



Welcome to our Chapter Newsletter!

During NTI in May, our National AACN President announced our new theme for the year of 2024-2025: **Courage to Soar!**

"It takes so much courage to keep showing up. Every hour. Every day. A day – even an hour – without each of us changes the face of healthcare for the worse. Together, we have the Courage to Soar."
Jennifer Adamski

We have planned a year full of using our **courage to soar** to network, continue education, support one another, and socialize!
We are so excited to **rise together** and achieve our chapter and individual goals.

Keep watch on Nursing Network, Facebook and your emails for events and updates!



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Name	Position
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Your San Antonio AACN Board



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Our Mission and Vision

SA AACN Mission:

To advance the art and science of acute and critical care nursing within our community through mentorship/networking, education, and celebration/ recognition.

SA AACN Vision:

SA AACN is dedicated to creating a community driven by the needs of patients and families where all nurses make their optimal contribution.





Chapter Notes:

Welcome to your September Chapter Newsletter!

As mentioned during our last meeting, here is some information regarding the AACN's *Healthy Work Environment* initiative.

AACN has six essential standards: **skilled communication, true collaboration, effective decision making, appropriate staffing, meaningful recognition** and **authentic leadership**. [Click here!](#)

Articles shared at chapter meeting:

- [Cognitive Training for Reduction of Delirium in Patients Undergoing Cardiac Surgery](#)
- [AARC Guidelines for Ventilator Liberation](#)
- [Stroke Screening Process for Spanish-Speaking Patients](#)

Follow Us:

Click the icons below to join us on our social media to stay up to date with Chapter Education, meetings and events!



Upcoming Chapter Meetings!

Meetings are held on the third Thursday of the month unless stated otherwise. Join us! Sign up via Nursing Network.

• Educational Dinner

- **WHEN:** OCTOBER 17, 2024 AT 6 PM
- **WHERE:** SiLo Elevated Cuisine @ 1604
- **TOPIC:** Interventional Pulmonology Overview
- **VENDOR:** F&P Healthcare

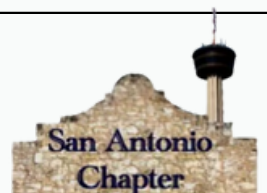
• Educational Dinner

- **WHEN:** NOVEMBER 14, 2024 AT 6 PM
- **WHERE:** University Health System- Cypress Room
- **TOPIC:** How to Stop GI Bleeding presented by Dr. Jason Rocha
- **VENDOR:** Sponsored by SA AACN

No meeting in December! Happy Holidays!

• Educational Dinner

- **WHEN:** JANUARY 16, 2025 AT 6 PM
- **WHERE:** TBA
- **TOPIC:** TBA
- **VENDOR:** TBA



Volunteer Opportunity

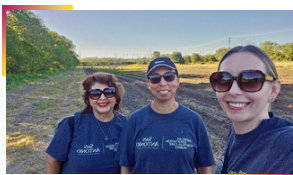
Volunteer Job Name: Mission San Juan Community Farm

Volunteer Job Location Name: Mission San Juan Farm

Volunteer Job Location: 9101 Graf Road, San Antonio, TX, 78214

Volunteer Shift Start Date & Time: 9/28/2024 8:00 AM

Volunteer Shift Duration: 2 Hours



Join us for our next volunteer opportunity in December!
We will be partnering with *Texas Nurses Association's District 8* for their ChildSafe for Toy Drive.
The event will be held **December 10 for 6-9 pm**.
More details to follow!

CCRN Certification Review

October 2025

More information to come. Planning Committee information to follow.

CCRN Review Question

In a patient with ARDS, which contributes to the development of atelectasis?

1. decreased pulmonary vascular resistance and hypoxemia
2. increased pulmonary compliance and hypoxemia
3. loss of surfactant and interstitial fluid
4. mucosal edema and mucous plugging

C. loss of surfactant and interstitial fluid accumulation
ARDS results in loss of surfactant from interstitial fluid accumulation caused by alteration of lung endothelium and vascular tissue. Changes in lung vascular tissue and decreased lung edema contribute to the decrease in compliance. Atelectasis is characterized by diffuse alveolar damage and is often complicated by pulmonary hypertension. Pulmonary vascular resistance is elevated in ARDS, which results in decreased pulmonary compliance related to alteration of lung endothelium and vascular tissue. Pathophysiologic changes in lung vascular tissue and increased lung edema contribute to the decrease in compliance. The end result is stiffness of the fluid-filled non-aerated airways.

CCRN Review Question Answer

Best 25 Nurses of South Central Texas

January 11, 2025

This celebration raises the awareness of the contributions of nurses to patient care, patient safety, research, leadership, education, and community service. SA AACN, as well as SAPNA, and South Central Texas SGNA will be hosting. Nominations are open now until **November 15, 2024**. Click image to nominate!



Certification Celebration

March 21, 2025 @ Marriott NW

You have worked hard and deserve to be celebrated! Come party with us to celebrate **all** certified nurses on a night to remember!

Planning Committee meeting every two weeks at 6:30pm via [Zoom](#).

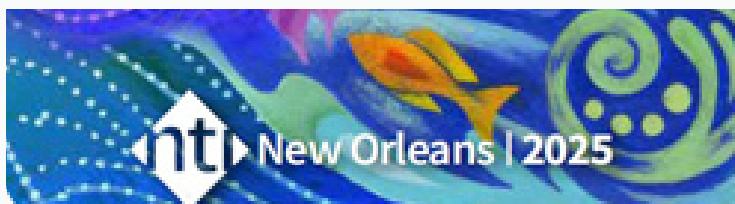


NTI in New Orleans

May 19-21, 2025

Pre-Conference May 18, 2025

Experience the magic of AACN's National Teaching Institute & Critical Care Exposition and the rich history and culture of New Orleans. The vibrant culinary and music scene adds to the atmosphere as we welcome our community of exceptional nurses to the Big Easy.



Last Meeting Highlights: September 19, 2024

Many thanks to *Joan Junkin, MSN, RN* for a great evening of education regarding *The 5 Ways to Save Skin for Busy Professionals*. Thanks to **Stryker-Sage** for sponsoring dinner at Maggiano's Little Italy. Congratulations to the prize winners for the post-presentation quiz: *Juan Medina, Norma Lira, Candace Bilotta* and *Penelope Weeks*.



Member Celebrations

- **Arlene Pittman**, attended her first chapter meeting!
- **Norma Lira**, attended her first chapter meeting! Also a new APRN!
- **Michelle Patterson**, celebrating a new leadership position.
- **William Barbre**, presented a motion and national ENA that was adopted regarding Case Management in ERs.
- **Remi Chan**, recipient of Texas Association of Peri-Anesthesia Nurses Star Award.
- **Chantel Deleon**, received her CCRN!



Thank you for reading!

