

# Prairie Horizons:

## Nurturing the Future of Nursing in North Dakota

September 13, 2024 | Bismarck, ND

**Roxanne Jablonsky, BSN, RN, NC-BC**  
**Nurse Entrepreneur Panelist**



As a registered nurse of more than two decades, Roxanne came to realize that nothing is more important than your health and wellbeing. After experiencing her own myriad of life and health challenges along with caring for and seeing close family and friends suffering from mostly preventable conditions, she decided to transform her nursing practice to be more in alignment with what she knows to be true: Wellness can be achieved at any point in your life, whether you are healthy or not, regardless of your diagnosis or condition. You deserve to live well and thrive.

She incorporates a holistic approach to various aspects of life, including eating habits, anxiety, stress, exercise, life transitions, health diagnoses, relationships, personal growth, and self-worth. Her approach to wellness combines the best of Western medicine with the very best of alternative healing helping clients to feel, look, and live better.