

Happy Holidays



The Bridge Newsletter

December 2024

AORN Member Spotlight

Rebecca Inman, RN, BSN, PHN, SN II

AORN SFBA Chapter #0512 since 2022



Employed at Sutter Santa Rosa
for 3 yrs., 1.5 yrs as an O.R.
circulator, & in a new role as
General Surgery Service Lead



Career Inspiration & Course

I chose nursing because I grew up in rural Humboldt County. I knew my family, and I were vulnerable living far from healthcare facilities, so I was compelled to learn to manage an emergency. I enrolled in nursing because it seemed to blend art and science and fit me perfectly. I found my niche in the OR quickly.

After years of working in the manufacturing industry, I learned to work with and troubleshoot all sorts of equipment. I apply these skills in the O.R.; I love this environment! I take pride in the care we nurses give and am fascinated by the constantly evolving technology. I love and enjoy being a vital perioperative team member and caring for the people in my community.



Hobbies: World travel, weight lifting,
& hiking

Favorite Foods:

Fresh berries! My mom is a berry farmer,
and I love her organic, sun-ripened berries-
strawberries, blueberries,
blackberries enough



Professional Goals:

I want to become more skilled and knowledgeable in the OR; there's so much to learn!
I plan to learn how to scrub, and I am considering becoming an RNFA. Eventually, I
will study for the CNOR certification

End-of-the-Year for 2024

December 28th, 3p-5p

Mori Point

775 Bradford Way
Pacifica, CA 94044





Attendees at event

In-Person Educational Event
December 7th, 0900-1130
ABSMC-Summit Campus
in the Redwood Rm
on 3100 Summit St, Oakland, CA

Topic of Presentation:
Menstrual Disorders & Advanced
Gynecological Surgical Treatment &
Adhesion Prevention in
Gynecological Surgery

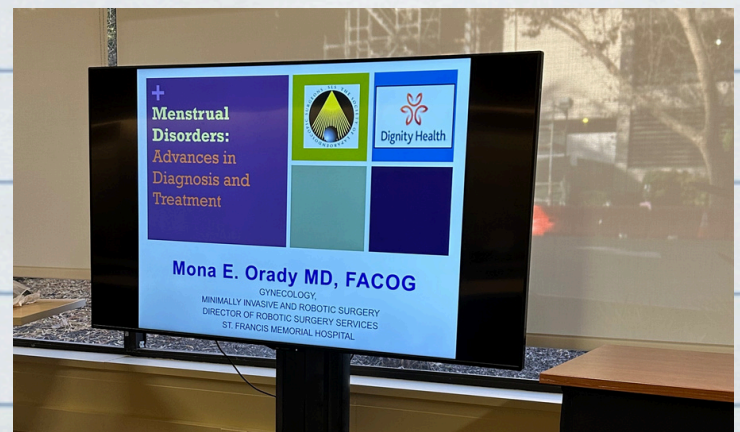
Speaker:
Dr. Mona Orady, FACOG
Gynecological Surgeon



Vendor: Jake Vincent
of Medtrina

Presentation Topic:
"Advances in Hysteroscopy:
The Aveta System"

Special thanks to Jake for
the delicious breakfast treats
& the presentaion



Reinhardt Redwood Regional Park Oakland, CA November 30th





White Pony Express Food Rescue Volunteer Morning November 23rd, 0845-1100



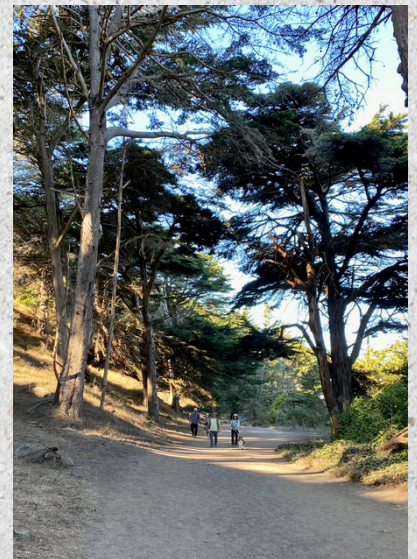


**Volunteering with
Special Olympics of
Northern CA (SONC)
Football Tournament
October 26, 2024**

**Kathleen McDonald High School
3588 Zanker Road
San Jose, CA 95134
0900-1400**



Monthly Group Hike: Lands End San Francisco, CA October 19th



The hikers enjoyed brunch
at a local chalet following the hike



Commencement Date: 10/18/24, Course Completion: 06/05/24

Congratulations to our 2024 Advanced Practice Degree Scholarship winner!

Wanda Harkless-Johnson

Thank you, AORN SFBA Chapter, for the \$1000 scholarship gift! I chose to further my education with a Master's Degree in Nursing Education to teach future and current nurses in clinical settings and at any opportunity. I aim to become a formal perioperative or critical care unit educator. Thankfully, Grand Canyon University has started by preparing me to learn strategies that will allow me to grow professionally as a nurse educator and successfully transition. I enjoy my corresponding secretary position within this chapter and am excited to continue serving...

Sincerest Regards,

Wanda Harkless-Johnson, MSN-Ed., RN, CNOR, SN IV

Mindfulness Session for Healthcare Professionals

October 12, 2024
2001 Clayton Road
Suite 200
Concord, CA

Karina Madrigal



Karina



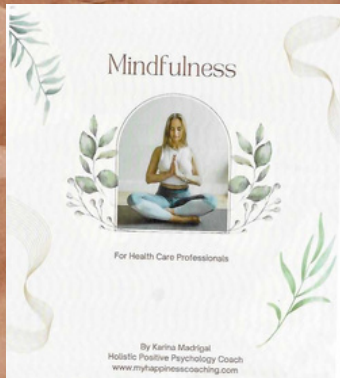
Karina is pictured on the upper right. The other pictures are of
attendees who are perioperative nurses

Mindfulness for Healthcare Professionals

by Karina Madrigal

HolisticPositive Psychology Coach

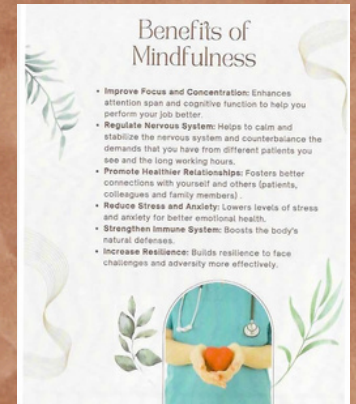
www.myhappinesscoaching.com



Karina Madrigal
shared valuable
information with
those attending



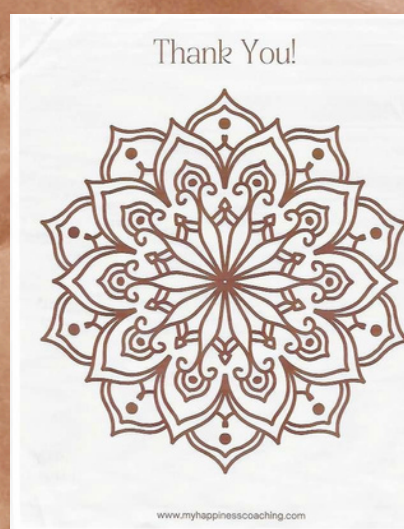
Mindfulness
defined



Benefits of
Mindfulness



These 2 pages contain
QR codes for resources
that can assist with
integrating
MINDFULNESS and yoga
practices into one's life
daily to manage stress &
burnout



Zoom in to read the
information on each page

Upcoming Events

Thursday, January 2nd

January Chapter Board Meeting via Zoom

Instructions for Joining Zoom Meeting

Meeting ID: 847 4244 6661

Passcode: 381848

One tap mobile

+16699009128,,84742446661#,,,,*381848# US (San Jose)

+16694449171,,84742446661#,,,,*381848# US

Dial by your location

• +1 669 900 9128 US (San Jose)

Meeting ID: 847 4244 6661

Passcode: 381848

Saturday, January 18th

1st educational event for 2025!!!

Best way to begin the New Year

See the following flyer for details & registration

April 5-8, 2025

AORN Global Surgical Conference & Expo

Boston, MA

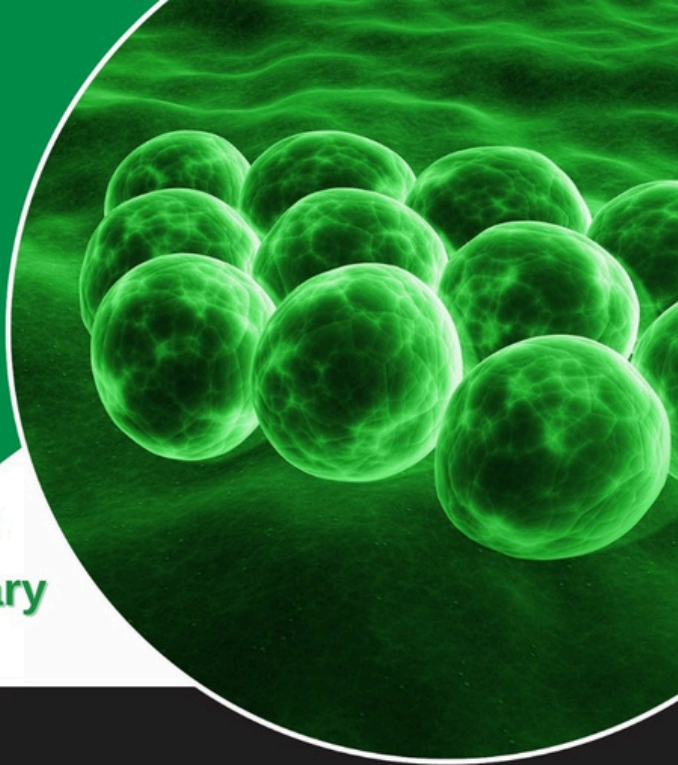
**Active members can consider being a delegate;
stay tuned to our website for further details:**

<https://aornsfbayarea.nursingnetwork.com>

Periprosthetic Joint Infection

CE SEMINAR

Saturday, January 18, 2025 - 9am
Oak Conference Room, Lafayette Library
3491 Mt. Diablo Blvd., Lafayette



WHY SHOULD YOU ATTEND?

Periprosthetic joint infection (PJI) is the most challenging complication associated with total joint arthroplasty in the 21st century. PJI following total joint arthroplasty is potentially a limb and life-threatening condition, which becomes even more difficult to treat when bacteria form a biofilm on the implant and adjacent tissue. Because traditional irrigation and debridement results in unsatisfactory outcomes, two-stage revision surgery has become the treatment of choice in most institutions in the United States.

DESCRIPTION

This continuing education activity is intended for registered nurses and other healthcare professionals who want to learn more or need to gain knowledge and skills in periprosthetic joint infection.

ACCREDITATION INFORMATION

California Board of Registered Nursing

Association of periOperative Registered Nurses is provider-approved by the California Board of Registered Nursing, Provider Number CEP 13019 for **2.0 contact hours**.

NCCT

The National Center for Competency Testing (NCCT) has approved this program for **2.0 contact hours**.

SPEAKER

Chris James
Product Specialist, Biocomposites

**Refreshments generously
provided by Biocomposites.**

Continuing Nursing and
Allied Health Education Provider



Register by January 16, 2025
aornsfbayarea.nursingnetwork.com



HIGHLIGHTS

1. Explain how periprosthetic joint infection (PJI) affects patients and the healthcare system.
2. List risk factors for PJI and actions that can be taken to reduce those risks.
3. Discuss the properties of biofilms and why they are particularly challenging to treat.
4. Identify ways to diagnose PJI.
5. Describe prevention and treatment options for PJI.



Funding Provided By



Inspiration Corner

Never underestimate the power of one individual. While you recognize that you're part of a team and can't do everything yourself, you also know you have an essential role to play. And it's all of those roles coming together that make the magic happen

Author-

Unkown

Monthly Group Hike

LaFayette Reservoir

September 21, 2024



Clinical Corner

Question:

A surgical tech asks, “Can I toss the unused pack of 4x8 sponges in the trash since we only use laparotomy sponges for this procedure?”

Answer:

Unused sponges or other soft-counted items can be discarded before the count has started. The best practice is to remove the items from the field. If the removed items' packaging remains intact, they are sterile and may be used for other procedures. Be certain to follow the policies and procedures for your facility.



Before We Go...

If you know of an RN or nursing student(s) who should be featured in our newsletter, please submit their name & and contact information to:

Wanda Harkless-Johnson at wtheblessed@aol.com

Please consider joining our monthly group hikes. They are great ways to reduce stress while networking with other healthcare professionals. Joy Chau, chapter president, plans our hikes, which occur once monthly. If you have any hiking suggestions, send them to:

Joy Chau at jbchaurn@gmail.com

If you know any AORN members who are *not* enjoying their membership benefits, encourage them to become active. Also, encourage *non-members* to become members.

All nursing students, new graduate nurses, Periop 101 students, & surgical technicians are encouraged to participate in the chapter's events. If anyone has a Periop 101 student or new nurse graduate, please forward their picture, name, & and name of the facility to:

Wanda Harkless-Johnson@ wtheblessed@aol.com
