice in high acuity and critical care.

Let us celebrate **YOU**!

Tell us you, your units' or your hospital's wins or successes!









ALL NURSES ARE INVITED

For Queries, email:

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https://sachapteraacn.nursingnetwork.com



LET'S RECOGNIZE YOU AS A CERTIFIED NURSE

SUBMIT YOUR NAME & HEADSHOT



https://www.surveymonkey.com/r/CertifiedNurses2025