

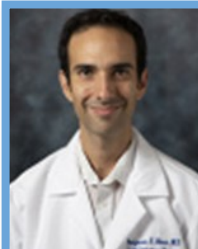
2025 VIRGINIA ASSOCIATION OF CLINICAL NURSE SPECIALISTS ANNUAL CONFERENCE



Margaret Cook PMHNP-BC

Psychiatric Mental Health Evaluation and Treatment for Non-Psych Clinicians

Margaret Cook has been a psychiatric NP since 2017, with five years of prior experience as a psychiatric RN. She earned both her BSN and MSN at VCU, where she currently serves as adjunct faculty. Throughout her career, she has worked in diverse practice settings, including outpatient care, pediatric and adult acute inpatient, consult liaison, PHP, eating disorder specialty treatment, IOP, corrections, long-term care, substance use, and residential. While she has worked with patients across the lifespan, she has a particular passion for child and adolescent psychiatry. She has recently opened a private practice, Firefly Collaborative Mental Health—her first venture into practice ownership. Her approach to patient care emphasizes a "skills over pills" philosophy: focusing on psychotherapy and skill-building while taking a conservative approach to medication management, with an emphasis on deprescribing when appropriate. She is passionate about mental health care and considers it much more than just a career.



Benjamin Bluen, MD

Antibiotic Updates in Common Illnesses

Dr. Benjamin Bluen is a faculty infectious disease physician at St. Mary's Hospital with Bon Secours Mercy Health. He completed medical school at Technion - Israel Institute of Technology and completed internship, residency, and fellowship at Hahnemann University Hospital in Philadelphia, PA. He has been recognized as a distinguished top doctor 2020-2024 at Cedars Sinai Medical Center in Los Angeles and Pasadena, CA, and won a Golden Apple award for teaching in 2022. He has served on P&T committees and currently serves on the CLABSI committee, playing a key role in optimization of infection treatment and prevention. Dr. Bluen has been published in several peer reviewed journals in infectious disease. Interests are general infectious disease, HIV, PrEP, and medical education of trainees in practical settings.

Nicole Gendron-Trainer DNP, CNS-BC, CCRN, CHSE

Obesity Update: Devastation, Dignity and Drugs

Nicole Trainer is an Assistant Professor of Nursing at George Washington University with over 25 years of experience in critical care and nursing education. She holds a DNP from American Sentinel University, an MSN from Marymount University, and a BSN from George Mason University. Dr. Trainer has improved outcomes in sepsis, rapid response teams, alarm fatigue, and hospital-acquired conditions. She is certified as a Clinical Nurse Specialist, critical care nurse, and healthcare simulation educator.



Hyunsun D "Domonica" Ko DNP, APRN-NP

Antibiotic Updates in Common Illnesses

Dominica is a highly skilled and dedicated nurse practitioner with over two decades of diverse experience in infectious diseases, hospital medicine, orthopedics, immunology, and allergy care. She currently serves as a full-time Infectious Diseases Nurse Practitioner and works PRN as a Hospitalist Nurse Practitioner with Vuity at Bon Secours St. Mary's Hospital in Richmond, VA. Dominica holds a Master of Science in Nursing from the University of Virginia and is pursuing her Doctor of Nursing Practice (DNP) at UVA. She anticipates graduating in May 2026. A passionate advocate for patient education and evidence-based practice, she has contributed to academia through lectures, poster presentations, and mentoring. Her commitment to lifelong learning and excellence in patient-centered care defines her professional journey.

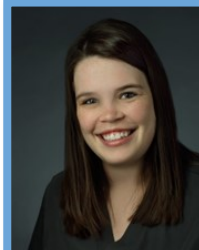


2025 VIRGINIA ASSOCIATION OF CLINICAL NURSE SPECIALISTS ANNUAL CONFERENCE



Stephanie Chamberlain, DNP, ACCNS-AG, CCRN
Development & Implementation of Interdisciplinary Clinical Practice Guideline: Administration of Peripheral Vasopressors

Stephanie Chamberlain is a critical care clinical nurse specialist at Inova Fairfax Medical Campus, where she oversees nursing practice and evidence-based translation for a medical ICU, a surgical/trauma ICU, a neurosciences ICU, and nurse responder team. In this role, Chamberlain serves as a subject matter expert, project manager, quality and safety specialist, as well as a clinical consultant and mentor for the nursing and leadership teams. She has nearly 20 years' experience in critical care. Chamberlain received her Doctorate of Nursing Practice degree from Michigan State University.



Dani Kempton, MSN, APRN, ACCNS-AG, CCRN-CSC
Development & Implementation of Interdisciplinary Clinical Practice Guideline: Administration of Peripheral Vasopressors

Daniell (Dani) Kempton is a board-certified clinical nurse specialist at MedStar Washington Hospital Center who specializes in emergency and critical care nursing. While overseeing a Level 1 Emergency Department, Trauma resuscitation unit, and multiple critical care units, she runs the Nurses Improving the Care of Health System Elders (NICHE) and fall prevention program for the hospital. She is passionate about new innovations and ensuring evidence-based practice to support bedside staff and patient safety. She is also a certified critical care nurse with a cardiac surgery specialty certification and volunteers with multiple professional organizations.

Henry Jones, Esquire
Becoming a Nurse Expert Witness

Henry is a trial lawyer with Cowan Gates. His practice focuses on civil trial work, with an emphasis on personal injury law. Henry has a statewide trial practice and handles matters in courtrooms across the Commonwealth. In his personal injury practice, Henry has experience with matters involving automobile accidents, truck and tractor trailer accidents, slip-and-fall premise liability, intentional torts (assault and battery), dog bites, Transportation Network Companies (Uber), medical malpractice, hunting accidents, pedestrian accidents, and wrongful death. Henry was recognized in the 2021, 2022, 2023, and 2024 Editions of Best Lawyers: Ones to Watch in the areas of personal injury litigation – Plaintiffs, commercial litigation, and real estate litigation. Henry was selected by The National Trial Lawyers as one of Virginia's Top 40 Under 40 for Civil Plaintiff Trial Lawyers in 2022 and 2023. Henry received the Super Lawyers Rising Star designation for 2023, 2024, and 2025 in the area of plaintiff's personal injury.



Donna Bond CNS-BC
Buprenorphine: Not Just for Addiction

A nurse since 1981, Donna started her career on a Medical Surgical unit, transitioned to Critical Care where she spent 12 years as a staff nurse and Preceptor, and then took a role as Case Manager. After completing her MSN, she began her journey as a Clinical Nurse Specialist focusing on the care of pulmonary patients. Over the past twenty-five years she has focused on chronic ventilator weaning of patients, reducing pneumonia rates, starting a nicotine cessation program, various performance improvement and research projects and is currently focusing on increasing awareness of pulmonary compromise related to opioid administration. She now works for a level one trauma service line using her pulmonary experience to focus on patients with traumatic injuries. Donna was a founding member of the Virginia Chapter of Clinical Nurse Specialists and served as the first president. She was inducted into the first class of CNS fellows in 2019. Donna has presented at many national conferences as both a speaker and poster presenter. She has published her work with adolescents in tobacco prevention, asthma education, and the Clinical Nurse Specialist role.

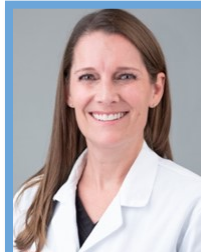


2025 VIRGINIA ASSOCIATION OF CLINICAL NURSE SPECIALISTS ANNUAL CONFERENCE



Jennifer Bath DNP, AGCNS-BC, CBIS, TCRN, CEN
Diaphragmatic Pacing

Jen is a trauma CNS at Carilion Roanoke Memorial Hospital. She obtained her doctorate at Radford University. In addition to her professional accomplishments, she has experience serving as President of the ENA in both Pennsylvania and Virginia, Secretary of the Tau Phi Chapter of Sigma Theta Tau International, as Director at Large on the VNA, and many others. She is passionate about advancing the role of the CNS in Virginia.



Kimberly Elgin, DNP, APRN, ACNS-BC, PCCN, CMSRN, FCNS

Journey to the Top of Licensure Practice

Kim is a Director in the Center for Advanced Practice at UVA Health and an Assistant Clinical Professor at the UVA School of Nursing. In her 30+ years in nursing, Kim has practiced in adult acute and progressive care medical-surgical settings. As an Adult Health Clinical Nurse Specialist, she has extensive experience presenting at national and international conferences, on varied patient safety, nursing, and advanced practice topics. Kim is a staunch advocate for CNS practice and led efforts to recognize UVA Health CNSs as advanced practice providers, establishing processes for credentialing, privileging, and prescriptive practice. Kim held elected positions in numerous organizations, including NACNS, and is the recipient of multiple awards, including the NACNS 2022 Brenda Lyon Leadership Award, 2022 Magnet Nurse of the Year: Structural Empowerment Award, and is a CNSI Fellow.

Jenine Price, BS, RN, CVAHP

CNS Role in Collaboration with Supply Chain

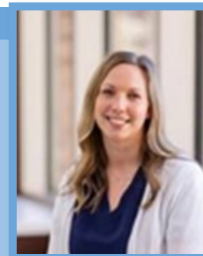
As the Director of the award-winning Advantus Health Partners (AHP) Supply Chain Clinical Field Teams, Jenine and her team support the implementation and utilization of clinical supplies throughout 37 hospitals as well as over a thousand non-acute locations for Bon Secours Mercy Health (BSMH). This team was recently recognized as number 3 for healthcare supply chain companies by Gartner, Inc for 2024. Jenine started her healthcare career in Supply Chain operations in 1999 and moved over to Value Analysis in 2011 after receiving her RN license from Bon Secours Memorial College of Nursing. In addition to her current position, she has held many roles within BSMH including Administrative Director of Supply Chain, Value Analysis Specialist for General Nursing, and Director of Clinical Transformation for Musculoskeletal and Neurosciences.



Ashley Beyer, MSN, RN, CCRN

CNS Role in Collaboration with Supply Chain

Ashley has been a nurse for 14 years, working in Med/Surg, hospice, ICU and cardiac surgery stepdown. She has had the opportunity to fill a multitude of roles from bedside nurse, charge nurse, CCL and director. She managed a 21 bed cardiac surgery stepdown unit and then a 20 bed ICU prior to transitioning over to Advantus Health Partners in 2022. As a clinical resource program manager, she has enjoyed collaborating with clinicians to optimize care while also achieving aggressive savings targets. In her personal time she enjoys spending time with family, especially her new grandson.



2025 VIRGINIA ASSOCIATION OF CLINICAL NURSE SPECIALISTS ANNUAL CONFERENCE

**Tina Gustin DNP, CNS-BC, FAAN**

A Innovative Approach to Addressing the Use of ChatGPT in CNS/DNP Programs

Dr. Gustin is an Associate Professor at Old Dominion University School of Nursing where she teaches in the DNP program. She directs the university's Center for Telehealth Innovation, Education, and Research (C-TIER). The center serves as a national telehealth learning and research center. She is also the clinical manager for the Pediatric Telehealth program at Children's Hospital of the King's Daughters. Dr. Gustin has been responsible for the development of this new program and assuring clinical competence of the telehealth providers. Dr. Gustin led the development of ODU's Community Care Clinic housed at the People in Need (PiN) ministry; a nurse-led behavioral health integrated clinic that provides holistic care to people living in homelessness. She leads the implementation of telehealth at the clinic allowing clients to see specialty providers in the area. Dr. Gustin's research has focused on interprofessional team-based care and how telehealth can be used as the instrument for connecting providers to providers and providers to patients.

**Curtis Stowers MSN, AGCNS-BC**

Empowering the Novice CNS: Embracing Small Steps to Drive Innovation

Curtis Stowers has over 15 years of experience in critical care. For nearly a decade, he has served as a Clinical Nurse Specialist, bringing a wealth of expertise to the field. Curtis has presented at both local and international conferences, focusing on clinical excellence and improving patient outcomes. He has been an adjunct professor at the University of Virginia for almost 10 years, passionately teaching the next generation of nurses. Currently, Curtis works for the VCU Health Trauma Program, where he focuses on process improvement and clinical excellence.

Heidi Marlin, ACCNS-AG, CCRN, TCRN

Empowering the Novice CNS: Embracing Small Steps to Drive Innovation

Heidi Marlin, with over 10 years of experience in critical care and emergency nursing, serves as a Clinical Nurse Specialist on the Surgery/Trauma Progressive Care unit at VCU Health. She has driven evidence-based practice by developing a comprehensive course that equips new nurses with the essential knowledge and skills required for trauma patient care. Other projects include transitioning nurse orientation from a traditional model to a tiered approach. Heidi is working on her DNP at the University of Virginia. She is committed to cultivating continuous learning and mentoring the next generation of trauma nurses.

**Marion Kyner, MSN, APRN, PMHCNS-BC**

Shaping the Future of Dementia Care: A New Nursing Paradigm

Marion Kyner is an Advanced Practice Registered Nurse and Psychiatric Clinical Nurse Specialist with more than 40 years of nursing experience. She serves as an adjunct faculty member and clinical instructor at Longwood University and a clinical nursing instructor at the University of Virginia School of Nursing, where she teaches dementia care skills to both undergraduate and graduate nursing students. Marion has been working with older adults for over 17 years and worked in a senior care community for 14 years as a nurse manager, mental health provider, dementia specialist, consultant, trainer, coach, and engagement leader for residents with dementia. She is certified as a trainer and coach in Teepa Snow's Positive Approach to Care model. She is passionate about changing nursing practice in dementia care in understanding brain changes and the importance of connection and relationships. She is also a volunteer with the Alzheimer's Association and Dementia Friends in her community.



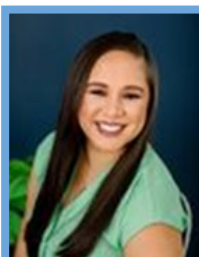
2025 VIRGINIA ASSOCIATION OF CLINICAL NURSE SPECIALISTS ANNUAL CONFERENCE



Pamela J. Bishop, PhD, APRN, CNS-BC

A Innovative Approach to Addressing the Use of ChatGPT in CNS/DNP Programs

Pamela serves as Clinical Assistant Professor and Director of the Clinical Nurse Specialist (CNS) Program at Old Dominion University (ODU). Dr. Bishop is nationally certified through the American Nurses Credentialing Center (ANCC) and registered in Virginia as a CNS. She has over 32 years of clinical experience combined with over 24 years of experience in the academic setting. Her research interests include a common theme of health promotion (across various populations and settings) including, but not limited to, work related to self-efficacy, simulation in the acute care setting, and preparing students and teams for interprofessional work, including the use of telehealth and integration of innovative technology into APRN education and practice.



Holly Tenaglia DNP, APRN, AGCNS-BC, OCN

A Innovative Approach to Addressing the Use of ChatGPT in CNS/DNP Programs

Holly has been a CNS for 2 years and currently works as a Lecturer at Old Dominion University. As a native of Virginia Beach and a graduate of Virginia Commonwealth and Old Dominion Universities, she is committed to serving the Virginia community and the healthcare leaders striving to make it better for all.

Sarah Taylor DNP, MHR, AGCNS-BC, CEN

Past, Present and Future Legislation for VaCNS

Sarah currently serves as the hospital-wide CNS, Research/EBP Nurse, and Ethics Consultant for Sentara Albemarle Medical Center, where she has made significant contributions to patient care, research, and ethical practices. With 8 years of experience as a CNS, Sarah is excited to be a change agent and nurse mentor. To Sarah, being a CNS is a commitment to APRNs and an opportunity to 'give back' to nursing what it's giving to her: a satisfying career where learning is lifelong. Sarah's background includes 20 years in the US Navy and 22 years as an Emergency Dept. nurse, where she obtained the Certified Emergency Nurse designation. She is currently a member of the NACNS (Leg/Reg committee member) Wilderness Medicine, Remote Area Medical (as a volunteer), Tidewater Chapter of ENA and AACN, and VaCNS. She is also licensed in North Carolina as a CNS. Her professional goals include expanding the role of the CNS in Virginia.



Becky Bowers Lanier MSN, MPH

Past, Present and Future Legislation for VaCNS

Becky's career includes positions in nursing, administration, consulting, public policy, and lobbying. She began her professional career as a staff nurse in critical care at what is now Sentara Norfolk General Hospital, where she also taught critical care nursing in the diploma program. After earning her master's degree in nursing at the University of Pennsylvania, Becky began an 11-year journey from Instructor through Associate Professor at Norfolk State University. During that time, she also earned a doctorate in higher education administration at the College of William and Mary. She served as Deputy Director of Colleagues in Caring: Regional Collaboratives in Nursing Workforce. Becky honed her advocacy skills through her work at Macaulay & Burtch, PC. She is now Principal at B2L Consulting. Becky was president of the Virginia Nurses Association from 1996-2000. She has served as Vice President of the Board of Directors of The Daily Planet, a homeless services provider in Richmond, Virginia, and a board member of the Center for American Nurses. Becky is the recipient of the Nancy Vance Award for exceptional contributions to the profession. And in 2013, Becky was awarded membership in the Muhlenberg Hall of Fame in her home town of Reading, PA.



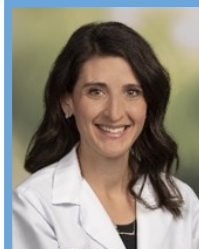
2025 VIRGINIA ASSOCIATION OF CLINICAL NURSE SPECIALISTS ANNUAL CONFERENCE



Michelle Milburn APRN-AG-CNS, BC-ADM

How sweet it is! A journey of the Diabetes CNS program from recommendations to prescriptive authority

Michelle "Shelly" Milburn is a Clinical Nurse Specialist who earned her undergraduate degree in nursing from the University of North Carolina at Charlotte in 1997 and her MSN as a Clinical Nurse Specialist/Educator from Old Dominion University in 2015. She practiced as a registered nurse (RN) for 27 years in both acute and ambulatory settings before advancing to a CNS role. Since joining the Program for Diabetes Health in December 2019, Shelly has been passionate about helping hospitalized patients living with diabetes understand that while it is a lifelong chronic disease, it can be successfully managed. She earned her Board Certification in Advanced Diabetes Management (BC-ADM) in 2022. Additionally, Shelly has served on the VACNS board as the Delegate at Large from 2023 to December 2024. Shelly and her family have called Powhatan, Virginia, home since 2003. In her free time, she enjoys exercising, traveling to new places, and camping with friends.



Lauren Turner, APRN-CCNS, BC-ADM, CCRN

How sweet it is! A journey of the Diabetes CNS program from recommendations to prescriptive authority

Lauren Turner is a dedicated Clinical Nurse Specialist (CNS) with a diverse background in pediatric and critical care nursing. She earned her undergraduate degree from James Madison University and initially worked in a Pediatric Intensive Care Unit (PICU). After furthering her education at Georgetown University, Lauren earned a Master of Science in Nursing (MSN) specializing as a Critical Care Clinical Nurse Specialist, along with a post-master's certificate in Nursing Education. She began her career at UVA Health, where she served as a CNS in the Pediatric Intensive Care Unit (PICU). She moved to Richmond, VA, where she joined Bon Secours' Program for Diabetes Health as a CNS, focusing on diabetes care management and patient education to improve health outcomes. Outside of her professional life, Lauren enjoys spending time with her husband and two young sons, playing tennis, and biking, embracing an active lifestyle with her family.

Corrine Gogert ,MSN,MBA, AGACNP-BC, ACCNS-AG, CCRN

Closing the Gap after Discharge from Rehab: APRN led Transitional Care Clinic

Corrine is a Major in the US Army, earning her commission in 2012. She holds a BSN from Pacific Lutheran University, an MSN from University of Virginia, and an MBA from Grand Canyon University. She has a rich background in the clinical management of acute and critical care patients, both adult and pediatric. A deployment to Afghanistan fueled her love for critical care and led to a focus in intensive care. She is board certified as both an Adult Gerontology Clinical Nurse Specialist and Nurse Practitioner. She is currently completing her DNP at UVA and will be graduating in May before moving to her next duty station in San Antonio, TX. A mom to a four-year-old, Amaya, she treasures spending time with her family including her partner and 3 dogs.



Edward Rauch Jr. MSN, AGACNP-BC, ACCNS-AG, CCRN

Implementation of eCPR guidelines through simulation training

Edward is an active-duty Army Nurse Corps Officer with nine years of service. He has 5 years of experience as a clinical staff critical care nurse and as an Extracorporeal Membrane Oxygenation (ECMO) specialist. Between these roles, he also worked as an instructor for the U.S. Army Critical Care and Emergency Room Nurse Course. During the COVID-19 pandemic, Edward was deployed to provide essential care to acutely and critically ill patients. Currently, Edward is in his final year at the University of Virginia School of Nursing, where he is pursuing a Doctor of Nursing Practice (DNP) with a dual focus on Adult-Gerontology Acute Care Nurse Practitioner and Clinical Nurse Specialist roles. His essay, "A Glimmer of Light During the Pandemic," was published in the Virginia Nursing Legacy Magazine in the summer of 2024, detailing his experiences and insights as a critical care nurse during the pandemic.



2025 VIRGINIA ASSOCIATION OF CLINICAL NURSE SPECIALISTS ANNUAL CONFERENCE



Stacia Landrom, DNP, APRN-CNS, AGCNS-BC, BC-ADM, CDCES

Dementia Education survey in prelicensure nursing education programs in VA

Stacia has experience in a variety of care settings including inpatient glycemic management, acute care, home care, behavioral health, and hospice. She believes that interdisciplinary collaboration and person-centered care are crucial elements in improving glycemic outcomes. Stacia is a member of Sigma Theta Tau International Honor Society of Nursing, the American Nurses Association and, the National Association of Clinical Nurse Specialists. She is Board Certified in Advanced Diabetes Management (BCADM) and a Certified Diabetes Care & Education Specialist (CDCES). Stacia holds a Doctor of Nursing Practice degree from Johns Hopkins School of Nursing, a master's degree in nursing from the University of Michigan and a bachelor's degree in nursing from Eastern Michigan University.



Heather Dickinson, MSN Ed., RN, PCCN

A CNS Student-Led Smoking Cessation Program for People Experiencing Homelessness

Heather is a certified registered nurse with experience in progressive/intermediate and critical care for adults at hospitals in Virginia and Kentucky. She has also worked as an educator for pre-licensure students and as a nursing professional development generalist, where she created innovative preceptor programs, competencies, and other initiatives. She remains a mentor, preceptor, career counselor, and educator for nurses and nursing students. Heather is an adult-geriatric Clinical Nurse Specialist and a Doctor of Nursing Practice student at Old Dominion University. She is currently a staff nurse on the ICU/PCU at Naval Medical Center Portsmouth.

Sarra Wildermuth BSN, RN, CNS Student

Forging Our Own Path: New Graduate CNS Transition to Practice

Sarra Wildermuth is a Neurotrauma ICU nurse and Clinical Nurse Specialist student at Old Dominion University. She began her career as a Registered Nurse in 2020 during the height of COVID-19. Learning nursing amidst the ever-changing healthcare landscape of a global pandemic inspired her to be part of the healthcare evolution. She is committed to influencing systematic change and improving healthcare accessibility and delivery for trauma patients. She is particularly interested in patients sustaining traumatic brain injuries and Clinical Nurse Specialist transition into practice. She has worked to improve communication between the Operating Room and the critical care units. She obtained her Trauma Nurse certification in 2019. Sarra has regularly taught trauma related classes to staff nurses during her clinical time.



Theo Urbano, DNP (C), AGCNS-BC, APHN-BC, HWNC-BC, CMSRN, DipACLM

Standardizing military nurse coach competency training: A CNS-led pre-experimental study

Theo Urbano is an adult-gerontology clinical nurse specialist on active duty stationed at the Pentagon as part of the 316th Medical Group. As the Special Missions Auxiliary Clinic Flight Commander (i.e., Clinic Manager), he leads 19 joint Service, multi-disciplinary health professions delivering primary and preventive health care to 2.7K patients, to include the most senior Defense Department officials. Theo's experience includes various inpatient and outpatient nursing positions in the United States and abroad, serving two tours overseas and a deployment to Afghanistan in 2013. He was also the preceding Military Consultant to the Air Force Surgeon General for Disease Management, guiding 140 nurses across 76 facilities, leading nurse coaching services benefitting 2.6 million beneficiaries in the Air Force Medical Service. Theo recently completed his DNP through Old Dominion University. His research interests include chronic disease management and lifestyle medicine, contemporary and alternative medicine, resilience and mindfulness-based stress reduction, and staff and professional development.

