AORN of Greater Orlando

AORN Chapter 1015

January 2025 Newsletter and Meeting Information

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Officers and Board

Brian Parton-President

Nan Hamley- Secretary

Holly Jezek-Treasurer

Agnes Bologna, Michelle Hord, Mona Keyes, Kevin Metzing-Board of Directors

Patty Shoults-Past President/Advisor

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President's Message

Dear Colleagues:

     Happy New Year to all the perioperative nurses of Greater Orlando and elsewhere around the world. I hope you all had a wonderful holiday season. This looks to be an exciting year as we have officially changed the chapter name (AORN of Greater Orlando, still number 1015), began having in-person meetings again, and are working with Nursing Network to build our chapter website. As you know, membership numbers have been down, but Kevin and I were able to identify many members that were placed in the wrong chapter. This year I look forward to our chapter reaching out to nurses in our area and inviting them back, holding more in-person meetings, and building strength in the chapter through those who have been hesitant to get involved.

As a reminder, AORN Expo in Boston is just a couple months away. We still have not finalized the slate of Delegates from our chapter, so if you are looking to represent 1015, please email me by Monday,

January 20, 2025, so you can be added to the list for consideration.  In your email please mention if you have been attending meetings or events since the last Expo and any other involvement in the association.

Our next meeting is a Saturday breakfast with a CEU from the sponsor. (See details below.) It will be at 1100am at the same location as the last one, Blu on the Avenue in Winter Park. There may be some Florida State Council members joining us since they have a meeting that afternoon. **Please RSVP if you will be attending so we can have an accurate head count for the sponsor.**

As always, thank you for what you do each and every day, across the perioperative spectrum, in what I consider to be the best specialty amongst all of the nursing practices.

Regards,

Brian Parton, RN

President

AORN of Greater Orlando

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Upcoming Meetings

**SATURDAY, JAN 18, 2025**

**Special time: 11am**

Blu on the Ave, 326 S Park Ave, Winter Park

Mastering Modern Sterile Technique: A Deep Dive

into the New AORN Guidelines

Speaker: J. Hudson Garrett, MD

Adj Asst Professor of Medicine

University of Louisville School of Medicine

*(Please RSVP if you plan to attend for proper headcount)*

March 2025   Meeting sponsored by Stryker

April 2025  AORN Expo in Boston

June TBA

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DELEGATES to EXPO

As mentioned in the President's Message if you wish to be considered to be a chapter delegate to Expo in Boston in April, please email Brian by Monday, January 20, 2025.  Those chosen will have registration paid for by the chapter.  The Board will take into consideration your chapter and association involvement over the last year.  Members who have not been a delegate in previous years are given preference.  Delegates must attend all business sessions in Boston and show proof of voting for national officers.  Air fare, hotels and meals are paid for by delegates themselves.

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Words of Wisdom for the OR and Everyday

Don't waste your time stressing out about things you cannot control.

Even if you trust someone, keep some things to yourself.

If you want to build something worthwhile, be ready for criticism.

Your mental health is way more important than your job will ever be.  Find balance.

You become an unstoppable force when you realize you can do it alone.

Be ok with people not liking you.  Many don't even like themselves.

Not everything will go according to plan. Be ready to adapt.

You can always choose to be happy no matter what happens in your life.  Being sad

should not be an option.