

January 2025

Iowa Society of Perianesthesia Nurses



Awakening News

Volume 35- issue 3

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Pre and PACU in same room

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ISPAN board meeting: minutes:

ASPAN board members

Upcoming events:

March 1, 2025
Spring Conference

April 27-May 1, 2025
ASPAN national Conference. Dallas, TX

ISPAN President's Message

Representing ISPAN at the Professional Development Institute in Oklahoma City was an enriching experience, and don't forget it was fun too! The ASPAN program titled "Tips for Growing, Learning, and Leading Your Component to Success" covered vital topics such as Engagement & Recruitment, Social Media Platforms, and Revitalizing Your Component. Discussions centered around increasing member involvement through consistent meeting times, scheduled social events, and hybrid conferences. We examined what inspires leaders to participate, including personal connections, empowering members, and sending new board members to PDI. Additionally, ideas for re-energizing membership were shared, such as volunteering outside of work, offering scholarships, and emphasizing the importance of ASPAN standards. I particularly enjoyed meeting leaders from Nebraska and Tennessee, who graciously shared their successful strategies and offered their support and encouragement. I look forward to implementing some of the above suggestions in the next year. I look forward to seeing who will step up and represent us at the 2025 PDI, will it be you?



Kris Franken RN, CAPA

ISPAN president

Follow ISPAN:

Website: <https://ispan.nursingnetwork.com>

Facebook: Iowa Society of Perianesthesia Nurses-ISPAN

Region 2 Update

Dear ISPAN Members,

I was able to sit in on a ISPAN board meeting recently and was happy to hear that you have increase in membership. Your officers are doing a fantastic job. Kristen is doing a great job and I learned a lot about what is happening in governmental affairs that I'm sure is important to all of us no matter what state we live in. It was nice to visit Kristen at ASPAN Leadership Development Institute. Those of you that have never been to a Leadership Development Institute, please think about attending next year. It is a great learning experience.

I hope to see many of you at the National Conference in Dallas. I will be sending out an email letting you know where and when our Region 2 meeting will be. You can also watch for it to be published in the "Particulars" which are published daily during the conference. Don't forget to send your Representative Assembly Representatives and alternates names into the National Office by February 26, 2025.

Below is a list of important dates to remember for this quarter. I have highlighted the most important dates for you to remember, especially if you are an officer or want to write an article for JoPAN or Breathline. Some members have requested to be informed of other components conferences so they would have the option to attend so I have included MSPAN's conference. There are 3 free webcasts in February for PANAW week. You can go to the website and find out the dates and times for the free CE's offered during the month of February. February 28, 2025, is the deadline to vote on your future officers. Please take the time to read the "Bio" for the Candidate Profiles and vote for your choice for each position. These results are sent to your 2 representatives and are how they vote for the 2025 candidates.

If you are interested in taking the CPAN or CAPA certification exam please let me know at lallyn@aspan.org. I am working on starting a study group, so if you are interested and committed to taking the exam please get in touch with me.

The **2024 Redi-Ref for Perianesthesia Practices, 6th Edition**, is now available for sale through the national office. The new **2025-2026 Perianesthesia Nursing Standards, Practice Recommendations and Interpretive Statements** will be available in February.

Stay safe and see you in April,

Sincerely,

Linda Allyn, BSN, RN, CPAN, CAPA
ASPAN Region 2 Director



Regional Director
Region Two
Linda Allyn, BSN,
RN, CPAN, CAPA

DATES TO REMEMBER

January 2025

27 Resolutions Deadline for 2025 Representative Assembly (RA)

February 2025

1 Gold Leaf Component of the Year Award Submission Postmark Deadline

3-9 PeriAnesthesia Nurse Awareness Week (PANAW) 2025

26 Component Representatives' Names Due in National Office for 2025 RA Meeting

28 Deadline to Request ASPAN Select Seminar for June 2025

March 2025

8. MSPAN State Conference Hattiesburg MS

28 2025 RA Meeting Materials Notification Email to Representatives

April 2025

28-May 1 ASPAN 44th Annual National Conference, Dallas, TX

Governmental Affairs

1. Iowa Medicaid & Children's Health Insurance Program (CHIP) Joint Projection Summary

Pam Uhrich RN,
MSN, CPAN

Yearly 3% trend and deficit starting in 2026 with current funding.

HHS/LSA/DOM Consensus - December 16, 2024

SFY23-30 Medical Assistance Appropriation Analysis - **WITH TREND**
Medical Assistance Projection
FY26-FY30 - Add'l 3% Trend Adj on MCO & Legislative Adjustments; Non-MCO Add'l 1.5% trend adjustment FY27-FY30; Trend estimates for MCO Premium Tax Revenue and Expenditures

	SFY27-SFY30 with MCO Trend							
	0.00%	0.00%	0.00%	3.00%	3.00%	3.00%	3.00%	
	Consensus							
	SFY23	SFY24	SFY25	SFY26	SFY27	SFY28	SFY29	SFY30
State Revenue								
Prior Year Carry-Forward	\$273,039,252	\$367,990,615	\$292,212,753	\$124,663,242	\$0	\$0	\$0	\$0
General Fund - Medical Assistance	\$1,510,127,388	\$1,543,626,779	\$1,605,063,804	\$1,605,063,804	\$1,605,063,804	\$1,605,063,804	\$1,605,063,804	\$1,605,063,804
Health Care Trust Fund	\$183,706,173	\$159,770,706	\$160,351,215	\$150,997,000	\$150,997,000	\$150,997,000	\$150,997,000	\$150,997,000
Quality Assurance Trust Fund	\$57,161,022	\$106,556,027	\$111,216,205	\$111,216,205	\$111,216,205	\$111,216,205	\$111,216,205	\$111,216,205
Hospital Health Care Access Trust Fund	\$33,920,554	\$33,920,553	\$33,920,554	\$33,920,554	\$33,920,554	\$33,920,554	\$33,920,554	\$33,920,554
Medicaid Fraud Fund	\$58,806	\$16,934	\$150,000	\$150,000	\$150,000	\$150,000	\$150,000	\$150,000
Decategorization	\$880,576	\$13,494	\$0	\$0	\$0	\$0	\$0	\$0
MCO Premium Tax	\$0	\$0	\$121,312,617	\$2,973,334	\$3,183,084	\$4,522,008	\$7,057,669	\$9,669,399
Total State Funds Available	\$2,058,893,771	\$2,211,895,109	\$2,324,227,148	\$2,108,984,139	\$1,984,530,647	\$1,985,869,571	\$1,988,405,232	\$1,991,016,962
State Expenditures								
IA Health Link	\$1,611,837,207	\$1,723,362,352	\$2,041,274,222	\$2,028,297,387	\$2,028,297,387	\$2,028,297,387	\$2,028,297,387	\$2,028,297,387
Non-IA Health Link	\$79,065,949	\$196,320,003	\$153,031,322	\$193,962,531	\$196,871,969	\$199,825,048	\$202,822,424	\$205,864,761
Legislative Adjustments	\$0	\$0	\$0	\$0	\$0	\$0	\$0	\$0
MCO Premium Tax Expenditures	\$0	\$0	\$0	\$0	\$0	\$0	\$0	\$0
SFY24 Trend Adj.	\$0	\$0	\$0	\$0	\$0	\$0	\$0	\$0
SFY25 Trend Adj.	\$0	\$0	\$0	\$0	\$0	\$0	\$0	\$0
SFY26 Trend Adj.	\$0	\$0	\$0	\$60,848,922	\$60,848,922	\$60,848,922	\$60,848,922	\$60,848,922
SFY27 Trend Adj.	\$0	\$0	\$0	\$0	\$62,674,389	\$62,674,389	\$62,674,389	\$62,674,389
SFY28 Trend Adj.	\$0	\$0	\$0	\$0	\$0	\$64,554,621	\$64,554,621	\$64,554,621
SFY29 Trend Adj.	\$0	\$0	\$0	\$0	\$0	\$0	\$66,491,260	\$66,491,260
SFY30 Trend Adj.	\$0	\$0	\$0	\$0	\$0	\$0	\$0	\$68,485,997
Total State Expenditures	\$1,690,903,156	\$1,919,682,355	\$2,194,305,544	\$2,283,108,839	\$2,348,692,666	\$2,416,200,367	\$2,485,689,002	\$2,557,217,336
Transfers *								
Transfer out for CHIP Shortfall	\$0	\$0	\$5,258,362	\$0	\$0	\$0	\$0	\$0
Surplus/Deficit w/o MCO Prem Tax	\$367,990,615	\$292,212,754	\$124,663,242	(\$174,124,700)	(\$364,162,019)	(\$430,330,796)	(\$497,283,771)	(\$566,200,374)
				GF Need	\$174,124,700	\$190,037,320	\$66,168,776	\$68,916,604

2. Iowa Legislation removing DEI public institutions. The main group is the K-12 but universities that receive state funds are included in this bill. There is a trend nationally and major corporations are following suite (e.g., Facebook, Google)

SF2435 – Education Appropriations Bill

- Establishes restrictions related to Diversity, Equity, and Inclusion Efforts of Higher Education governed by the BOR
- Sec. 32, 261J.2 Diversity, Equity, and Inclusion office prohibited.
- Sec. 33, 261J.3 Restrictions on use of monies.
- Division IX, Section 31.1e states:

Any effort to promote, as the official position of the public institution of higher education, a particular, widely contested opinion referencing **unconscious or implicit bias, cultural appropriation, allyship, transgender ideology, microaggressions, antiracism, systemic oppression, social justice**, etc.

The full bill can be found here: [SF2435.pdf \(iowa.gov\)](#) (starting on page 32).

While many of the provisions are similar to those in the BoR directives, there are some differences in the language. This law takes effect **July 1, 2025**. Additional clarity around the interpretation and application of the law will continue throughout the next 14 months.

Continued

Senate file 2435 overview

DEI is defined by SF 2435 as any effort to:

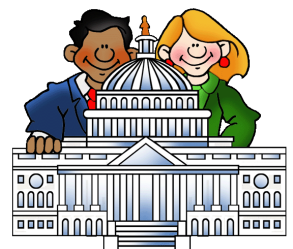
- Promote or promulgate **trainings, programming, or activities** designed or implemented with reference to race, color, ethnicity, gender identity or sexual orientation.
- Promote, as the official position of the university, a particular, widely contested opinion referencing unconscious or implicit bias, cultural appropriation, allyship, transgender ideology, microaggressions, group marginalization, antiracism, systemic oppression, social justice, intersectionality, neo-pronouns, heteronormativity, disparate impact, gender theory, racial privilege, sexual privilege, or any related formulation of these concepts.

3. Robert Kennedy Jr if confirmed to the Department of Health and Human Services will lead one of the largest federal departments — responsible not only for medications and vaccines but also for agencies that fund medical research, provide public health insurance to millions of Americans, and oversee the nation's response to public health emergencies like pandemics.

Past statement that has made-

- Reducing ultra processed food in American diets
- Removing harmful dyes from food
- Anti-vaccine policy could undermine not only the progress we have made in COVID-19 but also from life-threatening infectious diseases including polio, tetanus, measles, mumps, seasonal flu and more.
- Ending fluoride in public water systems
- Health related conspiracy theories: He has claimed vaccines cause autism, linked depressants to mass shootings, and suggested HIV does not cause AIDS.

4. International nursing hires at the University of Iowa Healthcare to begin in June. Over a hundred are expected to come in small groups throughout the next year to help with the nursing shortage.



Clinical Practice questions

Holly Meis RN, BSN

Nurse at Surgical
Dunes Center, Dakota
Dunes, SD

Your question: What are ASPAN's standards regarding postop phone calls? Is it necessary to make a second attempt if no answer on the first attempt? Is it required that specifically PACU RNs complete the postop phone calls?

Answer: The 2023-2024 Perianesthesia Nursing Standards, Practice Recommendations and Interpretive Statements does not specifically address those questions. The Practice Recommendation - Components of Assessments and Management for the Perianesthesia Patient Practice Recommendation B: Post Anesthesia Phases of Care states, "Post discharge patient follow-up is required. The follow-up may be accomplished in various ways. Although The Joint Commission (TJC) and Centers for Medicare & Medicaid Services (CMS) do not require a postoperative phone call, other regulatory agencies may. TJC requires that reassessment is done on all patients at intervals determined by the facility" (P. 62). Studies have shown that follow ups and reassessments improve patient satisfaction and compliance with their treatment plans, identify any potential complications, and decrease unnecessary ED visits. Follow ups and reassessments can be in many forms, a phone call, a mailed survey, or any forms that the health care organizations prefer. The Joint Commission does require the health care organization to have a policy in place to clearly define how the follow-ups and reassessments are being done (Godden, 2010). Whether a second attempt needs to be made or only RNs can make the postop phone calls really depend on what your institutional policy says. I would recommend reaching out to your department manager or locating your institutional policy for further clarification.

Continued next page



Clinical Practice questions— continued

Your question: What are ASPAN's standards for the PACU call team consisting of 2 RN's preoping a pt. & simultaneously recovering a Ph 1 pt. direct from the OR ?

Holly Meis RN, BSN

Answer: In the 2023,2024 Perianesthesia Nursing Standards, Practice Recommendations and Interpretive Statements III/ Environment of Care p. 37, it states "Perianesthesia patients may be in the same physical space as patients recovering from anesthesia or sedation as staffing and room design permits; however, they should be cohorted, and separated as far away as physically possible from Phase 1 patients. Efforts should be made to provide privacy for the patient and family so that patients waiting for their procedure not hear activity related to patients emerging from anesthesia or sedations. It is also desirable to have a separate healthcare team; that is , a preoperative nurse is not also caring for a post anesthesia patient. Also, keep in mind, that Practice Recommendation Patient Classification/Staffing Recommendations states on p. 49 that Two registered nurses, one of whom is a perianesthesia nurse competent in Phase 1 postanesthesia nursing, are in the same room/unit where the patient is receiving Phase 1 care. The Phase 1 registered nurse must have immediate access and direct line of sight when providing patient care. The second nurse should be able to directly hear a call for assistance and be immediately available to assist .

These staffing recommendations should be maintained during "on call" situations. In my former hospital, we staffed a Holding Room nurse in our Phase 1 PACU on Saturday and Sunday from 7am-5pm that would pre-op in-patients and patients coming from the ER requiring surgery. Our Phase 1 PACU had a partial wall that divided the Phase 1 PACU from the Holding Room. When we were called into the hospital to recover a patient in the Phase 1 PACU, our Holding Room nurse would become our second nurse in the room to meet the ASPAN Standard of having two nurses in the same room when recovering a Phase 1 PACU patient. I hope that this information will assist you in promoting safe patient care and achieving evidence-based practice in your facility.



Free CEU's
for Perianesthesia Nurses Week (PANAW)
Log into ASPAN website www.aspan.org

PANAW Webcasts

GLP-1, GLP-1/GIP & SGLT-2 Medications: Impact on Perianesthesia Optimization, Recovery, and Beyond 1.0 CH - LIVE Webcast - Monday, February 3, 2025

Includes Credits 📅 Includes a Live Event on 02/03/2025 at 7:00 PM (EST)

The role of the GLP-1, GIP, and SGLT-2 medications in the context of anesthesia: an overview of their effects and considerations.

ASPAN Standards and Documentation: Protect Your Practice! 1.0 CH - LIVE Webcast - Tuesday, February 11, 2025

Includes Credits 📅 Includes a Live Event on 02/11/2025 at 7:00 PM (EST)

Utilize ASPAN Standards to ensure accurate documentation of your patient's journey through the phases of perianesthesia care.

You must log in to register

More Information

What Is Clinical Practice and How Does It Influence Our Practice? 1.0 CH - LIVE Webcast - Friday, February 21, 2025

Includes Credits 📅 Includes a Live Event on 02/21/2025 at 7:00 PM (EST)

This webcast will demonstrate how clinical practice influences our practice, how questions are submitted and answered, and how these questions assist with forming our standards.



Changes to CPAN/CAPA CERTIFICATION

To read more about these changes and how they may affect your 2024 recertification, please visit the ABPANC website [here](#).

Highlights of the changes include:

- All contact hours must be perianesthesia related
- The number of required contact hours will be reduced from 90 hours to 70 hours
- The direct versus indirect care categories for contact hours will be eliminated
- The recertification reinstatement period will be extended from 15 days to 90 days
- Recertification by exam option will be discontinued by 2027

Please note the new Recertification Handbook reflecting these changes will not be available until after the close of the fall 2023 recertification window.

Reminders

- CPAN/CAPA Certification fall registration window: July 1 – October 31
- Fall testing window: September 15 – November 15
- Fall Recertification window: July 1–October 31

Learn more at <https://www.cpancapa.org/>

<https://www.cpancapa.org/>

Minutes from Fall ISPAN board meeting

2024-2025 ISPAN BOARD

President:

Kris Franken

kfran86@gmail.com

VP/President Elect:

Secretary:

Sheri Parman

Sheri-parman@uiowa.edu

Treasurer:

Diane Lange

djlange60@gmail.com

Immediate Past President:

Pam Uhrich

Pam-uhrich@uiowa.edu

Governmental Affairs Rep:

Pam Uhrich

Pamela-uhrich@uiowa.edu

Membership:

Susan Mettz

Smetz120@comcast.net

Publications:

Donna Dolezal

Donna-dolezal@uiowa.edu

ISPAN Minutes 1/14/2025

1900 ZOOM Called to order at 1902; meeting adjourned at 2032

ATTENDANCE: Diane Lange, Pamela Uhrich, Kris Franken, Wendy Rindels, Holly Meis, Donna Dolezal, Susan Metz, Liz Tippet, Linda Armstrong, and Linda Allyn

Topics: PDI, Combining with other components, T-shirts, ISPAN Scholarship for Recruitment

Committee reports

Approve of October minutes: motion Diane Lange, 2nd Donna Dolezal

ISPAN presidents Report: Kris Franken

Next BOD meeting: March 11th Zoom at 7PM

Note: June meeting will happen in Des Moines in person.
Location TBD

Board Positions

President-Kris Franken

Vice President-President Elect-Open

Treasurer-Diane Lange

Secretary- Sheri Parmen

Newsletter- Donna Dolezal

Governmental Affairs- Pam Uhrich

Membership Officer- Susan Metz

Education Chair- Open interest expressed by Megan Musselman

Merchandise Ad Hoc- Wendy Rindels, Holly Meis

Kris has agreed to stay president for one more year, but we need to focus on succession planning & recruitment.

PDI Report take aways from conference (I enjoyed the breakout sessions Friday evening) Location Oklahoma City.

Take away connection doing events.

Question-Do we need components?

I would like to see ISPAN increase postings on Facebook, in the hopes of attracting more members and interest in the organization. My goal is to post 2-3 times per month. Increase postings on Nursing Network. What content do you want to see and what do others want? We need a Communications Chair (social media & webpage content)

Treasurer Report:

Diane

Financial Report (see attached PDF)

Questions were asked about sustaining a negative income. Expenses are greater than income. Great question. Can the budget include scholarships for CPAN/CAPA certification? Discussion tabled.



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Pamela-uhrich@uiowa.edu

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Susan Metz

Smetz120@comcast.net

Publications:

Donna Dolezal

Donna-dolezal@uiowa.edu

Continued

PDI scholarship. We received \$1500 to send members to PDI in Oklahoma City. Reminder for attendees to use the Smart App to submit your expenses.

Excessive PDI scholarship money was returned to ASPAN.

Membership Report:

Susan

Current Membership: 83 up from 70 in December 2023

Renewals:

New Members:

Education

Governmental Affairs Report:



Government Affairs
1-14-24.docx

Pam (see attached report)

Fall Conference Report

Newsletter

Donna

Always looking for new articles

General Discussions- Merging with other components. Discussion regarding future conference planning. Revise ISPAN scholarship form to encourage recruitment (suggestions-delete 1-year ASPAN membership & remove previous national conference attendance) Is this feasible? _____ Volunteers to revise form.

Representative Assembly: Dates April 26th-27th. It is Saturday & Sunday at the beginning of the National Conference. RA- Kris Franken, Sheri Parman, Alternative Pam Uhrich.

Perianesthesia week February 3-9, 2025- Please post pictures of celebrations on Facebook. What are some fun ideas?

Spring PeriAnesthesia conference is March 1, 2025, virtual conference.

Region 2 News with Linda Allyn-Will send with write up.

Component dues will remain at \$30 per board vote.

Do we want to set a recurring date for ISPAN Board Meetings? Meetings quarterly -January, March, June, and October on the 2nd Tuesday

T-shirt sales? \$ Toward scholarships? Cost \$18-\$22 to made. Price TBD. Kris has ordered several.

Members- question & answer session

National Conference Dallas Texas April 27th-May 1, 2025. Who plans on going?

Jan 28th resolution due

Feb 26th RA certification due

RA- Kris Franken, Sheri Parman, Alternative Pam Uhrich

Who is planning to attend? Kris Franklen, Sheri Parman, Pam Uhrich, Holly Meis, Donna Dolezal, Wendy Rindels

May be-Diane Lange



Continued



T-Shirt Scholarship Fundraiser

ISPAN has a few t-shirts for sale. The money raised is going to fund educational scholarships. We have a few colors and sizes available right now. If there is enough interest, we will consider setting up an online store, but for now we have a limited supply. The size and number of shirts available at publication is listed above.

If you are interested in a shirt, email Kris with the size, color (blue 1[first] or blue 2[last]), and shipping address. The t-shirts are currently \$25 each. The orders will be filled in the order they are received. If I am out of the shirt, I will let you know as soon as possible. Once I have confirmed your order, I will discuss payment options. Kris email: kfran86@gmail.com



PANAW Week

February 3-9, 2025

Spring Conference zoom

March 1, 2025

Registration: www.uiowacloud-cme

ASPAN National Conference

April 27– May 1, 2025 Dallas, TX

Www.aspan.org



ASPAN NEWS:

Check out the Web site at: www.ASPAN.org

Connect with ASPAN for information and education:

ASPAN.Org and Facebook American Society of Peri-Anesthesia Nurses.



ASPAN President-

Lori Silva

MSN RN CCRN CPAN

lsilva@aspan.org



Vice President/President-Elect

Ursula Mellinger, BSN, RN, CPAN,

CAPA



Regional Director Region Two

Linda Allyn, BSN, RN,

CPAN, CAPA

ISPAN MISSION STATEMENT

As a component of ASPAN, ISPAN formally recognizes the purpose and mission of ASPAN. The society is committed to maintaining and upgrading the standard of the specialty, and to the promotion of professional growth of its members.